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20-26 JUNE 2026

TV&Streaming week

NEW
GOOLAGONG
Biopic of the 1970s tennis superstar!

EXCLUSIVE!

HOUSE of the DRAGON

Battles and betrayal in the fantasy drama's most epic season yet

LIVE
WORLD CUP 2026
Can Scotland beat the mighty Brazil?

NEW
THE BEAR
The heat is on in the final series

HotList This week's 28

Saturday 20

Project Hail Mary
***SCI-FI** MGM+ (available from Thu 18 June)*
Ryan Gosling (above) stars in this sci-fi epic adapted from the novel by Andy Weir (*The Martian*), about a teacher who is sent on a space mission to save the sun and life on Earth. *See review, page 24*

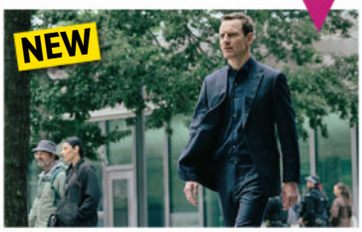
Women's T20 World Cup
***CRICKET** Sky Sports Main Event, Sky Sports Cricket, Sky Sports Mix & Sky Sports+*
England against Scotland in Group B is the day's big clash (6.30pm), preceded by Australia v Netherlands (10.30am) and Bangladesh v Pakistan (2.30pm).

Jon Snow: A Last Big Story
***DOCUMENTARY** C4, 8pm*
The newsreader (above) and his wife, neuroscientist Dr Precious Lunga, invite cameras to capture their story as they process Snow's Alzheimer's diagnosis.

Goolagong
***DRAMA** BBC4, 9pm & 9.50pm (box set, BBC iPlayer)*
Fact-based drama charting the incredible rise of Australian tennis player Evonne Goolagong (Lila McGuire, above) to the top of the world rankings. *See feature, p8*

■ Full listings start on **p35**

Sunday 21



The Agency
***THRILLER** Paramount+*
Michael Fassbender (above) returns as Brandon 'Martian' Colby for a second series, with the CIA operative willing to do almost anything to rescue Samia (Jodie Turner-Smith). *See feature, page 11*

Family Law
***COMEDY DRAMA** ITVX*
Lawyer Abby (Jewel Staite) is a recovering alcoholic who's forced to work for her estranged father Harry (Victor Garber) in Season 1 of this Canadian series.
● *Previously shown on Lionsgate+*

Later... with Jools Holland
***MUSIC** BBC2, 10pm*
Rounding out the series is country star Shania Twain (above), making her first appearance on the show. Holland also welcomes Sam Smith, with an exclusive performance of their new material.

Syd
***DOCUMENTARY** ITV1, 12.35am*
One-off documentary recounting the inspiring and emotional story of Gloucestershire fast bowler David 'Syd' Lawrence (above), the first British-born Black cricketer to represent England.

■ Full listings start on **p45**

Monday 22

House of the Dragon
***FANTASY DRAMA** HBO Max; & Sky Atlantic, 9pm*
Prepare yourselves for an epic opener to Season 3, as Rhaenyra Targaryen (Emma D'Arcy, above) prepares to take the Iron Throne. *See feature, page 4*

Eastbourne Open
***TENNIS** BBC Red Button*
The main draws of the women's and men's singles and doubles competitions start today. Australian Maya Joint (above) and American Taylor Fritz are the 2025 singles champions. Continues all week.

Millionaire Superyacht: Why Ships Sink
***DOCUMENTARY** BBC2, 8pm*
Eyewitnesses and emergency-service personnel tell the story of superyacht *Bayesian* (above), which sank in 2024 near Sicily. What caused the tragedy?

Dover 24/7: Britain's Busiest Port
***DOCUMENTARY** C4, 8pm*
The UK Border Force is the focus in this second series as we go behind the barriers to see how they hunt criminal gangs and keep people on the move.

■ Full listings start on **p55**

Tuesday 23

World Cup
***FOOTBALL** BBC1, kick-off 9pm*
Six days on from their opening match against Croatia, England go to Boston to face Ghana in what will be a crucial game for the Three Lions to progress to the round-of-32. *See feature, page 7*

The Light in the Hall: Still Waters
***DRAMA** C4, 9pm*
Rhys quizzes lecturer Eve about her past, but then a shot rings out... Meanwhile, Mabli (Maeve Courtier-Lilley) is rocked by her secret DNA test. Continues tomorrow.

Bear Grylls Is Running Wild
***FACTUAL** Sky One, 9pm*
The challenge series finishes with Oscar-nominee Colman Domingo putting his trust in adventurer Bear Grylls (above, with Domingo) as they jump from a helicopter into the sea.

World War II with Tom Hanks
***DOCUMENTARY** Sky History, 9pm*
A look at the Battle of Stalingrad, Adolf Hitler's fateful assault on the Soviet Union that became a turning point on the Eastern Front. *See Documentaries, page 21*

■ Full listings start on **p65**

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Wednesday 24

Avatar: Fire and Ash

SCI-FI Disney+

Make yourself very comfortable for James Cameron's third epic instalment (197 mins) of the Avatar series, in which Jake and Neytiri battle to protect the Na'vi people from a new threat. *See review, p22*

Matlock

DRAMA Sky Witness, 9pm

The Season 2 finale sees Olympia, Julian and Matty working to bring the Wellbrexa case to a close – but will Matty (Kathy Bates, above right) find her cover blown in the name of justice? *See feature, p12*

In Our Blood

DRAMA Sky Atlantic, 10.15pm & 11.15pm (box set, Sky Box Sets & NOW)

A four-part Australian drama set in the 1980s, which follows various characters grappling with the AIDS crisis. Tim Draxl stars. *See feature, page 12*

World Cup

FOOTBALL BBC 1, kick-off 11pm

Scotland take on Brazil in both teams' final group game in Miami. Can Steve Clarke's side pull off an upset to secure a spot in the World Cup knockout stages for the very first time? *See feature, p6*

■ Full listings start on **p75**

Thursday 25

For the Record: An Incomplete History of Music

DOCUMENTARY YouTube

Explore the history of music, from the first sound waves following the Big Bang to the future of AI songs. Charlotte Ritchie (above) hosts. *See Your Watchlist, p17*

Next Gen NYC

REALITY Hayu

The second season of the reality show that follows the lives of young New Yorkers returns, with Brooke Shields' daughter, 23-year-old Rowan Henchy, among the new additions to the cast.

Avatar: The Last Airbender

FANTASY DRAMA Netflix

As Season 2 of the live-action adventure series begins, Avatar Aang, Katara and Sokka need help in their battle against Fire Lord Ozai (*Lost*'s Daniel Dae Kim).

Rik Mayall: Magnificent B'stard

DOCUMENTARY Sky Documentaries, 9pm

Archive footage and interviews with those close to him celebrate the life of the comedian (above), who starred in shows such as *Bottom*. *See Documentaries, p20*

■ Full listings start on **p85**

Friday 26

The Bear

DRAMA Disney+

The fifth and final series of the drama picks up the story after Carmy's decision to quit the restaurant, leaving Syd, Richie and Natalie to pick up the pieces at The Bear. *See Your Watchlist, page 14*

Chris & Martina: The Final Set

DOCUMENTARY Netflix

One-off film about tennis legends Chris Evert and Martina Navratilova (both above) as they battle parallel cancer diagnoses. *See Your Watchlist, page 16*

Yellowstone to Yosemite with Kevin Costner

DOCUMENTARY Paramount+

The actor (above) retraces the 1903 expedition made by President Theodore Roosevelt and naturalist John Muir. *See Your Watchlist, page 16*

What Happened at the Somme

DOCUMENTARY BBC 1, 7.30pm

Marking the 110th anniversary of the Battle of the Somme, journalist Jordan Dunbar learns how one of the bloodiest battles in history still affects people today.

■ Full listings start on **p95**

Welcome

to this week's issue of *TV&Streaming Week*.

Our cover is the much-anticipated third series of *House of the Dragon*, as a tale of secrets and betrayal envelopes this fantasy drama. Plus, with Wimbledon starting next week, BBC4 is showing *Goolagong*, a drama detailing the life and career of Australian tennis superstar Evonne Goolagong, who won 86 singles titles in the 1970s and early 1980s.

And let's not forget the World Cup as England play Ghana (Tue, k-o 9pm, BBC1) and Scotland face Brazil (Wed, k-o 11pm, BBC1). Both home nations have all to play for.

Enjoy your TV week.

Claire Ruck, Editor-in-Chief

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Westeros is at war, as Emma D'Arcy returns for a new season of *Game of Thrones* prequel *House of the Dragon*

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It's Scotland v Brazil as the World Cup hots up, plus BBC4 biopic *Goolagong*, the return of spy drama *The Agency*, Australian drama *In Our Blood*, and the finale of *Matlock*

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: COURTESY OF HBO, WERNER FILM PRODUCTIONS, 2025/ABC AUSTRALIA/BBC, FX/DISNEY+, FIFA VIA GETTY IMAGES, SCOTTISH FOOTBALL ASSOCIATION. HOTLIST WORDS: LYNETTE BRIGHTON, IAN FARRINGTON. HOTLIST PHOTOS: GETTY, DISNEY+, 2026 TRUNKMAN PRODUCTIONS LTD

EXCLUSIVE!

Swords are drawn as fantasy drama *House of the Dragon* returns with a spectacular **battle for the Iron Throne**

FIRE &

NEW FANTASY DRAMA

House of the Dragon

From Monday 22 June, HBO Max (released weekly); & Monday, 9pm, Sky Atlantic

All-out war is about to be unleashed in Westeros. The much-anticipated third season of *House of the Dragon* – the *Game of Thrones* prequel based on the writings of George RR Martin – promises to be the most epic yet, with more dragons, battles and shocking deaths than ever before.

Showrunner Ryan Condal has described the opening episode, featuring a bloody sea battle, the Battle of the Gullet (see panel, right), as 'arguably the craziest episode of television ever'.

'This is the biggest season we have made by a huge margin,' says Condal. 'It starts moving at speed and never stops.'

Dragons are vital to the warring factions

As the action resumes, the new eight-part run sees the rival factions, the Greens and the Blacks, step up their competing claims for the Iron Throne in an increasingly vicious Targaryen civil war. But which way will the pendulum swing?

Rhaenyra Targaryen (Emma D'Arcy) believes that she is on the verge of victory. Her wayward husband Daemon (Matt Smith) is back by her side and she has three new dragonriders. Her cowering enemy Alicent Hightower (Olivia Cooke) has agreed to let Rhaenyra waltz into King's Landing to claim the Iron Throne. Alicent has even accepted that Rhaenyra should execute her snivelling and dragonfire-ravaged eldest son, King Aegon II (Tom Glynn-Carney), to bring peace.

However, Rhaenyra's plans quickly unravel as she is unable to control her reckless and impulsive son, Prince Jacaerys (Harry Collett). There are also new pieces on the chessboard, including *Grantchester*'s James Norton, who joins the series as Alicent's cousin, Ormund Hightower.

TV&Streaming Week caught up with D'Arcy, 33, and former *Doctor Who* star Smith, 43, for an exclusive interview about the show's return…

We're so excited about the new season. What can you reveal?

D'Arcy I would say there is a different energy this year. This season operates on a different scale, both dramatically and with some really ambitious set pieces. There's stuff you don't see on television.

Where do we find Rhaenyra and Daemon in the new season?

D'Arcy I think Rhaenyra is in a place of great confidence. That isn't to say that she doesn't have the pressure that comes with being a mother and also an incumbent leader. Rhaenyra's biggest fear is harm coming to her family.

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Rhaenyra (centre) and Daemon (sixth from left) face many foes in their quest for power

BRIMSTONE

Smith For Daemon, losing control is his biggest fear, and God forbid anything happens to his dragon Caraxes! That would send him over the edge. What would he fly around on? He'd just be a guy walking the streets with a sword. He'd be a real moody sod, wouldn't he?

We first catch up with a bloodied Daemon on the battlefield hacking away at his enemies. Was that fun to shoot?

Smith Yes, getting to roll around in the mud and being all bloody is quite fun. There are actually three swords of differing degrees of weight and steel we use. So when you're wielding them, they are the plasticky ones. Then when there's a shot of a sword with blood on, they bring out the big guns, the proper Valyrian-steel ones. They're heavy and could cause proper damage.

Do you think Rhaenyra and Daemon still love each other?

Smith Yes, I do. We just got married! There's a really interesting type of love between them.

D'Arcy They are both in a place of confidence. Power, violence and ambition is their erotic language and it's nice to lean into that.

Is Daemon a new man after his almost therapy-like sessions with Alys Rivers in the last season?

Smith I think there should be a *House of the Dragon* spin-off in which each character goes through therapy. That would be quite an interesting show, wouldn't it? *Therapy with the Targaryens*.

D'Arcy Rhaenyra would end up in a relationship with her therapist…

Smith Imagine if they went to therapy together. 'Will you just turn up for dinner on time?!'

WAR ON THE WATER

The spectacular Battle of the Gullet

Along with millions of other *House of the Dragon* fans, we've been waiting with bated breath to see the Battle of the Gullet, arguably the bloodiest and greatest naval fight in Westeros history. Finally, this week, we get our wish as the ships of Lord Corlys Velaryon, AKA the Sea Snake (Steve Toussaint), clash with a pirate band in league with King Aegon's faction.

The epic scenes were shot at Warner Bros Studios in Leavesden in Hertfordshire, which has the largest water tanks for filming in Europe.

'It was great when we walked on set and saw what the guys had done. They had built three ships that we could get on, hang off the ropes and scream,' smiles Toussaint, 61. 'You have all of these wonderful ideas when you read the script and then suddenly, with all the stunt people and all the water cannons flying at you, you're just trying to survive! My biggest challenge was keeping my dignity while having jets of water fired at me.'

Scotland's Ché Adams and Brazil's Vinícius Júnior

Scotland take on Brazil in the World Cup game we've all been waiting for...

Samba showdown

LIVE FOOTBALL
Scotland v Brazil
Wednesday, kick-off 11pm, BBC1

When baseball superstar Aaron Judge pulled Scotland's name out of the hat at the World Cup draw back in December, coach Steve Clarke was caught on camera in the audience with a nervous smile on his face.

The draw had just placed his side in the same Group C as five-time winners Brazil, and Clarke could barely contain his excitement.

'Brazil is a great game, an iconic fixture,' he later told reporters. 'If you are going to come to the World Cup, you might as well play some of the top sides. Brazil versus Scotland has a good ring to it.'

GAME OF CHANCE

On Wednesday, the highly anticipated showdown kicks off at 11pm at the Miami Stadium. It's the final group fixture for both nations, and the stakes couldn't be higher as they target a place in the knockout stage.

'Playing Brazil, the most successful and iconic team in World Cup history, is pretty special,' says Scotland captain Andy Robertson. 'We are excited and will try to be the best version of ourselves.'

The two nations have met at the World Cup four times before, with the South Americans victorious on three occasions (see panel, above, right). However, the current Brazil team lacks the quality of previous sides and had its worst qualifying campaign ever, including two humiliating defeats to world champions Argentina.

The Tartan Army are excited

TOUCH-AND-GO

At one stage, it even looked like Brazil would miss out on the tournament for the first time in history, until legendary Italian coach Carlo Ancelotti turned things around following his appointment in May last year. His hopes will rest on Real Madrid wizard Vinícius Júnior, plus several Premier League

WORDS: RICHARD MCCLURE PHOTOS: GETTY

FIFTH TIME LUCKY? *Can Scotland finally defeat Brazil at the World Cup?*

West Germany 1974
Scotland 0 Brazil 0

Scotland's finest performance against Brazil came in Frankfurt when a team featuring Leeds United's Billy Bremner, Peter Lorimer and Joe Jordan held the world champions to a scoreless draw. Agonisingly, though, a 1-1 draw with Yugoslavia in their final group match saw the Scots miss out on the next stage on goal difference – despite Willie Ormond's side being the only team in the tournament to go undefeated.

Wilson Piazza and Billy Bremner

Spain 1982
Brazil 4 Scotland 1

Jock Stein's men began the tournament with a 5-2 win over New Zealand, but the boot was on the other foot in Seville when a strong Scotland line-up – including Alan Hansen, Graeme Souness and Kenny Dalglish – were handed a footballing lesson. Full-back David Narey put Scotland ahead before a Zico equaliser began the comeback. Scotland missed out on goal difference, while Brazil were eliminated in the second group stage after a 3-2 defeat to Italy.

Brazil's Zico

Italy 1990
Brazil 1 Scotland 0

A win for Scotland in the sides' final group game in Turin would have been enough to see Andy Roxburgh's team – featuring Ally McCoist and Mo Johnston in attack – advance to the knockout stage. However, with just nine minutes to play, Brazil striker Müller scored the goal that shattered the Tartan Army's dreams. Scotland were on the next plane home, while a Brazil side including Dunga and Romário fell to Argentina in the round-of-16 in a 1-0 loss.

Ricardo Rocha and Mo Johnston

France 1998
Brazil 2 Scotland 1

The opening match in Paris saw a spirited display from Craig Brown's men. John Collins equalised with a penalty after César Sampaio had scored after just five minutes and it looked like captain Colin Hendry's side would hang on for a draw – until a second-half own goal from Tom Boyd handed victory to Brazil. Scotland finished bottom of the group in their last appearance until now, while Brazil lost in the final to hosts France.

Scotland's John Collins

ENGLAND EXPECTS
Ghana are next up for the Three Lions...

LIVE FOOTBALL
England v Ghana
Tuesday, kick-off 9pm, BBC1

England continue their campaign on Tuesday when Thomas Tuchel's men take on Ghana in their second Group L match in Boston.

It's the first time the nations have met in the World Cup, with the only previous encounter coming back in 2011 when Andy Carroll was on the scoresheet in a 1-1 draw at Wembley.

The Black Stars qualified in style, but sacked coach Otto Addo after failing to make the Africa Cup of Nations. Former Portugal and Iran coach Carlos Queiroz only took charge in April, but has a talented squad, including striker Antoine Semenyo, who will come up against his Manchester City teammates John Stones and Nico O'Reilly.

England's Harry Kane

Ghana's Antoine Semenyo

players, including Manchester United's Matheus Cunha and Arsenal duo Gabriel Magalhães and Gabriel Martinelli.

The match kicks off at 6pm local time, and the heat and humidity of a Florida summer could play a big factor. However, with the top two in each group progressing, along with the eight best third-placed nations, Andy Robertson has a real opportunity to become the first Scotland captain to lead his nation beyond the group stage.

'We're not thinking too much about that. It's always the aim – to win games and play in the knockouts,' insists Robertson, 32. 'We want to get enough points to make that happen. It's not about creating history, it's about us wanting to be successful in this tournament – and we'll create a bit of history along the way if we can make that happen.'

Brazil coach Carlo Ancelotti

TURN TO PAGE 33 FOR OUR PICK OF THE WEEK'S OTHER BEST MATCHES AT WORLD CUP 2026

Evonne Goolagong (Lila McGuire)

Love match

Legendary tennis ace **Evonne Goolagong**'s inspiring story is told in a new Australian drama

NEW DRAMA

Goolagong

Saturday, 9pm & 9.50pm, BBC4 (box set, BBC iPlayer)

With Wimbledon starting next week, BBC4's timely tennis drama *Goolagong* looks back at trailblazing Australian player Evonne Goolagong, who won seven Grand Slam titles between 1971 and 1980 – including Wimbledon twice – despite facing systemic racism, sexism, and a shocking abuse of power from her long-term coach.

Now, her extraordinary rags-to-riches life story, from humble small-town beginnings to global tennis stardom, is told across three episodes, with Goolagong herself acting as associate producer.

'I was lucky enough to meet Evonne on set and she told me to just have fun,' says Australian newcomer Lila McGuire, who plays her. 'If I thought for too long about her overall journey, I'd find myself overwhelmed by the enormity of it all and thinking, "How can I play this incredible woman?" She's such a powerhouse of a human being and she overcame so much.'

POTENTIAL

The drama begins in 1956 in the remote town of Barellan, New South Wales, as Goolagong's sheep-shearer father Kenny Goolagong (*The Artful Dodger*'s Luke Carroll) fashions her a tennis racket out of a wooden plank so she can hit balls against the wall of their rural home.

The real Goolagong at Wimbledon in 1980

Within a few years, Goolagong has been spotted at her local club by tennis coach Vic Edwards (Marton Csokas), who persuades her parents to let her live with him and his family in Sydney while he trains her for Grand Slam success.

But what follows is a story of how Goolagong must face Edwards' horrifying sexual advances, the death of her beloved father, and a series of devastating injuries in order to reach tennis glory, even becoming the first mother to win Wimbledon in 66 years when she takes the grass-court title in 1980.

The cast also includes Courtney Clarke (*Home and Away*) and Alex Malone (*Ten Pound Poms*) as tennis legends Chris Evert and Billie Jean King, alongside *Neighbours* star Felix Mallard as Goolagong's devoted husband Roger Cawley, who eventually becomes her coach and manager.

For McGuire, who has also appeared in *The Twelve*, taking on the role of one of Australia's sporting greats was daunting. Not only did she have intense tennis lessons, but she also had to perm her naturally straight hair and spend hours studying Goolagong's on-court moves.

ICON

'I went pretty deep on archival stuff, and I watched countless videos of Evonne,' she says. 'There was a lot of staring at myself in the mirror, playing with the racket and adjusting my poses.

'I did around six months of multiple tennis sessions and gym sessions a week. It was all about exercise and protein and recovery. It was physically demanding, and I've never been so fit in my life.

'But, for me, it was also about remembering that Evonne Goolagong is human and to not put her on a pedestal. She deserves to be on a pedestal, don't get me wrong, but in order to connect with her journey and her story, I needed to remember that she was just like me – she was a young Black woman of her time.'

WORDS: HANNAH DAVIES, GRACE MORRIS. PHOTOS: BBC, GETTY, ITV, ADOBE STOCK

‘She’s such a powerhouse of a human being and overcame so much’

LILA McGUIRE

WHO’S WHO

Evonne Goolagong
Lila McGuire

The tennis prodigy quickly rises to the top, but she’s also fighting a series of personal battles that the public don’t see.

Chris Evert
Courtney Clarke

The American favourite soon becomes one of Goolagong’s most dangerous Grand Slam opponents.

Vic Edwards
Marton Csokas

Goolagong’s controlling coach manages every aspect of her career. Then he makes a shocking sexual advance at Wimbledon.

Billie Jean King
Alex Malone

King fights for equal prize money for women, but Goolagong tells the media she loves tennis so much that she’d play for free.

STORY OF THE WEEK

SOAP WEEK

This week’s soaps at a glance

From left: Maria, Kit, Gary, Todd, Summer and Sarah

CORONATION STREET

Theo’s killer is exposed at a disastrous dinner party!

» **The truth about** Theo’s murderer is served up during an explosive dinner party this week. As Kit, Sarah, Todd, Summer, Maria and Gary sit down to eat, a flashforward reveals just how the night ends – with broken glass, a chair upended and blood splattered across the tablecloth.

Kit’s suspicious of Gary

Kit’s date-night plan is scuppered when Sarah invites Todd and Summer to join them. The cop’s suspicions are then piqued when he sees Sarah whispering to Gary, and he asks the builder and Maria to dine with them, too.

During the meal, Maria throws digs at Sarah, while Kit makes jibes about liars towards Gary. Soon, a bombshell is dropped when Maria accuses Sarah and Gary of having an affair. As everyone reels from the revelation, secrets and lies play out through a series of flashbacks that finally unmasks Theo’s killer…

» **PLUS** Susie catches Megan playing a risky game, Nick’s concerned by Sam’s reaction when he loses chess, and Jodie tries to make David jealous while on a date with Ryan.

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Jordan returns home and meets his great-grandmother Sheila (above), Jack shares some devastating news, Bea concocts a shocking lie to destroy Honey and Billy, and Suki and Eve prepare for their adoption hearing. Will it go to plan?

EMMERDALE

» Ross and Kev join forces to save Lewis after he’s kidnapped (above), a broken Charity lashes out at a stranger, Kerry thinks quick when Caleb threatens to call the police, and Sarah comes face to face with a relative.

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Michael Fassbender as Martian

NEW FROM Paramount+

Michael Fassbender's CIA officer is torn between love and country...

Traitor's heart

NEW THRILLER
The Agency
From Sunday 21 June, Paramount+

Life at the CIA is never going to be a breeze, but as high-octane spy thriller *The Agency* returns for a second season, lead actor Michael Fassbender says events are going to heat up even more for his character, covert agent Brandon Colby, code name Martian.

'It just doesn't let up in Season 2,' teases Fassbender, 49. 'The walls just keep coming in and the vice grip keeps getting tightened. The tension and jeopardy are heightened all the way through.'

Much of that tension comes from the fact that Martian's lover, Dr Samia Zahir (Jodie Turner-Smith), who he met while working undercover in Ethiopia, is being held as a political prisoner in her native Sudan. Martian is so desperate to save her that he's reluctantly agreed to work for senior MI6 official James Richardson (Hugh Bonneville) and the British Secret Intelligence Service, passing them information from the CIA's London Station.

DIVIDED LOYALTIES

However, as the Brits attempt to rescue Samia, Martian must decide whether to walk away or to continue to betray his country in the name of love. For Samia, meanwhile, her brutal imprisonment leaves her even less sure who she can trust after she discovered her life with Martian was a lie and his failed attempt to recruit her into the CIA has put her life in danger.

> 'The tension and jeopardy are heightened all the way through'
> MICHAEL FASSBENDER

'Samia has a strong moral compass and strong beliefs, but she's also confronting heartbreak at the same time,' explains Turner-Smith, 39.

Elsewhere, CIA agent Danny, code name Gremlin (Saura Lightfoot-Leon), is working undercover in Iran's capital Tehran, where she's attempting to identify Iranian nuclear engineers.

Stars Richard Gere and Dominic West

Jodie Turner-Smith as Samia

John Magaro as agent Owen

BIG GUNS

Richard Gere is also returning to the series as London Station chief Bosko, with Katherine Waterston back as operations officer Naomi Ford, John Magaro as agent Owen Taylor and Dominic West as the CIA Director.

With the action shifting around the globe, events unfold regarding the Russian mercenary group Valhalla, and Martian's boss and mentor Henry Ogletree (Jeffrey Wright) becomes convinced there's a mole inside the agency, leading to conflict between the pair as Henry begins to suspect Martian is a double agent.

'There's a bond between Henry and Martian,' says Wright, 60. 'There's mutual respect and a reciprocal need and trust, but you begin to see doubt creep in from Henry's perspective. As we go on, we'll begin to explore whether that crack widens…'

WORDS: NATASHA HOLT. PHOTOS: PARAMOUNT+

LOOK WHO'S BACK...

A familiar face making a new appearance this week

Colman Domingo

LAST ONE

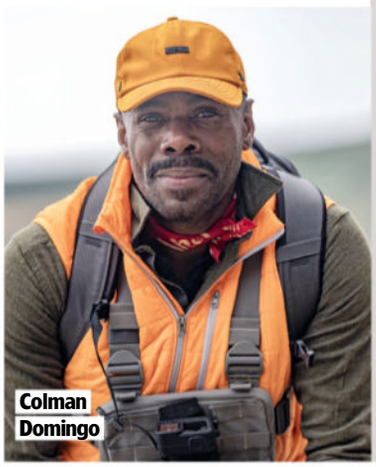
Bear Grylls Is Running Wild

Tuesday, 9pm, Sky One

Born in Philadelphia in 1969, Colman Domingo started his career on Broadway before finding on-screen fame in TV's *Fear the Walking Dead* (inset), *The Four Seasons* and *Euphoria*, winning an Emmy for playing war veteran Ali Muhammad. He has also received two Oscar nods, for biopic *Rustin* (2023) and prison drama *Sing Sing* (2024), while other film credits include *The Running Man* and 2026's *Michael*, in which he plays Michael Jackson's father.

HIS NEW APPEARANCE

In this week's final episode of *Bear Grylls Is Running Wild*, Domingo, 56, joins the survival expert for a wilderness adventure along the Irish Sea – which involves a 11,000ft plunge from a helicopter. Along the way, the actor opens up about his parents as he forages for food and tackles a precarious rappel. 'It was a beautiful coastal journey,' says Grylls. 'Colman was out of his comfort zone, but there was a real light in his eye. He's a wonderful guy and he was proud of himself by the end.'


Colman Domingo

Justice for Matty?

It's **the moment of truth** for the tenacious lawyer

LAST ONE DRAMA

Matlock

Wednesday, 9pm, Sky Witness

For two seasons we have followed septuagenarian lawyer Madeline 'Matty' Matlock on her personal mission to expose the wrongdoing and corruption surrounding the death of her daughter Ellie.

As Season 2 of Sky Witness' legal drama reaches its finale, and with a crucial court case looming, it's a race against time for determined Matty, played by Oscar-winner Kathy Bates. Can she gather the evidence she needs to prove that prestigious New York law firm Jacobson Moore, led by crooked boss Senior (Beau Bridges), buried a damning report in order to protect a powerful pharmaceutical company?

The company in question, Wellbrexa, manufactured highly addictive opioids that were responsible for killing thousands, including Ellie. As Matty and fellow attorneys Olympia (Skye P Marshall) and Julian (Jason Ritter) team up with a federal agent (*Jane the Virgin*'s Gina Rodriguez), can they bring Senior to justice?

'We want to have characters face real consequences,' reveals showrunner Jennie Snyder Urman. 'We have gone on this two-year journey with Matty, understanding her grief, and this is the culmination of all that. It's the right time for it.'

Not that this is the end of the line for the popular character as *Matlock* has been commissioned for a third run.

'There is a new mystery, probably in insurance healthcare,'

Gabe and David

Dancing in the dark

An Australian miniseries set during **the AIDS crisis**

NEW DRAMA

In Our Blood

Wednesday, 10.15pm & 11.15pm, Sky Atlantic (box set, Sky Box Sets/NOW)

A political staffer and his Colombian boyfriend are at the centre of the unfolding AIDS crisis in Sky Atlantic drama *In Our Blood*, which charts the Australian government's response to the epidemic.

The four-part story kicks off in 1983 at a time when homosexuality is still criminalised in parts of the country. But with Australia celebrating a new prime minister, there's hope among Sydney's gay community that things are about to change. However, their joy is soon shattered with the outbreak of a mystery flu-like illness...

Tim Draxl plays David Westford, a senior health adviser for the federal health minister, who has been in

WORDS: HANNAH DAVIES, TESS LAMACRAFT, RICHARD MCCLURE PHOTOS: AMC, SKY, CBS, ©2026 PROPAGATE ENTERTAINMENT, LLC, ©STUDIO CANAL, GETTY

Matty and Olympia

Can Julian, Olympia and Matty bring down their boss?

teases Urman. 'We want to keep pushing our storytelling forward and find new and interesting things to dig up about the characters.'

Bates, 77, says she's more than happy to keep playing the tenacious character.

'I'd love for *Matlock* to run for five years or more. I want to see where the producers go with it. What will be Matty's motivation now? What's going to drive her?' says the *Misery* and *Titanic* actor. 'For me, this whole job has been a miracle. I couldn't have envisaged having a role like this at my age. Never in a million years.'

a long-term relationship with his Colombian partner Gabe (Oscar Leal).

As the HIV/AIDS crisis deepens, David is at the forefront of the nation's response, and he pushes the government to join forces with the communities most at risk.

EMERGENCY

'It's a story of a government that empowered the communities that were the hardest hit by the virus,' says Draxl, 44. 'It was 1983 and sodomy laws were still in place, so to have a government realise that the gay community was at risk of dying and then put aside their prejudices to empower and support them was amazing. They set an example for the rest of the world to follow.'

The series is interspersed with musical interludes, as the cast and a chorus of performers regularly dance and break into songs by bands like Depeche Mode, Tears for Fears and Men Without Hats, which Draxl says only adds to the storytelling.

The government face a crisis

SETTING THE SCENE

'The songs in the series are beautifully nostalgic. They set the tone for the era,' he says.

'The use of a chorus to engage the audience from the get-go is an ingenious idea.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

Madonna & Graham NEW

Friday, 10.40pm, BBC1

Madonna (left) may now be in her 60s, but the pop superstar has lost none of her ability to shock and astound. Ahead of the release of her new album, *Confessions II*, and her performance at the World Cup final's half-time show next month, she talks to Graham Norton about her colourful life and lengthy career.

Later... with Jools Holland

Sunday, 10pm, BBC2

In the final episode of the series, Jools Holland welcomes Grammy-winning country singer Shania Twain (right) to his show for the first time. Twain joins him at the piano for a unique rendition of her smash-hit *You're Still the One*. Also performing in the studio are Mercury Prize-winning Arlo Parks, eccentric prog-rock duo Angine de Poitrine, who hail from Quebec, and singer Sam Smith.

LAST ONE

Midge Ure Remembers: The Prince's Trust Rock Gala 1986

Saturday, 8.30pm, BBC2

Forty years on, the Ultravox star shares his memories of taking part in the 1986 charity concert at Wembley Arena (right). It's followed by a repeat showing of the star-studded event (8.45pm) that featured performances from Sir Elton John, Eric Clapton, David Bowie, Sir Mick Jagger and Sir Paul McCartney.

NEW

Mel Brooks' 100th birthday

Thursday, from 10pm, BBC4

To mark the 100th birthday of American comedian and film-maker Mel Brooks on Sunday 28 June, BBC4 is screening his hilarious 1960s movie *The Producers*, starring Zero Mostel and Gene Wilder (both pictured), at 10pm. There's also another chance to see the late Alan Yentob's 2018 *Imagine* interview with the comedy legend in *Mel Brooks: Unwrapped* (11.35pm).

The meal is almost over for the staff

TASTE test

Can The Bear survive as the restaurant saga reaches **the final course**?

Disney+ The Bear

NEW *Available: Friday 26 June*
Genre: Drama Season: 5 Episodes: 8

Despite getting his dream restaurant off the ground, head chef Carmen 'Carmy' Berzatto (Jeremy Allen White) has always carried the weight of a dysfunctional childhood and the loss of his brother Mikey (Jon Bernthal).

We last saw him acknowledging he'd lost his once-passionate love for the culinary world in the Season 4 finale when Carmy shocked Sydney (Ayo Edebiri), Richie (Ebon Moss-Bachrach) and Natalie, AKA Sugar (Abby Elliott), by announcing he was quitting the food industry and leaving The Bear to them.

Now, as the final season of the award-winning series begins, the new partners are struggling to keep their heads above water – literally and figuratively – as a torrential storm floods the restaurant.

With no money and Uncle Jimmy (Oliver Platt) threatening to sell the building, can they manage one final service and win a much-coveted Michelin star?

'This show has changed my life,' says 35-year-old White, who's won multiple awards including three Golden Globes and two Emmys for his portrayal of the complex chef. 'I feel so lucky to have had a shared experience with Carmy. I really understand what it takes to create a restaurant now. We made *The Bear* with very little expectations. On paper, it was a show about a sandwich shop, and it blew up.'

COOKING UP CHANGES

Meanwhile, after Ebraheim (Edwin Lee Gibson) showed Computer (Brian Koppelman) his plans for an expansion of the sandwich window, could this juicy sideline end up being a saviour for the business as a whole? And after being named as one of the best new chefs, will Marcus (Lionel Boyce) stay loyal to The Bear, or open his own bakery?

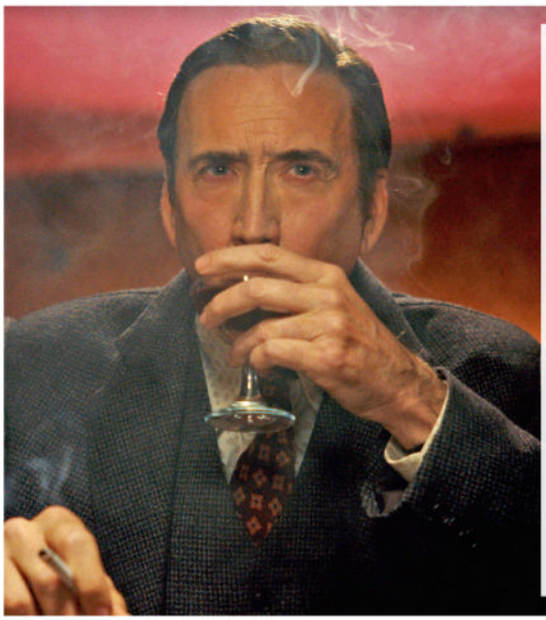
'This is a show about found family and real family,' says Edebiri, 30. 'I'm very excited for people to see this final season. It's already been one of the highlights of my relatively short career.'

For restaurant manager Richie, this last instalment could bring about further change. Will his car accident in the recent special episode *Gary* make him realise that life is for living, and will he pursue a relationship with Jessica (Sarah Ramos), now that his ex-wife has remarried?

'I've done what I wanted to do in *The Bear* more than I could have ever imagined,' says Moss-Bachrach, 49. 'I'm really excited about this fifth season. It takes from all the other seasons in the best way. Endings are hard, but I'm very optimistic about how this show concludes. It ends in a good way. In a real way.'

What we're watching...

The shows being enjoyed by the *TVSW* team



prime Spider-Noir

Genre: Superhero drama
Season: 1 Episodes: 8

Nicolas Cage (left) superbly channels the spirit of sardonic, down-on-their-luck private detectives of 1940s film noirs in this stylish, hard-boiled superhero drama. His portrayal is further enhanced by watching in black and white, but a colour version is also available. Following the tragic death of the woman he loved, ageing PI Ben Reilly (Cage) has turned his back on his former life as superhero The Spider until his latest investigation involving femme fatale Cat Hardy (Li Jun Li) leads him back to his web-slinging, crime-fighting ways.

NETFLIX The Four Seasons

Genre: Comedy
Season: 2 Episodes: 8

As the long-time pals holiday with Ginny (Erika Henningsen), the young, pregnant partner of their late friend Nick, they are each dealing with their own issues. Co-starring Kerri Kenney (pictured with Henningsen).

NETFLIX Untold UK: Vinnie Jones

Genre: Documentary
Episodes: One-off

The unapologetic hardman of football (pictured, centre) looks back on the highs and lows of his playing career, including being sent off 12 times, as well as his unexpected segue into a movie career.

Now in production...

Three upcoming shows to look out for soon

Disney+ Hugh Jackman

The actor (above) and his *Deadpool & Wolverine* co-star Ryan Reynolds, who together own a professional sailing team, will feature in Disney+'s as-yet-untitled docuseries, which follows the catamaran fleet during races across the globe.

prime The Kellys

Prime Video's high-octane thriller, starring Arnold Schwarzenegger (above) and Liam Hemsworth, will centre on a shamed New York cop who reluctantly has to team up with his family to help him rescue his wife after she is taken hostage by terrorists.

NETFLIX Henry Cavill

In Netflix's as-yet-untitled espionage comedy, the actor (above) is set to appear alongside Kevin Hart. The action follows rival spies who are forced to forge a bond when they bump into each other at antenatal classes where their wives quickly become pals.

WORDS: CAREN CLARK. JUDY EWENS, ELAINE PENN. PHOTOS ©2026 DISNEY & ITS RELATED ENTITIES, GETTY, NETFLIX, PRIME VIDEO

Kevin Costner

Kevin Costner camps out in America's stunning landscape

HIKING into history

Paramount+ Yellowstone to Yosemite with Kevin Costner

NEW *Available:* Friday 26 June
Genre: Documentary *Season:* 1 *Eps:* 3

Yellowstone* and *Dances with Wolves star Kevin Costner returns to his beloved West for this three-part documentary series as he traces the early days of America's National Parks, shares their beauty, and reveals why their preservation is vital to the environment.

Cameras follow Costner and his dog Bobby on a hiking trip through Yosemite as he marvels at the spectacular wildlife, waterfalls, rock faces and forests, and tells the story of how US President Theodore Roosevelt teamed up with naturalist John Muir on a three-day trek in 1903 that led to a huge expansion of America's National Parks.

MEETING OF MINDS

'It's about how two men came together for three days out in the wild – three days that would change America for ever,' says Costner, 71. 'They had never met before their trip, but what they dreamt up around the campfire became something incredible.'

Muir was a Scotland-born mountaineer and writer who was a pioneer in protecting America's most stunning landscapes. After Muir convinced Roosevelt to join him on the trek, the President was so struck by Yosemite's beauty that he decided the best way to preserve these natural wonders was through a federally backed programme.

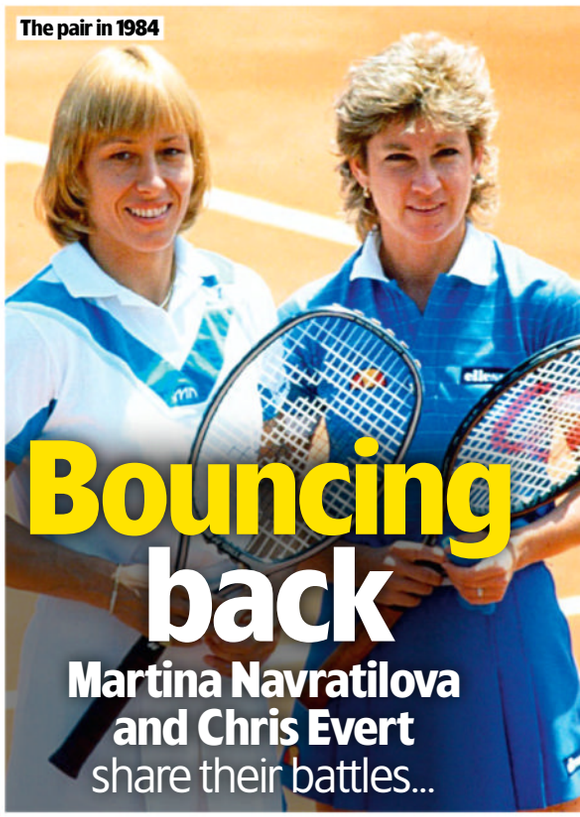
'It took Muir to lure Roosevelt to Yosemite to give the President this great idea,' says Costner. 'He designed the infrastructure to protect the system.'

PARK LIFE

While in office, Roosevelt doubled the number of National Parks, set up the US Forest Service, and declared special sites to be protected as national monuments. Today, the country's 63 National Parks are more popular than ever with hikers and campers.

'National Parks are part of the American DNA. They are part of our fabric,' says Costner. 'And the reality is that we don't even know the struggle, the inspiration, the guts – what was at risk for those who thought to do something differently.

'The National Parks are so important to me. I can take my children to them, and they can take their children to these places. I want to do my small part by showing what these men risked so long ago.'



The pair in 1984

Bouncing back

Martina Navratilova and Chris Evert share their battles...

NETFLIX Chris & Martina: The Final Set

NEW *Available:* Friday 26 June
Genre: Documentary

Across two decades, the fierce rivalry between Chris Evert and Martina Navratilova thrilled tennis fans around the world. The one-time doubles partners also became friends off court, and supported each other when, decades later, they both received cancer diagnoses and started undergoing treatment.

In this documentary, featuring contributions from Billie Jean King and John McEnroe, they look back on their careers and talk about their toughest battle yet.

In the film, 71-year-old Evert, who has had treatment for ovarian cancer, and 69-year-old Navratilova, now clear of throat and breast cancer, recall that off-court life was challenging.

A future winner of 18 majors, teenager Evert burst on to the tennis scene in 1971, but was ostracised by the senior players.

'The older women weren't happy I was getting all the attention,' says Evert. 'No one talked in the locker room.'

And after Navratilova defected from communist Czechoslovakia in 1975, she, too, felt isolated.

'Being alone was the cost,' recalls the nine-time Wimbledon champion, who kept her sexuality hidden for many years. 'After the match, other players would have their family, but mine couldn't be there.'

Despite ups and downs, their friendship endured and has been important in their cancer journeys.

'There's no competition in terms of whose cancer is worse,' says Navratilova. 'We're in the same boat, and we're there for each other.'

Evert and Navratilova now

WORDS: CAREN CLARK; IAN MACEWAN, REBECCA MAHONEY, RICHARD MCCLURE. PHOTOS: BBC, GETTY, ITV, NETFLIX, PARAMOUNT+, SHUTTERSTOCK, SKY, TRUNKMAN PRODUCTIONS LIMITED

Good vibrations

Charlotte Ritchie explores music through the ages

Charlotte Ritchie

YouTube For the Record: An Incomplete History of Music

NEW *Available: Thursday 25 June*
Genre: Documentary
Season: 1 Eps: 9 (one ep daily from 25 June to 28 June, then weekly on Thu & Fri)

Music is the soundtrack of our lives, but where did it all begin? In nine-part documentary *For the Record*, actor Charlotte Ritchie cranks up the volume on the evolution of a universal art form we can't live without.

Launching with a quartet of episodes (over Glastonbury's 'fallow weekend'), the series from The Cosmic Shambles Network tackles the broad spectrum of sound, from the science of acoustics to the genres of jazz, jungle and everything in between.

'I love music. It's always been a huge part of my life,' says Ritchie, 36, who's known for starring in BBC1's *Ghosts* and *Call the Midwife*. 'Nothing has the innate ability to invoke the entire gamut of human emotion quite like music. Its form may differ greatly from culture to culture, but it plays a vital role in every single one. Why? What makes music so special?'

'Over nine episodes, we will cram in as much as is humanly possible and take a journey through the entire history of music – what it is, where it comes from, how it works, where it's going and why it matters.'

SOUNDS AMAZING

Episode 1 examines the physics of the very-first sound waves with the Big Bang, delving into how the human ear perceives timbre and frequency before exploring animal acoustics, from the high-pitched clicks of dolphins to the hoots of chimpanzees.

Four years in the making, the series also features exclusive contributions from scientists, historians and musicians, as well as rarely seen archive interviews with icons including Bob Dylan, Kylie Minogue, Taylor Swift and more. Subscribers can expect a special bonus 10th episode, too.

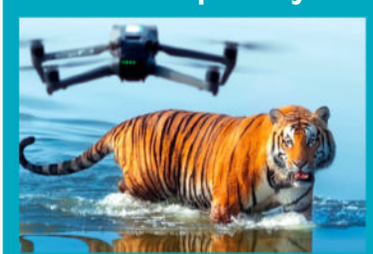
'We touch on pianos and Pythagoras, and listen to birdsong, Bach, blues, The Beatles and Bad Bunny,' says Ritchie. 'It's too big a topic to cover literally everything, but we're going to give it a go. So treat this series like a mixtape: find a bit you like.'

● ***For more info, visit youtube.com/cosmicshambles***

Bach, Bob Dylan and Bad Bunny

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



BBC iPLAYER Tiger Island

In BBC1's natural-history show, cameras follow Bengal tiger Goma and her daughter Mala as they each try to raise their cubs in Nepal. But the arrival of a new male spells danger, and footage shows how the females share babysitting duties.

sky box sets / Virgin media / NOW Best Medicine

Sky One's US remake of *Doc Martin* sees grouchy surgeon Martin Best (Josh Charles, above) cause chaos when he becomes a GP in Maine, and his phobia of blood emerges when he treats a grazed knee.

itvX G'wed

The third outing for ITV2's Liverpool-set comedy finds Reece trying to deal with the return of his dad, 'Disneyland Darren' (Ben Batt). We also see Reece carry out a prank at the school's Refugee Awareness Week.

BBC iPLAYER Gareth Southgate: Changing the Game for Young Men

The former England manager uses his measured approach to try to tackle the challenges facing the country's male youth in BBC1's documentary.

HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Free to watch

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NUJAT/STOCK.ADOBE.COM

Pick of the new releases

The best new shows to enjoy this week on streaming services...

The Agency

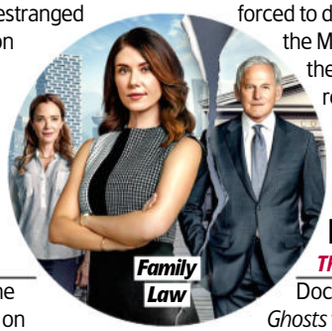
Sunday 21 June

The second season of the spy thriller starring Michael Fassbender as covert CIA agent Martian. Now a senior case officer at the London Station, Martian risks everything to save his lover Samia (Jodie Turner-Smith), who is a prisoner in Sudan. See feature, page 11.

Family Law

Sunday 21 June

Canadian legal drama. Recovering alcoholic Abigail Bianchi (Jewel Staite) goes to work for her estranged father, Harry Svensson (Victor Garber) at his family law firm. Previously shown on Lionsgate+.



House of the Dragon

Monday 22 June

The third season of the fantasy drama based on George RR Martin's *Fire & Blood* novel set 200 years before the events of *Game of Thrones*. Matt Smith and Emma D'Arcy are among the returning stars. Also airing weekly on Sky Atlantic (Mon, 9pm). See feature, page 4.

The American Experiment

Wednesday 24 June

Docuseries marking the 250th anniversary of the United States. It looks at the years leading up to the American Revolution through the drafting of the Constitution and the first presidency. Contributors include former vice presidents and military experts.

In the Hand of Dante

Wednesday 24 June

Drama following the parallel lives of modern-day New York author Nick Tosches, who is recruited by a Mafia don to steal Italian poet Dante's *Divine Comedy*, and Dante as he seeks inspiration to write his most-important work in the 14th century. *Beef*'s Oscar Isaac plays both men.

Avatar: Fire and Ash

Wednesday 24 June

Third instalment in James Cameron's Avatar film series. Struggling with their grief after the death of their eldest son Neteyam, Jake (Sam Worthington) and Neytiri (Zoe Saldaña) are soon forced to defend Pandora against the Mangkwan Clan, AKA the Ash People. See review, page 22.

For the Record: An Incomplete History of Music

Thursday 25 June

Docuseries presented by *Ghosts* favourite Charlotte Ritchie tracing the history of music and featuring over 100 interviews with musicians, scientists and historians. See feature, page 17.

The Running Man

Thursday 25 June

Sci-fi action film based on Stephen King's novel, starring Glen Powell as a blue-collar worker who enters a $1 billion contest in the hope of raising money for his sick daughter. He and other 'runners' must survive 30 days while being hunted by assassins.

The SpongeBob Movie: Search for SquarePants

Thursday 25 June

In the fourth film based on the animated adventure series, SpongeBob sets out on a quest to prove his bravery by exploring the Underworld. See review, page 23.

Avatar: The Last Airbender

Thursday 25 June

The second season of the live-action adaptation of the animated fantasy adventure. Young Avatar Aang (Gordon Cormier), Katara (Kiawentiio) and Sokka (Ian Ousley) set off on a mission to convince the elusive Earth King to help in their battle against Fire Lord Ozai (Daniel Dae Kim).

Chris & Martina: The Final Set

Friday 26 June

Documentary about tennis greats Chris Evert and Martina Navratilova, whose on-court battles pushed the women's game to new heights. Their rivalry evolved into a deep friendship with the pair supporting each other when they were both diagnosed with cancer. See feature, page 16.

The Bear

Friday 26 June

The fifth and final season of the comedy drama picks up the morning after Sydney (Ayo Edebiri), Richie (Ebon Moss-Bachrach) and Natalie (Abby Elliott) discover that Carmy (Jeremy Allen White) is quitting, leaving the restaurant to them. See feature, page 14.

The Marnow Murders

Friday 26 June

The second season of the German crime drama from Walter Presents sees detectives Lona Mendt and Frank Elling uncover a chain of murders linked to a children's home and a trafficking ring. When they are both injured during an operation, a missing 12-year-old girl becomes the key to everything.

Little Brother

Friday 26 June

Comedy revolving around a successful real-estate agent (John Cena) whose world is upended when his brother (Eric André) reappears in his life.

Camp Snoopy

Friday 26 June

The second season of the animated children's series. Snoopy and the Beagle Scouts, Charlie Brown and the rest of the Peanuts gang have fun and adventures at Camp Spring Lake.

Yellowstone to Yosemite with Kevin Costner

Friday 26 June

Kevin Costner retraces US President Theodore Roosevelt and naturalist John Muir's historic 1903 journey through Yosemite, uncovering Native American heritage. See feature, p16.

Would You Rather: Decide to Survive

Friday 26 June

Comedy reality game show hosted by Romesh Ranganathan. Two teams of digital creators – including Chunkz and Nella Rose – are whisked off to a remote location to take part in challenges based on 'would you rather' dilemmas such as: would you rather fight one giant duck or 1,000 tiny ducks?

Next Gen NYC

Thursday 25 June

Brooke Shields' daughter Rowan Henchy joins the second season of the reality show that follows the offspring of celebrities as they attempt to make their own mark in New York City away from their parents' shadows.

WORDS: JUDY EWENS. PHOTOS: HAYU, NETFLIX, ITV

Edmondson and Mayall in 1991

Remembering RIK

Adrian Edmondson recalls his friendship with the late comedian **Rik Mayall**

The Young Ones cast: Nigel Planer, Rik Mayall, Christopher Ryan and Adrian Edmondson

Mayall in BBC2 sitcom *Bottom*

NEW PROFILE

Rik Mayall: Magnificent B'stard

Thursday, 9pm, Sky Documentaries

For decades, Adrian Edmondson and his comedy partner Rik Mayall were best friends, joining forces in hit TV comedy shows *The Young Ones* and *Bottom*, until a major rift put a strain on their relationship in the years leading up to Mayall's untimely death in 2014.

Now, 12 years on, *EastEnders* and *Bergerac* star Edmondson looks back on Mayall's groundbreaking comedy career and their complicated friendship in Sky Documentaries' feature-length film *Rik Mayall: Magnificent B'stard*, which also hears from Mayall's family and comedy friends such as Ben Elton, Sir Stephen Fry, Nigel Planer and Greg Davies.

PIONEERING WORK

Edmondson and Mayall first met at the University of Manchester, where they began writing sketches and performing as a double act in working men's clubs. But their big break came in 1982 with BBC comedy *The Young Ones*, which turned Mayall into an overnight star as attention-seeking student Rick.

'*The Young Ones* was an absolute joy,' says Edmondson, who played punk Vyvyan. 'It was like being in a playground or a Wile E Coyote cartoon. We loved performing and we enjoyed each other's company – we were best friends.'

> 'The Young Ones was like being in a Wile E Coyote cartoon'
> ADRIAN EDMONDSON

Mayall went on to have success as Lord Flashheart in *Blackadder*, Tory MP Alan B'Stard in *The New Statesman* and as Richie in *Bottom*. But by the late 1990s, his drinking had become a problem, his star had begun to wane, and a devastating quad-bike crash in 1998 left him with seizures and memory issues.

When Edmondson told Mayall he no longer wanted to tour with their *Bottom Live* stage show, it caused a falling-out that wasn't fully repaired before Mayall's sudden death from a heart attack, aged 56.

EMOTIONAL

'We never really came to an understanding about that, and that makes me very sad,' explains Edmondson, 69. 'There was something that grieved me in the way he died so suddenly that we never repaired what our relationship was.

'I've had to explain the latter part of our relationship in some way in this documentary because people want to know. It's obvious that something went awry, but I think we should mostly remember that Rik was a genius.'

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, GETTY

Jon Snow: A Last Big Story

Saturday, 8pm, C4

Cameras follow veteran news broadcaster Jon Snow (above) as, following an Alzheimer's diagnosis, he and his wife Dr Precious Lunga resolve to live their remaining years to the fullest. Holidaying in Africa, they find themselves at the heart of a big news story as Snow helps to get justice for mining-disaster victims.

What Happened at the Somme

Friday, 7.30pm, BBC1

Marking the 110th anniversary of the Battle of the Somme, journalist Jordan Dunbar looks back at the shocking loss of life in World War One's bloodiest campaign. The battle saw 20,000 British Army personnel lose their lives on the first day, and would cause more than one million casualties on both sides.

Shells: Shaped by Nature

Sunday, 7pm, National Geographic WILD

A glimpse inside the ocean world of shell-dwelling creatures, from giant turban snails and limpets in rock pools to hermit crabs and a beautiful tiger cowrie with its distinctive spotted shell. We also learn how shells' spirals are formed from calcium-carbonate crystals, and how they ultimately turn into sand.

Dover 24/7: Britain's Busiest Port

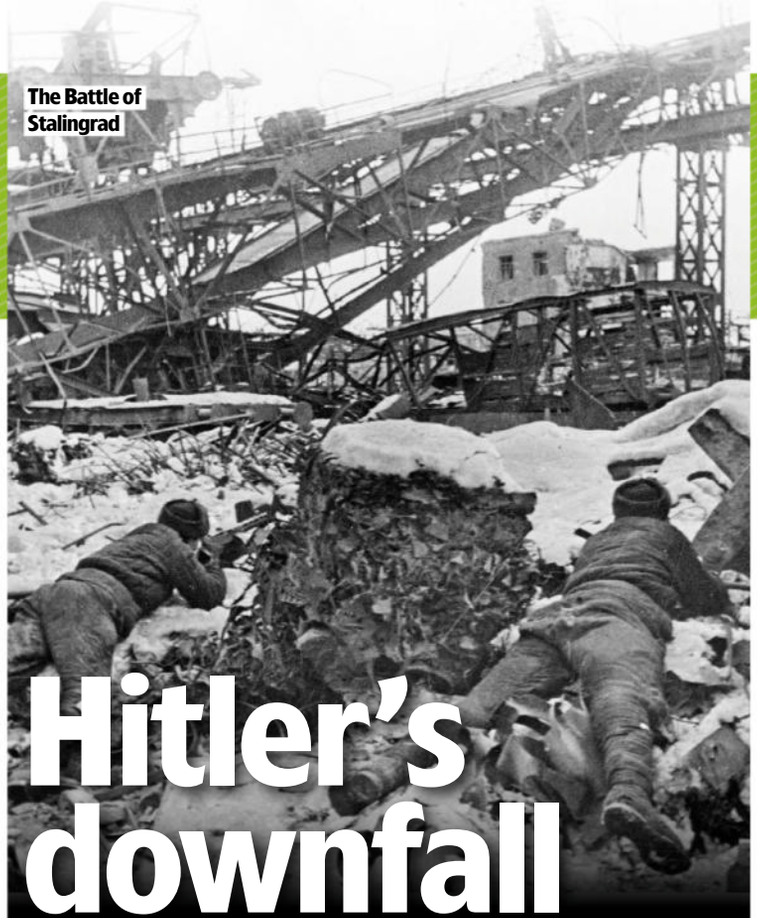
Monday, 8pm, C4

As cameras return to the Port of Dover, the UK Border Force is on the case of drug smugglers as sniffer dog Frankie detects 40kg of cocaine hidden inside a lorry. Meanwhile, navigation pilot Guy must perform a tricky manoeuvre to board a ship carrying the heaviest cargo Dover has ever seen and guide it home.

Millionaire Superyacht: Why Ships Sink

Monday, 8pm, BBC2

On 19 August 2024, during a violent storm, superyacht *Bayesian* (above) sank while anchored off the coast of Sicily, killing seven people on board, including its owner, British billionaire Mike Lynch, and his daughter Hannah. But why did the *Bayesian* sink beneath the waves while other vessels nearby didn't?



The Battle of Stalingrad

Hitler's downfall

How the **Battle of Stalingrad** changed the course of World War Two

HISTORY

World War II with Tom Hanks

Tuesday, 9pm, Sky History

In July 1942, more than a year after Operation Barbarossa – Nazi Germany's failed offensive in the Soviet Union – Adolf Hitler decided to launch another attack on Russia, and it was to be one of the decisive battles of World War Two.

This week's episode of Tom Hanks' series focuses on the Battle of Stalingrad, with Hitler believing it would be an easy victory to take the Soviet oilfields in the Caucasus Mountains.

Adolf Hitler

ATTRITION

'Hitler was concerned he'd got himself into trouble in the Soviet Union but he was convinced the situation could be righted,' says Robert Citino, senior historian at the US' National WWII Museum. 'He thought he could continue his war for ever as long as he had a sufficient supply of oil. It was the world's first war for oil.'

Impatient for success, Hitler split his army, leaving one branch to capture the oilfields and his 300,000-strong 6th Army to invade Stalingrad, which he realised would be a significant win both strategically and symbolically.

'Hitler became fixated on Stalingrad. It bore Stalin's name,' says history professor Geoffrey Wawro. 'He wanted to take Stalingrad as this would be an unspeakable humiliation to Stalin.'

EXTREME CONDITIONS

At first, the Russian army crumbled and Stalingrad was decimated by Hitler's bombs. But then Stalin decreed that anyone surrendering would be executed and the Soviets' General Georgy Zhukov put in place a plan to lure the Germans deeper into Stalingrad before surrounding them. Hitler's army was eventually trapped and forced to endure a brutal winter.

'People were dying of the cold where they stood,' says historian Simon Sebag Montefiore. 'Their bodies were frozen solid.'

In January 1943, the 6th Army's surviving 90,000 troops surrendered to their opponents.

'The Battle of Stalingrad was a turning point of the war on the Eastern Front,' says executive producer Tom Hanks. 'Never again would the Wehrmacht [the German armed forces] take the offensive in the East.'

Films

MOVIE OF THE WEEK

AVATAR
Fire and Ash

Sam Worthington and **Zoe Saldaña** are back for the third trip to the planet Pandora

SCI-FI EPIC

From Wednesday, Disney+ ★★★★

The third entry in James Cameron's epic sci-fi fantasy adventure series set on the spectacularly bizarre alien world of Pandora can't quite recapture the startling impact made by 2009's original *Avatar*, but the world-building here remains every bit as breathtaking, the visual effects still eye-bogglingly immersive, the action just as jaw-dropping.

Picking up the story a year after the events of the previous film, *Fire and Ash* finds Sam Worthington's Jake Sully, the paraplegic marine turned human-Na'vi hybrid, and his beautiful Na'vi wife, Neytiri (Zoe Saldaña), striving to protect their family from a fresh threat in the form of the warlike Ash People, whose leader Varang – played with ferocious swagger by Oona Chaplin – is forming a deadly alliance with Jake's remorseless nemesis Quaritch (Stephen Lang), the gung-ho human colonel resurrected as a Na'vi clone.

There will be those, of course, who will never get past the oddness of the Na'vi, Cameron's heroic alien tribespeople, 10ft-tall humanoids with blue skin and long tails, and others who stumble over the films' often clunky dialogue, but devotees of the franchise will find *Fire and Ash* an improvement on the previous *The Way of Water* – despite a bum-numbing running time, the narrative moves faster and grips tighter. 2025, 12, 197MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, LIZ MILROY, NIGEL PIZEY

More premieres and Day by Day planner ›››

This week's Best Movies

MYSTERY CHILLER

Cuckoo

From Thursday, Netflix ★★★

Moping American teenager Hunter Schafer has wound up being forced to leave the States and live with her father (Marton Csókás) and stepmother (Jessica Henwick), along with their young, mute daughter, at a resort in the Bavarian Alps. But what is up with the hotel's owner and all-round creepster Dan Stevens (doing a wonderfully ripe German accent)? And who's the terrifying woman running around the grounds at night? What starts as mysterious goings-on transforms into the downright deranged, as director Tilman Singer pays direct homage to 1970s European horror while still creating something crazily unique. Schafer, in her first lead role after appearing in TV smash *Euphoria*, is excellent as the lost, ignored kid caught up in the eventual madness. 2024, 15, 102MIN

Messed up: Hunter

THRILLER

Now You See Me, Now You Don't

From Saturday, Prime Video ★★★

First encountered in 2013's *Now You See Me*, those swaggering magicians the Four Horsemen are back for another highly convoluted caper. This time the quartet – illusionist Jesse Eisenberg, hypnotist Woody Harrelson, cardsharp Dave Franco and escape artist Isla Fisher – are joined by young challengers Dominic Sessa, Ariana Greenblatt and Justice Smith, a trio who are using their magic skills to right social wrongs. The meeting of the two groups provokes some generational sparring, but they join forces to take down money-laundering mining magnate Rosamund Pike. The gang's intricate deceptions are fun and clever in the moment – although the dazzle wears off pretty quickly – and it's not hard to see these films turning into a full-blown franchise. 2025, 12, 112MIN

World of illusion: Jesse and the gang

ANIMATION

The SpongeBob Movie: Search for SquarePants

Thursday, 7am & 4pm, Sky Premiere & Paramount+ ★★★

Although once again using CGI rather than old-school 2D animation, this latest *SpongeBob* adventure is still breezy, frenetic fun. Conned by the ghostly Flying Dutchman (voiced by a winning Mark Hamill), SpongeBob (Tom Kenny) travels to the Underworld with the Dutchman to prove he's a swashbuckler and not a 'bubble-blowing baby boy'. But his boss, Mr Krabs (Clancy Brown) knows the spectre's real intentions and sets off to save the day. It's a colourful, silly movie on a sugar high – and very amusing. 2025, PG, 88MIN

Taking aim: Kyle and Samara

CRIME ROMANCE

Carolina Caroline

Saturday, 6.45am & 8pm, Sky Premiere ★★★★

It's unusual for a movie with such familiar beats to be so engrossing, but *Carolina Caroline* is just that. Samara Weaving is a small-town girl who hooks up with con man Kyle Gallner as they grift and rob banks through Texas, Arkansas and South Carolina for the sheer thrill of it. Weaving and Gallner's chemistry is positively tangible, as director Adam Carter Rehmeier gives them space to inhabit their roles and explore their deeply passionate relationship, before it all comes tumbling around their heads. It's a beautifully executed journey, with both leads on top form. 2025, 15, 105MIN

Films

SCI-FI ACTION

Project Hail Mary

Available now, MGM+ ★★★★

Ryan Gosling wakes up on a spacecraft and discovers that of his crew he is the only one left alive. But who is he (he can't remember) and what is he doing in deep space? Busily toing and froing from Gosling's spaceman to his life on Earth – he's a bright star of a science teacher – the film eventually pieces everything together.

Turns out, something's killing the Sun and, with Earth in peril, Gosling is brought in by Sandra Hüller's expert to help an international team on their far-away mission to save humanity. And now it's up to him. Luckily, there's another spaceship nearby and its rock-like occupant reaches out to Gosling – he's also all alone with his world in the same predicament. In the best alien-human friendship since *E.T.*, the film then concentrates on the pair's ingenuity and growing bond.

There's lots to enjoy here and Gosling carries the film with bags of charm and a big helping of humour, but hats off too to 'Rocky' the alien (voiced by James Ortiz) who is an absolute delight. Yes, the film, based on Andy Weir's novel, is manipulative and has the subtlety of a sledgehammer, but it's also wonderfully warm and hugely entertaining. Streaming from Thursday 18 June. 2025, 12, 156MIN

Above and beyond: Ryan

Hidden gems Great movies you might have missed...

THRILLER

Dead of Winter

Paramount+ ★★★★

In this lean, mean, frozen machine of a movie, Emma Thompson plays Barb, a friendly, good-hearted recent widow in her 60s travelling to northern Minnesota to go ice fishing as a farewell to her husband. Hit by a blizzard, she gets lost and stumbles upon a kidnapped girl (Laurel Marsden) being held by a desperate, unhinged woman (a terrific Judy Greer)... An incredibly tense, gritty thriller that sinks its icy claws into you. 2025, 15, 98MIN

HORROR

Heretic

Prime Video ★★★★

In a quiet US town, Mormon girls Sophie Thatcher and Chloe East are spreading 'The Word'. They knock on the door of a genial Hugh Grant, who invites them in. But there is no escape, unless you put your faith to the test... Both East and Thatcher are excellent in this twisty chiller, but it is Grant's film. He takes his off-kilter genial manner and fuses it with a softly spoken malevolence to create a superb villain. One of the best horror films in years. 2024, 15, 111MIN

WORLD CINEMA

Perfect Days

Mubi ★★★★

The life of a humble toilet cleaner (a stunning Kôji Yakusho) servicing latrines in Tokyo might not seem like a concept flush with promise. But in veteran German director Wim Wenders' quietly affecting, beautifully modulated study of everyday human existence, it becomes a rich and resonant metaphor for the simple pleasures of life. This is a meditative film that requires patience, but stick with it and you'll be amply rewarded. Subtitled. 2023, PG, 125MIN

Saturday 20 June

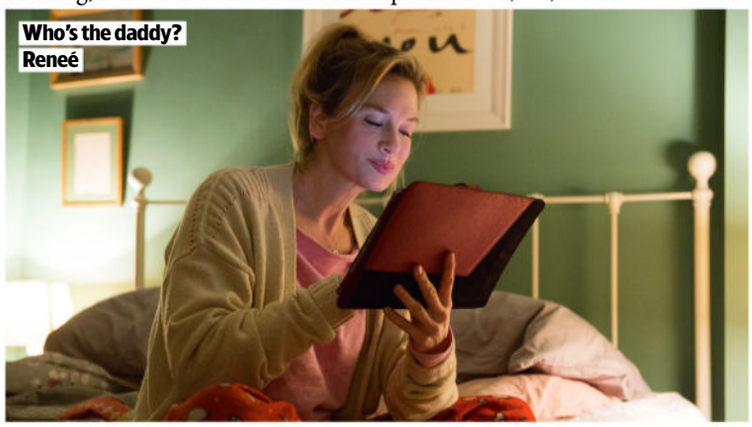
COMEDY

Bridget Jones's Baby

2.10pm, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Back for her third turn as Helen Fielding's irrepressible Bridget Jones, Renée Zellweger proves as funny and endearing as ever. She has a new predicament with which to wrestle in her inimitably cack-handed fashion: pregnancy. The prospective father is a 50/50 toss-up between Patrick Dempsey's smooth billionaire American, Jack, following a bonk in a music festival yurt, and Colin Firth's uptight, ill-at-ease Darcy, courtesy of the briefest of rebound flings a few days later. It's a slender plot, but director Sharon Maguire makes the most of the gags in a screenplay co-written by Fielding, Dan Mazer and Emma Thompson. 2016, 15, 123MIN



Who's the daddy? Reneé

ANIMATION

Chicken Run

7.20am, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

After his small-screen success with *Creature Comforts* and *Wallace and Gromit*, Oscar-winning animator Nick Park made the confident jump to the big screen with this chicken-coop comedy. A spoof of *The Great Escape*, the ripping yarn has a brood of battery hens plotting a break-out from their farm with the help of an over-cocky cockerel (voiced by Mel Gibson) who has escaped from a circus. The film does suffer from its flat moments, as if it is sometimes struggling to reach feature length, but its silly characters and whimsical charm are quite endearing. 2000, U, 84MIN

COMEDY THRILLER

Inglourious Basterds

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Quentin Tarantino worked on the script for this World War Two thriller for more than a decade, and fans of the maverick director should be grateful for his persistence, as it proved to be one of his most successful movies both critically and at the box office. Brad Pitt gets top billing for his over-the-top turn as the leader of a bunch of wartime Jewish American soldiers on a mission to kill and scalp any Nazis who cross their path, but the film's stand-out star is Christoph Waltz, whose Oscar-winning turn as evil Jew-hunter Colonel Hans Landa is gloriously chilling. 2009, 18, 147MIN

CLASSIC WESTERN

She Wore a Yellow Ribbon

11.35am, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In one of his best performances, John Wayne stars as an ageing cavalry officer trying to drive Indians off lands they regard as their own. What particularly distinguishes this John Ford western, though, is its feel for those early pioneer days of wide open spaces, especially well captured in Ford's sensitive direction, and in Winton C Hoch's breathtaking colour photography, which deservedly won an Oscar. The film's quiet power – only the comedy scenes involving Victor McLaglen seem out of key – makes it an unchallenged classic in its field. 1949, U, 103MIN

HORROR

Nosferatu

9.45pm, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Robert Eggers' retelling of *Dracula* follows FW Murnau's copyright-dodging 1922 silent classic, so prepare for a chilling encounter with Count Orlok. Under layers of icky prosthetics, Bill Skarsgård's Orlok lures naive solicitor Nicholas Hoult from 1838 Germany to Transylvania and shares a creepy psychic bond with his new bride (Lily-Rose Depp). Eggers' ripely Gothic film is visually stunning, but there are as many comically OTT moments as there are scary ones. 2024, 15, 132MIN

■ Full listings start on p35

Sunday 21 June

PERIOD ROMANCE

Wuthering Heights

8pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

As toxic relationships go, Cathy and Heathcliff in Emily Brontë's 19th-century classic *Wuthering Heights* are hard to beat. Feeling strikingly modern, writer-director Emerald Fennell's adaptation of the story, set on the wild, windswept Yorkshire moors, boldly captures the devastating tale of love, obsession and emotional self-destruction between Margot Robbie's Cathy and Jacob Elordi's Heathcliff. Standout support comes from a chillingly grotesque Martin Clunes as Cathy's alcoholic father, and a suitably restrained Shazad Latif as the wealthy Edgar Linton, while the imaginative sets add a dreamlike quality to the drama. 2026, 15, 136MIN

Passion on the moors: Jacob and Margot

ANIMATION

Early Man

11am, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Claymation maestro Nick Park's first feature film since 2005's *The Curse of the Were-Rabbit* is a typically daffy comedy adventure about a plucky caveman who rallies his misfit Stone Age tribe to save their valley from Bronze Age invaders by taking them on at football. Eddie Redmayne's hero Dug and his chums can't match Wallace and Gromit for eccentric charm, but the silly visual gags still come thick and fast. Tom Hiddleston, Maisie Williams, Timothy Spall and Richard Ayoade turn out alongside Redmayne among the film's top-flight British voice cast. 2018, PG, 88MIN

ANIMATION

Spider-Man: Into the Spider-Verse

4pm, Sky Family ★★★★★

Sex ●●● Violence ●●● Language ●●●

This dazzlingly Oscar-winning animated film takes the friendly neighbourhood crimefighter into fresh realms or, rather, many parallel universes, all with their own distinctive style of animation. It's brilliant stuff as Brooklyn teen Miles (voiced by Shameik Moore) takes on the superhero's mantle and encounters a bunch of other Spideys, notably a jaded Spider-Man (Jake Johnson), Spider-Gwen (Hailee Steinfeld), hard-bitten Spider-Man Noir (Nicolas Cage), and even porcine Spider-Ham (John Mulaney). 2018, PG, 117MIN

FAMILY FANTASY

How to Train Your Dragon

1.55pm, Sky Epic Worlds ★★★★

Sex ●●● Violence ●●● Language ●●●

This live-action remake of the beloved 2010 animated film is great fun. On the island of Berk, Vikings and dragons are at war; then misfit youngster, Hiccup (Mason Thames), becomes an unlikely hero – much to the surprise of his despairing clan chief father, Stoick (Gerard Butler, successfully repeating his animated role) – after he secretly befriends a dragon and learns ways of disarming the creatures. Thames is a good fit for the hero, while Nico Parker shines as his crush, warrior-in-the-making Astrid, as does Nick Frost as their gruff trainer. 2025, PG, 125MIN

CRIME DRAMA

Three Billboards Outside Ebbing, Missouri

12m't, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

An Oscar-winning Frances McDormand is on incendiary form as a grieving mother who puts up a series of enraged ads on the billboards of the title in a bid to goad the local police chief (Woody Harrelson) into finding who raped and killed her daughter. Moving in unexpected directions, this brilliant film from *In Bruges* writer-director Martin McDonagh's balances caustic humour and heartbreaking compassion. 2017, 15, 115MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 22 June

CHILLER

Presence

7.05am & 1.40am, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Steven Soderbergh's family drama-cum-chiller is both a technical achievement and an engrossing ghost story, told entirely from the entity's point of view. A 'presence' watches as a family – cold Lucy Liu, pensive Chris Sullivan and their teen kids Callina Liang and Eddy Maday – move into their house. It homes in on Liang, the only one who can even sense it, but why? As the mystery unfolds, we witness a family in crisis, but when events come to a head, they are positively nerve-shredding. 2024, 15, 84MIN

Something is watching: Callina

COMEDY

The Phoenician Scheme

8pm, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Director Wes Anderson's quirky comedy follows Benicio Del Toro's fabulously rich, ruthless 1950s industrialist as he attempts to reconcile with his neglected daughter, novitiate nun Liesl (a superb Mia Threapleton), and persuade her to become his sole heir. A starry line-up, including Tom Hanks and Scarlett Johansson, helps the bizarre plot trundle along nicely. 2025, 15, 101MIN

ACTION

Top Gun: Maverick

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise returns as US naval aviator Pete 'Maverick' Mitchell. A cocky recruit back in 1986's *Top Gun*, he now has to train a new batch of chalk-and-cheese types (including Miles Teller and Glen Powell) for a dangerous mission. Cruise is the best at delivering thrills, so there was no doubt the action would be awesome. But the film gets it right on the ground, too, for an expertly crafted, thunderously enjoyable – and emotional – blockbuster. 2022, 12, 130MIN

COMEDY FANTASY

Ghostbusters: Afterlife

8pm, Sky Epic Worlds ★★★★

Sex ●●● Violence ●●● Language ●●●

Co-written and directed by Jason Reitman, son of original 1984 *Ghostbusters* director Ivan, this reboot is warm, witty and full of wonder. Following the death of Harold Ramis' Egon, his daughter (Carrie Coon) and kids (Finn Wolfhard and Mckenna Grace) move to his house and find weird stuff is happening. Paul Rudd, several old faces, and some familiar equipment add to the fun. 2021, 12, 124MIN

COMEDY

The Producers

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Down-on-his-luck theatrical producer Zero Mostel and his naive accountant Gene Wilder plot to make a fortune by finding rich backers, engineering a disaster of a show and then running off with the money. The result is *Springtime for Hitler* – but the musical is so bad, it's a runaway success. Mel Brooks' first film is an outrageously funny farce that's in exquisite bad taste. 1967, PG, 88MIN

■ Full listings start on p55

Tuesday 23 June

DRAMA

Sound of Metal

12.05am, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Riz Ahmed is electric as heavy-metal drummer Ruben, whose life is upended when he develops drastic hearing loss. He checks into a home for deaf recovering addicts run by Paul Raci's war veteran, who helps his charges get to grips with their new way of living. Entirely captioned and featuring immersive sound design, this Oscar-nominated drama really makes you feel Ruben's disorientation and isolation. Shining a rare cinematic light on the deaf community, it's a powerful experience. 2020, 15, 120MIN

Break the silence: Riz

DRAMA

The Friend

5.55pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Grieving the death of her best friend, ex-lover and mentor Bill Murray, Naomi Watts is shocked to discover he left her his Great Dane. It doesn't help that she lives in a New York apartment where pets are banned, and the enormous pooch is depressed by the passing of his master. Dealing with the bond between humans and animals, this oddly unsentimental film also gives Watts a terrific role to chew on. An uplifting and richly rewarding tale. 2024, 15, 119MIN

CLASSIC THRILLER

Chinatown

12.30am, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Jack Nicholson has one of the roles of his career as 1930s gumshoe JJ Gittes, who annoys most of the people he meets most of the time and, along the way, takes on a matrimonial case and drifts deeper into a web of menace, corruption and paranoia. Robert Towne's script won an Oscar; John Huston has a key role and director Roman Polanski has a cutting cameo. One of the greatest films of the 1970s. 1974, 15, 131MIN

HORROR

Smile 2

10.10pm, Sky Sci-fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Parker Finn takes a sharp turn for his grisly, deeply creepy sequel, making it a standalone movie in its own right as it follows troubled pop star Naomi Scott, who encounters a demonic entity. After witnessing a horrific suicide, Scott starts hallucinating an unnerving smile on people, followed by all manner of messed-up carnage. Something has latched onto her! 2024, 18, 127MIN

COMEDY

Multiplicity

2.50am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Construction worker Doug (Michael Keaton) can't keep up with the demands of his job and his home life with his wife, Andie MacDowell, and their kids. But a geneticist has a solution – cloning. Keaton ends up trying to hide no fewer than three more versions of himself in director Harold Ramis' clever romp, full of zany performances and snappy dialogue. 1996, 12, 117MIN

■ Full listings start on p65

Wednesday

BLACK COMEDY

Buffalo Soldiers

1am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Soldier Joaquin Phoenix spends most of his time organising black market deals. His CO is Ed Harris, but his zealous new sergeant, Scott Glenn, is a much more formidable foe, particularly after Phoenix starts romancing his

HORROR

The Woman in the Yard

9.10am, Sky Sci-fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

Constrained with a broken leg, Danielle Deadwyler has sunk to an all-time low after the death of her husband. Left with a fixer-upper farm and two kids (Peyton Jackson and Estella Kahiha), she's shaken out of her funk by a veiled woman (Okwui Okpokwasili) who appears from nowhere. This smart film has *Twilight Zone* vibes, especially in its thought-provoking ending. 2025, 15, 88MIN

ACTION

Mission: Impossible – The Final Reckoning

8pm, Sky Ultimate Action ★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise's final *Mission* is an overblown race to stop AI, The Entity, from triggering nuclear annihilation. Full of callbacks to previous films, this is convoluted and a little dour, but it is still thoroughly entertaining. Simon Pegg, Ving Rhames, Hayley Atwell and co help out, while a breathtaking aerial stunt involving Cruise and a biplane is one of the best in the entire film series. 2024, 12, 169MIN

24 June

daughter (Anna Paquin). Phoenix plays his anti-hero with a sharp straight face and cuts a nimble swathe through a story that presents those in uniform as pompous fools. Cast-iron slapstick comes in the form of a runaway tank, while Harris's attempt to impress general Dean Stockwell is hilariously hopeless. 2001, 15, 98MIN

Armed: Joaquin

ACTION

Mr & Mrs Smith

9pm, Legend ★★★

Sex ●○○ Violence ●●○ Language ●○○

Given the malicious relish with which Angelina Jolie and Brad Pitt attempt to slit each other's throats during the course of this black comedy, you would be forgiven for thinking they had been married for years. They play John and Jane Smith, crack assassins for rival agencies who are told to bump off each other after their covers are blown. There are loads of hi-tech weapons and apocalyptic explosions on display. 2004, 15, 120MIN

CRIME DRAMA

Bad Lieutenant

1.35am, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

In the title role, Harvey Keitel gives a searing performance that isn't so much near the knuckle as a full amputation. His monstrously corrupt New York cop is a wallowing mess of twisted desires – for sex, drugs, gambling and, not least, spiritual redemption. A typically bleak vision of the human condition from one of the last great maverick American directors, Abel Ferrara. 1992, 18, 98MIN

■ Full listings start on p75

Thursday 25 June

BIOPIC

Escape from Pretoria

9pm, Film4 ★★★

Sex ○○○ Violence ●○○ Language ●○○

Daniel Radcliffe stars as Tim Jenkin, a real-life African National Congress (ANC) activist incarcerated for distributing anti-apartheid literature in 1970s South Africa. The film offers a meticulous depiction of how Jenkin and two fellow prisoners (played by Daniel Webber and Mark Leonard Winter) attempted to escape from maximum-security Pretoria Central Prison. There are pulse-quickening moments of near-discovery, the obligatory mean guard and some clever improvisation. 2020, 12, 106MIN

Locked up: Radcliffe and Webber

ACTION

Cleaner

6.10am & 4.20pm, Sky Ultimate Action ★★★

Sex ○○○ Violence ●●○ Language ●●○

Terrorists take over a London skyscraper and hold a party of bigwigs hostage. But ex-military Daisy Ridley's window cleaner is hanging around to battle eco-warriors Clive Owen and Taz Skylar, helped by autistic brother Matthew Tuck and hampered by vertiginous heights and silly lines. Director Martin Campbell handles the action superbly, and Ridley delivers a character to root for. 2025, 15, 97MIN

ANIMATION

The Bad Guys 2

6pm, Sky Family ★★★★

Sex ○○○ Violence ○○○ Language ○○○

Full of breezy silliness, this sequel to the 2022 movie is tremendous. Mr Wolf and his rascally chums try to go straight, but find themselves blackmailed into attempting one last high-stakes robbery. With endearingly comic vocal performances from Sam Rockwell, Awkwafina, Marc Maron, Zazie Beetz and Richard Ayoade, this nimbly juggles gags for the kids with clever film references for the grown-ups. 2025, PG, 104MIN

ACTION

The Beekeeper

6pm, Sky Ultimate Action ★★★

Sex ○○○ Violence ●●● Language ●●●

Requisite hard-nut star Jason Statham plays a seemingly tranquil beekeeper but, of course, he has a shadowy past and a particular set of skills that he calls on when some nasty types target his boss and friend (Phylicia Rashad). Director David Ayer's throwback to 1980s action thrillers is handled routinely, though Statham is on form, and what starts as a roaring rampage of personal revenge grows in scope. 2023, 15, 103MIN

COMEDY THRILLER

Borderline

4.25am, Sky Thriller ★★★

Sex ○○○ Violence ●●○ Language ●●○

Obsessed stalker Ray Nicholson, along with fellow psychopath Alba Baptista, break into actress Samara Weaving's mansion, leaving bloody carnage behind them. But Weaving's bodyguard (Eric Dane) is on his way. The jokes don't all land, and the tonal shifts cause whiplash, but this directorial debut of writer Jimmy Warden (Weaving's real-life husband) is more fun than it should be. 2025, 15, 94MIN

■ Full listings start on p85

Friday 26 June

PERIOD DRAMA

Downton Abbey: The Grand Finale

5.50pm, Sky Drama ★★★★

Sex ○○○ Violence ○○○ Language ○○○

The final curtain comes down on Julian Fellowes' hit period drama with this sumptuous film spin-off. Set in 1930, Hugh Bonneville's Earl of Grantham is considering handing over Downton to daughter Lady Mary (Michelle Dockery) when she faces social pariahdom as her divorce becomes public. It's enjoyable to see how the story plays out for the cast of regulars, while Paul Giamatti, Alessandro Nivola and Dominic West have fun making mischief in the supporting cast. 2025, PG, 124MIN

The sun sets on Downton Abbey

SUPERHERO

Kraven the Hunter

8.30am, Sky Action ★★★

Sex ○○○ Violence ●●● Language ●●○

Aaron Taylor-Johnson certainly looks the part as Kraven, one of Marvel's most iconic anti-heroes, a man with the senses and strength of various animals and a strict code of honour as he hunts down criminals. Sadly, the film itself is far less muscular, with dodgy CGI and a trite script. However, for the most part, it's a visceral, blood-soaked fun ride that revels in Russell Crowe and Alessandro Nivola chewing up the scenery. 2024, 15, 127MIN

CLASSIC HORROR

Psycho

11pm, BBC2 ★★★★★

Sex ●○○ Violence ●○○ Language ○○○

Thief Janet Leigh checks into the Bates Motel, where Anthony Perkins' room service leaves something to be desired. Director Alfred Hitchcock's famous chiller has its fair share of black humour, and the sheer ferocity of the infamous shower murder has lost none of its power in the intervening years. Condemned on its release for being lurid and disgusting, the film is now regarded as one of the greatest horror movies of all time. 1960, 15, 109MIN

ACTION

Sisu

12.05am, Film4 ★★★★

Sex ●○○ Violence ●●● Language ●●●

In 1944 Lapland, a veteran soldier-turned-prospector (Jorma Tommila) runs into a vicious SS platoon who relentlessly pursue him across the bleak terrain. Wearing its influences (*Rambo*, *John Wick*, *Inglourious Basterds*) on its blood-splattered sleeve, writer-director Jalmari Helander's film is both pulse-racing fun and utterly ludicrous. But you can't help rooting for the near-silent, indestructible Tommila. 2022, 15, 88MIN

SPORT BIOPIC

King Richard

12.15am, BBC1 ★★★★

Sex ○○○ Violence ●○○ Language ●○○

Richard Williams (Will Smith) fights to get his tennis prodigy daughters, Venus (Saniyya Sidney) and Serena (Demi Singleton), out of 1980s Compton and onto the global tennis circuit. Oscar-winning Smith is excellent in Reinaldo Marcus Green's uplifting, slyly funny sport biopic, as is Aunjanue Ellis as his gutsy wife Brandy, but it's the outstanding story itself that's the biggest winner. 2021, 12, 145MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

THE MAIN EVENT

WORLD CUP

As the action ramps up, **Gary Lineker** gives his tournament predictions...

LIVE FOOTBALL

From Sat, BBC1, BBC2, ITV1 & ITV4

The World Cup steps up a gear this week when several of the groups reach their make-or-break final fixtures. We caught up with former England international and *The Rest Is Football* host Gary Lineker to get his views on the tournament…

The final group games start taking place this week. Which nations do you expect to go deep? Spain are the bookies' favourites, while Brazil, Argentina, France and England make up the big five. I think Spain will be the team to beat, but France have got a hell of a squad too and England will get a good run this time.

Scotland finish their group against Brazil on Wednesday. Do you expect them to make it to the knockout stage? I think they will get to the knockout stage for the first time in their history. Then it depends on who they draw in the next round, but they will be tough opponents for anyone. They have some really good players, and a wily manager in Steve Clarke.

Harry Kane could eclipse your record as England's top scorer at the World Cup (10 goals). How do you feel about that? I really want him to beat it. If he doesn't, we aren't going to win the World Cup. If we want to have any chance at all, we need Harry in top form.

You are currently in the US presenting *The Rest Is Football* on Netflix. How exciting is that? It's very exciting and something very different for me. We're right in the middle of New York and it's great. I was originally going to be presenting for the BBC this summer but it didn't transpire. So instead of being in Salford I'm overlooking Times Square with a worldwide audience.

Who's more excited about this World Cup: you, or your co-presenters Micah Richards and Alan Shearer? Probably Micah. Certainly, when it comes to England and their chances. Alan's a bit more of a realist!

The show runs throughout the World Cup. How do you keep up the energy levels for 40 days? We know our subject, and there's nothing bigger or more exciting than the World Cup. Alan, Micah and myself talk about football for a living but we are also fans. It's important to tell it like it is and we'll continue to do that. Our passion is genuine. You can't fake it.

Micah Richards, Gary Lineker and Alan Shearer

The players used to get involved in recording World Cup songs back in the day. How did you enjoy that? It was the worst!

WORDS: IAN MACEWAN, RICHARD MCCLURE. PHOTOS: ALAMY, GETTY, NETFLIX

Désiré Doué (France), Pedri (Spain), Lionel Messi (Argentina) and Pedro Neto (Portugal)

I remember performing an England football song on the *Wogan* show with the team, on a set that was a mock-up of a gym! I find things like that awkward and, when I became captain, I said, 'We're not doing that again!'

● *The Rest Is Football* – hosted by Gary Lineker, Alan Shearer and Micah Richards – airs on Netflix throughout the World Cup.

England bowler Ollie Robinson

Scotland's Kirstie Gordon

LIVE CRICKET

England v New Zealand: Third Test

From Thursday, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

As the sides meet at Trent Bridge, the late-night drinking controversy surrounding captain Ben Stokes and Gus Atkinson has cast a shadow over the series. The Barmy Army will want a repeat of the first Test when player of the match Ollie Robinson claimed seven wickets as England defeated the tourists by 115 runs at a rain-affected Lord's. In this week's Women's T20 World Cup ties, a Scotland side featuring ex-England spinner Kirstie Gordon play England at Headingley (Sat, 6.30pm), before Scotland play New Zealand at Bristol (Tue, 10.30am) and England face West Indies at Lord's (Wed, 6.30pm).

Bath were 2025 champions

LIVE RUGBY UNION

Prem Final

Saturday, kick-off 3pm, ITV4 & TNT Sports 1

This year's finalists had yet to be decided as we went to press, with the semi-finals pitting Northampton Saints against Leicester Tigers and reigning champions Bath against Exeter Chiefs. Twelve months ago, Ben Spencer captained a treble-winning Bath to a first Prem title in 29 years, defeating Leicester 23-21 thanks to tries from Thomas du Toit and Max Ojomoh. Can Johann van Graan's side claim back-to-back victories at the Twickenham showpiece?

Luke Littler

LIVE DARTS

US Darts Masters

Friday, 5pm, ITV3

New York's Madison Square Garden brings some star-spangled razzmatazz to the PDC circuit when a field of 16 compete in the Big Apple. World champion Luke Littler will be aiming to win the title at the third attempt and comes into the event after reclaiming the Premier League crown last month. He'll be up against his rival Luke Humphries, who defeated Nathan Aspinall to win last year's event, along with Gian van Veen, Gerwyn Price, Jonny Clayton, Stephen Bunting and Josh Rock. James Wade returns to New York for the first time since 2022, while the qualifiers include 63-year-old American Gary Mawson.

Satono Reve

LIVE HORSE RACING

Royal Ascot

Saturday, ITV1

The flat-racing festival comes to an end with seven races on Saturday, including the main attraction, the Queen Elizabeth II Jubilee Stakes (race starts 3.40pm), which has a prize pot of £1million. Run over six furlongs and open to horses aged four years and upwards, the race was won in 2025 by French horse Lazzat, with this year's field including Japanese sprinter Satono Reve, who finished runner-up last year.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE GWS Giants v Carlton
Sat 7am TNT Sports 3

LIVE Richmond v North Melbourne
Sat 4am TNT Sports 2

LIVE St Kilda Saints v Western Bulldogs
Sun 6am TNT Sports 1

LIVE Brisbane Lions v Sydney Swans
Thu 10.15am TNT Sports 1

LIVE Hawthorn Hawks v GWS Giants
Fri 10.30am TNT Sports 1

LIVE Carlton Blues v West Coast Eagles
Fri 4am TNT Sports 3

BASEBALL

LIVE Chicago Cubs v Toronto Blue Jays
Sat 7pm TNT Sports 2
The MLB inter-league match.

LIVE Houston Astros v Cleveland Guardians
Sat 12m't TNT Sports 2

LIVE Atlanta Braves v Milwaukee Brewers
Sun 6.30pm TNT Sports 2
The MLB National League match.

LIVE Philadelphia Phillies v New York Mets
Sun 12m't TNT Sports 1

LIVE New York Mets v Chicago Cubs
Mon 12m't TNT Sports 1

LIVE San Diego Padres v Atlanta Braves
Mon 3am TNT Sports 2

LIVE Minnesota Twins v Los Angeles Dodgers
Tue 12.30am TNT Sports 1

LIVE Chicago White Sox v Cleveland Guardians
Wed 7pm TNT Sports 1
The MLB American League fixture.

LIVE Detroit Tigers v New York Yankees
Wed 11.30pm TNT Sports 1

LIVE Pittsburgh Pirates v Seattle Mariners
Thu 5.30pm TNT Sports 1
The MLB inter-league match.

LIVE Boston Red Sox v New York Yankees
Thu 12m't TNT Sports 1

LIVE Boston Red Sox v New York Yankees
Fri 12m't TNT Sports 1

British Superbikes
Defending champion Kyle Ryde has started the season in fine form

BASKETBALL

LIVE Indiana Fever v Phoenix Mercury
Mon 1am Sky Sports Main Event & Sky Sports Action

LIVE Las Vegas Aces v New York Liberty
Tue 3am Sky Sports Main Event & Sky Sports Action

LIVE Indiana Fever v Phoenix Mercuy
Wed 12.30am Sky Sports Action

LIVE Golden State Valkyries v Atlanta Dream
Wed 3am Sky Sports Action

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 11pm TNT Sports 1

LIVE Manel Kape v Kyoji Horiguchi
Sat 1am TNT Sports 1

CRICKET

LIVE India v Afghanistan
Sat 8.45am TNT Sports 1 & 3.15pm TNT Sports 3

LIVE Australia v Netherlands
Sat 10am Sky Sports+
The Women's T20 World Cup.

LIVE England v New Zealand
Sat & Sun 10.15am Sky Sports Cricket & Sky Sports Main Event
Days four and five of the second Test.

LIVE Bangladesh v Pakistan
Sat 2pm Sky Sports+
The Women's T20 World Cup match.

LIVE England v Scotland
Sat 6pm Sky Sports Mix, 6.30pm Sky Sports Main Event & 7pm Sky Sports Cricket
Women's T20 World Cup Group B game from Headingley.

LIVE Texas Super Kings v San Francisco Unicorns
Sat 9.20pm Sky Sports+ & 10pm Sky Sports Cricket

LIVE Washington Freedom v MI New York
Sat 1.20am Sky Sports Cricket & 1.30am Sky Sports Main Event

LIVE Bangladesh v Australia
Sun 8.45am TNT Sports 4

LIVE West Indies v Sri Lanka
Sun 10am Sky Sports+
Women's T20 World Cup game.

LIVE South Africa v India
Sun 2pm Sky Sports+ & Sky Sports Mix
Women's T20 World Cup fixture.

LIVE Seattle Orcas v LA Knight Riders
Sun 9.20pm Sky Sports Cricket

LIVE Texas Super Kings v MI New York
Sun 1.20am Sky Sports Cricket & 1.30am Sky Sports Main Event

LIVE New Zealand v Scotland
Tue 10am Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix
Women's T20 World Cup game.

LIVE Ireland v Sri Lanka
Tue 2pm Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix
Women's T20 World Cup fixture.

LIVE Australia v Pakistan
Tue 6pm Sky Sports Main Event & Sky Sports Cricket
Women's T20 World Cup match.

LIVE England v West Indies
Wed 6pm Sky Sports Main Event, Sky Sports Cricket, Sky Sports Mix & Sky Mix
Women's T20 World Cup match.

LIVE San Francisco Unicorns v Texas Super Kings
Wed 2.20am Sky Sports Cricket & 2.30am Sky Sports Main Event

LIVE England v New Zealand
Thu 10am & Fri 10.15am Sky Sports Main Event & Sky Sports Cricket
Days one and two of the third and final Test at Trent Bridge. See p29.

LIVE Bangladesh v India
Thu 2pm Sky Sports+
Women's T20 World Cup match.

LIVE West Indies v Sri Lanka
Thu 2.45pm TNT Sports 3; Fri 2.45pm TNT Sports 4; Fri 6.45pm TNT Sports 1
Days one and two of the first Test.

LIVE Netherlands v South Africa
Thu 6pm Sky Sports+, 6.30pm Sky Sports Main Event & 7pm Sky Sports Cricket
Women's T20 World Cup game.

LIVE Washington Freedom v Seattle Orcas
Thu 2.20am Sky Sports Cricket & 2.30am Sky Sports Main Event

LIVE Ireland v India
Fri 2.45pm TNT Sports 1
The first T20 from Belfast.

LIVE Scotland v Sri Lanka
Fri 6pm Sky Sports Mix & 6.30pm Sky Sports Main Event
Women's T20 World Cup game.

LIVE Kent Spitfires v Notts Outlaws
Fri 6.55pm Sky Sports Cricket
The T20 Blast inter-group match.

LIVE MI New York v Texas Super Kings
Fri 10.20pm Sky Sports+ & 10.30pm Sky Sports Cricket

LIVE San Francisco Unicorns v Seattle Orcas
Fri 2.20am Sky Sports Cricket & 2.30am Sky Sports Main Event

CYCLING

LIVE Tour of Switzerland
Sat 9.30am & 2.30pm TNT Sports 4; Sun 9am TNT Sports 1; Sun 2.15pm TNT Sports 3

LIVE UCI Mountain Bikes
Sat 11.30am TNT Sports 3; Sun 12noon TNT Sports 1

LIVE Tour of Slovenia
Sat 12.30pm TNT Sports 4; Sun 12noon TNT Sports 3

DARTS

LIVE Six Nations Cup
Sat 1pm & Sun 2pm S4C

LIVE World Series of Darts
Fri 5pm ITV3
The US Masters day one. See p29.

FENCING

LIVE European Championship
Sat 5pm TNT Sports 4; Sun 4.30pm TNT Sports 1

GOLF

LIVE R&A Men's Amateur Championship
Sat 8am Sky Sports Main Event & Sky Sports Golf

LIVE US Open
Sat & Sun 4pm Sky Sports Golf; Sat 9.30pm & Sun 6pm Sky Sports Main Event
Days three and four at Shinnecock Hills Golf Club in New York.

LIVE Meijer LPGA Classic
Sun 6pm Sky Sports Mix
Day four in Belmont, Michigan.

LIVE Italian Open
Thu & Fri 12noon Sky Sports Golf
Days one and two from Turin.

LIVE Travelers Championship
Thu & Fri 12.45pm Sky Sports+, 8pm Sky Sports Golf & 10pm Sky Sports Main Event; Thu 12.45pm Sky Sports Mix
Days one and two at TPC River Highlands in Cromwell, Connecticut.

LIVE Women's PGA Championship
Thu & Fri 5pm & 11pm Sky Sports Golf, 11pm Sky Sports Main Event
Days one and two of the Major.

LIVE R&A Women's Amateur Championship
Fri 8.30am Sky Sports Main Event & Sky Sports Golf, 8.30am & 1pm Sky Sports Mix
From Muirfield in Gullane.

HORSE RACING

LIVE Royal Ascot
Sat 1.25pm ITV1
The fifth and final day. See p29.

MOTORCYCLING

LIVE MotoGP
Sat 7.30am & 11.45am TNT Sports 2
The Grand Prix of Czechia Moto3 and Moto2 practice and qualifying.

LIVE MotoGP
Sat 9am TNT Sports 2
The Grand Prix of Czechia MotoGP second free practice and qualifying.

LIVE Grand Prix of Czechia MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE British Superbikes
Sat 2.45pm & Sun 3pm TNT Sports 2; Sun 1pm TNT Sports 4
Days one and two from Knockhill.

LIVE Speedway Grand Prix
Sat 5.30pm TNT Sports 3

LIVE Moto4 Northern Cup
Sun 7.30am TNT Sports 2

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Czechia warm-up.

LIVE The Grand Prix of Czechia Moto3 race
Sun 9am TNT Sports 2

LIVE The Grand Prix of Czechia Moto2 race
Sun 11am TNT Sports 2

LIVE The Grand Prix of Czechia MotoGP race
Sun 12.15pm TNT Sports 2
The ninth round at Masaryk Circuit.

LIVE MotoGP
Fri 8am & 12.15pm TNT Sports 2
Grand Prix of Netherlands practices.

MOTORSPORT

LIVE V8 Supercars
Sat 6.45am TNT Sports 1; Sun 6am TNT Sports 3

LIVE Formula E
Sat 7am TNT Sports 4

LIVE Indycar
Sat & Sun 4pm & 7pm Sky Sports F1

LIVE Indy NXT
Sat 5.30pm & Sun 5pm Sky Sports F1

LIVE British GT Championship
Sun 1pm Sky Sports F1

LIVE NASCAR
Sun 8pm Premier Sports 2

LIVE World Rally Championship
Thu 5pm TNT Sports 2; Fri 6.30am & 5.45am TNT Sports 1; Fri 6.30am, 11.15am & 2.45pm TNT Sports 3

LIVE Formula 3
Fri 8.50am Sky Sports F1
Austrian Grand Prix practice session.

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Topps Tiles

LIVE Formula 2
Fri 10am Sky Sports F1
Austrian Grand Prix practice session.

LIVE Formula 1
Fri 12noon Sky Sports F1
Austrian Grand Prix first practice.

LIVE Formula 3
Fri 1.55pm Sky Sports F1
Austrian Grand Prix qualifying.

LIVE Formula 2
Fri 2.50pm Sky Sports F1
Austrian Grand Prix qualifying.

LIVE Formula 1
Fri 3.35pm Sky Sports F1
Austrian Grand Prix second practice.

NETBALL

LIVE Super League Grand Final
Sat 2.30pm Sky Sports Action & Sky Sports Mix

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Gold Coast Titans v Penrith Panthers
Sat 8.30am Sky Sports Action

LIVE Canterbury-Bankstown Bulldogs v Manly-Warringah Sea Eagles
Sat 10.35am Sky Sports Action

LIVE Melbourne Storm v Canberra Raiders
Sun 7.05am Sky Sports Action

LIVE Sydney Roosters v Cronulla-Sutherland Sharks
Sun 9.10am Sky Sports Action

LIVE Warrington Wolves v Catalans Dragons
Thu 7.30pm Sky Sports Action (kick-off 8pm) Super League game.

LIVE Leeds Rhinos v Hull Kingston Rovers
Fri 7.30pm Sky Sports Action (kick-off 8pm) The Super League match at Headingley Stadium.

RUGBY UNION

LIVE Super Rugby Grand Final
Sat 8am Sky Sports+

LIVE Prem
Sat 1.30pm TNT Sports 1 & 2.30pm ITV4 (kick-off 3pm)
The final at Twickenham. See p29.

LIVE Barbarians v South Africa
Sat 1.50pm Premier Sports 2

LIVE Top 14 second semi-final
Sat 8pm Premier Sports 1

SAILING

LIVE SailGP
Sat & Sun 8pm TNT Sports 1

TENNIS

LIVE WTA Berlin Open
Sat 10.30am & Sun 11am Sky Sports Tennis

LIVE Queen's
Sat 1pm & Sun 1.20pm BBC1
Days six and seven at Queen's Club.

LIVE ATP Halle Open
Sat 3pm & Sun 2.30pm Sky Sports Tennis

LIVE WTA Bad Homburg Open
Sun-Wed 10am & Fri 12noon Sky Sports Tennis; Mon-Wed 10am Sky Sports+

LIVE ATP Mallorca Open
Fri 4.30pm Sky Sports Tennis

Football planner

Saturday 20

LIVE Netherlands v Sweden
5.30pm BBC1 (kick-off 6pm)
The World Cup Group F match from Houston Stadium in the USA.

LIVE Germany v Ivory Coast
8pm ITV1 (kick-off 9pm)
The World Cup Group E fixture at Toronto Stadium in Canada.

LIVE Ecuador v Curaçao
12.50am BBC1 (kick-off 1am)
The World Cup Group E match at Kansas City Stadium in the USA.

LIVE Tunisia v Japan
4.50am BBC1 (kick-off 5am)
The World Cup Group F match at Monterrey Stadium in Mexico.

Sunday 21

LIVE Spain v Saudi Arabia
4.30pm BBC1 (kick-off 5pm)
The World Cup Group H fixture from Atlanta Stadium in the USA.

LIVE Belgium v Iran
7pm ITV1 (kick-off 8pm)
The World Cup Group G game at Los Angeles Stadium in Inglewood, where the sides face each other for the first time in their history.

LIVE Uruguay v Cape Verde
10.30pm BBC1 (kick-off 11pm)
The World Cup Group H fixture staged at Miami Stadium.

LIVE New Zealand v Egypt
1.30am ITV1 (kick-off 2am)
The World Cup Group G match staged at BC Place Vancouver.

Monday 22

LIVE Argentina v Austria
5.30pm BBC1 (kick-off 6pm)
The World Cup Group J match from Dallas Stadium in the USA.

LIVE France v Iraq
9.30pm BBC1 (kick-off 10pm)
The World Cup Group I game held at Philadelphia Stadium in the USA.

LIVE Norway v Senegal
12.15am ITV1 (kick-off 1am)
The World Cup Group I match at New York/New Jersey Stadium.

LIVE Jordan v Algeria
3.30am ITV1 (kick-off 4am)
The World Cup Group J match at San Francisco Bay Area Stadium.

Tuesday 23

LIVE Portugal v Uzbekistan
5pm ITV1 (kick-off 6pm)
The World Cup Group J game held at Houston Stadium in the USA.

LIVE England v Ghana
8pm BBC1 (kick-off 9pm)
The World Cup Group L match at Boston Stadium. This is the second time that these sides have ever met and the first time they've faced each other in a competitive fixture.

LIVE Panama v Croatia
11.50pm (Scotland, 11.55pm) BBC1 (kick-off 12m't)
The World Cup Group L match held at Toronto Stadium in Canada.

LIVE Colombia v DR Congo
2.30am ITV1 (kick-off 3am)
Both teams' second World Cup match in Group K staged at Guadalajara Stadium in Mexico.

WORLD CUP 2026

The crucial ties as the first groups are decided...

Switzerland v Canada

Wednesday, kick-off 8pm, ITV1

The first nations to qualify for the knockout stage will be decided today and co-hosts Canada, featuring Jonathan David of Juventus (above), conclude their Group B fixtures in Vancouver. Simultaneously, Bosnia and Herzegovina play Qatar in Seattle (ITV4).

Czech Republic v Mexico

Wednesday, kick-off 2am (Thursday morning), BBC1

Group A comes to a close as co-hosts Mexico – featuring 17-year-old midfielder Gilberto Mora (above) – face Czech Republic in Mexico City. South Africa tackle South Korea in Monterrey (BBC2).

Ecuador v Germany

Thursday, kick-off 9pm, BBC1

Four-time winners Germany failed to get out of the group at the last two World Cups. Surely there will be no such exit in New Jersey for a talented squad that includes Arsenal striker Kai Havertz (above). Group E's other final fixture sees Curaçao v Ivory Coast in Philadelphia (BBC2).

Tunisia v Netherlands

Thursday, kick-off 12m't (Friday morning), BBC1

Manchester City have a record 19 players at the World Cup, including Tijjani Reijnders (above) of the Netherlands, who meet Tunisia in Kansas City, while the other closing fixture in Group F is Japan's clash with Sweden in Dallas (BBC2).

Turkey v USA

Thursday, kick-off 3am (Friday morning), ITV1

Turkey reached the semi-finals in their last World Cup (2002) and travel to LA to take on the co-hosts, who have Tyler Adams (above) of Bournemouth in their ranks. As Group D comes to an end, Paraguay play Australia in San Francisco (ITV4).

Norway v France

Friday, kick-off 8pm, ITV1

Boston is the venue as coach Didier Deschamps continues his quest to guide France to a third successive final, with striker Kylian Mbappé (above) hoping to become France's all-time leading goalscorer. As Group I concludes, Senegal meet Iraq in Toronto (ITV4).

Wednesday 24

LIVE Switzerland v Canada
7pm ITV1 (kick-off 8pm)
The World Cup Group B match at BC Place Vancouver in Canada.

LIVE Bosnia and Herzegovina v Qatar
7pm ITV4 (kick-off 8pm)
The World Cup Group B match from Seattle Stadium in the USA.

LIVE Scotland v Brazil
10pm BBC1 (kick-off 11pm)
The World Cup Group C match at Miami Stadium. There have been 10 previous meetings between these nations, four of which have been at the World Cup, and Scotland are still seeking a win over the Seleção.

LIVE Morocco v Haiti
10.50pm BBC2 (kick-off 11pm)
The World Cup Group C fixture from Atlanta Stadium in the USA.

LIVE Czech Republic v Mexico
1.45am BBC1 (kick-off 2am)
The World Cup Group A game staged at Mexico City Stadium.

LIVE South Africa v South Korea
1.50am BBC2 (kick-off 2am)
The World Cup Group A match from Monterrey Stadium in Mexico.

Thursday 25

LIVE Ecuador v Germany
8.30pm BBC1 (kick-off 9pm)
The World Cup Group E match at New York/New Jersey Stadium. This will be the third meeting between these nations, and their second as part of a World Cup group stage.

LIVE Curaçao v Ivory Coast
8.50pm BBC2 (kick-off 9pm)
The World Cup Group E game at Philadelphia Stadium in the USA.

LIVE Tunisia v Netherlands
11.50pm (Scotland, 11.55pm) BBC1 (kick-off 12m't)
The World Cup Group F fixture at Kansas City Stadium in the USA.

LIVE Japan v Sweden
11.50pm BBC2 (kick-off 12m't)
The World Cup Group F match from Dallas Stadium in the USA.

LIVE Turkey v USA
2.30am ITV1 (kick-off 3am)
The World Cup Group D match staged at Los Angeles Stadium in Inglewood, USA.

LIVE Paraguay v Australia
2.30am ITV4 (kick-off 3am)
The World Cup Group D match at San Francisco Bay Area Stadium.

Friday 26

LIVE Norway v France
7pm ITV1 (kick-off 8pm)
The World Cup Group I match held at Boston Stadium in the USA.

LIVE Senegal v Iraq
7pm ITV4 (kick-off 8pm)
The World Cup Group I game held at Toronto Stadium in Canada.

LIVE Uruguay v Spain
12.15am ITV1 (kick-off 1am)
The World Cup Group H fixture at Guadalajara Stadium in Mexico.

LIVE Cape Verde v Saudi Arabia
12.15am ITV4 (kick-off 1am)
Both teams' third and final World Cup Group H match staged at Houston Stadium in the USA.

LIVE NJ/NY Gotham FC v Kansas City Current
1am TNT Sports 2 (kick-off 1am)

LIVE New Zealand v Belgium
3.50am BBC1 (kick-off 4am)
The World Cup Group G match at BC Place Vancouver in Canada.

LIVE Egypt v Iran
3.50am BBC2 (kick-off 4am)
The sides conclude their World Cup Group G campaigns with this meeting held at Seattle Stadium.

PHOTOS: GETTY

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Saturday

20 June

Planner

Project Hail Mary

***SCI-FI** MGM+ (available from Thursday 18 June)*
Science teacher Ryland Grace (played brilliantly by Ryan Gosling) is recruited for a space mission to find a cure for the dying Sun in this sci-fi adventure from writer Andy Weir (*The Martian*).

Goolagong

***DRAMA** BBC4, 9pm & 9.50pm (box set, iPlayer)*
Fact-based drama telling the inspiring story of Australian tennis legend Evonne Goolagong (played here by Lila McGuire), who overcame systemic racism, poverty and injuries on her way to winning seven Grand Slam titles – including two Wimbledon victories.

Jon Snow: A Last Big Story

***DOCUMENTARY** C4, 8pm*
Broadcaster Jon Snow and his wife, neuroscientist Dr Precious Lunga, talk openly about coming to terms with Jon's recent Alzheimer's diagnosis, while Jon rediscovers his purpose in doing what he believes is important.

Women's T20 World Cup

***CRICKET** Sky Sports Mix, Sky Sports Main Event & Sky Sports Cricket, play starts at 6.30pm*
In what is only her team's second time at the T20 World Cup, Kathryn Bryce leads Scotland out against tournament favourites' England at Headingley.

Saturday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 5.30 Football: World Cup – Live: Netherlands v Sweden			8.30 Casualty		9.20 Two Weeks in August	10.05 News	10.25 Funboys
	102 BBC2	‹ 6.55 Grand Tours...	7.30 Cricket: Today at the Test			8.45 The Prince's Trust Rock Gala 1986			10.15 Tina Turner: Wildest...
	103 ITV1	7.00 The 1% Club		8.00 FIFA World Cup 2026 – Live: Germany v Ivory Coast (Kick-off 9.00)					
	104 CHANNEL 4	‹ 5.55 Film: Fisherman's Friends: One and All		8.00 Jon Snow: A Last Big Story			9.35 Film: Military Wives		
	105 5	‹ 6.30 Secrets of Diana's Wedding Dress		8.00 Diana: The Princess and the Bodyguard			9.30 When 80s TV Goes Horribly Wrong		
	106 SKY ONE	7.00 Isle of Wight Festival – Live				9.00 Film: Beverly Hills Cop II			
ENTERTAINMENT	115 BBC3	7.00 Doctor Who		8.00 Miranda		9.00 Schitt's Creek			10.30 Mrs Brown's...
	116 BBC4		7.05 Making Life on Earth: Attenborough's...	8.05 Life on Earth		9.00 Goolagong			
	118 ITV2	‹ 6.50 Film: Dirty Dancing				9.00 The 1% Club		10.00 Love Island: Unseen Bits	
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	‹ 6.00 Film: Dante's Peak		8.00 Supercruising: Life at Sea		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Doc	
	108 SKY ATLANTIC	‹ 6.35 House of the Dragon							
	110 U&GOLD	‹ 6.40 Only Fools and Horses			8.40 Red Dwarf				
	111 U&DAVE	7.00 Would I Lie to You?				9.00 QI			
	119 ITV3	‹ 6.15 Midsomer Murders							10.15 Vera
	120 ITV4	‹ 6.00 Hornblower						10.10 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: Roadrunner		10.05 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 The Walking Dead			
	143 U&DRAMA	‹ 6.40 The Brokenwood Mysteries			8.50 The Count of Monte Cristo			10.00 The Boy That Never Was	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Father Brown		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 Isle of Wight Festival – Live							
	132 U&W	7.00 Ambulance Australia				9.00 Ghosts			
DOCUMENTARY	125 DISCOVERY	7.00 The Woodland Workshop		8.00 Maine Cabin Masters		9.00 Naked and Afraid			10.30 Discovery...
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive: The Lost Shark		9.00 Edge of Alaska		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: The Apocalypse				10.00 Nazi Megastructures: Death From Above	
	123 SKY HISTORY	7.00 Digging for Britain				9.00 Hells Angels: Kingdom Come			
	155 U&YESTERDAY	7.00 Indian Ocean with Simon Reeve		8.00 Bangers & Cash				10.00 Train Truckers	
	114 SKY DOCS	7.00 My Mom Jayne				9.00 The Body Next Door			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Lenny Henry. (S)
11.30 **Anna Haugh's Big Irish Food Tour** Ed Byrne escapes to the Wicklow Mountains with Anna for a hike and a surprise meal. (S)(R)
12.00 NOON **Bargain Hunt** Natasha Raskin Sharp hosts from Kingston Antiques Centre in London, with experts Thomas Forrester and Charles Hanson. (S)(R)(AD)
12.45 PM **BBC News** (S)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day six of the men's grass-court tournament from Queen's Club in London, featuring the singles semi-finals. (S)
5.10 **BBC News** (S)
5.20 **Local News** (S)

9.20 Two Weeks in August

6 PM
5.30 LIVE **Football: World Cup** Netherlands v Sweden: Mark Chapman presents coverage of the Group F match at Houston Stadium in the USA. The Dutch secured their place at this World Cup by finishing top of their qualifying group ahead of Poland, Finland, Malta and Lithuania, winning six of their eight matches and drawing the other two. With analysis from Thomas Frank, Micah Richards and Ellen White. Kick-off is at 6.00. (S)

7 PM
8.30 **Casualty** *Lethal Legacy – Part Eight:* 8/12. Stevie faces the consequences of her actions as contamination chaos engulfs Holby, forcing her to prove herself, and Jodie finds the evidence she needs. (S)(AD)

8 PM
9.20 **Two Weeks in August** New episode 6/8. The group are trapped indoors by a heatwave, and unwanted visitors threaten to destroy Zoe's chance at happiness. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9 PM
10.05 **BBC News** (S)
10.25 NEW TO BBC1 **Funboys** 1/4. The sitcom returns. (S)(AD)
10.50 New episode 2/4. Callum gets his first match on a dating app. (S2) (S)(AD)
11.15 **Funboys** New episode 3/4. Callum walks in on Gemma and Lorcan in bed together. (S)(AD)
11.40 Series finale 4/4. Jordan suffers night terrors about baldness. *Previously on BBC3*. (S2) (S)(AD)
12.05 AM **Pointless Celebrities** (S)(R)
12.50 LIVE **Football: World Cup** Ecuador v Curaçao: Coverage of the Group E match at Kansas City Stadium. Kick-off is at 1.00. (S)
3.10 **Weather for the Week Ahead** (S)
3.15 **to 4.50** AM **BBC News** (S)

10 PM

BBC2

102 102 102 2 102 102 2

6.40 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 FILM **My Darling Clementine** John Ford western starring Henry Fonda and Victor Mature. (S) (1946, b/w, U, 95min) ★★★★★
11.35 FILM **She Wore a Yellow Ribbon** John Ford's epic western starring John Wayne and Joanne Dru. (S) (1949, U, 100min) ★★★★★
1.15 PM **Homes Under the Hammer** From Seaford, East Sussex. (S)(R)
2.15 **Escape to the Country** (S)(R)
3.00 FILM **Battle of Britain** World War Two epic starring Michael Caine.. (S) (1969, PG, 130min) ★★★
5.10 **Flog It!** Compilation edition. (S)(R)
5.55 **Celebrity Antiques Road Trip** Former BBC royal correspondent Jennie Bond and newsreader Simon McCoy take part. (S)(R)

10.15 Tina Turner: Wildest Dreams

6.55 **Grand Tours of Scotland's Lochs** 5/6. Paul Murton discovers the lost lochs of Edinburgh, before walking in the footsteps of Mary, Queen of Scots on a 'haunted' island in Loch Leven. (S)(R)

7.30 **Cricket: Today at the Test** England v New Zealand: Action from day four of the second Test in the three-match series, held at the Oval in London. (S)

8.30 NEW **Midge Ure Remembers... The Prince's Trust Rock Gala 1986** The singer looks back on the momentous concert. (S)
8.45 **The Prince's Trust Rock Gala 1986** Highlights of the concert which saw a line-up of stars, including Phil Collins, Eric Clapton and Rod Stewart, Tina Turner and Midge Ure, take to the stage to mark the 10th anniversary of the Prince's Trust. (S)(R)

10.15 NEW **Tina Turner: Wildest Dreams Live in Amsterdam** Highlights of the singer's three-night stint at the Amsterdam Arena in September 1996, where she performed all her biggest hits in a spectacular visual production. (S)
12.10 AM **TRNSMT 2026** New edition Highlights of the second day of the festival from Glasgow Green, where Kasabian, The Last Dinner Party, The Fratellis and The Snuts were all due to feature. (S)
2.10 **Sign Zone: Death Valley** 5/6. Janie locks down CID. (S2) (S)(R)(AD)
2.55 **Sign Zone: Who Do You Think You Are?** With Zoe Ball. (S)(R)(AD)
3.55 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.35 AM **James Martin's Great British Adventure** Lossiemouth. (S)(R)(AD)
7.30 **Love Your Garden** (S)(R)(AD)
8.25 **Ainsley's Fantastic Flavours** New edition Ellie Simmonds. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Jack Savoretti. (S)(R)
12.05 PM **Dermot's Taste of Ireland** New edition 8/10. Dermot reaches Donegal Town. (S)
12.35 **James Martin's Islands to Highlands** A trip aboard the *Royal Scotsman*. (S)(R)(AD)
1.10 **ITV News** (S)
1.25 LIVE **Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of the fifth and final day of the festival, headlined by the 3.40 Queen Elizabeth II Jubilee Stakes. (S)

12.05 Dermot's Taste of Ireland

6.40 **ITV News** (S)
6.45 **Local News** (S)

7.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)(AD)

8.00 LIVE **Football: World Cup** Germany v Ivory Coast: Coverage of the Group E match from Toronto Stadium in Canada. There has only been one previous encounter between these nations, a 2009 friendly match that ended in a 2-2 draw in Gelsenkirchen, and Les Éléphants will have to improve on their World Cup record against European opposition if they are to stand a chance of claiming a victory here. In four meetings against teams from Europe, they have a record of one win, one draw and two losses, with the sole win coming against Serbia and Montenegro at the 2006 tournament in Germany. Kick-off is at 9.00. (S)

11.35 **ITV News** (S)
11.55 **It'll Be Alright on the Night** Tom Allen presents a compilation of TV clangers. (S)(R)(AD)
12.25 AM **Teleshopping**
3.00 **Fern Britton: Inside the Vet's** Fern meets a 12-year-old rescue cat with diabetes. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Ainsley's Fantastic Flavours** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.05 AM **The King of Queens** 19-22/22. (S7) (S)(R)(AD)
7.45 **Everybody Loves Raymond** 3-5/25. Triple bill. (S2) (S)(R)
9.10 **The Simpsons** (S)(R)(AD)
11.10 **Frasier** 17-19/24. (S8) (S)(R)(AD)
12.40 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.20 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help first-time buyers Ellen and Michael, and Nune and Benoit to find properties in Berkshire. (S)(R)
4.20 **Kirstie and Phil's Love It or List It** Phil Spencer heads to Stockport, where back in 2024 he and Kirstie Allsopp helped Jacqueline and Renee, who couldn't decide what to do about their extended six-bedroom home. (S)(R)(AD)
5.25 **News** (S)

9.35 Military Wives

5.55 FILM **Fisherman's Friends: One and All** Comedy drama sequel starring James Purefoy, Sam Swainsbury and Dave Johns. Following the success of their first album, the Fisherman's Friends struggle to adjust to their new-found fame and work towards a second album. (S)(AD) (2019, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 NEW **Jon Snow: A Last Big Story** Documentary following the veteran Channel 4 News journalist and his wife Precious as they come to terms with his recent Alzheimer's diagnosis, and Jon rediscovers his purpose while fighting for justice for a Zambian community. (S)(AD)
9.35 FILM **Military Wives** Comedy drama starring Kristin Scott Thomas, Sharon Horgan and Emma Lowndes. With their partners serving in Afghanistan, a group of women form a choir and find themselves at the centre of a global movement. (S) (2019, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.45 FILM **The Mechanic** Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. A professional assassin seeks to avenge the murder of his mentor. (S)(AD) (2011, 15, 95min) ★★
1.20 AM **Ramsay's Hotel Hell** (S)(SL)(R)
2.10 **The Dog House** (S)(R)(AD)
3.05 **Couples Come Dine with Me** (R)
4.00 **Sunday Brunch** (S)(R)
4.15 **to 5.55** AM **The Simpsons** (S)(R)

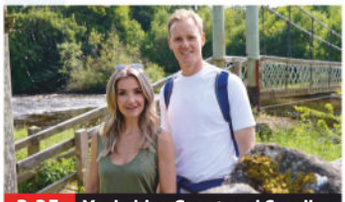
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.10 **Walking Victorian Britain** (S)(R)
9.40 **Secrets of the Royal Palaces** Double bill of editions. (S)(R)
11.30 **Inside the Hilton: Park Lane** Double bill of editions. (S)(R)
1.25 PM **Carol Klein's Summer Gardening** Double bill. (S)(R)
3.25 **Yorkshire Great and Small with Dan and Helen** The hidden delights of Swaledale and Wensleydale. (S)(R)
4.25 A trip around the Yorkshire Wolds. (S)(R)
5.25 **News** (S)
5.30 **Cornwall: A Year by the Sea** In Port Isaac, the volunteer crew of the RNLI lifeboat station head out on a demanding training exercise. (S)(R)


3.25 Yorkshire Great and Small

6.30 **Secrets of Diana's Wedding Dress** An insight into the creation of Diana, Princess of Wales' wedding dress, featuring contributions from designer Elizabeth Emanuel, rare archive footage, and behind-the-scenes stories of the 1981 royal wedding and a gown that captivated the world. (S)(R)(AD)

8.00 **Diana: The Princess and the Bodyguard** Former royal protection officer Ken Wharfe reveals the bond he shared with Diana, Princess of Wales, a key relationship of hers that existed outside the Royal Family. (S)(R)

9.30 **When 80s TV Goes Horribly Wrong** Anita Dobson narrates a look back at some 1980s TV moments that many celebrities would rather forget. Footage includes a Halloween stunt that went wrong for magician Paul Daniels, and Des O'Connor's bite on the nose from Elaine Paige's pooch. (S)(R)

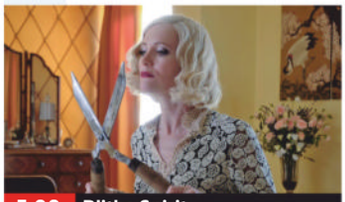
11.25 **Britain's Favourite 80s Hits** A look back at some of the best songs of the 1980s. (S)(R)
1.25 AM **Teleshopping** (S)(R)
2.55 **Build Your Dream Home in the Country** A luxury home in the Scottish countryside. (S)
3.45 **Friends** (S9) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Hawaii Five-0** (S4) (S)(R)
9.00 **Deep Dive North America** Triple bill of editions. (S)(R)
12.00 NOON **The Simpsons** (S)(R)
3.00 PM **La Brea** 5/10. Eve, Levi and the rest of the search party visit a mysterious fort. (S)(R)(AD)
4.00 **La Brea** 6/10. With time running out before their window home closes, the survivors hatch a final escape attempt. (S1) (S)(R)(AD)
5.00 FILM **Blithe Spirit** Adaptation of Noël Coward's comedy, starring Isla Fisher and Dan Stevens. A spiritualist medium holds a seance for a writer, but accidentally summons the spirit of his deceased first wife. With Leslie Mann and Judi Dench. (S) (AD) (2020, 12, 120min) ★★★


5.00 Blithe Spirit

FILM **Blithe Spirit** (film started at 5.00pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.00 NEW **Isle of Wight Festival** Singer-songwriter Rick Astley takes to the Main Stage at Seaclose Park in Newport. **7.40** Continued coverage from Seaclose Park in Newport, featuring Anastacia's Main Stage set. **8.05** Five get on up on the Main Stage at Seaclose Park. **8.30** Rita Ora entertains the festival-goers at Seaclose Park in Newport. ■ Continues at 11.00pm

9.00 FILM **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. With Judge Reinhold, Brigitte Nielsen and Jürgen Prochnow. (S) (1987, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 NEW **Isle of Wight Festival** DJ and producer Calvin Harris performs his headline set. **12.30** AM The Sex Pistols, featuring singer Frank Carter, headline the Big Top stage.
1.05 **Lucy Beaumont: Live from the Royal Court Theatre** (S)(R)
2.05 **The Force: North East** (S)(R)
3.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.30am-12.00noon Landward (S)(R)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
11.30am Bargain Hunt (S)(R)(AD) **12.15-12.45pm** Wales' Home of the Year (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
2.15pm Weatherman Walking: The Welsh Coast (S)(R) **2.45-3.00** Hairy Bakers: Celebration Cakes (S)(R) **7.00-7.30pm** Springwatch in Wales (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Deian a Loli **10.20** Garddio a Mwy **10.55** Dan Do **11.25** Cais Quinnell (AD) **11.55** Ffermio **12.30pm** Colleen Ramsey: Bywyd a Bwyd **1.00** LIVE Dartiau: Chwe Gwlad **7.45** Newyddion a'r Tywydd **8.00** Tafwyl 2026 New edition **9.00** Tafwyl 2026 New edition **10.00** Amour & Mynydd **11.00** Après: Amour & Mynydd **11.30pm-12.20am** 24 Awr Newidiodd Gymru

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Last Christmas:* 13/13. Clara and the Doctor become trapped on an Arctic base under attack. With Nick Frost. (S8)
8.00 **Miranda** 3/6. The shop owner's friends accuse her of being immature. **8.30** 4/6. Miranda is trapped in her flat caring for her poorly mother. (S3)
9.00 **Schitt's Creek** 1/13. First episode of the comedy starring Eugene Levy. **9.20** 2/13. David and Alexis enjoy a night out. **9.45** 3/13. David is faced with the terrifying task of searching for a new job. **10.05** 4/13. Johnny and Moira try to get to know their children better.(S1)
10.30 **Mrs Brown's Boys** 1/6. First episode of the comedy with Brendan O'Carroll. (S1)
11.00 **Mrs Brown's Boys**
11.30 **Two Pints of Lager and a Packet of Crisps**
12.00 M'T **Funboys** 1-4/4. (S2)
1.40 AM **PRU** 1-3/5. (S1)
2.55 **to 3.55** AM **Doctor Who**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Natural World: Penguin Post Office**
7.05 **Making Life on Earth: Attenborough's Greatest Adventure** The making of the 1979 wildlife series.
8.05 **Life on Earth** Exploring the wildlife and landscape that inspired Charles Darwin's theory of evolution.
9.00 NEW SERIES **Goolagong** 1/3. Drama about the rise of Australian tennis player Evonne Goolagong. Stars Lila McGuire and Felix Mallard. **9.50** New episode 2/3. Evonne walks away from tennis at her peak. *See feature, page 8.* (S1) ■ Entire series on BBC iPlayer
10.45 **Scrublands** 1/4. Australian drama starring Luke Arnold. **11.35** 2/4. Scarsden digs deeper into the mystery of Byron Swift. (S1)
12.25 AM **Keeping Up Appearances**
12.55 **Making Life on Earth: Attenborough's Greatest Adventure** As 7.05pm.
1.55 **to 2.50** AM **Life on Earth**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun**
3.40 PM **Come Dine with Me** The first host in Norwich is mind reader Anthony. **4.15** Cleaner Hannah hosts. **4.50** Service manager Jess hosts the third dinner party. **5.20** Mobile hairdresser Sarah hosts night four. **5.50** Surgeon Luke hosts the final night in Norwich.
6.25 **Four in a Bed** The competition begins at Home Farm B&B in Milton Keynes.
6.55 **Four in a Bed** The second visit is to The Vale Hotel in Cricklade, Wiltshire. **7.25** The third visit of the week is to Cottage Lodge Hotel in Brockenhurst. **7.55** The final visit of the week is to Beach Sun Retreat in Dymchurch, Kent. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A 56-year-old woman is rushed to St George's with an open ankle fracture after falling in her garden.
10.00 **24 Hours in A&E** A doctor shares his story of leaving his family and newborn child during lockdown to keep them safe.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia** The final four teams battle it out as they build a serene scene.
7.10 **Rude(ish) Tube Shorts**
7.20 **The Great Australian Bake Off** The 11 remaining bakers take on Bread Week.
8.30 **Ramsay's 24 Hours to Hell and Back** Four editions.
12.30 PM **The Simpsons** Eleven episodes, including at: **5.30** *Poorhouse Rock:* Homer finally teaches Bart to admire him.
6.00 FILM **Dante's Peak** Disaster movie starring Pierce Brosnan and Linda Hamilton. A scientist tries to convince the inhabitants of a small town that a long dormant volcano is about to erupt. (1997, 12, 108min) ★★★
8.00 **Supercruising: Life at Sea** A full-blown Dutch Orange Party is staged for nearly 3,000 passengers.
9.00 **Celebrity Gogglebox** Famous faces appraise *Love Island, Nigella: At My Table, The Wonderful World of Chocolate* and *The Chase.*
10.00 **Gogglebox** Opinions on *The Apprentice, Love is Blind* and *Celebrity Puzzling.*
11.05 **Gogglebox**
12.05 AM **First Dates**
2.10 **Gogglebox**
4.00 **Ramsay's Hotel Hell**
4.50 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **A1: Britain's Longest Road**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
12.00 NOON **Caught Red Handed** A man struggles to steal a portrait bigger than he is. **12.40** PM Police use video analysis to uncover the identity of an armed robber. **1.20** A man in a comical wig turns serious at a jewellers.'
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

9.00 Blue Bloods

7 PM **7.00** **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia..

8 PM **8.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras

9 PM **9.00** **Blue Bloods** *Keeping the Faith:* 1/21. A domestic abuse case is linked to Danny and Baez's investigation. (S13)

10 PM **10.00** **Doc** *The Big Chair:* 20/22. Joan arrives as a patient at the hospital on Michael's first day as chief of internal medicine. (S2)
11.00 **The Equalizer** 12/18. (S2)
12.00 M'T **FBI** 8/13. (S6)
1.00 AM **Caught on Dashcam**
2.00 **Watson** New episode 19/20. Medical drama. (S2)
3.00 **Brit Cops: Frontline Crime UK**
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Gilded Age** 4-6/8. (S3)
11.15 **House of the Dragon** (S1)
2.55 PM **House of the Dragon** 4/10. Rhaenyra continues her search for a suitable match. **4.10** 5/10. Alicent seeks the truth about the princess. **5.20** 6/10. Rhaenyra navigates continued speculation. **6.35** 7/10. King Viserys calls for an end to infighting between members of the Great Houses. (S1)

8.00 The Gilded Age

7.45 **House of the Dragon** *The Lord of the Tides:* 8/10. Six years later, the succession plans for Driftmark become critical, and Rhaenyra attempts to strike a bargain.

9.00 **House of the Dragon** *The Green Council:* 9/10. While Alicent tracks down Aegon, members of the Great Houses of Westeros affirm their allegiance. **10.10** *The Black Queen:* 10/10. Rhaenyra tries desperately to hold the realm together. (S1)
11.25 **DTF St Louis** 1/7. Clark and Floyd explore a dating app. (S1)
12.25 AM **Deadwood** 1/12. Seth Bullock takes his place as the new town sheriff. **1.25** 2-4/12. (S2)
4.35 **Sort Of** 1/8. (S1)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Deal or No Deal**
7.00 **Backyard Builds**
7.30 **Dress to Impress**
8.30 **Celebrity Dinner Date**
10.35 **Celebrity Deal or No Deal**
11.35 **Deal or No Deal**
1.40 PM **Celebrity Catchphrase**
2.45 FILM **Sonic the Hedgehog 2** Fantasy sequel starring James Marsden and Jim Carrey. (2022, PG, 122min) ★★★
5.05 FILM **Ice Age 2: The Meltdown** Animated sequel with the voice of Ray Romano. (2006, U, 90min) ★★★

5.05 Ice Age 2: The Meltdown

6.50 FILM **Dirty Dancing** Romantic musical drama starring Patrick Swayze as a dance instructor at a stuffy Catskills resort who teaches a teenager about life and love. With Jennifer Grey. (1987, 12, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

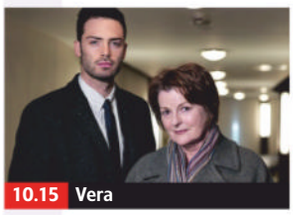
10.00 **Love Island: Unseen Bits** New edition Iain Stirling shares exclusive content from an action-packed first week in the villa.
11.05 **Family Guy** 20/21. Peter and his friends tour a brewery. (S2)
11.35 **Family Guy** 15/21. (S2)
12.05 AM **American Dad!** (S2&1)
1.05 **G'wed** 2/7. (S3)
1.40 **Plebs** 8/9. (S5)
2.10 **Piglets** 3/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.25 **Endeavour** *Striker.*
12.15 PM **Midsomer Murders**
2.15 **Midsomer Murders** *Strangler's Wood:* A woman is strangled in the same village three similar killings occurred nine years previously. **4.20** *Dead Man's Eleven:* The wife of a wealthy landowner is found battered to death with a cricket bat. **6.15** *Blood Will Out:* A magistrate is shot after a confrontation with travellers.


10.15 Vera

Midsomer Murders (started at 6.15pm)

8.15 **Midsomer Murders** *Death of a Stranger:* A fox-hunt turns sour when a tramp is found dead in the woods, and matters are further complicated by the murder of the chief suspect's father. Guest stars James Bolam.

10.15 **Vera** *Silent Voices:* The detective investigates the murder of a popular social worker and an infamous case involving the death of a child appears to hold the key to solving the mystery.
12.05 AM **Inspector Morse** *Last Bus to Woodstock:* When a secretary is found dead, Morse uncovers a tangled web.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **The Best of the 90s**
6.45 **The Protectors**
8.20 **World of Sport**
8.25 **E1 Powerboat Highlights**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Junk & Disorderly**
12.30 PM **Hornblower**
2.30 LIVE **Rugby Union: Gallagher PREM** Coverage of the final. Kick-off is at 3.00.
5.50 **Goals of the 1990s**
6.00 **Hornblower** 2/2. Hornblower agrees to marry Maria. (S3)

6.00 Hornblower

Hornblower (started at 6.00pm)

8.00 **Hornblower** *The Even Chance:* 1/8. First episode of the drama based on CS Forester's tales, starring Ioan Gruffudd and Robert Lindsay. The young Hornblower experiences seasickness before leaving Spithead as he begins his navy career. (S1)

10.10 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling, with the roster featuring talent including Jon Moxley and Claudio Castagnoli.
12.15 AM **Minder** *For a Few Dollars More:* Arthur and Ray's dreams of riches fall apart.
1.15 **The Saint**
2.15 **Two and a Half Men**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Agency: Unfiltered** 1/6. Following life within Scotland's biggest influencer agency. **7.45** 2/6. Cherry announces that someone in the room has fake followers.
8.15 **Highland Cops** 7/7. Officers raid a suburban house in Stornoway suspected of being linked to drug dealing.
9.15 **The Chief** 2/4. Miekelson signs up for a personal revamp. (S1)
9.45 **Growing Up Scottish** Comedians and entertainers discuss music of the past.
10.00 PM **to 12.00** M'T NEW **TRNSMT 2026** Highlights of day two from Glasgow Green, featuring Kasabian, The Snuts and Loyle Carner.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
10.30 **Avenue 5** (S2)
1.30 PM **Community** (S3)
4.00 **Will & Grace** (S10&11)
6.15 **The Office (US)** 21/25. Dwight finally gets his black belt in karate. **7.00** 22/25. Jim tries to derail Dwight's plan. **7.30** 23/25. Part two of two. Andy goes all out to nail his audition. **8.00** 24/25. Part one of two. Dwight and Angela's wedding has a special guest. **8.30** 25/25. Part two of two. Pam has a surprise for Jim. (S9)
9.00 **Seth Meyers: Dad Man Walking** A stand-up comedy special.
10.15 FILM **The Death of Stalin** Armando Iannucci's political satire. (2017, 15, 106min) ★★★★
12.15 AM **Leo Reich: Literally Who Cares?!** Stand-up.
1.30 **Avenue 5** 1-4/8. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Battle of the Irish Dancers** Triple bill.
9.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Hugh Grant: Love Language** Documentary.
2.00 **Discovering**
4.00 **Classic Artists: Cream**
5.30 **Madness: Live at House of Common**
7.00 NEW **Isle of Wight Festival** With Rick Astley. **7.40** Anastacia's set. **8.05** Five perform. **8.30** Featuring Rita Ora. **9.00** Teddy Swims takes to the stage. **10.10** More highlights from Seaclose Park. **10.35** Feeder take to the Big Top stage. **11.00** With Calvin Harris. **12.30** AM The Sex Pistols' headline set.
1.05 **Discovering: U2**
1.35 **Discovering: The Who**
2.00 **Greatest Guitar Riffs**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: America's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Deep Dive Australia**
5.00 **Deep Dive North America** Documentary.
6.00 **Reef Wrecks**
7.00 NEW **Isle of Wight Festival** Rick Astley takes to the Main Stage. **7.40** Anastacia's set. **8.05** Five perform. **8.30** Featuring Rita Ora. **9.00** Teddy Swims takes to the stage. **10.10** More highlights from Seaclose Park. **10.35** Feeder take to the Big Top stage. **11.00** With Calvin Harris. **12.30** AM The Sex Pistols' headline set.
1.05 **Caught on Dashcam**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **The Chase Celebrity Special** With guests Toby Anstis, Paula Radcliffe, Rav Wilding and Vanessa Feltz.
4.00 **Riddiculous** Quiz show.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Celebrity Catchphrase** With guests Samia Longchambon, Amy Dowden and Will Best.
9.00 **The Chase Celebrity Special** With guests Raj Bisram, Danielle Harold, John Conteh and Roger Black.
10.05 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **A Place in the Sun**
11.30 **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** In East Sussex.
3.00 **George Clarke's Beautiful Builds**
4.00 **A Place in the Sun**
8.00 **Location, Location, Location** A catch-up with couples who were looking for homes in east and south London.
9.00 **Grand Designs** A musician sets out to build a house wrapped around an ancient oak tree in rural Suffolk.
10.00 **Free Nelson Mandela** 1/3. Documentary about the South African leader's imprisonment.
11.00 **24 Hours in A&E**
12.00 M'T **Celebrity Gogglebox**
1.10 AM FILM **Happy Death Day 2U** Horror starring Jessica Rothe. (2019, 15, 100min) ★★★★
3.00 **to 4.40** AM FILM **Crawl** Horror thriller. (2019, 15, 87min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** Five episodes, including at: **3.00** PM 7/26. Archer leaves Trip in charge of the *Enterprise* when he is assigned a mission by Vulcan High Command. (S2)
4.00 **Star Trek: Voyager** 6/26. Chakotay and Kim make an attempt to change the past. **5.00** 7/26. Seven of Nine begins to lose her mind. **6.00** 8/26. An alien life form attaches itself to Torres. (S5)

9.00 The Walking Dead

7.00 **Star Trek: Voyager** *Thirty Days:* 9/26. The crew discover a huge ocean populated by a maritime alien species.
8.00 **Star Trek: Voyager** *Counterpoint:* 10/26. Janeway is forced to put her faith in a defector who offers her help. (S5)
9.00 **The Walking Dead** *Consumed:* 6/16. Daryl and Carol go in search of Beth and her kidnappers. **9.50** *Crossed:* 7/16. Rick leads a dangerous rescue mission to Atlanta. **10.40** *Coda:* 8/16. Rick tries to find a peaceful agreement to the hostage situation. (S5)
11.30 **Grimm** 7/22. Three Wesen threaten to ruin Christmas. **12.20** AM 8/22. Nick discovers the truth behind the story of a legendary monster. **1.10** 9/22. Wu finally learns the truth about Nick. (S4)
2.00 **Westworld** 1-3/8. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
10.00 **Miss Scarlet** 1&2/6. (S5)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown** Four episodes, including at: **4.00** *The Lepidopterist's Companion:* The priest discovers a shocking secret.
5.00 **Death in Paradise** 8/9. A man confesses to murder – despite not being able to recall what happened. (S10)
6.00 **Saint-Pierre** 9/10. Fitz's enemy, Premier O'Brien, is the prime suspect in a case. (S1)

9.00 Death in Paradise

7.00 **Hudson & Rex** *Conspiracy Theory:* 6/8. A podcaster's murder leads the team into the murky world of conspiracy theorists. (S8)
8.00 **Father Brown** *The Sins of Others:* Sid vows to take revenge on his former defence barrister.
9.00 **Death in Paradise** *Stab in the Dark:* 1/8. A plantation owner is killed during a seance. Guest stars Don Gilet. (S4)
10.00 **Father Brown** *The Theatre of the Invisible:* The landlady of a house hosting the cast of a radio quiz is found murdered.
11.00 **Father Brown** *The Eagle and the Daw:* An old foe tells the priest she has arranged the death of her former lover.
12.00 M'T **Father Brown** *The Smallest of Things.*
1.00 AM **Murdoch Mysteries**
2.00 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **The Green Green Grass**
7.45 **Only Fools and Horses**
1.30 PM **Only Fools and Horses** Nine episodes, including at: **4.05** Del launches his own chandelier-cleaning business. **4.40** Rodney starts going out with a police officer, much to the consternation of Del. **5.20** Del Boy attempts to sell a pair of antique urns. **6.00** Del takes up cards in his latest bid to make a fortune. **6.40** Rodney finds a girlfriend, – but unfortunately she is old enough to be his mother.

8.40 Red Dwarf

7.20 **Only Fools and Horses** Del jumps at the chance to decorate the local Chinese restaurant to make a quick profit.
8.00 **Only Fools and Horses** Del and Rodney take Grandad on holiday.
8.40 **Red Dwarf** Rimmer is taken prisoner by the creations of his own mind. **9.20** Rimmer takes his revenge on the crew by forcing them to spend 12 weeks in quarantine.
10.00 **Red Dwarf** The crew members are meet their evil 'doppelgängers'. **10.35** The crew discover that their time on *Red Dwarf* was only a game.
11.10 **Harry Enfield and Chums**
11.50 **Bottom: Hooligans Island Live 1997** Eddie and Richie are marooned on an island.
2.00 AM **Harry Enfield and Chums**
2.45 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **James May's Cars of the People** How aspiration and new wealth inspired some of the greatest cars ever made.
8.20 **Would I Lie to You?**
1.00 PM **Would I Lie to You?** Nine editions, including at: **5.00** With Steph McGovern, Richard Osman, Jennifer Saunders and Joe Sugg. **5.40** With guests Tom Allen, Geoff Norcott, Esme Young and Vicki Pepperdine. **6.20** With guests Jo Brand, Simon Day, Kiri Pritchard-McLean and Henning Wehn.

9.00 QI

7.00 **Would I Lie to You?** With guests James Acaster, Dani Dyer, Oti Mabuse and Fred Sirieix. **7.40** Memorable moments from the comedy panel show. **8.20** With guests Joe Lycett, Joe Swash, Jo Brand and Ruth Madeley.
9.00 **QI** With guest panellists Rory Bremner, Ronni Ancona and Phill Jupitus. **9.40** Guests Sean Lock, Andy Parsons and Clive Anderson join Alan Davies and Stephen Fry. **10.20** With guests Phill Jupitus, Jimmy Carr and John Sessions.
11.00 **Not Going Out** Lee promises Lucy that he will try to be more friendly with other parents in the playground.
11.40 **Not Going Out** Double bill.
1.00 AM **Have I Got a Bit More News for You** With Alex Horne.
2.00 **to 4.00** AM **Mike**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **Birds of a Feather**
9.50 **Lovejoy**
1.10 PM **Father Brown**
2.10 **New Tricks** *Into the Woods:* The team investigate a man's mysterious disappearance. **3.10** *Things Can Only Get Better:* The team investigate a political aide's murder.
4.15 **Miss Marple** *Sleeping Murder:* A newlywed, recently arrived in England from New Zealand, sees disturbing visions of a strangled corpse in the hallway of her dream home.

10.00 The Boy That Never Was

6.40 **The Brokenwood Mysteries** *An Oades to Christmas:* 6/6. Christmas in Brokenwood takes a dark turn when a man dressed as Santa is found dead by the roadside – electrocuted in a most unusual way. (S11)
8.50 **The Count of Monte Cristo** *The Castle:* 2/8. Edmond befriends an elderly priest who tells him the location of hidden fabled treasure. (S1)
10.00 **The Boy That Never Was** 2/4. Robin's behaviour grows more mysterious, while Harry plans to fly to Essaouira. (S1)
11.00 **The Last Detective** *The Long Bank Holiday:* Mod stands for the local council in opposition to the formidable Marjorie Balsam. With Lynda Bellingham.
12.35 AM **New Tricks**
1.55 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

Saturday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Cops** Documentary.
9.30 **Blue Bloods** (S10)
2.15 PM **Bull** (S3&4)
7.10 **Jesse Stone: Stone Cold** Detective drama starring Tom Selleck.
9.00 **NCIS** *Humbug:* 9/20. A tell-all book threatens a decorated Marine's life. (S22)
10.00 **Law & Order: Special Victims Unit** *Saviour:* 14/24. A religious fanatic targets prostitutes. **11.00** *Confidential:* 15/24. A murder echoes a crime committed 20 years previously. **12.00** M'T *Sugar:* 2/24. An ex-financier's girlfriend is murdered. **12.55** AM *Solitary:* 3/24. Stabler and Benson investigate a woman's disappearance. (S11)
1.50 **Bull** (S3&4)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S6)
10.00 **Car Pound Cops**
12.00 NOON **Nightmare Tenants, Slum Landlords** Six editions.
6.00 PM **Call the Bailiffs: Time to Pay Up** Alex and KC try to track down a man who owes money for legal fees. **7.00** Agents call in the police when a tenant becomes threatening. **8.00** A woman who owes £4,000 in rent. **9.00** Following the work of High Court enforcement agents. **10.00** Agents visit a swimming pool installation business.
11.00 **Piers Morgan: Uncensored**
12.30 AM **Making a Serial Killer** Double bill.
2.20 **Scam City**
3.10 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Winter Road Rescue**
9.45 **Police Interceptors**
1.45 PM **Motorway Cops: Catching Britain's Speeders** Four editions.
5.50 FILM **The Left-Handed Gun** Psychological Western starring Paul Newman as gunslinger Billy the Kid. (1958, b/w, PG, 102min) ★★★
7.55 FILM **Bandits of the West** Western starring Allan Lane. A marshal fights to stop an ex-convict from sabotaging a scheme to use natural gas for energy. (1953, b/w, PG, 54min) ★★
9.00 FILM **High Plains Drifter** Western starring Clint Eastwood. A gunslinger is hired to protect a remote frontier town from three vengeful outlaws. (1972, 18, 105min) ★★★★
11.10 **The X-Files** (S3&4)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **Ambulance Australia** A girl calls after her grandfather suffers a fall. **8.00** Paramedics help a man who is anxious after taking drugs.
9.00 **Ghosts** Alison invites Lucy to stay, but begins to worry about what her real motivations are. **9.40** Alison tries to help Kitty to come to terms with her past. **10.15** The Captain and Kitty uncover something suspicious.
10.55 **The Catherine Tate Show** Triple bill of the comedy sketch show.
12.50 **Preaching Evil: A Wife on the Run with Warren Jeffs** Documentary about polygamist cult leader Warren Jeffs.
1.55 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Martin Clunes: Islands of Australia**
7.10 **Man and Beast with Martin Clunes**
8.00 **Secrets of the London Underground**
12.00 NOON **Flipping Bangers** Double bill.
2.00 PM **Canal Boat Diaries**
5.00 **Indian Ocean with Simon Reeve**
7.00 **Indian Ocean with Simon Reeve** The adventurer joins a peace-keeping force in war-torn Somalia.
8.00 **Bangers & Cash** Derek pick up a 1960 Aston Martin DB4. **9.00** Dave is 'lost in France' en route to picking up a Honda NSX.
10.00 **Train Truckers** The 100-ton Royal Highland Fusilier is hauled from Leicestershire to Cheshire.
11.00 PM **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Sandbanks.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing** Upcycling a G-Plan unit, a stacking bookcase and a papasan seat. **7.00** Jacqui Joseph saves a drop-leaf table and a monk's bench from the tip. **8.00** Sharon O'Connor needs to come up with a bright idea for a pair of garden chairs, while Jay Blades tries to transform a side table.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **Highway to Heaven**
9.20 **Little House on the Prairie** 10-13/24. (S8)
1.20 PM **Little House on the Prairie** 14-18/24. (S8)
7.00 FILM **Mother's Day on Walton's Mountain** Drama based on the long-running TV series, starring Ralph Waite and Michael Learned. The Walton children have grown up and are struggling to deal with life's trials and tribulations. (1982, U, 104min) ★★
9.00 **The Ruth Rendell Mysteries** *May and June:* Two estranged sisters' reconciliation has fatal consequences.
11.15 **Robin's Nest** (S6)
12.15 AM **Man About the House** 4/7. (S3)
1.15 **Rising Damp** (S2)
2.25 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM **Around the World in 80 Days** 3/3.
11.20 FILM **The Pledge** Western drama. (2008, PG, 79min) ★★★
1.15 PM FILM **Captain from Castile** Adventure. (1947, b/w, U, 140min) ★★★
4.15 FILM **Khartoum** Historical drama. (1966, PG, 134min) ★★★
6.55 FILM **Hercules** Mythological adventure. (2014, 12, 98min) ★★★
9.00 FILM **The Trust** Comedy thriller, starring Nicolas Cage and Elijah Wood. (2016, 15, 90min) ★★★
11.00 FILM **Mercenary: Absolution** Thriller. (2015, 18, 91min) ★★
1.05 AM **Dragon Ball Super**
2.05 **Coast Guard Alaska**
3.05 FILM **Collision Course** Thriller. (2012, PG) ★★
4.30 **Air Rescue**
5.05 **to 6.00** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 FILM **From the Heart** Drama. (2016, PG) ★★
1.20 PM FILM **Mum's the Word** (2016, U) ★★
3.15 FILM **Snipped in the Bud** Thriller sequel. (2016, PG, 90min) ★★
5.10 FILM **Dearly Depotted** Drama. (2016, PG) ★★
7.05 FILM **Mystery 101: Pilot** Thriller. (2019, PG) ★★
9.00 FILM PREMIERE **Family History Mysteries: Buried Past** Thriller. (2023, PG, 84min) ★★
10.55 FILM **The Beach Murders** Crime drama. (2017, PG, 90min) ★★
12.50 AM FILM **A Murderer Upstairs** Crime thriller. (2017, PG, 85min) ★★
2.35 FILM **Kill Thy Neighbour** Thriller. (2018, 12, 90min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Switched for Christmas** Drama. (2017, PG, 90min) ★★
10.05 FILM **A Chance for Christmas** Romance. (2021, PG, 86min) ★★
12.00 NOON FILM **Holiday Hotline** (2023, U) ★★
1.55 PM FILM **Merry Mystery Christmas** Drama. (2023, PG, 84min) ★★
3.45 FILM **Christmas Love Letter** (2019, PG) ★★
5.40 FILM **Christmas Wedding Planner** Drama. (2017, PG) ★★
7.35 FILM **Two Turtle Doves** Festive romantic drama. (2019, U, 89min) ★★
9.30 FILM **Write Before Christmas** Drama. (2019, U, 90min) ★★
11.35 FILM **Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Merry Mystery Christmas**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **Love Your Garden**
3.00 **Great British Food**
3.30 **Real Thick Glasses**
3.45 FILM **Puppet on a Chain** Crime thriller. (1970, 15, 98min) ★★★
5.45 FILM **Commandos** World War Two drama. (1968, 18, 112min) ★★
8.00 **Garden Rescue** Creating a relaxing haven for a couple in Nottingham. **9.00** Charlie Dimmock revisits a garden in Stoke Gifford, Gloucestershire.
10.00 FILM **School For Sex** Comedy with Rose Alba. (1969, 18, 80min) ★★
11.45 FILM **Secrets of a Door to Door Salesman** Drama. (1973, 18) ★★
1.30 AM FILM **Heartbreakers** Comedy. (2001, 15, 123min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Agony** 3-5/7. (S2)
8.30 **The Top Secret Life...**
9.00 **Doctor at Large** (S1)
10.30 **Bubblegum & Cheese**
11.30 **Two's Company** (S2)
12.30 PM **Mother's Ruin**
1.00 **The Fenn Street Gang**
2.00 **Frederick Forsyth Presents** Spy thriller.
4.05 **The Top Secret Life of Edgar Briggs**
4.35 **Agony** 3-5/7. (S2)
6.05 **Mother's Ruin**
6.35 **Doctor at Large** (S1)
8.05 **Only When I Laugh**
9.05 **The Scarlet and the Black** War drama.
10.30 FILM **The Ups and Downs of a Handyman** Comedy. (1975, 18) ★
12.20 AM FILM **Bloodbath at the House of Death** Horror. (1983, 18) ★
2.05 **Stereo Underground**
3.05 **Hotel Amigo**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** A woman's house is declared uninhabitable. **8.00** A man tries desperately to salvage his chaotic home.
9.00 **Mysterious Creatures with Forrest Galante** Forrest goes to Africa's Zambezi River, where crocodile attacks plague a fishing village.
10.00 **Expedition X** Jess Chobot and Phil Torres continue exploring Utah's Uinta Basin. **11.00** Jess and Phil explore abandoned areas of Fukushima, Japan.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Prue Leith's Cotswold Kitchen** As 8.00pm.
12.00 NOON **Jamie's Great Britain** Smoked trout.
1.00 PM **James Martin's Islands to Highlands**
3.00 **Rick Stein's Food Heroes: Another Helping** Five editions.
5.30 **Rick Stein's Food Heroes** Five editions.
8.00 **Prue Leith's Cotswold Kitchen** With TV presenter Laura Jackson.
9.00 **Diners, Drive-Ins and Dives** Guy Fieri is on the road to sample first-class seafood. **9.30** Guy digs into chicken and burgers. **10.00** Guy goes in search of food with international flavours.
10.30 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Six Million Dollar Man** Five episodes.
12.00 NOON FILM **Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
2.00 PM FILM **A Study in Terror** Mystery thriller. (1965, 15, 91min) ★★★
3.50 FILM **Damn the Defiant!** Adventure. (1962, PG, 97min) ★★★
5.50 FILM **The Assassination Bureau** Comedy thriller with Diana Rigg. (1968, PG, 110min) ★★★
8.00 **The Twilight Zone** (S2)
9.00 FILM **The Shanghai Job** Thriller starring Orlando Bloom and Simon Yam. (2017, 15, 95min) ★★
11.00 FILM **Kiss of the Dragon** Action thriller. (2001, 18, 98min) ★★★
1.00 AM FILM **The Quick and the Dead** Western. (1995, 15, 108min) ★★★
3.05 **to 5.00** AM FILM **The Hitcher** Thriller. (1986, 18, 97min) ★★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S2&3)
3.00 PM FILM **Collision Earth** Sci-fi thriller starring Kirk Acevedo. (2011, 12, 95min) ★★
5.00 FILM **Age of the Dragons** Action fantasy starring Danny Glover. (2010, 12, 90min) ★
7.00 FILM **Independents' Day** Sci-fi adventure with Jacquelin Arroyo. (2016, 15, 91min) ★★
9.00 FILM **Nick of Time** Action thriller starring Johnny Depp. (1995, 15, 89min) ★★★
10.50 FILM **Q & A** Thriller starring Nick Nolte and Timothy Hutton. (1990, 18, 132min) ★★★★
1.25 AM FILM **Nick of Time**
3.15 FILM **Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Storage Wars Canada** Six editions.
8.20 **The UnXplained with William Shatner**
10.10 **Strange Evidence**
12.05 PM **The Proof Is Out There** Triple bill.
3.05 **What on Earth?**
6.00 **Ghost Ships** Efforts to locate wreckage of SS *Mont Blanc* and SS *Imo*. **7.00** Salvage diver Tony Sampson and his team hunt for SS *Clare Lilley*.
8.00 **Hazardous History with Henry Winkler** Risky household products.
9.00 **Hitler's Engineers** Albert Speer, a central figure in Hitler's inner circle.
10.00 **U-Boat Wargamers** Efforts to defeat Admiral Karl Dönitz and his Wolf Pack fleets of U-boats.
11.05 **Weird Britain**
1.00 AM **The Proof Is Out There** Ohio Grassman.
2.00 **to 6.00** AM **UFOs: The Lost Evidence**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes of the drama, including at: **4.00** *How to Make a Killing Without Really Trying:* Jessica's stockbroker is killed. **5.00** *The Fixer-Upper:* There is a murder in the property business. **6.00** *The Big Show of 1965:* Jessica investigates an old murder case.
7.00 **Ken Dodd: 60 Years of Laughter** A celebration of the comedian's career.
9.00 **Hollywood Icons** A profile of John Travolta, from his breakthrough in *Saturday Night Fever* to worldwide fame in *Grease*, before falling out of fashion until he was cast *Pulp Fiction*.
10.30 **Clint Eastwood: The Man & the Movies**
12.00 M'T **Wentworth Prison**
1.00 **to 4.00** AM **Wentworth: The Final Sentence**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Catchphrase Mother's Day Special**
1.00 PM **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Mr Motivator, Oz Clarke, Julia Goulding and Laura Hamilton compete for charity. **6.00** With guests Tim Vine, Alice Beer, Ken Bruce and Sonny Jay.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Hayley Tamaddon, Geoff Hurst, Gaby Roslin and Rob Beckett take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 15/24. A wealthy benefactor makes a proposal to Leonard. **8.30** 16/24. Howard finds himself torn between his relationship with Bernadette and pleasing his mother. (S4)
9.00 **Dr Pimple Popper** Krystal is a witch who wants to clear a curse of a cyst from her face. **10.00** Alonso's lipomas are holding him back at the gym. **11.00** Eight-year-old Wynter wants her scaly mermaid skin cured.
12.00 M'T **Mike & Molly**
1.00 AM **Young Sheldon**
3.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S7&8)
2.00 PM FILM **3 Men and a Little Lady** Comedy sequel with Tom Selleck. (1990, PG, 103min) ★★
4.05 **Friends** 11-18/24. (S8)
8.00 **Friends** 19/24. Joey is interviewed by a TV magazine. **8.30** 20/24. Rachel panics at the thought of caring for her baby. (S8)
9.00 **Lee Evans: Roadrunner**
10.05 **8 Out of 10 Cats Uncut**
11.45 **Russell Howard: Live at the London Palladium**
12.45 AM **Kevin Bridges: The Brand New Tour**
1.45 **Stephen Bailey: Comedy Central Live**
2.15 **Whose Line Is It Anyway? USA**
2.45 **Impractical Jokers**
3.40 **Utopia** 4/8. (S5)
4.10 **The Pep Talk**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 8&9/25. (S5)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 8.00pm.
10.00 **Most Ridiculous**
2.00 PM **Friends** (S8)
4.00 **Most Ridiculous**
5.00 **Everybody Loves Raymond** 8-13/25. (S5)
8.00 **Michael McIntyre's Big Show** With Jessie J and Stereophonics.
9.00 **Friends** 17/24. Joey tries to avoid Rachel. **9.30** 18/24. Ross and Monica's parents celebrate their 35th anniversary. (S8)
10.00 **Friends** (S8&9)
2.00 AM **New Girl** (S2)
3.00 **Mike Judge's Beavis and Butt-Head**
3.45 **Michael McIntyre's Big Show** As 8.00pm.
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Kenny Everett Video Cassette**
8.30 **Man About the House**
11.35 **Going Straight**
1.25 PM **On the Buses**
5.05 **Steptoe and Son**
7.55 **Minder** 5/6. Arthur's safe is targeted by an old acquaintance. (S7)
9.00 **Benidorm** 1/6. First-ever episode of the comedy series starring Johnny Vegas. **9.30** 2/6. Martin and Kate get lost in the town centre. (S1)
9.55 **Shameless** 7/7. (S1)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 1&2/6. (S1)
12.55 AM **Minder** 6/11. (S1)
1.55 **Duty Free** 4/7. (S1)
2.20 **Man About the House**
2.45 **The Kenny Everett Video Show**
3.10 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom UK: Next Generation** Triple bill.
10.00 **Catfish: The TV Show**
1.00 PM **Judge Judy** Real-life small-claims cases.
6.00 **Beauty and the Geek Australia** Double bill.
9.00 **Skin A&E** Four top dermatologists treat patients for cysts, lipomas and skin tags.
10.00 **Tattoo Fixers** A poor Norwich City FC tattoo creates a challenge.
11.00 **Bar Rescue** Jon Taffer is called upon to help a bar owner in Milwaukee. **12.00** M'T In Carlyle, Illinois, a cajun-themed bar needs rescuing. **1.00** AM Jon sends mixologist Phil Wills to rescue an ailing owner.
2.00 **Ghosted: Love Gone Missing** Double bill.
3.35 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Alaskan Bush People** Five editions, including at: **3.00** PM The Brown siblings try to incubate an ostrich egg. **4.00** The Browns flee the mountain during a dangerous lightning storm.
5.00 **Sara Price: Chasing Dakar** Backed by her teammates, Sara fights through exhaustion to cross the finish line.
6.00 **Deadliest Catch** A dream leads John to a crab hotspot.

12.00 Alaskan Bush People

7.00 **The Woodland Workshop** Ella and Rich tackle the most surreal commission the workshop has ever seen.
8.00 **Maine Cabin Masters** Chase Morrill and his crew renovate a historic shack in Bunganuc Creek.
9.00 **Naked and Afraid** Four survivalists spend 21 days in the Kalahari Desert, where extreme hunger and harsh conditions push them to their limits.
10.30 **Discovery Changed My Life** People reveal how shows they watched on Discovery transformed their lives.
11.00 **In the Eye of the Storm: Chasers** Reed drives the Dominator inside a tornado.
12.00 M'T **Expedition Files**
1.00 AM **Bigfoot Took Her**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat threatens a woman's livelihood. **4.00** A cat that is disrupting two women's friendship.
5.00 **Treehouse Masters** The most wonderful arboreal structures in the world.
6.00 **Preposterous Pets** Owners make over their poodles to compete in grooming contests.

5.00 Treehouse Masters

7.00 **How Do Animals Do That?** How caterpillars turn into butterflies. **7.30** A look at why some cats are cross-eyed.
8.00 **Extinct or Alive: The Lost Shark** Forrest Galante is in the Maldives in search of the supposedly extinct Pondicherry shark.
9.00 **Edge of Alaska** Neil seeks help from McCarthy's unlikeliest resident as he pursues his mine tour project.
10.00 **Tanked** The company is buzzing with the news that international star David Hasselhoff wants a shark tank.
11.00 **Tanked** The guys build an aquarium for basketball legend Shaquille O'Neal.
12.00 M'T **Edge of Alaska**
2.00 AM **The Haunted**
3.00 **Extinct or Alive: The Lost Shark** As shown at 8.00pm.
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Inside Sydney Airport**
12.00 NOON **Engineering by Catastrophe** Documentary.
1.00 PM **Air Crash Investigation**
3.00 **Construction Fails** How asbestos turned out to be a product too good to be true. **4.00** How Morandi Bridge became an embarrassment.
5.00 **Seconds from Disaster** A catastrophic ferry blaze.
6.00 **Air Crash Investigation** The 2005 crash of Chalk's Ocean Airways Flight 101.

10.00 Nazi Megastructures

7.00 **Air Crash Investigation** The errors that caused the deaths of 118 people in the 2001 Linate airport disaster in Milan.
8.00 **World War II: The Apocalypse** The story of World War Two, featuring haunting images of Jewish persecution.
9.00 **World War II: The Apocalypse** Featuring footage of German soldiers celebrating on the beaches of Dunkirk.
10.00 **Nazi Megastructures: Death From Above** Compilation of highlights concerned with the machinery of air warfare.
11.00 **Amsterdam Central 24/7** A nautical event arrives in the city, Menno and Baran deal with aggressive visitors, while Gusta visits a historic steam locomotive at the station.
12.00 M'T **Ultimate Airport Dubai**
2.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **History's Greatest Aircraft** Double bill.
8.00 **Kevin Costner's The West**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Double bill.
1.00 PM **Hazardous History with Henry Winkler** Four editions of the series, including at: **4.00** Risky professions that people endured for a living.
5.00 **Gold Wars Downunder** Double bill of the series in which three hardcore mining teams battle it out to unearth the most gold.

5.00 Gold Wars Downunder

7.00 **Digging for Britain** Items from archaeological digs from the north, including the unearthing of a Roman altar in Cumbria.
8.00 **Digging for Britain** Alice Roberts and Matt Williams visit archaeological digs in the west of Britain, including Kent's Cavern.
9.00 **Hells Angels: Kingdom Come** An inside look at how the Hells Angels claimed their throne.
10.00 **Hells Angels: Kingdom Come** How a failed assassination attempt resulted in betrayal.
11.00 **Secrets Declassified with David Duchovny** The actor investigates evidence from recently declassified files.
12.00 M'T **Chaos Uncut** A toddler is swept onto a luggage belt. **12.30** AM Jaw-dropping moments of survival.
1.00 **Chaos Uncut** Double bill.
2.00 **to 6.00** AM **Hazardous History with Henry Winkler**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Robert De Niro** A profile of the actor.
7.00 **Discovering: Maggie Smith**
8.00 **The Directors**
9.00 **Seve** Documentary.
11.00 **I Am Luke Perry**
12.45 PM **My Icon: Jonnie Peacock**
1.00 **The Two Escobars**
3.00 **FILM Bobby** Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★
5.00 **Bowie: The Man Who Changed the World** Documentary celebrating the life of musician David Bowie.

5.00 Bowie: The Man Who...

7.00 **My Mom Jayne** Actor Mariska Hargitay explores the life of her mother Jayne Mansfield, who died in a car accident at the age of 34 when Mariska was only three years old.
9.00 **The Body Next Door** 1/3. Documentary about a mysterious death in the South Wales Valleys.
10.00 **The Body Next Door** 2/3. Police focus their attention on Leigh Sabine, and forensic officers race to find evidence.
11.00 **The Body Next Door** 3/3. Prime suspect Leigh Sabine flees to New Zealand with her son in pursuit.
12.00 M'T **The Essex Murders**
3.00 AM **FILM When We Were Kings** Leon Gast's Oscar-winning boxing documentary. (1996, PG, 87min) ★★★★★
4.45 **My Icon: Duke McKenzie**
5.00 **to 6.00** AM **The Directors**

Saturday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **MotoGP**
4.00 **Shed and Buried: Classic Cars**
6.00 **Shed and Buried**
9.00 **The Repair Shop** Experts restore items including a diamond wedding ring and a vintage arcade game. **10.00** Will Kirk is entrusted with the restoration of a cherished family crib.
11.00 **In the Eye of the Storm** First-hand accounts of deadly storms. **12.00** M'T Eyewitnesses film their attempts to escape the worst natural disaster in Maui history.
1.00 AM **Mysteries of the Deep** Double bill.
3.00 **NASA's Unexplained Files** Documentary.
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Forensic Detectives**
11.00 **The Killer in My Family**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **American Monster**
7.00 **American Monster** An Ohio mother's devotion blinds her to danger. **8.00** A private investigator goes missing.
9.00 **American Detective with Lt Joe Kenda** New edition Detectives use a tea candle to uncover a conspiracy.
10.00 **On the Case with Paula Zahn** New edition The discovery of a woman's burned body marks the start of a murder case.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Merseyside Wheelchair Murderer** A look at the case of Linda Anders.
8.00 **UK Crime Files: Getting Away with Murder** The story of the Newall brothers.
9.00 **UK Crime Files: The Shoe Rapist** The case of a man dubbed 'The Rotherham Shoe Rapist'.
10.00 **UK Crime Files: The Body in the Suitcase** A look at the case of Nathan Matthews.
11.00 **Uncovering Melanie's Murderer** Documentary.
12.00 M'T **UK Crime Files: Gangland Hit**
1.00 AM **Donal MacIntyre's Killer Evidence**
2.00 **Bloodline Detectives**
3.00 **When Death Comes Knocking** Documentary.
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **UK Crime Files: The Seaside Strangler** Investigating the case of Stephen Akinmurele, who was charged with murdering five people.
4.00 **UK Crime Files: Murder of a Showgirl** Geoffrey Wansell explores the case of George Shotton, who murdered his wife.
5.00 **UK Crime Files: World's End Murders** The case of two teenagers who vanished after leaving a pub in 1977.
6.00 **UK Crime Files: Killer on the Run** Geoffrey Wansell revisits the case of Terry Clifton, who murdered two men in Morecambe in 1995.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Caught Red Handed**
12.00 NOON **Police 24/7**
1.00 PM **The Forgotten West Memphis Three**
4.30 **The Murderer & Me**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers** Mark Bridger. **8.00** Roy Whiting.
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Killing Mum and Dad**
12.00 M'T **World's Most Evil Killers** Bobby Joe Long.
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Britain's Most Evil Killers** Colin Ireland.
3.00 **The Real Manhunter**
4.00 **Brit Cops: Frontline Crime UK** Documentary.
5.00 **to 6.00** AM **Stop, Search, Seize**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Titans of the Cold War**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Titans of the Cold War** Four editions of the series, including at: **5.00** John F Kennedy and Fidel Castro's clash pushes the world to nuclear brinkmanship.
6.10 **Egypt's Lost Queens**
7.25 **Cleopatra** 1&2/2. Docu-drama about the iconic Egyptian ruler.
9.25 **Cleopatra: Portrait of a Killer** Neil Oliver examines the reign of the Egyptian queen.
10.40 **Alexandria: The Greatest City** The history of the ancient city founded by Alexander the Great in 331 BC.
12.00 M'T **Egypt's Lost Queens** Documentary.
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

SATURDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Animal Empires**
8.00 **Battle of the Alphas**
10.00 **The Great Elephant Tale**
11.00 **America's Wild Border: Northern Exposure**
12.00 NOON **The Island of Giants**
1.00 PM **Wild Science**
2.00 **Macro Worlds** Triple bill.
5.00 **David Attenborough's Conquest of the Skies**
8.00 **Jaguar Journals** The team members search for Ferinha, Fera and Badalo, whose tracking collars are missing.
9.00 **Shark Squad** The mako shark – the fastest fish in the sea.
10.00 **Snow Leopards with Dan O'Neill** 1/2. The biologist and naturalist sets out on a mission to protect the snow leopard. **11.00** 2/2. Dan searches for the largest snow leopard ever recorded, known as 'The Dude'.
12.00 M'T **Jaguar Journals**
1.00 AM **Shark Squad** As 9.00pm.
2.00 **Wild Dogs: Running with the Pack** Double bill of editions.
4.00 **to 6.00** AM **Beasts of the Big Blue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
10.00 **Greatest Escapes of WWII**
11.00 **Digging for Britain**
1.00 PM **Al Murray: Why Do the Brits Win Every War?**
2.00 **Ancient Aliens**
4.00 **Rome: Rise and Fall of an Empire** Double bill of editions.
6.00 **Colosseum** 6/8. (S1)
7.00 **Crimes That Shook Britain**
8.00 **Colosseum** *The Martyr:* 5/8. Ignatius refuses to pledge his allegiance to the emperor. Stars Anthony Barclay. (S1)
9.00 **Mysteries Unearthed with Danny Trejo** A deadly discovery hiding under a national park.
10.00 **The UnXplained: Mysteries of the Universe** The dangers faced when trying to conquer new frontiers in space.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain**
2.00 **The Secret Nazi Expeditions**
3.00 **Combat Ships**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Mysteries from Above**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **How the Universe Works**
5.00 **NASA's Unexplained Files**
6.00 **How It's Made** Moccasins and electronic-impact drills. **6.30** Traditional parquet floors. **7.00** Replica police lanterns. **7.30** The development of calissons and diving watercrafts.
8.00 **Paranormal Declassified** Paul Beban examines rumours of a secret US military program to develop super soldiers. **9.00** Paul explores what could happen if there was a zombie apocalypse.
10.00 **Curse of the Bermuda Triangle** Investigating one of the strangest disappearances from the Bermuda Triangle. **11.00** Experts use technology to search for ghost ships.
12.00 M'T **In Search of Monsters**
2.00 AM **Expedition X**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** True-crime.
3.40 PM **My Strange Arrest**
5.00 **Snapped Behind Bars**
6.00 **The Real Murders of Atlanta**
7.00 **The Real Murders of Orange County** A retired Marine captain is shot in his home.
8.00 **Staged: Deadly Deception** Cases where crime scenes were staged to conceal the truth.
9.00 **Murder in the 21st** A quadruple homicide remains unsolved for a decade.
10.00 **Crime in Progress** Responders race to save a mother who has stopped breathing.
11.00 **The People Vs. Michael Jackson** An in-depth examination of the 2005 criminal trial of the 'King of Pop'.
12.50 AM **Interview with a Killer**
1.45 **Predator Hunters**
2.45 **Court Cam** Documentary.
3.10 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Birth of Europe**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** A St Bernard has a painful tongue infection.
8.00 **National Parks: USA** A year in Yellowstone, the world's first national park, with remarkable wildlife, fascinating heritage and geological wonders. **9.00** Along Washington State's rugged coast, Olympic National Park protects one million acres of diverse habitat and houses a rich biodiversity.
10.00 **Tiger Queen of Taru** Orphaned tigress Maya fights wild dogs and rival tigers.
11.00 **Snakes in the City** A massive black mamba holds an apartment block hostage.
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** New scientific discoveries reveal that the moon has an incredible, violent and dynamic history. **7.00** Experts analyse what happens when galaxies containing billions of stars collide and are left irrevocably changed. **8.00** Looking back at the Rosetta mission, a ground-breaking expedition to land on a comet for the very first time.
9.00 **Treasure Quest: Snake Island** Shawn and Jeremy find their first piece of Jesuit gold. **10.00** The team discover evidence of a route used to transport the fortune. **11.00** The team use explosives to blast their way to the treasure.
12.00 M'T **Blowing Up History: Seven Wonders** Documentary.
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** Exploring Chateau Aubéry on the island of Martinique. **2.00** Exploring Castel Volturno in Campana, Italy. **3.00** Camp Hero in Long Island. **4.00** Exploring the Apollo Movie Theatre in Tbilisi.
5.00 **Whatever Happened to the Likely Lads?** Bob visits the hospital after injuring his foot. **5.40** Bob bids his wife farewell and sets off on a boys-only fishing trip with Terry. **6.20** Thelma goes back to live with her mother, leaving Bob to bemoan his fate. **7.00** Bob feels the strain of Thelma's absence, so Terry suggests he move in until she decides to come home. **7.40** Bob wallows in self-pity, convinced he will never be able to cope without Thelma.
8.20 **Whatever Happened to the Likely Lads?** Sitcom.
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder in the Heartland**
12.00 NOON **American Monster**
4.00 PM **Homicide City: Charlotte** The disappearance of insurance auditor Sallie Rohrbach. **5.00** The rape and murder of Kenyadda Patterson. **6.00** The cases of Harriet Simmons and Jerri Ann Jones. **7.00** Exploring the case of US Navy veteran Nikki McPhatter.
8.00 **Murder Comes to Town** A look into how an emergency call to help a neighbour resulted in a bizarre investigation.
9.00 **Love, Honor, Betray** An unexpected call reveals the truth about a husband who lost his job after 9/11.
10.00 **Seduced to Slay** A woman's dramatic physical transformation leads to infidelity and murder.
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Deadly Influence: The Social Media Murders**
2.00 AM **The Big Swindle**
4.00 **to 6.00** AM **The Lies That Bind**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Wrench'd** Triple bill.
10.00 **Extreme RVs**
11.00 **Extreme Car Hoarders**
12.00 NOON **Incredible Engineering Blunders: Fixed** Four editions.
4.00 PM **World's Biggest Shipbuilders** The work of elite engineers operating in the world's largest shipyards.
5.00 **Goblin Works Garage**
8.00 **Shed and Buried** Henry Cole and Fuzz Townshend meet Tim, a specialist bike restorer. **8.30** Henry and Fuzz head to Dave's mega-shed in Cumbria.
9.00 **Shed and Buried: Classic Cars** Henry and Fuzz restore a 1970s VW Beetle Beach Buggy.
10.00 **Richard Hammond's Workshop** Richard pushes the Smallest Cog to clinch their most important restoration. **11.00** Richard brings in a business consultant to make the workshop more efficient. **12.00** M'T Disagreements almost lead to the loss of a job.
1.00 **to 4.00** AM **Wrench'd**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **PREMIERE Carolina Caroline** As 8.00pm.
8.45 **The Choral** As 6.00pm.
10.45 **Fuze** As shown at 12.00m't.
12.25 PM **They Will Kill You** Horror comedy starring Zazie Beetz. (2025, 15, 94min) ★★★
2.25 **No Ordinary Heist** Thriller. (2026, 15, 99min) ★★★
4.10 **Dead Man's Wire** Thriller. (2025, 15, 104min) ★★★★
6.00 **The Choral** Comedy drama. (2025, 15, 113min) ★★★★

8.00 Carolina Carolina

8.00 **PREMIERE Carolina Caroline** Crime thriller starring Samara Weaving and Kyle Gallner. A young woman joins a charismatic con man on the run, leaving a trail of crime and passion. (2025, 15, 105min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Black Phone 2** Thriller sequel starring Ethan Hawke. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fuze** Thriller starring Aaron Taylor-Johnson. (2026, 15, 97min) ★★★
1.40 AM **Him** Horror with Marlon Wayans. (2025, 18, 96min)
3.25 **The Plague** Psychological thriller starring Joel Edgerton. (2025, 15, 98min) ★★★★
5.15 **to 7.00** AM **They Will Kill You**

Sky Cinema Oceans

303 303 403 503 517

6.00 AM **Ocean's Eleven** (2001)
8.10 **Ocean's Twelve** As 4.40pm.
10.25 **Ocean's Thirteen** As 6.50pm.
12.35 PM **Ocean's Eight** (2018)
2.35 **Ocean's Eleven** As 11.00pm.
4.40 **Ocean's Twelve** Caper thriller sequel with George Clooney, Brad Pitt and Matt Damon. (2004, 12, 125min) ★★★★
6.50 **Ocean's Thirteen** Caper thriller sequel with George Clooney, Brad Pitt and Matt Damon. (2007, PG, 122min) ★★★

11.00 Ocean's Eleven

Ocean's Thirteen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Ocean's Eight** Crime caper starring Sandra Bullock, Cate Blanchett, Anne Hathaway, Mindy Kaling and Helena Bonham Carter. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
1.05 AM **Ocean's Twelve** (2004)
3.20 **Ocean's Thirteen** As 6.50pm.
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Moneyball** As 10.25pm.
9.05 **Cookster: The Darkest Days**
11.20 **Black Dog** As 12.50am.
1.25 PM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★
3.20 **Chicago** Oscar-winning musical. (2002, 12, 112min) ★★★★
5.25 **The Shawshank Redemption** Prison drama with Tim Robbins. (1994, 15, 142min) ★★★★★
8.00 **Legends of the Fall** Period drama set in early 20th-century Montana, starring Brad Pitt. The three sons of a retired colonel come into conflict when they meet a beautiful woman. (1994, 15, 133min) ★★★★
10.25 **Moneyball** Fact-based drama starring Brad Pitt and Jonah Hill. A baseball manager discovers an unexpected method of turning around the fortunes of his team. With Philip Seymour Hoffman. (2011, 12, 133min) ★★★★
12.50 AM **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
2.50 **Cookster: The Darkest Days** Drama with Craige Middleburg. (2024, 15, 119min) ★★★
5.00 **to 7.25** AM **Legends of the Fall** As shown at 8.00pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

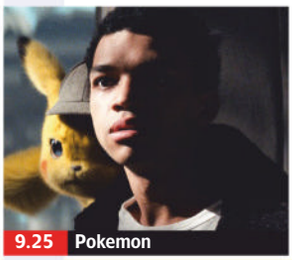
6.40 AM **The Front Room** Horror thriller. (2024, 15, 94min) ★★
8.20 **The Nun** Horror with Demián Bichir. (2018, 15, 96min) ★★★
10.05 **Waterworld** Sci-fi adventure. (1995, 12, 134min) ★★★
12.20 PM **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
2.05 **Annabelle: Creation** Horror starring Anthony LaPaglia. (2017, 15, 109min) ★★★
4.00 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
6.15 **10 Cloverfield Lane** Thriller with Mary Elizabeth Winstead. (2016, 12, 103min) ★★★★
8.00 **The Craft** Horror starring Robin Tunney, Fairuza Balk, Neve Campbell and Rachel True. (1996, 15, 101min) ★★★
9.45 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a Count. (2024, 15, 132min) ★★★★
12.00 M'T **The Bride!** Horror starring Jessie Buckley and Christian Bale. (2025, 15, 130min) ★★★★
2.10 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
4.20 **to 6.15** AM **Edge of Tomorrow** Adventure starring Tom Cruise. (2014, 12, 113min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.20 AM **Chicken Run** (2000)
8.55 **Pokemon: Detective Pikachu**
10.50 **Sonic the Hedgehog 3** Fantasy. (2024, PG, 110min) ★★★
12.45 PM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
2.25 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
4.10 **The Lego Movie 2: The Second Part** (2019, U) ★★★★
6.00 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★


9.25 Pokemon

The Lord of the Rings: The Return of the King (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **Pokemon: Detective Pikachu** Fantasy adventure starring Justice Smith and featuring the voice of Ryan Reynolds. A student sets out to find his missing detective father by teaming up with a talking Pikachu. (2019, PG, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Bookworm** Comedy starring Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★
1.05 AM **Bee Movie** Animation featuring the voices of Jerry Seinfeld and Renée Zellweger. (2007, U, 91min) ★★★
2.45 **Daddy Day Care** Family comedy starring Eddie Murphy and Jeff Garlin. (2003, PG, 92min) ★★★
4.30 **to 7.50** AM **The Lord of the Rings: The Return of the King**

Sky Cinema Action

306 306 407 507 521

7.25 AM **The Cinema List: Remakes**
7.40 **Hounds of War** Action thriller. (2024, 15, 95min) ★★★
9.25 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
11.25 **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★
1.30 PM **Transformers** Adventure. (2007, 12, 144min) ★★★★
4.05 **Olympus Has Fallen** Action thriller. (2011, 15, 119min) ★★★
6.10 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★

6.10 Snakes on a Plane

8.00 **Fuze** Thriller starring Aaron Taylor-Johnson, Theo James and Gugu Mbatha-Raw. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Transformers: Revenge of the Fallen** Sci-fi action adventure sequel inspired by the shape-changing toys, starring Shia LaBeouf and Megan Fox. A college student and his girlfriend get caught up in a titanic struggle between good and evil alien robots. (2009, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
2.15 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★
4.30 **to 6.50** AM **William Tell** Historical drama with Claes Bang. (2025, 15, 133min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Bye Bye Birdie** (1963)
9.05 **So I Married an Axe Murderer** Dark comedy. (1993, 15) ★★★
10.45 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
12.20 PM **Sleepless in Seattle** Comedy. (1993, PG) ★★★★★
2.10 **Bridget Jones's Baby** Comedy. (2016, 15, 123min) ★★★
4.20 **Anchorman 2: The Legend Continues** (2013, 15) ★★
6.20 **American Pie** Teen comedy. (1999, 15, 96min) ★★★★

4.20 Anchorman 2

8.00 **American Pie 2** Teen comedy sequel starring Jason Biggs. Four friends rent a lakeside house, and one decides he needs some sexual experience before the visit of a sexy Czech exchange student. (2001, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Liar Liar** Comedy starring Jim Carrey. A lawyer is forced to tell the truth for one day after his five-year-old son is granted his birthday wish. (1997, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
1.05 AM **The Hangover Part II** Comedy sequel starring Ed Helms. (2011, 15, 101min) ★★
2.50 **The Hangover Part III** Comedy sequel with Bradley Cooper. (2013, 15, 100min) ★★
4.40 **to 6.20** AM **Police Academy 2: Their First Assignment** Comedy. (1985, 12, 87min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **Lethal Weapon 4** Thriller. (1998, 15, 128min) ★★★
8.45 **Drop** As shown at 6.20pm.
10.25 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
12.40 PM **Cellular** Crime thriller. (2004, 15, 94min) ★★★
2.20 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
4.25 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★
6.20 **Drop** Thriller with Meghann Fahy. (2025, 15, 95min) ★★★★

6.20 Drop

8.00 **The Bourne Identity** Spy thriller starring Matt Damon as an amnesiac man who learns that he is a highly-trained assassin with deadly enemies. With Franka Potente, Chris Cooper and Clive Owen. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **One Last Deal** Drama starring Danny Dyer. A sports agent scrambles to land one last lucrative deal for his star client, with both their futures on the line. With Elliott Rogers. (2026, 18, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. (2001, 18, 131min) ★★★
1.55 AM **Murder by Numbers**
4.00 **to 6.00** AM **Mona Lisa and the Blood Moon** Mystery thriller starring Ed Skrein. (2021, 15, 106min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sign of the Pagan** Drama. (1954, U, 92min) ★★
12.50 PM **The True Story of Jesse James** Biopic. (1956, PG) ★★
2.40 **Sister Act 2: Back in the Habit** Musical comedy sequel. (1993, PG, 107min) ★★
4.50 **The Perfect Catch** Comedy. (2005, PG, 103min) ★★★
6.55 **Sleepless in Seattle** Romantic comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★

9.00 Inglourious Basterds

Sleepless in Seattle (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Inglourious Basterds** Quentin Tarantino's darkly comic World War Two action movie starring Brad Pitt, Mélanie Laurent and Christoph Waltz. A band of scalp-hunting Jewish-American soldiers go on the rampage behind enemy lines. (2009, 18, 153min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Frighteners** Horror comedy starring Michael J Fox and Trini Alvarado. A swindling psychic falls under suspicion when the ghost of a dead serial killer continues his murderous spree from beyond the grave. (1996, 15, 110min) ★★★
2.15 **to 4.00** AM **Undergods** Fantasy starring Kate Dickie. (2020, 15, 92min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Epic Worlds

302 302 402 502 516

6.00 AM **Teenage Mutant Ninja Turtles: Out of the Shadows**
8.00 **The Wild Robot** As 1.50am.
9.50 **Paddington** Family comedy. (2014, PG, 95min) ★★★★★
11.30 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
1.15 PM **Paddington in Peru** Comedy adventure sequel with the voice of Ben Whishaw. (2024, PG, 106min) ★★★★
3.05 **Wicked** Musical adventure. (2024, PG, 160min) ★★★★
5.50 **How to Train Your Dragon** Fantasy starring Mason Thames. (2025, PG, 125min) ★★★★
8.00 **A Minecraft Movie** Fantasy adventure starring Jack Black. (2025, PG, 101min) ★★★
9.45 **Jurassic Park** Steven Spielberg's monster thriller starring Sam Neill. A billionaire showman creates an island leisure park populated by dinosaurs. (1993, PG, 127min) ★★★★★
11.55 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy sequel. (2016, 12, 112min) ★★★
1.50 AM **The Wild Robot** Animation. (2024, U, 102min) ★★★★
3.35 **The Cinema List: Bingeable**
4.05 **to 6.00** AM **The Legend of Tarzan** (2016, 12) ★★★

Sky Cinema Greats

307 307 404 504 518

6.50 AM **The Brady Bunch Movie**
8.25 **Weird Science** As 1.40am.
10.00 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
11.50 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
1.20 PM **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★
3.00 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
4.40 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★
6.25 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
9.55 **The Long Kiss Goodnight** Action thriller starring Geena Davis and Samuel L Jackson. (1996, 18, 120min) ★★★★
12.00 M'T **The Cable Guy** Comedy. (1996, 12, 96min) ★★★★
1.40 AM **Weird Science** Fantasy. (1985, 12, 94min) ★★★
3.15 **The Brady Bunch Movie** Spoof comedy. (1995, 12, 89min) ★★★
4.50 **to 6.40** AM **Gremlins 2: The New Batch** (1990, 12) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
7.15 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
8.35 **Hercules** Animated musical with the voice of Tate Donovan. (1997, U, 92min) ★★★★
10.10 **Ratatouille** Animated comedy with the voice of Patton Oswalt. (2007, U, 106min) ★★★★★
12.00 NOON **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy. (2005, PG, 140min) ★★★★
2.25 PM **Up** Animated adventure. (2009, U, 96min) ★★★★★
4.05 **Pocahontas** Animated adventure. (1995, U, 81min) ★★★
5.30 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
7.10 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
9.00 **Ant-Man** Fantasy adventure. (2015, 12, 117min) ★★★★
10.55 **A Complete Unknown** Biopic. (2024, 15, 140min) ★★★★
1.20 AM **28 Weeks Later** Horror. (2007, 18, 99min) ★★★★
3.00 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
4.40 **to 6.00** AM **The Tigger Movie** Animation. (2000, U) ★★★

Movies 24

312 313 419

7.00 AM **An American in Austen** Comedy. (2024, PG, 84min) ★★
9.00 **Hashtag Proposal** Romantic comedy. (2023, PG, 87min) ★★
11.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
1.00 PM **The Greek Aisle** Romantic drama. (2026, PG, 90min) ★★
3.00 **A Taste of Christmas** Drama starring Krystal Joy Brown. (2023, PG, 90min) ★★
5.00 **Lucky Hearts** Romantic comedy starring Margie Mays. (2023, PG, 89min) ★★
7.00 **My Dreams of You** Romantic drama starring Cecilia Lee, Kapil Talwalkar and Kosta Haitas. (2024, PG, 90min) ★★
9.00 **Return to Office** Drama starring Janel Parrish and Scott Michael Foster. Two co-workers who share a desk but work on different days begin a romance through notes left at the office. (2025, PG, 84min) ★★
11.00 **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
1.00 AM **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Branching Out** Drama. (2024, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Ticket to Paradise** (1961)
7.15 **Cinebox Memories**
7.20 **Runaround** Game show.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 14/26. (S3)
9.30 **Hawkeye & the Last of the Mohicans** 8/39. (S1)
10.00 **Captain Scarlet and the Mysterons** 17/32. (S1)
10.30 **Champion the Wonder Horse**
11.00 **The Buccaneers** 28/39. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **They Came from Beyond Space** Chiller. (1967, PG) ★★
1.45 PM **The Gift Horse** (1952) ★★★
3.50 **Whiplash** 22/34. (S1)
4.25 **Ring of Spies** (1963, PG) ★★
6.10 **The Last Film Show** Short film.
6.25 **Dick Turpin** 3/13. (S1)
7.00 **Maigret** 13/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **The Odessa File** Suspense thriller. (1974, PG, 129min) ★★★
11.40 **Eurotrash**
12.15 AM **Fortean TV**
12.50 **One Step Beyond** 10/22. (S1)
1.25 **Count Dracula** 1/2. (S1)
2.55 **The Veil** 8/12. (S1)
3.25 **13 East Street** (1952, PG) ★★
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

Saturday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 LIVE **Golf** Coverage of the second day's play of the R&A Men's Amateur Championship, which takes place at Royal Liverpool and West Lancashire.
10.15 LIVE **Test Cricket England v New Zealand.** Coverage of day four of the second Test in the three-match series, held at the Oval in London.
6.30 PM LIVE **ICC Women's T20 Cricket World Cup England v Scotland.** Coverage of the Group B match staged at Headingley Stadium in Leeds, as both teams play their third game of the group stages.
9.30 LIVE **US Open Golf** Coverage of the third day of the 126th staging of the Major, held this year at Shinnecock Hills Golf Club in Southampton, New York.
1.00 **World Cup Report**
1.30 LIVE **Major League Cricket Washington Freedom v MI New York.** Coverage of the T20 match at Grand Prairie Stadium in Texas.
5.30 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
2.00 PM **Netbusters** Highlights using alternative angles.
5.00 **Premier League Review** Action from the 21st round of fixtures. **6.00** Highlights from the 22nd round of top-flight fixtures. **7.00** The 23rd round of games. **8.00** Highlights from the 24th round of top-flight fixtures. **9.00** The 25th round of games. **10.00** Action from the 26th round of top-flight matches.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 2011/12 season – all set to a specially selected soundtrack.
1.00 AM **PL Retro** Chelsea v Manchester United from 2006.
3.00 **PL Greatest Games** Highlights of Manchester United v Manchester City from 2008/09. **3.15** Leicester City v Manchester United in the 2014/15 season. **3.30** Manchester United v Derby. **3.45** Bournemouth v Liverpool.
4.00 **Premier League Best Goals**
5.00 **Best PL Own Goals**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup** The 2018 final.
8.00 **1983: When Aberdeen Ruled Europe** Documentary.
9.00 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 23/24**
11.30 **EFL Trophy** Action from Peterborough United v Wycombe Wanderers in the 2023/24 final.
12.00 NOON **EFL Play-Off Final Championship 2015/16** Hull City v Sheffield Wednesday.
1.00 PM **EFL Play-Off Final League 1 15/16** Barnsley v Millwall.
2.00 **EFL Play-Off Final League 2 15/16** AFC Wimbledon v Plymouth Argyle at Wembley.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2015 final.
6.00 **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
8.45 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 24/25**
11.30 **EFL Trophy Football**
12.00 M'T **Retro League One**
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Scottish Premiership Goals 2022/23**
5.30 **to 6.00** AM **Best Scottish Premiership Goals 2023/24**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **ICC Women's T20 World Cup**
8.00 **Test Cricket** England v New Zealand at The Kia Oval, London.
9.00 **ICC Women's T20 World Cup**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v New Zealand.** Coverage of day four of the second Test in the three-match series, staged at the Oval in London. The hosts will be looking to win their third series against the Kiwis in four after winning home and away in the last four years.
7.00 PM LIVE **ICC Women's T20 Cricket World Cup England v Scotland.** Coverage of the Group B match from Headingley Stadium in Leeds.
10.00 LIVE **Major League Cricket Texas Super Kings v San Francisco Unicorns.** Coverage of the T20 match staged at Grand Prairie Stadium in Texas.
1.20 AM LIVE **Major League Cricket Washington Freedom v MI New York.** Coverage of the T20 match at Grand Prairie Stadium in Texas.
5.30 **to 6.00** AM **ICC Women's T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions**
7.00 **US Open Golf** Day two.
8.00 LIVE **Golf** Coverage of the second day of the R&A Men's Amateur Championship at Royal Liverpool and West Lancashire.
4.00 PM LIVE **US Open Golf** Coverage of day three of the 126th staging of the Major staged at Shinnecock Hills Golf Club.
1.00 AM **Legends Tour Golf**
2.00 **Rose Ladies Series**
2.30 **PGA Tour Champions Learning Centre** Expert golfing advice.
3.00 **US Open Golf** Day three.
4.00 **to 6.00** AM **US Open Official Films**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.30 LIVE **WTA Tennis** Coverage of the semi-finals of the WTA Berlin Open at Rot-Weiss Tennis Club.
12.30 PM **WTA Tennis** Italian Open.
12.45 **ATP Tennis** Madrid Open final.
1.00 LIVE **WTA & ATP Tennis** Coverage of the ATP Halle Open and WTA Berlin Open semi-finals.
3.00 LIVE **ATP Tennis** Continued coverage of the semi-finals of the ATP Halle Open at OWL Arena.
6.00 **ATP Tour This Week**
6.30 **WTA All Access**
7.00 **WTA Tennis** Highlights.
8.00 **WTA & ATP Tennis** Highlights.
12.00 M'T **ATP Tennis** Highlights.
1.00 AM **ATP & WTA Tour Classics**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.15 **The Cycling Show**
6.45 LIVE **V8 Supercars Championship** Coverage of the Darwin Triple Crown second race.
8.30 **TNT Sports Cricket Reload**
8.45 LIVE **One-Day International Cricket India v Afghanistan.** Coverage of the third ODI staged at M. A. Chidambaram Stadium, Chennai.
1.30 PM LIVE **The Gallagher PREM** Coverage of the final at Twickenham. Kick-off **3.00pm**.
6.00 **Unbreakable: England 2003**
7.30 **Premier League Stories**
8.00 LIVE **SailGP** Day one of the Canada Grand Prix in Nova Scotia.
9.30 **International T20 Cricket** Bangladesh v Australia.
10.30 **British Superbikes**
11.00 LIVE **UFC** Coverage of the preliminary bouts for UFC Fight Night 279 at Meta Apex, Nevada.
1.00 AM LIVE **UFC Manel Kape v Kyoji Horiguchi.** Coverage of the flyweight bout at Meta Apex in Las Vegas, plus the undercard for UFC Fight Night 279.
4.30 **to 6.00** AM **Champions League**

TNT Sports 2

411 414 522 409 431

6.00 AM **International T20 Cricket**
7.00 **MotoGP** Grand Prix of Czechia.
7.30 LIVE **MotoGP** The Grand Prix of Czechia Moto3 and Moto2 second free practice session.
9.00 LIVE **MotoGP** The Grand Prix of Czechia MotoGP second free practice and qualifying sessions.
11.45 LIVE **MotoGP** Coverage of the Grand Prix of Czechia Moto3 and Moto2 qualifying sessions.
1.45 PM LIVE **MotoGP** Grand Prix of Czechia MotoGP sprint race.
2.45 LIVE **British Superbikes** The first day at Knockhill Racing Circuit.
6.00 **MLB Highlights**
7.00 LIVE **MLB Chicago Cubs v Toronto Blue Jays.** The inter-league match at Wrigley Field. Start-time **7.20pm**.
10.00 **MLB Plays of the Week**
10.30 **Ultimate Pool** Highlights.
12.00 M'T LIVE **MLB Houston Astros v Cleveland Guardians.** The American League encounter. Start-time **12.15am**.
3.00 AM **British Superbikes**
3.30 **MotoGP** Grand Prix of Czechia.
4.00 **to 7.00** AM LIVE **AFL Richmond v North Melbourne.**

Sky Sports Action

412 410 510 426 446

6.00 AM **State of Origin Rugby League** Recent action.
8.00 **Super League Highlights**
8.30 LIVE **NRL Gold Coast Titans v Penrith Panthers.** Coverage of the match held at Cbus Super Stadium in Gold Coast. Kick-off **8.30am**.
10.35 LIVE **NRL Canterbury-Bankstown Bulldogs v Manly-Warringah Sea Eagles.** Coverage of the match from the 16th round of fixtures staged at Accor Stadium in Sydney. Kick-off **10.35am**.
12.35 PM **Super League Highlights**
1.20 **World Club Challenge**
1.35 **Super Bowl LX Highlights**
2.30 LIVE **Netball Super League** Coverage of the Grand Final at Co-op Live in Manchester.
5.00 **Super League Highlights**
5.15 **World Club Challenge**
5.30 **NBA on Fire** The latest news.
6.00 **NBA Basketball** San Antonio Spurs v New York Knicks. **8.30** A chance to see Oklahoma City Thunder v Denver Nuggets.
10.30 **NFL Highlights**
1.00 AM **Rugby League**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 LIVE **Super Rugby** Coverage of the Grand Final.
10.00 LIVE **ICC Women's T20 Cricket World Cup Australia v Netherlands.** Coverage of the Group A match at Hampshire Bowl in Southampton.
2.00 PM LIVE **ICC Women's T20 Cricket World Cup Bangladesh v Pakistan.** Coverage of the Group A match, which takes place at Hampshire Bowl in Southampton.
6.00 **World Cup Matchday**
7.00 **World Cup Report**
9.00 **Stuart Broad: My Greatest Spells** The cricketer looks back.
9.20 LIVE **Major League Cricket Texas Super Kings v San Francisco Unicorns.** Coverage of the T20 match held at Grand Prairie Stadium in Texas.
1.30 AM **EFL Greatest Games**
2.00 **ATP Tennis** Geneva Open final.
3.00 **Super League** Another chance to see Leeds Rhinos v St Helens.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Super League**
8.45 **PL Greatest Games**
9.00 **US Open Golf** Days one and two.
11.00 **Test Cricket** Highlights.
12.00 NOON **Women's T20 World Cup** West Indies v Scotland.
12.30 PM **US Open Golf**
2.30 LIVE **Netball Super League** Coverage of the Grand Final held at Co-op Live in Manchester.
5.00 **Women's T20 World Cup**
6.00 LIVE **ICC Women's T20 Cricket World Cup England v Scotland.** Coverage of the Group B match staged at Headingley Stadium in Leeds.
10.00 **Test Cricket** Highlights.
11.00 **ICC Women's T20 World Cup**
12.30 AM **Test Cricket Bitesize**
12.45 **ICC Women's T20 World Cup**
2.15 **Test Cricket Bitesize**
2.30 **ICC Women's T20 World Cup**
3.00 **WTA & ATP Tennis**
5.00 **to 6.00** AM **Women's T20 World Cup**

TNT Sports 3

413 415 523 410 432

7.00 AM LIVE **AFL GWS Giants v Carlton.** At ENGIE Stadium. Start-time **7.15am**.
10.00 **UCI Mountain Bike World Series**
11.30 LIVE **UCI Mountain Bike World Series** The women's elite downhill race in Lenzerheide.
1.15 PM LIVE **UCI Mountain Bike World Series** The men's elite downhill race in Lenzerheide.
3.15 LIVE **One-Day International Cricket India v Afghanistan.** Coverage of the third ODI from Chennai.
5.30 LIVE **FIM Speedway Grand Prix** From Wroclaw, Poland.
9.00 **MotoGP** Grand Prix of Czechia.
9.30 **Cycling** Event highlights.
12.30 AM **ODI Cricket** Recent action.
1.30 **UCI Mountain Bike World Series**
2.30 **Cycling** Event highlights.
3.30 **WRC Review** Season review.
4.30 **FIA World Endurance Championship Highlights**
5.30 **to 6.00** AM **MotoGP**

TNT Sports 4

414 416 524 411 434

6.00 AM **FIA World Endurance Championship Highlights**
7.00 LIVE **Formula E** Sanya ePrix.
9.30 LIVE **Women's Cycling** Stage four of the Tour of Switzerland.
12.15 PM **TNT Sports Reload**
12.30 LIVE **Men's Cycling** The fourth stage of the Tour of Slovenia.
2.30 LIVE **Men's Cycling** Stage four of the Tour of Switzerland, a 23.8km individual time-trial around the town of Aarburg.
5.00 LIVE **Fencing European Championship** The second session on day five in France.
6.30 **TNT Sports Cricket Reload**
6.45 LIVE **IFSC Climbing World Series** Women's and men's lead semi-finals in Innsbruck, Austria.
9.15 **AFL** Three match replays.
1.45 AM **The Gallagher PREM**
3.15 **Mass Participation World**
4.15 **TNT Sports Reload**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 APP 528

6.00 AM **Ultimate Karting Championship** Highlights.
8.00 **FIM Quadcross Championship**
8.30 **Michelin Le Mans Cup**
9.00 **United Rugby Championship**
11.00 **Sporting Greats**
11.30 **United Rugby Championship** Leinster v Bulls in the final.
1.30 PM **Champions Cup Show**
2.00 **NHL Tonight** Highlights from the previous evening's NHL action.
3.00 **NASCAR Highlights**
3.30 **Champions Cup Show**
4.00 **United Rugby Championship**
4.30 **Top 14 Rugby Union**
8.00 LIVE **Top 14 Rugby Union** Coverage of the second semi-final.
10.00 **Champions Cup Show**
10.30 **Sporting Greats**
11.00 **United Rugby Championship**
1.00 AM **Sporting Greats**
1.30 **Top 14 Rugby Union**
3.30 **United Rugby Championship**
5.30 **to 6.00** AM **World of FreeSports**

Premier Sports 2

420 APP 529

6.00 AM **German Cup** Bayern Munich v VfB Stuttgart in the final.
8.00 **Football's Greatest**
9.00 **LaLiga** Real Madrid v Barcelona.
11.00 **Temples of Sport**
12.00 NOON **Challenge Cup** Montpellier v Ulster in the final.
1.50 PM LIVE **International Rugby Union Barbarians v South Africa.** Coverage of the match from Nelson Mandela Bay Stadium.
4.00 **Temples of Sport** Iconic sporting venues from around the globe.
4.30 **LaLiga** Real Madrid v Barcelona. **6.30** Barcelona v Real Madrid.
8.30 **Bike World** Magazine.
9.00 **International Rugby Union** Barbarians v South Africa.
11.00 **NHL Tonight** Highlights from the previous evening's NHL action.
12.00 M'T **NHL Ice Hockey** Vegas Golden Knights v Carolina Hurricanes in the Stanley Cup Finals.
2.00 **to 6.00** AM **NHL Ice Hockey**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Action from 2020.
10.00 **Ferrari Challenge Europe**
11.00 **British GT Championship**
12.00 NOON **British Kart Championships** Highlights.
1.00 PM **Formula 1** Recent action.
3.00 **Indycar** Action from Illinois.
4.00 LIVE **Indycar** Xpel Grand Prix at Road America second practice.
5.00 **Ted's Notebook**
5.30 LIVE **Indy NXT** The Xpel Grand Prix at Road America first race.
6.30 **Ted's Notebook**
7.00 LIVE **Indycar** The Xpel Grand Prix at Road America qualifying session from Elkhart Lake.
8.30 **British GT Championship**
10.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
11.00 **Indycar** Highlights.
12.30 AM **Indy NXT** From Wisconsin.
1.30 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

21 June

Planner

Later... with Jools Holland

MUSIC BBC2, 10pm

The series ends with a bang, as country music legend and five-time Grammy winner Shania Twain performs. Jools also welcomes Sam Smith, who showcases exclusive new material.

The Agency

THRILLER Paramount+

As the spy drama returns for a second season, Brandon, codename 'Martian' (Michael Fassbender), finds his loyalties divided when it comes to rescuing Samia (Jodie Turner-Smith) from a Sudanese prison.

Syd

DOCUMENTARY

ITV1, 12.35am

Despite the late hour, this documentary is well worth adding to your watchlist. It tells the remarkable story of Gloucestershire fast bowler David 'Syd' Lawrence, who was the first British-born Black player to represent England at Test level.

Family Law

COMEDY DRAMA ITVX

Season one of the Canadian legal drama focusing on lawyer Abigail Bianchi (Jewel Staite, centre) who, after hitting rock bottom, has a chance to resurrect her career – if she can work alongside her estranged father (Victor Garber) at his law firm.

Sunday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Countryfile	8.15 Antiques Roadshow		9.15 Death Valley		10.00 News	10.30 Football: World...
	102 BBC2		7.15 Cricket: Today at the Test	8.15 Expedition with Steve...		9.00 Inside Barlinnie		10.00 Later... with Jools Holland	
	103 ITV1	7.00 Football: World Cup – Live: Belgium v Iran (Kick-off 8.00)							10.35 News
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for Stand...		8.00 Cruising to the Ends of the Earth		9.00 Free Nelson Mandela		10.00 Celebrity Gogglebox	
	105 5	7.00 Dogs Behaving (Very) Badly		8.00 Rich House, Poor House		9.00 Little Disasters		10.00 The Trial of Michael Jackson	
	106 SKY ONE	‹ 6.45 La Brea	7.40 Isle of Wight Festival – Live						
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 OnlyFans: Inside the Machine		10.00 Film: The Idea of You	
	116 BBC4		7.15 The Trains That Time Forgot	8.15 Michael Palin's Hemingway Adventure				10.00 Sondheim at the BBC	
	118 ITV2	‹ 6.55 Film: Coyote Ugly				9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	‹ 6.55 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	7.00 Film: Central Intelligence				9.00 Film: Venom: Let There Be Carnage			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.25 House of the Dragon				9.00 Task			10.15 The Fear Index
	110 U&GOLD	‹ 6.45 Dad's Army		8.05 Red Dwarf			9.20 Dad's Army	10.00 Red Dwarf	
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Special Ops: Crime Squad UK		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.05 Midsomer Murders						10.05 Vera	
	120 ITV4	7.00 Hornblower				9.10 Film: Red Heat			
	112 COMEDY CENTRAL	7.00 Mr Bean				9.00 Film: Snatch			
	145 SKY SCI-FI	7.00 Stargate Atlantis				9.00 The Walking Dead			10.40 Grimm
	143 U&DRAMA	‹ 6.55 Hetty Wainthropp Investigates		8.00 Sister Boniface Mysteries		9.00 Silent Witness			
	109 U&ALIBI	7.00 Allegiance		8.00 Hudson & Rex		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 Isle of Wight Festival – Live							
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Barnwood Builders		10.00 Deadliest Catch	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Edge of Alaska		10.00 Tanked	
	129 NAT GEO	7.00 Hidden Beneath the Cities		8.00 Engineering by Catastrophe		9.00 Egypt's Sun King: Secrets and Treasures		10.00 Lost Tombs of the Pyramids	
	123 SKY HISTORY	7.00 The Abyss: Rise & Fall of the Nazis						10.00 World War II with Tom Hanks	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Some Mothers Do 'Ave 'Em				10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 Film: Man on Wire		8.00 The Alien Autopsy Scandal		9.00 Film: Going Clear: Scientology and the Prison of Belief			

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

4.50 AM **LIVE Football: World Cup** Tunisia v Japan: The Group F match at Monterrey Stadium in Mexico. Kick-off is at 5.00. (S)
7.10 **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Prayer and Reflection** (S)(R)
11.00 **FILM Early Man** Animation. (S) (AD) (2018, PG, 75min) ★★★★
12.15 PM **Songs of Praise** New edition
12.50 **Points of View** New edition (S)
1.05 **BBC News** (S)
1.20 **LIVE Tennis: Queen's** The HSBC Championships singles final. (S)
4.05 **BBC News** (S)
4.20 **Local News** (S)
4.30 **LIVE Football: World Cup** Spain v Saudi Arabia: The Group H match from Atlanta Stadium in the USA. Kick-off is at 5.00. (S)

9.15 Death Valley

6 PM **LIVE Football: World Cup** (started at 4.30pm)

7 PM **7.15** **Countryfile** New edition Matt Baker and Charlotte Smith explore rural Hampshire and meet the people working to find, protect and celebrate the county's lesser-spotted wildlife. (S)

8 PM **8.15** **Antiques Roadshow** Fiona Bruce presents the show from Beaumaris Castle on the island of Anglesey, north Wales, and learns about the history and heritage of the Menai Bridge. (S)(R)

9 PM **9.15** **Death Valley** Series finale 6/6. The funeral of a rugby club groundsman is rocked by the sudden death of the chairperson. (S2) (S)(AD) ■ Entire series on BBC iPlayer

10 PM **10.00** **BBC News** (S)
10.20 **Local News** (S)
10.30 **LIVE Football: World Cup** Uruguay v Cape Verde: Alex Scott presents all the action from both teams' second match in Group H, held at Miami Stadium in the USA. Uruguay bounced back from the disappointment of an early elimination four years ago in Qatar, to some extent, by finishing third in the 2024 Copa America, staged in the United States. With analysis from Ashley Williams and Benni McCarthy. Kick-off is at 11.00. (S)
1.15 AM **Weather for the Week Ahead**
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.00 AM **Breakfast** (S)
7.10 **Countryfile** (S)(R)
8.05 **Capability Brown's Unfinished Garden** Documentary. (S)(R)(AD)
9.05 **Beechgrove Garden** New edition A look at the accessible garden. (S)
9.35 **Landward** New edition (S)
10.05 **Saturday Kitchen Best Bites** New edition With Paloma Faith. (S)
11.35 **Mary Berry: Cook & Share** (S)(R)
12.05 PM **Andi Oliver's Fabulous Feasts** From Merthyr Tydfil. (S)(R)(AD)
1.05 **Nigel Slater's Simple Suppers** (R)
1.15 **Bargain Hunt** (S)(R)(AD)
2.15 **FILM The Password Is Courage** War drama starring Dirk Bogarde. (S) (1962, b/w, U, 110min) ★★★
4.05 **The Wonder of Animals** (S)(R)
4.35 **Flog It!** From Shropshire. (S)(R)
5.15 **Hidden Treasures of the National Trust** (S)(R)(AD)

8.15 Expedition with Steve Backshall

6 PM **6.15** **This Farming Life** The Barclays find their feet with their new business, which involves buying lambs to fatten up for the butcher. Nikki and Ollie find out if their favourite buffalo is pregnant. (S)(R)

7 PM **7.15** **Cricket: Today at the Test** England v New Zealand: Action from the fifth and final day of the second Test in the three-match series, held at the Oval in London. (S)

8 PM **8.15** **Expedition with Steve Backshall** 6/6. Steve takes on four new adventures to remote parts of the planet in search of precious natural wonders. (S)(R)(AD) ■ Entire series on BBC iPlayer

9 PM **9.00** **Inside Barlinnie** Series finale 3/3. Sean returns to Cambuslang, where he tries to manage his ADHD, battles with addiction and faces a court case for armed robbery. (S)(AD) ■ Entire series on BBC iPlayer

10 PM **10.00** **Later... with Jools Holland** Series finale 6/6. Featuring performances by Shania Twain, Sam Smith, Arlo Parks, Angine de Poitrine and Knats. (S)
10.45 **TRNSMT 2026** New edition Highlights of the final day in Glasgow, featuring Lewis Capaldi, Two Door Cinema Club and CMAT. (S)
1.45 AM **Sign Zone: England 2006 – The Golden Generation** Why England did not fulfil their potential at the 2006 World Cup. (S)(R)(AD)
2.45 **Sign Zone: Expedition with Steve Backshall** (S)(R)(AD)
3.30 **Sign Zone: What Happened at Chernobyl** (S)(R)(AD)
4.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **FILM From Russia with Love** James Bond adventure with Sean Connery and Daniela Bianchi. (S) (AD) (1963, PG, 140min) ★★★★
8.20 **Ainsley's Fantastic Flavours** New edition Sesame chicken and a fruity frangipane tart. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** With Omid Djalili. (S)(R)
11.30 **Love Your Garden** (S)(R)(AD)
12.20 PM **ITV News** (S)
12.35 **Dermot's Taste of Ireland** (S)(R)
1.05 **Prue Leith's Cotswold Kitchen** With guest Raymond Blanc. (S)(R)
1.55 **Midsomer Murders** (S)(R)(AD)
3.50 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.20 **FILM Goldfinger** James Bond adventure with Sean Connery. (S) (AD) (1964, PG, 130min) ★★★★★

4.20 Goldfinger

6 PM **6.30** **ITV News** (S)
6.45 **Local News** (S)

7 PM **7.00** **LIVE Football: World Cup** Belgium v Iran: Mark Pougatch presents coverage of the Group G match from Los Angeles Stadium in Inglewood, USA, where the sides face each other for the first time in their history. Some of the Iranian players may be familiar to fans of England and Wales, having been drawn in the same group four years ago in Qatar. They will start as underdogs here against Belgium, whose manager Rudi Garcia is leading them for the first time in a major finals, having taken over the reins at the start of last year. With analysis from Emma Hayes, Patrick Vieira and Roy Keane, and commentary by Joe Speight and Lucy Ward. Kick-off is at 8.00. (S)

10 PM **10.35** **ITV News** (S)
10.50 **The Essex Millionaire Murders** 2/2. Police find and seize a huge stash of prescription drugs from Luke D'Wit's home. (S)(R)(AD)
11.45 **TikTok: Murder Gone Viral** (S)(R)
12.35 AM **NEW Syd** Documentary about cricketer David 'Syd' Lawrence. (S)
1.30 **LIVE Football: World Cup** New Zealand v Egypt: The Group G match at BC Place Vancouver in Canada. Kick-off is at 2.00. (S)
4.35 **Celebrity Lingo** Quiz show. (S)(R)
5.00 **Unwind with ITV** (S)
5.35 **to 6.00** AM **James Martin's American Adventure** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.55 AM **The King of Queens** (S)(R)(AD)
7.10 **Everybody Loves Raymond** (S)(R)
8.00 **Frasier** 20&21/24. (S8) (S)(R)(AD)
9.00 **The Simpsons** (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Bethany Antonia, Matty Matheson, Josh Pugh and Felicity Ward. Plus, music from Jalen Ngonda. (S)
1.00 PM **George Clarke's Amazing Spaces** A man plans to make a crash pad out of the wreck of a private jet. (S)(R)(AD)
1.50 **Four in a Bed** Five editions. (S)(R)
4.25 **NEW TO C4 Billy & Molly: An Otter Love Story** The story of a man who moved to Shetland with his wife for a better life and formed an unlikely friendship with a wild otter, apparently alone in the world. *Previously shown on National Geographic.* (S)(AD)

9.00 Free Nelson Mandela

6 PM **6.00** **Kirstie and Phil's Love It or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer look back at one of their biggest builds. (S)(R)(AD)
6.30 **News** (S)

7 PM **7.00** **The Great Celebrity Bake Off for Stand Up to Cancer** Jodie Whittaker, Paloma Faith, Munya Chawawa and Spencer Matthews have to recreate judges Paul Hollywood and Prue Leith in biscuit form. (S)(R)(AD)

8 PM **8.00** **Cruising to the Ends of the Earth** New edition 7/8. The *Diamond Princess* docks in Kagoshima, and in the wilds of Alaska, the *Discovery Princess* drops anchor in Ketchikan. (S)(AD)

9 PM **9.00** **Free Nelson Mandela** New edition 2/3. Mandela wins over his prison guards, while Margaret Thatcher and US President Ronald Reagan reject calls for sanctions against apartheid South Africa. (S)(AD)

10 PM **10.00** **Celebrity Gogglebox** A cast of famous faces, including Bez and Shaun Ryder, Vernon Kay and Paddy McGuinness, Denise Van Outen and Johnny Vaughan, offer their thoughts on recent TV shows. (S)(R)(AD)
11.00 **Gogglebox** (S)(R)(AD)
12.00 M'T **FILM Three Billboards Outside Ebbing, Missouri** Crime drama. (S) (AD) (2017, 15, 120min) ★★★★★
2.00 AM **Ramsay's Hotel Hell** (S)(R)(AD)
2.50 **Invasion of the Parakeets** (S)(R)
3.45 **Dolly: The World's Most Famous Sheep** Documentary. (S)(R)(AD)
4.45 **Find It, Fix It, Flog It** (S)(R)
4.55 **The Simpsons** (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.05 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
9.30 **Happy Campers: The Caravan Park** Double bill. (S)(R)
11.20 **Cruising the Canary Islands with Susan Calman** (S)(R)
1.10 PM **Inside the Tower of London** Double bill. (S)(R)
3.05 **7 Wonders of the World with Bettany Hughes** The historian heads to Turkey. (S)(R)
4.05 **Heatwave: Summer of '76** Documentary telling the story of the 1976 drought. (S)(R)
5.35 **The 1970s Kitchen: Everything We Loved & Lost** Nostalgic show charting the transformation of the British kitchen over the years. (S)(R)

9.00 Little Disasters

6.55 **News** (S)

7.00 **Dogs Behaving (Very) Badly** Graeme Hall meets retriever Max, who has a nasty habit of stealing excrement from anywhere he can find it, including dog poo bins. (S)(R)

8.00 **Rich House, Poor House** Charity worker Julie and her two daughters swap homes and lives with millionaire consultant Jazz and fiancée Catia for a week. (S)(R)

9.00 **Little Disasters** New episode *Nowhere Safe:* 4/6. The threat of social services splitting up the Carrisfords reaches breaking point. (S1) (S)(AD) ■ Continues tomorrow

10.00 **The Trial of Michael Jackson** Examining the singer's trial that took place in Santa Barbara County in California, gripping the world for four months in 2005. (S)(R)

11.30 **Freddie Mercury: A Secret Daughter?** A look at claims that the Queen frontman fathered a child in the 1970s. (S)(R)
1.00 AM **Teleshopping** (S)(R)
2.30 **Build Your Dream Home in the Country** From Shropshire. (S)
3.20 **Friends** (S10) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **S.W.A.T.** (S5) (S)(R)(AD)
9.00 **The Office (US)** (S)(R)
11.00 **The Simpsons** (S)(R)
12.45 PM **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2. (S)(R)
2.45 **Best Medicine** 3/13. Martin accidentally breaks the arm of a star baseball player. (S1) (S)(R)
3.45 FILM **Grease** Musical starring Olivia Newton-John and John Travolta. An Australian teenager at a California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 120min) ★★★★
5.45 **La Brea** 7/10. When a chaotic superstorm hits the clearing, a structural collapse puts Lucas and Marybeth's lives in danger. (S1) (S)(R)

7.40 Isle of Wight Festival

6.45 **La Brea** *Origins:* 8/10. Eve, Levi and Ty return to the mysterious fort despite their near-death experience there in the hopes they might share their 10,000 BC survival skills. (S1) (S)(R)

7.40 NEW **Isle of Wight Festival** Coverage of singer-songwriter David Gray's Main Stage performance at Seaclose Park, Newport.

8.05 NEW **Isle of Wight Festival** The Kooks warm up the Seaclose Park crowd before the headline act takes to the Main Stage on the final day.

9.00 NEW **Isle of Wight Festival** Main Stage headliners The Cure round off the day – and the weekend – of music at the Isle of Wight Festival.

11.15 NEW **Isle of Wight Festival** Coverage of Shed Seven's Big Top performance in Newport.
11.35 Further festival highlights.
12.05 AM **Evil** 5/10. Sister Andrea's career and sanity are on trial as she battles Leland. (S3) (S)(R)
1.00 FILM **Final Score** Action drama starring Dave Bautista. (S)(AD) (2018, 15, 120min) ★★★
3.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
Sunday Politics (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
6.15pm The Game – The Story of Hurling (S)(R)
7.10-7.15pm The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
9.00-10.00pm Queen James: Passion, Plots and Power in the Court of Britain's First King (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y Fets (AD) **10.00** Gwesty Aduniad **11.00** Garddio a Mwy **11.30** Gerddi Cymru **12.00noon** Y Sioe Fwyd **12.30pm** Cynefin **1.30** Ffermio **2.00** LIVE Dartiau: Chwe Gwlad **6.35** Pobol y Cwm Omnibws New episode (AD) **7.45** Newyddion a'r Tywydd **8.00** Tafwyl 2026 New edition **9.00** Tafwyl 2026 New edition **10.00** Chris a'r Afal Mawr (AD) **11.00-11.35pm** Cymoedd Roy Noble

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Jack tries to get through to Denise. **7.30** The residents rally behind Jack and Denise. **8.00** Penny worries about telling Gina her plans. **8.30** Chelsea receives an unexpected offer.
9.00 **OnlyFans: Inside the Machine** Documentary on the content-sharing website OnlyFans. Reporter Amber Haque uncovers allegations of exploitation, coercion, violence and the potential for modern slavery.
10.00 FILM **The Idea of You** Romantic comedy with Anne Hathaway and Nicholas Galitzine. A 40-year-old single mother begins a secret romance with the 24-year-old singer of a world-famous boy band. (2024, 12, 116min) ★★★★
11.50 **Kidnapped by My Mum**
1.25 AM **We Built a Zoo**
2.25 **Jesy Nelson: Odd One Out** Documentary.
3.25 **PRU** 4/5. (S1)
3.50 **to 4.00** AM **Pobl Bachyn**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Afoot Again in the Past** Salisbury Cathedral, Warkworth Castle and Britain's ballrooms.
7.15 **The Trains That Time Forgot: Britain's Lost Railway Journeys** Andrew Martin revisits the bygone golden age of railways.
8.15 **Michael Palin's Hemingway Adventure** From Key West to Venice. **9.05** The final leg of the journey takes in Cuba and the American West.
9.55 **Five to Eleven** Emma Thompson reads an extract from Shakespeare's *Hamlet*.
10.00 **Sondheim at the BBC** A selection of Stephen Sondheim's finest songs performed on the BBC.
11.30 **Britain's Most Fragile Treasure** Janina Ramirez explores the history of York Minster's Great East Window.
12.30 AM **Michael Palin's Hemingway Adventure**
2.05 **to 3.05** AM **The Trains That Time Forgot: Britain's Lost Railway Journeys**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.45 PM **Come Dine with Me** Pharmacist Shikha hosts the first night in Bournemouth. **4.20** Cafe-bar owner Ed hosts the second night. **4.50** Accountant Ksara hosts the third dinner party. **5.20** Sales manager Andy plans a vegetarian menu. **5.50** Driving instructor Sarah hosts the final night.
6.20 **Four in a Bed** The week begins at the Butterchurn Guesthouse in Otterburn.
6.55 **Four in a Bed** The second visit is to the Hillside Hotel in Dunbar, East Lothian. **7.25** The third visit is to Bella Vista Lodge, Blackpool. **7.55** The final visit is to North Star Sanctum in Fitling, East Yorkshire. **8.25** Payment Day promises to be a fiery affair.
9.00 **The Emergency Ward** Dr Mark Putland examines a quarry worker's mangled arm, and Dr Jonathan Papson carefully removes a screw from a patient's thumb after a DIY mishap.
10.00 **24 Hours in A&E** A rugby player is scanned for spinal damage following a collision during a match.
11.05 **24 Hours in A&E**
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Modern Family**
9.40 **Ramsay's Hotel Hell**
1.40 PM **The Simpsons** Eight episodes, including at: **5.25** *Catch 'Em If You Can:* Marge and Homer go on a second honeymoon.
5.50 **The Great Australian Bake Off** New edition In Back to Basics Week, the remaining 10 bakers make signature scones, a chocolate tart technical, and a showstopping 'piescraper'.
7.00 FILM **Central Intelligence** Action comedy starring Dwayne Johnson and Kevin Hart. A rogue CIA agent turns to an old classmate for help when he is targeted by his own organisation. (2016, 12, 107min) ★★★
9.00 FILM **Venom: Let There Be Carnage** Comic-book fantasy sequel starring Tom Hardy. Eddie Brock attempts to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★★
10.55 **Naked Attraction** A 28-year-old nature lover and a 48-year-old building boss each choose a date.
12.00 M'T **Gogglebox**
2.05 AM **The Goldbergs**
3.20 **Brooklyn Nine-Nine**
4.10 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **A1: Britain's Longest Road**
9.00 **Send in the Dogs**
10.00 **Stop, Search, Seize**
11.00 **Border Patrol**
12.00 NOON **Border Security USA** A girl is found asleep in a stranger's car in Texas.
1.00 PM **Stop, Search, Seize** Documentary following the work of Ireland's border force.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

9.00 Watson

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 **Watson** New episode *The Rule of Three:* 19/20. Lauren's surgeon collapses while performing a caesarean section. (S2)

10 PM

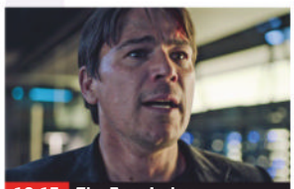
10.00 **The Rookie** *The Bandit:* 18/18. The team members launch a high-stakes search to take down a notorious criminal. (S8)
11.00 **Law & Order: Criminal Intent**
12.00 M'T **FBI** 9/13. (S6)
1.00 AM **The Good Doctor** (S6)
2.00 **Law & Order: Special Victims Unit** New episode 5/21. (S27)
3.00 **Brit Cops: Frontline Crime UK**
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill of editions.
8.30 **The Gilded Age** 7&8/8. (S3)
11.00 **House of the Dragon** (S2)
2.45 PM **House of the Dragon** 4/8. Cole mounts a campaign in the Crownlands. **3.50** 5/8. Daemon attempts to persuade the Brackens to bend the knee. **5.05** 6/8. Rhaenyra summons a knight for a risky venture. **6.25** 7/8. Daemon puts pressure on Oscar Tully to raise up his bannermen. (S2)


10.15 The Fear Index

7.40 **House of the Dragon** *The Queen Who Ever Was:* 8/8. As Aemond becomes more volatile, Larys plots an escape and Rhaenyra looks to press home her advantage. (S2)

9.00 **Task** *Family Statements:* 2/7. Tom buries himself in a case, while Robbie attempts to find a way to turn his newfound surplus into cash. (S1)

10.15 **The Fear Index** 3/4. Alex heads to his therapist, terrified that he may be losing his mind. (S1)
11.05 **Under Salt Marsh** 3/6. (S1)
12.05 AM **Deadwood** 5&6/12. (S2)
2.00 NEW SERIES **House of the Dragon** 1/8. Return of the *Game of Thrones* prequel starring Matt Smith. (S3)
3.15 **Billions** 1/12. (S1)
4.20 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Deal or No Deal**
7.00 **Totally Bonkers Guinness World Records**
7.15 **Dress to Impress**
8.15 **Celebrity Dinner Date**
10.15 **Deal or No Deal**
1.15 PM **Wheel of Fortune**
2.20 **Celebrity Catchphrase**
3.20 FILM **Madagascar** Animation with the voice of Ben Stiller. (2005, U, 86min) ★★★★
5.05 FILM **Ice Age 3: Dawn of the Dinosaurs** Animated sequel with the voice of Denis Leary. (2009, U, 93min) ★★★

6.55 Coyote Ugly

6.55 FILM **Coyote Ugly** Music drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. (2000, 12, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island** New edition Reality show in which singletons compete in the hope of finding love and winning £50,000.

10.00 **Love Island: Aftersun** New edition Companion programme to the dating show, featuring the latest gossip from the villa.
11.05 **Family Guy** 21/21. Peter realises Chris is irresponsible. **11.35** 16/21. Animation. (S2)
12.05 AM **American Dad!** (S2)
1.05 **Plebs** 1/6. (S1)
1.35 **Transaction** 2/6. (S1)
2.00 **Piglets** 4/6. (S1)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **Wycliffe** Double bill.
8.50 **Agatha Christie's Poirot**
12.05 PM **Agatha Christie's Marple**
2.05 **Endeavour** *Scherzo:* A taxi driver is found dead in his cab on the outskirts of Oxford.
4.05 **Midsomer Murders** *Judgement Day:* A petty thief is murdered during a perfect village competition. **6.05** *Beyond the Grave:* A village is rocked by a series of ghostly occurrences – including a murder.

8.05 Midsomer Murders

Midsomer Murders (started at 6.05pm)

8.05 **Midsomer Murders** *Talking to the Dead:* Barnaby and Jones race to find a connection between a stolen antiques racket and two couples who disappeared in a village rumoured to have haunted woods. Guest stars Anton Lesser.

10.05 **Vera** *A Certain Samaritan:* The ugly truth about a murder victim's past begins to emerge when the body of a drug dealer washes up on a beach.
11.55 **The Lady** 1/4. Jane Andrews secures a job as a royal aide. **12.55** AM 2/4. Jane's composure fractures and puts her position at risk. (S1)
1.55 **George and Mildred**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **The Big Match Revisited**
8.00 **World Superbike Highlights**
9.00 **Ninja Warrior UK**
10.00 **Cadfael**
11.35 **The Adventures of Sherlock Holmes** Mystery drama.
12.45 PM **Ice Road Truckers**
2.45 **The Motorbike Show**
4.45 **Hornblower** *The Examination for Lieutenant:* Promoted to Acting Lieutenant, Hornblower is soon forced to question his readiness for command.

9.10 Red Heat

7.00 **Hornblower** *The Duchess and the Devil:* 3/8. The seafaring hero hijacks a French vessel, but the journey proves fraught with danger thanks to the presence of the Duchess of Wharfedale. (S1)

9.10 FILM **Red Heat** Action thriller starring Arnold Schwarzenegger and James Belushi. A tough Soviet policeman and a wisecracking Chicago cop team up to track down a ruthless drug dealer. (1988, 18, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Snatch** 9/10. Charlie returns with news of Jones and Dwyer's plans to sell the gold. **12.10** AM 10/10. Albert and Hate 'Em pursue the van. (S1)
1.00 **Minder**
2.00 **to 3.00** AM **Two and a Half Men**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

11.00 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Gold Town** 3/3. The pandemic hits the UK and all mining stops as the nation goes into lockdown, and while local businesses take a terrible hit, the price of gold increases.
8.15 **The Repair Shop on the Road** The team help commemorate the victims of the Lockerbie bombing, automata expert Michael tackles a clockwork train, and Kirsten Ramsay gets hands-on with medieval slipware pottery.
9.00 PM **to 12.00** M'T NEW **TRNSMT 2026** Shereen Cutkelvin presents highlights of the final day, featuring Lewis Capaldi, CMAT, Skye Newman, Jacob Alon, Amy MacDonald, Perrie and Caity Baiser.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
10.30 **Avenue 5** 2-6/8. (S2)
1.30 PM **Community** (S3)
4.00 **Will & Grace** (S11)
6.30 **The Office (US)** 1/6. Pilot episode of the comedy starring Steve Carell. **7.00** 2/6. A consultant visits the company to run a seminar on racial sensitivity. **7.30** 3/6. Dwight reorganises the company's health plan. **8.00** 4/6. Michael arranges a birthday party for Meredith. **8.30** 5/6. Michael decides to arrange a basketball match. (S1)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
10.00 **Alex Edelman: Just for Us** The stand-up takes to Broadway for his comedy special.
11.35 **Maisie Adam: Appraisal**
12.50 AM **Avenue 5** (S2)
3.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Len Phillips Swing Orchestra's 100 Years of Big Bands**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Hitchcock Presents**
3.00 **The Music of Buddy Holly and the Crickets**
5.00 **Paul Simon: Live at Webster Hall, New York**
7.00 LIVE **Isle of Wight Festival** The Last Dinner Party take to the stage. **7.40** With David Gray. **8.05** With The Kooks. **9.00** The Cure perform. **11.15** Shed Seven's Big Top performance. **11.35** Further highlights.
12.05 AM **Discovering**
1.00 **Opry Live** With Jelly Roll.
2.00 **Dolly Parton: America Reunited**
3.15 **Iconic Women of Country** Documentary.
4.30 **Discovering**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
7.00 **Nothing to Declare**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM FILM **The Heiress and the Handyman** Romantic comedy. (2024, PG, 84min) ★★
4.00 **Ocean Parks**
5.00 **Super Shark Highway**
6.00 **Secrets of the Enchanted Waters**
7.00 LIVE **Isle of Wight Festival** The Last Dinner Party take to the stage. **7.40** David Gray takes to the Main Stage. **8.05** With The Kooks. **9.00** The Cure perform. **11.15** Shed Seven's Big Top performance. **11.35** Further highlights from the music festival.
12.05 AM **Caught on Dashcam**
1.00 **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Celebrity Catchphrase**
2.00 **Tenable** Quiz show.
3.00 **The Chase Celebrity Special** With Raj Bisram, Danielle Harold, John Conteh and Roger Black.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Celebrity Catchphrase** Aisling Bea, Chris Packham and Kate Lawler take part.
9.00 **The Chase Celebrity Special** With Christine Ohuruogu, Max George, Maisie Smith and Owain Wyn-Evans.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** As 4.00pm.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** In Berkshire.
3.00 **Kirstie and Phil's Love It or List It**
4.00 **A Place in the Sun**
6.50 FILM **Fisherman's Friends: One and All** Comedy drama sequel starring James Purefoy. (2022, 12, 112min) ★★★
9.00 **Celebrity Gogglebox** A cast of famous faces offer their thoughts on recent TV shows.
10.00 FILM **Military Wives** Comedy drama starring Kristin Scott Thomas and Sharon Horgan. (2019, 12, 112min) ★★★★
12.15 AM **24 Hours in Police Custody** Documentary.
1.20 **Night Coppers**
2.25 FILM **The Invitation** Horror thriller starring Nathalie Emmanuel. (2022, 15, 105min) ★★★
4.25 **to 5.05** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Five episodes of the series, including at: **3.00** PM 12/22. Part two of two. Thor asks for help. (S6)
4.00 **Stargate Atlantis** 9/20. The crew find an ancient race of people frozen in suspended animation. **5.00** 10/20. Part one of two. Ford asks for the crew's help in fighting against the Wraith. **6.00** 11/20. Part two of two. The Wraith hold the team hostage on a hive ship. (S2)

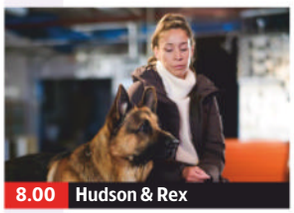
11.30 Westworld

7.00 **Stargate Atlantis** *Epiphany:* 12/20. Sheppard finds himself trapped in a mysterious portal where time is distorted.
8.00 **Stargate Atlantis** *Critical Mass:* 13/20. The team race against time to foil a Goa'uld plan to destroy Atlantis. (S2)
9.00 **The Walking Dead** *What Happened and What's Going On:* 9/16. Rick takes Noah to his home. **9.50** *Them:* 10/16. Rick and his group continue to struggle with life on the road. (S5)
10.40 **Grimm** *Tribunal:* 10/22. The Wesenrein plot to execute Monroe. (S4)
11.30 **Westworld** 4/8. Bernard and the resistance search for a weapon in the desert. **12.30** AM 5/8. Christina begins to question her reality. **1.40** 6/8. Caleb uncovers a disturbing truth. (S4)
2.50 **Westworld** 7&8/8. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S15)
10.00 **Death in Paradise** (S4)
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 5/10. Frank is delighted when the manager of Avon FC hires the duo to help find a saboteur. **5.00** 6/10. Stratford's local vigilante accidentally ruins a surveillance operation. (S5)
6.00 **Death in Paradise** 1/8. The owner of a rum distillery is killed during a seance. (S4)


8.00 Hudson & Rex

7.00 **Allegiance** *The House Always Wins:* 3/10. A robbery leads Sabrina into the predatory world of online gambling. (S2)
8.00 **Hudson & Rex** New episode *Criminal Rex:* 7/8. Sarah and Rex are kidnapped by a criminal mastermind. (S8)
9.00 **Death in Paradise** *Hidden Secrets:* 2/8. A surf-school owner is shot dead in his workshop. With Will Mellor. (S4)
10.00 **Father Brown** *The Eve of St John:* A group of pagans are suspected of killing one of their own.
11.00 **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Murdoch Mysteries** 1/24. Murdoch fears for the lives of Anna Fulford and her son as they're pursued by the Black Hand crime syndicate. (S15)
2.00 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Hi-de-Hi!**
7.45 **Dad** Back-to-back episodes.
3.25 PM **Dad's Army** Captain Mainwaring has too much to drink during a weekend course with Captain Square. **4.10** The king's train passes through Walmington-on-Sea. **4.50** As shown at 7.25pm. **5.30** Sergeant Wilson is appointed manager of the Eastgate branch of the bank. **6.10** A German pilot is trapped on top of the town clock by his parachute. **6.45** As shown at 9.20pm.

3.25 Dad's Army

7.25 **Dad's Army** Mainwaring seizes the chance to contribute to the war by guarding a captured German U-boat crew.
8.05 **Red Dwarf** The crew members encounter their evil 'doppelgängers'. **8.40** The crew discover that their time on *Red Dwarf* was only a game.
9.20 **Dad's Army** Mainwaring and Wilson recruit women into the platoon. With Carmen Silvera.
10.00 **Red Dwarf** Telepathic predators attack the crew. **10.35** A composite life-form menaces the crew members.
11.15 **Harry Enfield and Chums** Featuring the Scousers and Kevin the Teenager.
11.55 **Bottom 2001: A*** Oddity Live** Stage show.
1.55 AM **Harry Enfield and Chums**
2.35 **The Power of Parker**
3.10 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **Motorhoming with Merton & Webster** Brecon Beacons.
12.00 NOON **Simon Reeve's South America** Simon visits Peru.
1.00 PM **Mortimer & Whitehouse: Gone Christmas Fishing**
2.20 **Mortimer & Whitehouse: Gone Fishing** Four editions.
5.00 **Expedition with Steve Backshall** A visit to Oman.
6.00 **Simon Reeve's South America** Bolivia' salt flats.

7.00 Border Force

7.00 **Border Force: America's Gatekeepers** New edition A young boxer is detained over an outstanding warrant for evading arrest.
8.00 **Special Ops: Crime Squad UK** Police track a violent gang who have stolen millions of pounds worth of jewellery.
9.00 **Have I Got a Bit More News for You** Alex Horne hosts the satirical quiz, with guests Carol Vorderman and Jack Dee.
10.00 **QI** With guest panellists Julian Clary, Jo Brand and Dara O Briain.
10.40 **Mock the Week** With Rhys James and Ahir Shah.
11.20 **Mock the Week** With Angela Barnes and Laura Lexx.
12.00 M'T **Live at the Apollo** Emmanuel Sonubi introduces stand-up routines by Troy Hawke and Olga Koch.
1.00 AM **QI XL** With Ross Noble.
2.00 **to 4.00** AM **Mike**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **The Bill**
11.55 **Call the Midwife**
2.35 PM **Catherine Cookson's Colour Blind** Period drama starring Niamh Cusack and Tony Armatrading. A girl returns to her Tyneside home newly married to her black husband, and encounters bigotry from all sides.
5.45 **Home Fires** 5/6. Frances takes in an evacuee, Erica faces the consequences of her actions, and Miriam writes to soldiers on the frontline. (S1)

5.45 Home Fires

7 PM
6.55 **Hetty Wainthropp Investigates** *Safe as Houses:* 6/6. Hetty looks for the person behind a spate of arson attacks. (S1)

8 PM
8.00 **Sister Boniface Mysteries** *The Book of Shadows:* 4/12. A human sacrifice is discovered in the local woods. (S2)

9 PM
9.00 **Silent Witness** *Family:* Nikki, Jack, Thomas and Clarissa are just settling down for their respective Christmas Day celebrations when they are called in to investigate a shooting spree at an enormous property.

10 PM
11.05 **New Tricks** *Bermondsey Boy:* Gerry investigates the murder of an old friend's grandson.
12.25 AM **Call the Midwife** 6/8. May's adoption by the Turners comes under threat. (S9)
1.50 **The Boy That Never Was**
3.00 **to 4.00** AM **Home Fires**

+1 hour 243 316 60 260

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Triple bill.
10.15 **Blue Bloods** (S10)
2.05 PM **Columbo** *Murder by the Book:* A novelist kills his former partner. **3.40** *Old Fashioned Murder:* The owner of a family-run museum has her brother killed. **5.10** *Try and Catch Me:* The sleuth looks for clues to prove the guilt of a crime writer who committed murder. **6.40** *The Most Dangerous Match:* A chess champion fears he will be beaten and murders his opponent. **8.10** *No Time to Die:* A newlywed cop is baffled by his wife's disappearance from their honeymoon suite.
10.00 **Law & Order: Special Victims Unit** (S11)
1.50 AM **Bull** 5&6/20. (S4)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S6)
10.00 **Car Pound Cops**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** The unit assist with an emergency landing. **8.00** Kev Salter and Ian Squire hunt for a man with a machete.
9.00 **The Surgeon** Following consultant heart surgeon Inder Birdi.
10.00 **Ambulance: Code Red** A 42-year-old has broken his leg from a fall at the sorting office. **11.00** A 61-year-old is injured in a crash.
12.00 M'T **A&E After Dark**
1.00 AM **#Text Me When You Get Home** New edition The 2013 abduction of Hannah Anderson.
1.55 **Skin A&E**
2.45 **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
11.00 **Outback Truckers**
1.00 PM **Outback Truckers**
3.55 FILM **True Grit** Oscar-winning Western with John Wayne and Glen Campbell. (1969, PG, 128min) ★★★★★
6.35 FILM **Rio Lobo** Western adventure starring John Wayne. A Union colonel vows to discover the traitor responsible for the death of his best friend. (1970, PG, 110min) ★★★
9.00 **Strangeways Riot: 25 Days of Mayhem** Documentary re-telling the story of the UK's worst prison riot.
11.00 **Seconds from Death: Caught on Camera**
2.00 **Car Crime: Caught on Camera** Witnessing a car crime bonanza.
3.00 **Criminals: Caught on Camera** Documentary.
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.20 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet**
6.00 **Inside the Ambulance** Crews attend a cycling accident and a man who may be having a stroke. **7.00** Paramedics deal with a reported stabbing and help a man who was run over by his own car.
8.00 **Inside the Operating Theatre** The team tackle an operation where a patient's heart is stopped and restarted. **9.00** A woman has an investigation of her womb to find out if she has cancer.
10.00 **The Catherine Tate Show** Triple bill.
11.55 **Stacey Dooley Sleeps Over USA**
12.55 AM **Preaching Evil: A Wife on the Run with Warren Jeffs**
1.55 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Man and Beast with Martin Clunes**
7.10 **Secrets of the Transport Museum**
8.00 **Great American Railroad Journeys**
11.00 **Canal Boat Diaries**
2.00 PM **Tropic of Cancer with Simon Reeve**
6.00 **Canal Boat Diaries**
8.00 **Some Mothers Do 'Ave 'Em** Frank plans a clifftop picnic. **8.35** Frank attends an RAF reunion. **9.20** Frank attends a course in public relations.
10.00 **Bangers & Cash** Dave is 'lost in France' en route to picking up a rare Honda NSX. **11.00** Dave collects a Ghia Cortina and Mark 1 Capri in Nottinghamshire. **12.00** M'T Derek visits Colchester to pick up a 1960 Aston Martin DB4.
1.00 **to 3.00** AM **Classic Car Garage**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Northumbria.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** The team follow a woman on a quest to find her sisters, and a woman living with the decision to give up her son for adoption.
10.00 **Rich House, Poor House** Property developers swap homes with a family who survive on just over £75 a week.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

SUNDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **A Fine Romance**
8.40 **The Waltons** (S1)
1.40 PM **The Waltons** (S2)
6.50 FILM **Big** Comedy starring Tom Hanks and Elizabeth Perkins. Smitten with the school beauty, a 12-year-old boy asks a carnival wishing machine to change him into a grown-up. After a stormy night, he awakes to find himself transformed into a 30-year-old man. (1988, PG, 102min) ★★★★★
9.00 **Ruth Rendell Mysteries** *Harm Done:* A child goes missing shortly after a convicted sex offender moves onto a local estate. Stars George Baker.
11.05 **M*A*S*H** 12-15/24. (S3)
1.05 AM **Robin's Nest**
2.05 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM **Wanted: Dead or Alive** Triple bill.
10.40 FILM **Lone Rider** Western adventure. (2008, PG, 80min) ★★
12.30 PM FILM **Night People** Cold War thriller. (1954, PG, 93min) ★★★
2.30 FILM **The Vikings** Adventure. (1958, PG, 116min) ★★★★
5.05 FILM **The Expatriate** Action thriller starring Aaron Eckhart. (2012, 15, 100min) ★★
7.20 FILM **The Coldest Game** Thriller with Bill Pullman. (2019, 15, 102min) ★★
9.30 FILM **Judge Dredd** Sci-fi action thriller with Sylvester Stallone. (1995, 15, 95min) ★★
11.35 FILM **American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
1.35 AM **Dragon Ball Super**
2.45 **Coast Guard Alaska**
5.00 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 FILM **Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
11.00 **Murder, She Wrote** Ten episodes of the drama.
9.00 PM **Hailey Dean Mysteries** *Death on Duty:* Psychologist Hailey Dean aids her friend Detective Garland Fincher in investigating the murder of his former Marine buddy.
10.55 FILM **Aurora Teagarden Mysteries: Til Death Do Us Part** Drama starring Candace Cameron Bure. (2021, PG, 85min) ★★
12.50 AM FILM **Cry for Justice** Fact-based drama starring Francine Locke. (2013, 12, 107min) ★★
2.30 FILM **Instakiller** Thriller starring Kelly Sullivan. (2018, 12, 90min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.00 AM FILM **Christmas on 5th Avenue** Drama. (2021, PG, 90min) ★★
10.00 FILM **Christmas with a View** (2018, PG) ★★
12.00 NOON FILM **Christmas Coincidence** Drama. (2018, PG, 85min) ★★
1.55 PM FILM **Christmas at the Greenbrier** Comedy. (2022, PG, 89min) ★★
3.50 FILM **Christmas at Holly Lodge** (2017, U) ★★
5.45 FILM **The Christmas Getaway** Drama. (2017, PG, 90min) ★★
7.40 FILM **Christmas at the Plaza** Romantic comedy. (2019, U, 84min) ★★
9.35 FILM **Christmas Wishes and Mistletoe Kisses** Comedy. (2019, U) ★
11.35 FILM **Merry Kiss Cam** Comedy. (2022, U) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas at the Greenbrier** As 1.55pm.

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **Lake District Rescue** Triple bill.
4.00 **Sherlock Holmes and the Leading Lady**
8.00 **Garden Rescue** Charlie Dimmock and Chris Hull set out to design a cat-friendly garden. **9.00** Charlie Dimmock revisits a formal garden she designed and built five years ago.
10.00 FILM **Sex and the Other Woman** Comedy starring Bartlett Mullins and Maggie Wright. (1972, 18, 105min) ★★
11.45 FILM **Sex Clinic** Drama starring Georgina Ward and Alexander Davion. (1972, 18, 91min) ★★
1.30 AM FILM **Triple Cross** Spy thriller starring Christopher Plummer and Romy Schneider. (1966, PG, 126min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
7.30 **Agony** 6&7/7. (S2)
8.30 **The Top Secret Life...**
9.00 **Doctor at Large**
10.00 **Bubblegum & Cheese**
11.00 **Two's Company**
12.30 PM **Mother's Ruin**
1.00 **The Fenn Street Gang**
2.30 **Frederick Forsyth Presents** Spy thriller.
4.30 **The Top Secret Life of Edgar Briggs**
5.00 **Agony** 6&7/7. (S2)
6.00 **Mother's Ruin**
6.30 **Doctor at Large** (S1)
7.30 **Only When I Laugh**
9.00 **The Scarlet and the Black** War drama.
10.35 FILM **Mary Millington: Confessions from the David Galaxy Affair** Comedy. (1979, 18) ★★
12.35 AM FILM **Confessions of a Sex Maniac** (1974) ★★
2.10 **Stereo Underground**
3.10 FILM **Where There's a Will** (1936, b/w, U) ★★★
4.05 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
2.00 PM **Kindig Customs**
5.00 **Wheeler Dealers**
7.00 **Expedition Bigfoot** The team return to the Olympic Peninsula with a plan to lure out Bigfoot. **8.00** Russell tracks a massive creature to a box river canyon.
9.00 **UFO Witness** A startling new report claims a prominent astrophysicist worked on an aircraft reverse-engineered from the parts of downed UFOs. **10.00** The small town of Dulce, New Mexico, may harbour an underground alien base, so Ben Hansen heads there to investigate.
11.00 **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
1.00 PM **James Martin's Islands to Highlands**
3.00 **The Great British Bake Off** Noel Fielding and Matt Lucas present Bread Week from 2020. **4.30** The competition starts to heat up during Chocolate Week. **6.00** Noel and Matt present Pastry Week. **7.30** Noel and Matt host Japanese Week.
9.00 **James Martin's Spanish Adventure** A visit to Santiago de Compostela.
10.00 **Man v Food** Adam Richman visits Florida. **10.30** In Las Vegas, Adam is challenged to consume a giant burrito.
11.00 **James Martin's Great British Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Babylon 5** (S1)
12.00 NOON FILM **The Land That Time Forgot** Sci-fi action fantasy. (2009, 12, 90min) ★★
2.00 PM FILM **Mackenna's Gold** Adventure. (1968, 15, 136min) ★★★
4.30 FILM **Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
6.05 FILM **Shoot Out** Western with Gregory Peck and Pat Quinn. (1971, PG, 94min) ★★
8.00 **The Twilight Zone** (S2)
9.00 FILM **Metro** Thriller starring Eddie Murphy. (1997, 18, 117min) ★★★
11.25 FILM **Law Abiding Citizen** Crime thriller. (2009, 18, 109min) ★★
1.35 AM FILM **Death Wish** Vigilante action drama. (1974, 18, 89min) ★★★
3.20 **to 5.00** AM FILM **Reasonable Doubt** Crime thriller. (2013, 15, 91min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The A-Team** 7-11/14. (S1)
3.00 PM FILM **Island of Terror** Sci-fi horror with Peter Cushing. (1966, PG, 90min) ★★★
5.00 FILM **Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
7.00 FILM **Shark** Thriller starring Burt Reynolds. (1969, 15, 88min) ★★
9.00 FILM **Big Kill** Western starring Jason Patric. (2019, 15, 126min) ★★
11.35 FILM **The Replacement Killers** Action thriller starring Chow Yun-Fat. (1998, 18, 86min) ★★
1.25 AM FILM **Paydirt** Crime thriller with Val Kilmer. (2020, 15, 86min) ★
3.10 FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster movie. (2014, PG, 90min) ★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Junk & Disorderly**
6.00 PM **Junk & Disorderly** Enthusiasts scour the country for automotive junk and collectibles.
7.00 **History's Greatest Mysteries** The mystery of the Loch Ness Monster. **8.00** The Zodiac Killer.
9.00 **Hazardous History with Henry Winkler** A look at the risky professions that people endured for a living.
10.00 **Medieval Murder Mysteries** Exploring the case of the princes in the Tower of London.
11.00 **What on Earth?** A desert ghost town of untold riches and unspeakable horrors. **12.00** M'T Exploring Ragnarok and the chambers of horror.
1.00 AM **Strange Evidence**
3.00 **Discovered by Disaster**
4.00 **to 6.00** AM **Walking Through History**

5SELECT

153 166 138 46 133 30

9.00 AM **Drain the Oceans**
12.00 NOON **Michael Palin: Into Iraq** Triple bill..
3.00 PM **The Good Ship Murder** 5&6/7. (S2)
5.00 **The Madame Blanc Mysteries** 6/7. Jean hunts for a killer when Jeremy's friend is found dead. **6.00** 7/7. Raffy Ozanne is found lying dead in his own shop. (S2)
7.00 **Stonehenge: Secrets of the New Stone** A look at the mystery of Stonehenge's altar stone.
8.15 **Sally Lindsay: In My Own Words** The actor takes a look back over her career.
9.30 **Morecambe & Wise: The Unseen Tapes** Rare footage of the duo.
11.00 **Taggart** 1/3. (S13)
1.45 AM **Spain with Michael Portillo** From Andalucía.
2.45 **Nazi Megastructures**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With guests Melvin Odoom, Carl Fogarty, Louis Smith and Bonnie Langford. **6.00** Sally Lindsay, Jenny Frost, Shaun Williamson and Barry McGuigan take part.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
8.00 PM **Georgie and Mandy's First Marriage** Series finale *A New Beau:* 22/22. Georgie and Mandy decide to take matters into their own hands when Mary starts warming up to Fagenbacher. (S2)
8.30 **The Big Bang Theory** 14/24. Leonard and Penny continue testing their rekindled relationship. (S5)
9.00 **Mock the Week: Summer Specials** New edition 3/5. Dara O Briain hosts the topical comedy show.
10.00 **Mock the Week: Summer Specials**
12.00 M'T **Zero Stars**
1.00 AM **Young Sheldon**
3.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** Sitcom.
3.00 PM FILM **Matilda** Roald Dahl's fantasy starring Danny DeVito. (1996, PG, 98min) ★★★★
5.00 **Friends** 5-8/24. (S9)
7.00 **Mr Bean** 1-4/14. (S1)
9.00 FILM **Snatch** Guy Ritchie's crime comedy starring Jason Statham. A group of crooks plan to steal a diamond from a mobster. (2000, 18, 102min) ★★★★
11.05 **8 Out of 10 Cats Uncut**
12.45 AM **Whose Line Is It Anyway? USA**
1.15 **Russell Howard: Live at the London Palladium**
2.15 **Michael McIntyre: Showtime** Stand-up.
3.10 **Utopia** 4/8. (S5)
3.40 **Teachers** 16/20. (S3)
4.05 **Fat Chat with Desiree Burch** With Helen Bauer.
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
7.00 **Teleshopping**
9.00 **Utopia** 3-6/8. (S1)
11.00 **Criminally Funny**
3.00 PM **Friends** 3-6/24. (S9)
5.00 **Criminally Funny**
9.00 **Friends** 9/24. Rachel is offered a promotion. **9.30** 11/24. Phoebe's half-brother makes an announcement. **10.00** 15/24. One of Chandler's old flames turns up out of the blue. **10.30** 18/24. Rachel's date ends in disaster. **11.00** 20/24. Chandler reaches the end of his tether over Joey's snoring. **11.30** 21/24. Ross and Rachel reminisce. (S4)
12.00 M'T **Friends** (S4&1)
2.00 AM **New Girl** (S2&3)
3.00 **The Daily Show**
4.50 **Mike Judge's Beavis and Butt-Head** (S2)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Kenny Everett Video Cassette** (S4)
8.35 **Man About the House**
12.10 PM **Going Straight** (S1)
2.05 **On the Buses** (S2)
5.10 **Steptoe and Son**
7.55 **Minder** 6/6. Arthur decides that he wants to retire. (S7)
9.00 **Benidorm** 3/6. Kelly announces her engagement to Mateo. **9.25** 4/6. Madge ends up giving the wrong impression to Donald and Jacqueline. (S1)
9.55 **Shameless** 1/11. (S2)
10.50 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 3&4/6. (S1)
12.50 AM **Minder** 7/11. (S1)
1.55 **Duty Free** 5/7. (S1)
2.20 **Man About the House**
2.45 **The Kenny Everett Video Show** (S2)
3.10 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom UK: Next Generation** Triple bill.
10.00 **Catfish: Love Triangles**
11.00 **Catfish: The TV Show**
1.00 PM **Judge Judy**
6.00 **Beauty and the Geek Australia** The beauties and geeks get paired up at a 1980s prom night. **7.30** One lucky geek receives a makeover. **9.00** The geeks begin to wonder who will get their first kiss.
10.30 **Tattoo Fixers** The pop-up parlour gets a visit from drag queen Devon.
11.30 **Bar Rescue** Jon Taffer sends Dustin Drai to help a bar owner in Michigan. **12.30** AM Jon travels to Illinois to rescue a bar.
1.30 **Ink Master**
2.30 **Jersey Shore Family Vacation** Reality series.
3.15 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Building Off the Grid**
2.00 PM **Alaska: Homestead Rescue** A homesteader is attracting bears with bee hives. **3.00** The Raneys head off to answer an SOS call from an off-grid couple. **4.00** The Raneys restore a failed homestead in Ohio. **5.00** The Raneys help a Missouri family who have just survived a tornado. **6.00** The Raneys help homesteaders living at the bottom of a 100ft cliff.

7.00 Alaska Homestead Rescue

7.00 Alaska: Homestead Rescue New edition Marty returns to Missouri to save the Oglesbys' crumbling cabin. But when issues in their son's home are revealed, he must rescue both cabins.

9.00 Barnwood Builders The team sit down with special guests to talk about their favourite jobs and look back at comical outtakes.

10.00 Deadliest Catch A dream leads John to a hotspot, and Keith races to save the *Wizard* as seawater breaches the engine room.

11.00 Supercar Showroom Dean and Trudie look to expand the business into hypercars.
12.00 M'T **Kindig Customs** A 1941 Chevy is brought into the shop for a quick trunk lid fix.
1.00 AM **Kindig Customs**
3.00 to 5.00 AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Crikey! It's the Irwins
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 My Cat from Hell
5.00 Treehouse Masters A family wanting to expand their home call Pete Nelson for help.
6.00 Meet the Penguins The odds are stacked against an undersized, abandoned chick. **6.30** A large-scale leopard attack near Cape Town leaves 33 penguins dead.

8.30 Little Giants

7.00 How Do Animals Do That? Facts about eagles, squirrels and insects. **7.30** Why pandas are black and white.

8.00 Little Giants A search for the ferocious mouse lemur of Madagascar. **8.30** A hunt for the flying dragon of Thailand.

9.00 Edge of Alaska Neil's project is over budget, so his partner moves to push him out of his oldest business.

10.00 Tanked Former Guns N' Roses guitarist DJ Ashba asks Brett and Wayde to build him a creepy skull-themed aquarium.

11.00 Tanked Comedian Bill Engvall requests a Zen-like fish tank.
12.00 M'T **Fish or Die**
1.00 AM **Sharkwrecked: Crash Landing** Documentary.
2.00 The Haunted
3.00 Treetop Cat Rescue
4.00 to 5.00 AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
10.00 Aircrash: Disasters Uncovered
11.00 Air Crash Investigation
12.00 NOON **Ancient Structures: Secrets Revealed**
1.00 PM **Strangest Things**
2.00 Draining the Bermuda Triangle Documentary.
3.00 Area 51: I Was There
4.00 Area 51: The CIA's Secret Files
5.00 Air Crash Investigation The crash of a German plane flying over the French Alps. **6.00** A 2005 landing at sea that led to criminal charges.

7.00 Hidden Beneath the Cities

7.00 Hidden Beneath the Cities New edition Exploring the desperate letters of Jewish rebels hidden in an Israeli cave.

8.00 Engineering by Catastrophe New edition The lessons learned from nuclear disasters including Chernobyl and Fukushima.

9.00 Egypt's Sun King: Secrets and Treasures Experts explore the first newly discovered burial place since Tutankhamun.

10.00 Lost Tombs of the Pyramids In the shadow of the pyramids, an elite team of archaeologists embark on an excavation.

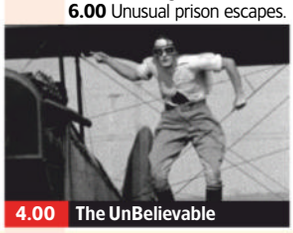
11.00 Witches: Truth Behind the Trials The lives of two witch-hunters operating during England's Civil War.
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **Car S.O.S** Fuzz and Tim fix up an iconic 1989 VW Golf. **2.00** Restoring a Lexus IS200.
3.00 to 5.00 AM **Megafactories**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **What on Earth?**
9.00 Storage Wars Double bill.
11.00 Storage Hunters
1.00 PM **Pawn Stars** Triple bill of the series, including at: **3.00** Rick swings for the fences on some Major League Baseball memorabilia.
4.00 The UnBelievable with Dan Aykroyd History's most unbelievable, strange and unexpected spectacles. **5.00** The world's most unusual and fascinating customs. **6.00** Unusual prison escapes.



4.00 The UnBelievable

7.00 The Abyss: Rise & Fall of the Nazis Operation Reinhardt, in which the Nazis killed two million people over two months.

8.00 The Abyss: Rise & Fall of the Nazis The Nazis' 1943 defeat at Stalingrad, which was the turning point of World War Two.

9.00 The Abyss: Rise & Fall of the Nazis In 1945, it was unclear whether the Germans had broken with the Nazis.

10.00 World War II with Tom Hanks Operation Torch, the first joint US-British offensive of the war. **10.55** A group of brilliant academics work to crack Germany's Enigma Code.

11.50 Mysteries Unearthed with Danny Trejo The world's most significant discoveries.
12.45 AM **The UnBelievable with Dan Aykroyd** Truly outrageous experiments. **1.45** Extraordinary journeys.
2.40 Pawn Stars Double bill.
4.30 to 6.00 AM **Storage Hunters**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Ben Kingsley**
7.00 Discovering: Helen Mirren
8.00 The Directors
9.00 FILM Busby A profile of former Manchester United manager Matt Busby. (2019, PG, 102min) ★★★
11.00 Schmeichel
1.00 PM **The United Way**
2.50 Brazilians in the Premier League Documentary.
4.00 Lancaster Documentary.
6.00 FILM Man on Wire Oscar-winning documentary. (2007, 12, 93min) ★★★★

6.00 Man on Wire

7 PM **FILM Man on Wire** (film started at 6.00pm) SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM **8.00 The Alien Autopsy Scandal** 2/3. The film is released across the globe to enormous fanfare.

9 PM **9.00 FILM Going Clear: Scientology and the Prison of Belief** Documentary exploring the history of the controversial religious movement, and profiling eight former members, who offer their perspective on the Church's actions past and present. (2015, 15, 120min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.20 FILM Amy** Documentary portrait of Amy Winehouse. (2015, 15, 128min) ★★★★
1.50 AM **Trees and Other Entanglements** The intertwined lives of people and the trees they love.
4.00 to 6.00 AM **Everton: Howard's Way**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Combat Dealers**
8.00 Money for Nothing
9.00 Celebrity Yorkshire Auction House
11.00 The Yorkshire Auction House Double bill.
1.00 PM **The Repair Shop**
5.00 The Yorkshire Auction House Double bill.
7.00 Angus Ashworth: Yorkshire Heritage Hero Angus helps with a major renovation project beneath the historic Carlton Towers.
8.00 The Repair Shop A rare bicycle sidecar and a drum are restored. **9.00** The experts restore a battered Victorian diablo.
10.00 The Repair Shop
1.00 AM **Ant Anstead: Born Mechanic** Double bill.
3.00 Wheeler Dealers World Tour
4.00 to 5.00 AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 Say Yes to the Dress: Lancashire Double bill.
10.00 Forensic Detectives
11.00 The Killer in My Family
12.00 NOON **FBI Files**
3.00 PM **Nurses Who Kill**
7.00 Nurses Who Kill A nurse who started a fire in a care home. **8.00** Investigating the case of care home worker Karen Pedley.
9.00 A Killer's Mistake The story of murderer Malcolm Webster.
10.00 The Killer in My Family Relatives of Steve Wright, the so-called Suffolk Strangler, speak out.
11.00 Lethally Blonde
12.00 M'T **Faking It: Tears of a Crime** Russell Bishop.
1.00 AM **Forensic Detectives**
2.00 to 4.00 AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 UK Crime Files: The Blackpool Poisoner How Louisa Merrifield poisoned Sarah Ricketts.
8.00 UK Crime Files: The Road Rage Killer The case of Tracie Andrews.
9.00 UK Crime Files: Murder Without a Body The case of Mitchell Quy.
10.00 UK Crime Files: The Killing of a Deaf Girl The 1988 murder of Suzanne Greenhill in Newport, south Wales.
11.00 UK Crime Files: Murder – A Fight for Justice
12.00 M'T **UK Crime Files: DNA Cold Case Solved**
1.00 AM **Britain's Countryside Killers**
2.00 Killers: Caught on Camera Kristil Krug.
3.00 When Death Comes Knocking Documentary.
4.00 to 5.45 AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **UK Crime Files: Justice For My Brother**
3.00 UK Crime Files: Murdered For Love A look back at the case of Paul Gault.
4.00 UK Crime Files: The Party Killer Geoffrey Wansell revisits how Charlotte Pinkney vanished from Ilfracombe after going to a party.
5.00 UK Crime Files: Connecting a Killer SIO Steve Wilkins reopens a series of Pembrokeshire crimes.
6.00 UK Crime Files: Murder Against All Odds Jackie Malton looks into a case that shocked the city of Newport in 1992.
7.00 Judge Judy Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 to 6.00 AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 A1: Britain's Longest Road Documentary.
8.00 Road Wars
9.00 Caught on Dashcam
11.00 Caught Red Handed
2.00 PM **Forensics: Catching the Killer** Double bill.
4.00 Murder Uncut
5.00 What the Killer Did Next A woman's body is found in a bin in Lewes.
6.00 Killer in My Village
7.00 Forensics: Catching the Killer Double bill.
9.00 Libby, Are You Home Yet? 1-3/3. The murder of student Libby Squire.
12.15 AM **Murder Uncut**
1.10 Murdered at First Sight
2.05 Britain's Most Evil Killers Angus Sinclair.
3.00 The Real Manhunter
4.00 Brit Cops: Frontline Crime UK Documentary
5.00 to 6.00 AM **Stop, Search, Seize**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 Besieged Fortresses, Legendary Battles
1.00 PM **Grand Tours of the Scottish Islands**
1.40 Besieged Fortresses, Legendary Battles
6.05 Hitler's Gold Four editions, including at: **8.05** How the Nazis' finances were affected by preparing for and fighting war in Europe. **9.05** As World War Two ended, the hunt for the Nazi criminals began.
10.10 Cheating Hitler: Surviving the Holocaust Three Canadian Holocaust survivors search for clues to unanswered questions from their pasts.
12.00 M'T **The M Factor: Shredding the Silence on Menopause**
1.20 to 2.00 AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Extraordinary Animals**
8.00 **My Best Friend's an Animal**
10.00 **Africa's Wild Year**
12.00 NOON **Big Cats Small World**
2.00 PM **The Secret Life of the Hermit Crab** Documentary.
3.00 **Age of the Big Cats**
6.00 **Wild Science** New edition Tracing the brown bear's evolution from Ice Age giants to modern omnivores.
7.00 **David Attenborough's Galapagos** The broadcaster explores the Pacific archipelago. **8.00** The unique species that live in the isolated habitat. **9.00** Revealing the differences between the 19 islands.
10.00 **Kui Buri: Thailand's Hidden Eden** A look at Kui Buri National Park in Thailand.
11.00 **Wild Science** As 6.00pm.
12.00 M'T **Loons: A Cry from the Mist** Documentary.
1.00 AM **Tusker: Brotherhood of Elephants** Documentary.
2.00 **Undiscovered Vistas**
4.00 **Kingdom of the Tide**
5.00 **to 6.00** AM **The Wild Wild East**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
10.00 **WWII's Most Daring Raids**
12.00 NOON **Digging for Britain**
2.00 PM **Ancient Aliens**
4.00 **Rome: Rise and Fall of an Empire** Double bill of editions.
6.00 **Colosseum** 2/8. (S1)
7.00 **Crimes That Shook Britain** The murder of Garry Newlove.
8.00 **Colosseum** *The Scientist:* 6/8. A devastating plague sweeps through the city. (S1)
9.00 **Killer Kings** Exploring the case against Herod the Great.
10.00 **Nazi Murder Mysteries** The theories, conspiracies and facts relating to Rudolf Hess's flight to Scotland.
11.00 **Ancient Aliens** Exploring the power of the number three. **12.00** M'T The controversy surrounding the Crystal Skulls.
1.00 AM **Crimes That Shook Britain**
2.00 **The Secret Nazi Expeditions**
3.00 **Combat Ships**
4.00 **Bone Detectives: Britain's Buried Secrets**
5.00 **to 6.00** AM **River Hunters**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Savage Builds**
4.00 **How the Universe Works**
6.00 **How It's Made** Bamboo ceramic lights and asphalt compactors. **6.30** The development of items including asphalt pavers. **7.00** Wood panel canvases. **7.30** The manufacturing processes of Asian bowls.
8.00 **Mysteries of the Deep** One of the Bermuda Triangle's most infamous disappearances. **9.00** A 140-year-old wreck that has been perfectly preserved.
10.00 **Houdini's Last Secrets** A team of experts investigate Harry Houdini's illusions. **11.00** Experts recreate Houdini's bullet catch trick.
12.00 M'T **How the Universe Works**
2.00 AM **Alien Highway**
3.00 **NASA's Unexplained Files**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Cops Gone Bad with Will Mellor** Double bill of editions.
10.00 **#Dead2Me** Documentary.
12.00 NOON **Jo Frost on Britain's Killer Kids** Double bill.
2.00 PM **Crimes That Shook Britain**
4.00 **Meet, Marry, Murder**
8.00 **Cold Case Files: Dead West** The mysterious murder of a ranch hand in Montana.
9.00 **The Death Investigator with Barbara Butcher** The story of a body buried in the desert.
10.00 **Cold Case Files** A search unfolds in Oklahoma when two women and a child go missing.
11.00 **Crime in Progress** Responders race to save a mother who has stopped breathing.
12.00 M'T **Staged: Deadly Deception**
1.00 AM **Cold Case Files: DNA Speaks** Documentary.
2.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Untamed Philippines**
12.00 NOON **Wild Mediterranean**
2.00 PM **The Wild Sides**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Heartland Docs** New edition Dr Ben aids an eagle who was injured in a cow pasture.
7.00 **NEW Shells: Shaped by Nature** The enchanting world of seashells, from vibrant artistry to cultural currency.
8.00 **Soul of the Ocean** Underwater cinematography takes you inside ocean ecosystems.
9.00 **Saving Giraffes: The Long Journey Home** Former warring communities join forces to rescue a herd of rare giraffes.
10.00 **Secrets of the Zoo** A pregnant giraffe keeps the keepers on the edge of their seats, while a newborn giraffe's future is at risk.
11.00 **Snakes in the City** Mbali completes her training by capturing a black mamba.
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Investigating who built the Avenue of the Sphinxes. **7.00** Experts investigate Palmyra in the Syrian desert, and how its inhabitants survived. **8.00** Exploring the Dendera Temple, one of Egypt's best-preserved temples.
9.00 **Salvage Hunters: The Restorers** Furniture restorer Steve Norman rescues a rare and valuable campaign desk. **10.00** Metalworker Ted Edley and gilder Ruth Tappin transform a French Lily Chandelier. **11.00** Game restorer Mark Squires repairs and rebuilds a 1960s one armed bandit game, while Ted Edley is tasked with restoring a rusty buoy lantern.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Alaska: Earth's Frozen Kingdom** Triple bill of editions.
12.00 NOON **Mexico: Earth's Festival of Life** Documentary.
1.00 PM **Alaska: Earth's Frozen Kingdom** Triple bill of editions.
4.00 **Mexico: Earth's Festival of Life**
5.00 **Alaska: Earth's Frozen Kingdom** Triple bill.
8.00 **Mexico: Earth's Festival of Life** Exploring the country's wildlife, landscape and culture.
9.00 **Alaska: Earth's Frozen Kingdom** A year in the life of the American state, beginning with spring. **10.00** The short summer of the American state. **11.00** The state's long winter.
12.00 M'T **Mexico: Earth's Festival of Life** As shown at 8.00pm.
1.00 AM **Alaska: Earth's Frozen Kingdom** Triple bill of editions.
3.50 **Mexico: Earth's Festival of Life**
4.40 **Sue Perkins: Along the US-Mexico Border**
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Bride Killa**
9.00 **The Killer Beside Me**
12.00 NOON **The Murder Tapes** In Alabama, Brucetravius Frazier is found dead in his car. **1.00** PM The murder of a popular EMT in Columbus. **2.00** Ohio antiques dealer Mary Kay Wohlfarth vanishes. **3.00** Workers find a body on an abandoned property in Ohio.
4.00 **American Monster** The murder of Rachel Winkler. **5.00** The case of protective grandfather Arthur Burney. **6.00** Focusing on the case of nanny Amanda Schmitt. **7.00** A case in which deceit and violence turned deadly.
8.00 **Evil Lives Here** Double bill.
10.00 **The Real Murders on Elm Street** After a three-year-old whispers 'mommy's dead,' police find a massacre on Elm Street.
11.00 **American Monster**
12.00 M'T **Before They Kill Again**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **Dead of Night**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **World's Biggest Shipbuilders** Triple bill.
10.00 **Extreme RVs**
11.00 **Extreme Car Hoarders**
12.00 NOON **Iron Resurrection**
5.00 PM **Shed and Buried**
6.00 **Shed and Buried: Classic Cars** In Leicestershire, Henry and Fuzz explore a shed full of classics, including a 1970s VW Beetle Beach Buggy.
7.00 **Wheeler Dealers** Mike Brewer and Edd China take on a Jensen Interceptor. **8.00** Mike travels to America to hunt for a DeLorean DMC-12. **9.00** Mike visits Idaho to buy a Karmann Ghia, but a broken gearbox could stop him and Edd from making a profit. **10.00** Mike heads to Italy to look for a rare Fiat Dino Coupe. **11.00** Mike discovers an unregistered Cobra sports car. **12.00** M'T Mike tries to bag a Lamborghini Urraco.
1.00 **to 4.00** AM **World's Biggest Shipbuilders**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **The Cinema List: Race Against Time**
7.20 **PREMIÈRE LifeHack** (2025)
9.10 **Carolina Caroline** As 6.10pm.
11.05 **No Ordinary Heist** As 4.25pm.
12.50 PM **The Choral** Comedy drama. (2025, 15, 113min) ★★★★
2.45 **Fuze** Thriller with Theo James. (2026, 15, 97min) ★★★
4.25 **No Ordinary Heist** Thriller. (2026, 15, 99min) ★★★
6.10 **Carolina Caroline** Thriller. (2025, 15, 105min) ★★★★

8.00 LifeHack

8.00 **PREMIERE LifeHack** Heist thriller starring Georgie Farmer and Yasmin Finney. A teenager and his friends who spend their nights hacking for kicks set their sights on a tech billionaire. (2025, 15, 97min)

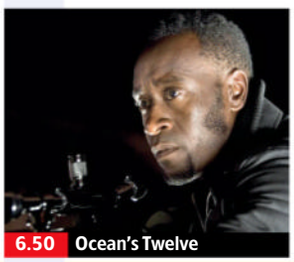
9.45 **Black Phone 2** Thriller sequel starring Ethan Hawke. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **They Will Kill You** Horror comedy starring Zazie Beetz, Myha'la, Paterson Joseph, Tom Felton and Heather Graham. (2025, 15, 94min) ★★★
1.30 AM **Dead Man's Wire** Thriller with Bill Skarsgård, Al Pacino and Dacre Montgomery. (2025, 15, 104min) ★★★★
3.30 **Carolina Caroline** As 6.10pm.
5.25 **to 7.10** AM **They Will Kill You**

Sky Cinema Oceans

303 303 403 503 517

6.30 AM **Ocean's Eight** As 11.05pm.
8.30 **Ocean's Eleven** As 4.50pm.
10.35 **Ocean's Twelve** As 6.50pm.
12.45 PM **Ocean's Thirteen** (2007)
2.50 **Ocean's Eight** As 11.05pm.
4.50 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt and Julia Roberts. (2001, 12, 116min) ★★★★
6.50 **Ocean's Twelve** Caper thriller sequel with George Clooney, Brad Pitt and Matt Damon. (2004, 12, 125min) ★★★★



6.50 Ocean's Twelve

Ocean's Twelve (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. With Ellen Barkin. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Ocean's Eight** Crime caper starring Sandra Bullock, Cate Blanchett, Anne Hathaway and Mindy Kaling. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. (2018, 12, 110min) ★★★★
1.00 AM **Ocean's Eleven** (2001)
3.00 **Ocean's Twelve** As 6.50pm.
5.10 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Cicada** As 4.05am.
9.15 **Sometimes I Think About Dying** As shown at 12.45am.
11.00 **Poison** As shown at 2.25am.
12.40 PM **Chicago** Oscar-winning musical with Renée Zellweger. (2002, 12, 112min) ★★★★
2.45 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
5.20 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
8.00 **Wuthering Heights** Romantic drama based on Emily Brontë's classic novel, starring Margot Robbie and Jacob Elordi. (2026, 15, 136min) ★★★★
10.25 **Erin Brockovich** Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. (2000, 15, 133min) ★★★★
12.45 AM **Sometimes I Think About Dying** Comedy drama with Daisy Ridley. (2023, 12, 93min) ★★★
2.25 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
4.05 **Cicada** (2020, 15) ★★★★
5.50 **to 8.00** AM **Girl You Know It's True** Biopic. (2023, 15) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.15 AM **The Front Room** Horror thriller. (2024, 15, 94min) ★★
8.05 **Aeon Flux** As shown at 1.50am.
9.50 **Die Alone** Apocalyptic drama. (2024, 15, 91min) ★★★★
11.30 **Pet Sematary** Horror thriller. (2019, 15, 101min) ★★★
1.20 PM **Waterworld** Adventure. (1995, 12, 134min) ★★★
3.45 **The Craft** Supernatural horror. (1996, 15, 101min) ★★★
5.35 **Nosferatu** Horror thriller starring Bill Skarsgård, Lily-Rose Depp and Nicholas Hoult. (2024, 15, 132min) ★★★★
8.00 **The Bride!** Horror starring Jessie Buckley, Christian Bale and Annette Bening. In 1930s Chicago, a maverick scientist gives life to a murdered woman. (2025, 15, 130min) ★★★★
10.10 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★
12.05 AM **Strange Darling** Thriller. (2023, 18, 97min) ★★★★
1.50 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
3.35 **The Nun** Horror with Demián Bichir. (2018, 15, 96min) ★★★
5.15 **to 7.05** AM **Wolf Man** Werewolf horror. (2024, 15, 103min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.50 AM **The Secret Life of Pets** Animation. (2016, U) ★★★
9.20 **Despicable Me** Animation. (2010, U, 94min) ★★★★
11.00 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
12.40 PM **Despicable Me 3** Animated sequel. (2017, U, 99min) ★★★
2.20 **Minions** (2015, U) ★★★★
4.00 **Spider-Man: Into the Spider-Verse** (2018) ★★★★★
6.00 **Penguins of Madagascar** Animation. (2014, U) ★★★★

6.00 Penguins of Madagascar

7.40 **Corpse Bride** Animated fantasy with the voice of Johnny Depp. (2005, PG, 74min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Scarygirl** Animated fantasy featuring the voice of Anna Torv. When her world is shrouded in darkness, a girl must travel to the city of light. (2023, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox and William Fichtner. (2014, 12, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy adventure sequel. (2016, 12, 112min) ★★★
2.40 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
4.25 **to 6.15** AM **Monster Trucks** Fantasy starring Lucas Till. (2016, PG, 104min) ★★★

Sky Cinema Action

306 306 407 507 521

6.50 AM **The Shadow's Edge** Thriller. (2025, 15) ★★★★
9.15 **SAS: Red Notice** Thriller. (2021, 15, 90min) ★★★
11.25 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
1.15 PM **The Mechanic** Action thriller. (2011, 15, 93min) ★★
2.50 **Transformers: Revenge of the Fallen** (2009, 12) ★★★
5.25 **Transformers: Dark of the Moon** Sci-fi adventure sequel. (2011, 12, 154min) ★★★

2.50 Transformers: Revenge...

8.00 **The Running Man** Director Edgar Wright's comedy thriller based on the Stephen King story, starring Glen Powell and Lee Pace. Desperate to save his sick daughter, a man enters a deadly televised competition. (2025, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Fuze** Thriller starring Aaron Taylor-Johnson. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
2.25 AM **Olympus Has Fallen** Action thriller starring Gerard Butler. (2011, 15, 119min) ★★★
4.40 **Sky Cinema Preview**
5.15 **to 7.15** AM **Sudden Death** Action thriller starring Jean-Claude Van Damme. (1995, 18, 110min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Eddie the Eagle** (2016)
8.10 **Roofman** (2025, 15) ★★★★
10.20 **American Pie** Teen comedy. (1999, 15, 96min) ★★★★
12.10 PM **American Pie 2** Comedy. (2001, 15, 106min) ★★★
2.05 **Eddie the Eagle** Biopic. (2016, PG, 103min) ★★★
4.00 **Bridget Jones: Mad About the Boy** Romantic comedy sequel. (2024, 15, 125min) ★★★★
6.15 **American Pie: The Wedding** Comedy. (2003, 15, 96min) ★

6.15 American Pie: The Wedding

8.00 **American Reunion** Comedy sequel starring Jason Biggs and Alyson Hannigan. The group of friends get together some 13 years after leaving high school. With Chris Klein and Tara Reid. (2012, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

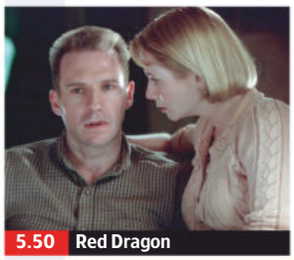
9.55 **Pitch Perfect** Musical comedy starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Two Weeks Notice** Romantic comedy with Sandra Bullock. (2002, 12, 101min) ★★★
1.45 AM **Sex Tape** Comedy with Cameron Diaz and Jason Segel. (2014, 15, 94min) ★★
3.35 **Sky Cinema Preview**
4.35 **to 6.20** AM **National Security** Comedy with Martin Lawrence. (2003, 12, 88min) ★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Antebellum** (2019, 15) ★★
7.50 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
9.35 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★
11.30 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
1.30 PM **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
3.30 **The Hunt for Red October** Thriller. (1990, PG) ★★★★
5.50 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★


5.50 Red Dragon

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Brian Cox and Julia Stiles. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Perfect Storm** Fact-based action drama starring George Clooney and Mark Wahlberg. In October 1991, six New England fishermen get caught in a huge storm. (2000, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Caddo Lake** Thriller starring Dylan O'Brien. (2024, 12, 99min) ★★★
2.10 **Against All Odds** Thriller with Jeff Bridges and Rachel Ward. (1984, 18, 116min) ★★
4.25 **to 6.20** AM **Dirty Harry** Thriller with Clint Eastwood. (1971, 15, 103min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Animal Farm** Animation. (1954, U, 72min) ★★★★
12.30 PM **The Ghost and Mrs Muir** Supernatural comedy. (1947, b/w, U, 104min) ★★★★
2.35 **Destination Gobi** Adventure. (1953, U, 91min) ★★
4.25 **Dad's Army** Wartime comedy. (2016, PG, 98min) ★★★
6.30 **Hidden Figures** Fact-based drama with Taraji P Henson. (2016, PG, 127min) ★★★★

9.00 Die Hard

8 PM **Hidden Figures** (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Die Hard** Action thriller starring Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in LA at Christmas. With Alan Rickman and Bonnie Bedelia. (1988, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.40** **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe. (2016, 12, 103min) ★★★

11 PM **1.45** **to 3.45** AM **Gaia** Horror starring Monique Rockman, Carel Nel and Alex Van Dyk. (2021, 15, 96min) ★★★

+1hour 314 430 47 301 257

Sky Cinema Epic Worlds

302 302 402 502 516

6.00 AM **Paddington** Family comedy. (2014, PG, 95min) ★★★★★
7.40 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
9.25 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
11.15 **Wicked** Musical adventure. (2024, PG, 160min) ★★★★
1.55 PM **How to Train Your Dragon** Fantasy starring Mason Thames. (2025, PG, 125min) ★★★★

4.05 **A Minecraft Movie** Adventure. (2025, PG, 101min) ★★★
5.50 **Jurassic Park** Steven Spielberg's monster thriller. (1993, PG, 127min) ★★★★★
8.00 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld. (2018, PG, 114min) ★★★★
10.00 **Kong: Skull Island** Adventure with Tom Hiddleston. A secret mission to an island descends into chaos when the wildlife proves far from welcoming. (2017, 12, 118min) ★★★★

12.00 M'T **The Legend of Tarzan** Adventure. (2016, 12) ★★★
1.55 AM **The Lord of the Rings: The War of the Rohirrim** Animation. (2024, 12, 134min) ★★★★
4.10 **to 6.10** AM **The Chronicles of Riddick** Sci-fi adventure sequel. (2004, 15, 119min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.40 AM **The Cable Guy** Comedy. (1996, 12, 96min) ★★★★
8.20 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
9.55 **Footloose** As 3.25am.
11.45 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
1.40 PM **Grease 2** Musical sequel starring Michelle Pfeiffer. (1982, PG, 109min) ★★

3.35 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
5.45 **Legends of the Fall** Period drama with Brad Pitt, Anthony Hopkins and Aidan Quinn. (1994, 15, 133min) ★★★★
8.00 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. (1997, PG, 94min) ★★★★
9.40 **The Lost Boys** Horror starring Jason Patric and Corey Haim. (1987, 15, 98min) ★★★★

11.20 **Se7en** Thriller starring Brad Pitt. (1995, 18, 127min) ★★★★
1.30 AM **'About Last Night...'** Comedy drama. (1986, 18, 113min) ★★★
3.25 **Footloose** Musical with Kevin Bacon. (1984, 12, 107min) ★★★
5.15 **The Cinema List**
5.35 **to 7.30** AM **Grease 2** (1982)

Disney+ Cinema

305 305

6.00 AM **Ratatouille** Animation. (2007, U, 106min) ★★★★★
8.00 **Mulan** Animated adventure. (1998, U, 88min) ★★★
9.25 **A Goofy Movie** Animation. (1995, U, 78min) ★★
10.45 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
12.30 PM **Aladdin** Animated fantasy with the voice of Robin Williams. (1992, U, 90min) ★★★★★

2.05 **Up** Animated adventure. (2009, U, 96min) ★★★★★
3.40 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
5.00 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
6.45 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
9.00 **John Carter** Sci-fi adventure. (2012, 12, 126min) ★★★
11.10 **Death on the Nile** Mystery. (2021, 12, 127min) ★★★

1.20 AM **Iron Man** Action adventure starring Robert Downey Jr. (2008, 12, 120min) ★★★★
3.25 **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
4.40 **to 6.00** AM **Pocahontas** Animated historical adventure. (1995, U, 81min) ★★★

Movies 24

312 313 419

7.00 AM **The Finnish Line** Romantic comedy. (2024, PG, 84min) ★★
9.00 **An Ice Palace Romance** Drama. (2023, PG, 90min) ★★
11.00 **Something New: A Teagarden Mystery** Drama starring Skyler Samuels. (2023, U, 87min) ★★
1.00 PM **The Reluctant Royal** Comedy. (2025, PG, 84min) ★★
3.00 **The Way to You** Romantic drama. (2026, PG, 90min) ★★

5.00 **Signed, Sealed, Delivered: A Tale of Three Letters** Mystery. (2024, PG, 90min) ★★
7.00 **Signs of Your Heart** Romantic comedy drama starring Kelli McNeil and Kyle Leatherberry. (2023, PG, 89min) ★★
9.00 **My Norwegian Holiday** Romantic comedy with Rhiannon Fish and David Elsendoorn. A woman travels to Norway to investigate her grandmother's connections to a small town. (2023, PG, 80min) ★★

11.00 **Love's Playlist** Romantic comedy. (2023, PG, 85min) ★★
1.00 AM **An American in Austen** Comedy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **A Playful Love** Comedy. (2022, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Murder in Eden** Drama. (1961, b/w, U, 64min) ★★
7.20 **The Flaw** (1955, b/w, PG) ★★
8.35 **Jack the Giant Killer** Fantasy adventure. (1961, U, 94min) ★★
10.25 **The Beverly Hillbillies**
11.00 **Batman** 9/26. (S3)
11.30 **Captain Kidd** Adventure. (1945, b/w, PG, 105min) ★★
1.15 PM **The Four Feathers** Adventure. (1978, U, 95min) ★★

3.20 **Look at Life** Documentary.
3.30 **For the Love of Ada** 1/6. (S1)
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **The Directors** Stanley Kubrick.
7.00 **That's My Boy** 6/7. (S3)
7.30 **Adventure Theater** 1/11. (S1)
8.00 **Sergeant Cork** 1/4. (S5)
9.05 **Adventures of a Taxi Driver** Adult comedy starring Barry Evans. (1976, 18, 86min) ★
10.50 **The Heritage Chart Show**
11.55 **Count Dracula** 2/2. Adaptation of Bram Stoker's classic novel.

1.35 AM **Voyage to the Planet of Prehistoric Women** (1968) ★★
3.10 **Mites and Monsters** Short film.
3.30 **The Rogues** 21/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 25/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 **Test Cricket Bitesize** Action from England v New Zealand.
10.15 LIVE **Test Cricket England v New Zealand.** Day five of the second Test in the three-match series, held at the Oval. Before this series the hosts had won six of the last eight Test matches against New Zealand.
6.00 PM LIVE **US Open Golf** Coverage of the fourth and final day of the 126th staging of the Major at Shinnecock Hills Golf Club in Southampton, New York. America's JJ Spain was the victorious player last year, finishing two strokes clear of Scotland's Robert MacIntyre, having never previously finished in the top 20 of a Major. Viktor Hovland of Norway was third, while American day three leader Sam Burns had to settle for a share of seventh.
12.00 M'T **World Cup Report**
1.30 AM LIVE **Major League Cricket Texas Super Kings v MI New York.** Coverage of the T20 match at Grand Prairie Stadium in Texas.
5.30 to 6.00 AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Review**
8.00 **Premier League Review**
2.00 PM **Netbusters** Fast-paced highlights using alternative angles.
5.00 **Premier League Review** Action from the 27th round of fixtures. **6.00** Highlights from the 28th round of top-flight fixtures. **7.00** The 29th round of games. **8.00** Highlights from the 30th round of top-flight fixtures. **9.00** The 31st round of games. **10.00** Action from the 32nd round of top-flight matches.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 2012/13 season – all set to a specially selected soundtrack.
1.00 AM **PL Retro** Tottenham Hotspur v Arsenal in the 2003/04 season.
3.00 **PL Greatest Games** Arsenal v Tottenham Hotspur from 2010. **3.15** Wolverhampton Wanderers v West Bromwich Albion in 2012. **3.30** Action from Burnley v Manchester United in 2009. **3.45** Cardiff City v Manchester City in the 2013/14 season.
4.00 **Best PL Goals 2000/01**
5.00 to 6.00 AM **Best Premier League Goals: Solo Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
8.45 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 24/25**
11.30 **EFL Trophy** Action from Birmingham City v Peterborough United in the 2025 final.
12.00 NOON **EFL** Highlights from the 2016/17 play-off finals.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Archive action.
8.00 **SPFL Special: Celtic's Invincibles** A look back at Celtic's unbeaten 2016/17 campaign.
9.00 **EFL Greatest Games** Cardiff City v Swansea City in 2008/09. **9.15** Millwall v Scunthorpe United. **9.30** Sheffield United v Sheffield Wednesday from 2009/10. **9.45** Peterborough United v Southampton from 2010/11.
10.00 **EFL Cup** Chelsea v Tottenham Hotspur in the 2008 final.
11.00 **SPFL** Archive highlights.
12.00 M'T **Championship Retro**
2.00 AM **Henrik Larsson: 20 Years On** An interview.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Old Firm Derby Best Goals**
5.30 to 6.00 AM **Edinburgh Derby**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **ICC Women's T20 World Cup**
8.00 **Test Cricket** Highlights.
9.00 **ICC Women's T20 World Cup**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v New Zealand.** Coverage of the fifth and final day's play of the second Test in the three-match series held at the Oval in London. Before this series the hosts had won six of the last eight Test matches against New Zealand, and they extended that run further with a 115-run victory at Lord's in the opener.
7.00 PM **Lauren Bell Masterclass**
7.30 **ICC Women's T20 World Cup**
8.00 **Test Cricket** England v New Zealand on day five of the second Test at the Oval in London.
9.20 LIVE **Major League Cricket Seattle Orcas v LA Knight Riders.** Coverage of the T20 match at Grand Prairie Stadium.
1.20 AM LIVE **Major League Cricket Texas Super Kings v MI New York.** Coverage of the T20 match at Grand Prairie Stadium in Texas.
5.30 to 6.00 AM **ICC Women's T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **US Open Official Films**
7.00 **US Open Golf** The third day.
8.00 **Legends Tour Golf**
9.00 **Fitzpatrick: Boss of Brookline**
10.00 **US Open Official Films**
11.00 **US Open Golf** The third day.
12.00 NOON **US Open Official Films**
3.00 PM **US Open Golf** Day three.
4.00 LIVE **US Open Golf** Coverage of the fourth and final day of the 126th staging of the Major.
12.00 M'T **PGA Tour Champions**
1.00 AM **US Open Official Films**
3.00 **US Open Golf** The fourth day.
4.00 **Chronicles of a Champion Golfer** Profiles of leading players.
5.00 to 6.00 AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA Tennis** Coverage of day one of the WTA Bad Homburg Open held at TC Bad Homburg.
11.00 LIVE **WTA Tennis** Coverage of the WTA Berlin Open final.
1.00 PM LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours.
2.30 LIVE **ATP Tennis** Coverage of the ATP Halle Open final, held at OWL Arena in Halle, Germany.
4.30 LIVE **WTA & ATP Tennis** Further coverage from the latest events on the WTA and ATP Tours.
6.30 **ATP Tour This Week**
7.00 **WTA Tennis** Berlin Open final.
9.00 **ATP Tennis** Halle Open final.
11.00 **ATP & WTA Tour Classics**
1.00 to 6.00 AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **AFL St Kilda Saints v Western Bulldogs.** Coverage from Marvel Stadium. Bounce-up **6.15am**.
9.00 LIVE **Women's Cycling** Stage five of the Tour of Switzerland.
11.45 **UEFA Champions League**
12.00 NOON LIVE **UCI Mountain Bike World Series** Coverage of the women's elite cross-country Olympic race in Lenzerheide.
2.15 PM LIVE **UCI Mountain Bike World Series** The men's elite cross-country Olympic race.
4.30 LIVE **Fencing European Championship** The second session on day six in France.
6.30 **The Gallagher PREM**
8.00 LIVE **SailGP** Day two of the Canada Grand Prix in Nova Scotia.
9.30 **International T20 Cricket**
10.30 **The WRC Magazine**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB Philadelphia Phillies v New York Mets.** Coverage of the National League match at Citizens Bank Park. Start-time **12.20am**.
3.00 AM **MLB Classic** Archive action.
4.30 to 6.00 AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

7.00 AM **MotoGP** From Czechia.
7.30 LIVE **Moto4 Northern Cup** The second race from the fourth round of the season in Czechia.
8.30 LIVE **MotoGP** The Grand Prix of Czechia warm-up sessions.
9.00 LIVE **MotoGP** Coverage of the Grand Prix of Czechia Moto3 race.
11.00 LIVE **MotoGP** Coverage of the Grand Prix of Czechia Moto2 race.
12.15 PM LIVE **MotoGP** The Grand Prix of Czechia MotoGP race, the ninth round of the season at the Masaryk Circuit. Start-time **1.00pm**.
3.00 LIVE **British Superbikes** Coverage from the second day of the third round of the season at Knockhill Racing Circuit, Scotland.
6.00 **The WRC Magazine**
6.30 LIVE **MLB Atlanta Braves v Milwaukee Brewers.** Coverage of the National League match staged at Truist Park. Start-time **6.35pm**.
9.30 **MotoGP** Grand Prix of Czechia.
10.30 **British Superbikes**
11.30 **UFC** Manel Kape v Kyoji Horiguchi.
2.30 AM **The WRC Magazine**
3.00 **Cycling** Tour of Switzerland.
5.00 to 6.00 AM **Men's Cycling**

Sky Sports Action

412 410 510 426 446

6.00 AM **Zuffa Boxing**
7.05 LIVE **NRL Melbourne Storm v Canberra Raiders.** Coverage of the match in the 16th round of fixtures held at AAMI Park. Kick-off **7.05am**.
9.10 LIVE **NRL Sydney Roosters v Cronulla-Sutherland Sharks.** Coverage of the match held at Allianz Stadium. Kick-off **9.15am**.
11.15 **Super League Highlights**
11.30 **Super Bowl LX Highlights**
12.30 PM **NBA Basketball**
3.00 **State of Origin Rugby League**
5.00 **NFL Bitesize Highlights**
5.30 **NBA on Fire** The latest news.
6.00 **NBA Basketball** Cleveland Cavaliers v Milwaukee Bucks. **8.00** Minnesota Timberwolves v Golden State Warriors.
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks. **12.00** M'T Highlights from Denver Broncos v Buffalo Bills.
1.00 AM **Women's Super League**
1.30 **World Club Challenge**
1.45 **Super League Highlights**
5.00 **Women's Super League**
5.15 to 6.00 AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 LIVE **ICC Women's T20 Cricket World Cup West Indies v Sri Lanka.** Coverage of the Group B match at the Bristol County Ground. West Indies are looking to reach their first final in this tournament since 2016 when they beat Australia by eight wickets in Kolkata, India.
2.00 PM LIVE **ICC Women's T20 Cricket World Cup South Africa v India.** Coverage of the Group A match from Old Trafford in Manchester. South Africa were runners-up to New Zealand when the tournament was last held two years ago in the United Arab Emirates, while India were eliminated in the group stage.
6.00 **World Cup Matchday**
7.00 **World Cup Report** A round-up of all the day's World Cup news.
12.00 M'T **Super League** Warrington Wolves v Leeds Rhinos.
2.45 AM **EFL Greatest Games**
3.00 **Super League** Another chance to see St Helens v Warrington.
5.45 to 6.00 AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Women's T20 World Cup**
8.00 **US Open Golf** Days one to three.
11.00 **WTA & ATP Tennis** Highlights.
1.00 PM **US Open Golf** Day two.
2.00 LIVE **ICC Women's T20 Cricket World Cup South Africa v India.** Coverage of the Group A match staged at Old Trafford in Manchester.
6.00 LIVE **LPGA Tour Golf** Coverage of day four of the Meijer LPGA Classic from Blythefield Country Club in Belmont, Michigan.
9.00 **ICC Women's T20 World Cup**
9.30 **Test Cricket Bitesize**
9.45 **ICC Women's T20 World Cup**
10.15 **Test Cricket**
11.15 **ICC Women's T20 World Cup**
11.45 **Test Cricket Bitesize**
12.00 M'T **WTA & ATP Tennis**
2.00 AM **PGA Tour Champions**
3.00 **US Women's Open Golf**
4.00 **State of Origin Rugby League**
5.00 to 6.00 AM **Legends Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **V8 Supercars** The Darwin Triple Crown third race.
8.00 **Women's Cycling**
9.00 **UCI Mountain Bike World Series**
10.00 **The Breakdown**
10.30 **The Gallagher PREM** The final at Allianz Stadium Twickenham.
12.00 NOON LIVE **Men's Cycling Pro Series** Coverage of stage five of the Tour of Slovenia.
2.00 PM **TNT Sports Reload**
2.15 LIVE **Men's Cycling** The fifth stage of the Tour of Switzerland.
5.15 **MLB Highlights**
6.15 **UEFA Champions League**
6.30 **TNT Sports Cricket Reload**
6.45 LIVE **IFSC Climbing World Series** From Innsbruck, Austria.
9.00 **Cycling** Event highlights.
12.00 M'T **UCI Mountain Bike World Series** From Lenzerheide.
1.00 AM **Women's Cycling**
2.00 **The Cycling Show**
2.30 **AFL** Two match replays.
5.30 to 6.00 AM **The WRC Magazine**

TNT Sports 4

414 416 524 411 434

6.00 AM **British Superbikes**
6.30 **TNT Sports Cricket Reload**
6.45 **One-Day International Cricket**
7.45 **International T20 Cricket**
8.45 LIVE **International T20 Cricket Bangladesh v Australia.** Coverage of the third and final T20 of the series from Bir Shrestha Shahid Flight Lieutenant Motiur Rahman Cricket Stadium.
12.45 PM **British Superbikes Rewind**
1.00 LIVE **British Superbikes** Coverage from the second day of the third round of the season at Knockhill Racing Circuit, Scotland.
6.00 **AFL** Two match replays.
9.00 **Premier League Review**
10.00 **UEFA Europa League & Conference League Magazine**
11.00 **The Gallagher PREM**
12.30 AM **The WRC Magazine**
1.00 **International T20 Cricket**
2.00 **One-Day International Cricket**
3.00 **UCI Mountain Bike World Series**
4.00 to 6.00 AM **Superbikes**

Premier Sports 1

419 APP 528

6.00 AM **Ultimate Karting Championship** Highlights.
7.00 **FIM Sidecarcross Championship**
8.00 **NASCAR Highlights**
9.00 **United Rugby Championship** Leinster v Bulls in the final.
11.00 **FIM Quadcross Championship**
11.30 **Top 14 Rugby Union**
3.30 PM **NHL Tonight**
4.30 **World of FreeSports**
5.00 **United Rugby Championship** Action from Leinster v Bulls.
7.00 **Sporting Greats**
7.30 **Top 14 Rugby Union** Another chance to see the first semi-final. **9.30** The second semi-final.
11.30 **KOTV Weekly** Boxing news.
12.00 M'T **World of FreeSports**
12.30 AM **United Rugby Championship** Another chance to see Leinster v Bulls in the final.
2.30 **Sporting Greats**
3.30 **Champions Cup** The final.
5.30 to 6.00 AM **Sporting Countdowns**

Premier Sports 2

420 APP 529

6.00 AM **Coppa Italia** A chance to see Lazio v Inter Milan in the final.
8.00 **Football's Greatest**
9.00 **Motorsport** Drew Gibson.
10.00 **International Rugby Union** Barbarians v South Africa.
12.00 NOON **NASCAR O'Reilly Series** Highlights from San Diego.
3.00 PM **Bike World** Magazine.
3.30 **Motorsport** Valentino Rossi. **4.00** Drew Gibson's career.
5.00 **International Rugby Union** Barbarians v South Africa.
7.00 **NASCAR Highlights** Action from the Great American Getaway 400.
8.00 LIVE **NASCAR** Coverage of the Anduril 250, the latest round of the season staged at Naval Base Coronado in San Diego, California.
1.00 AM **Bike World** Action from the high octane world of two wheels.
1.30 **MotorSport** Valentino Rossi.
2.00 **International Rugby Union** Barbarians v South Africa.
4.00 to 6.00 AM **LaLiga**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **Ted's Notebook**
11.30 **British GT Championship**
1.00 PM LIVE **British GT Championship** The fourth round of the campaign from Spa-Francorchamps in Belgium.
3.30 **All In: Indycar**
3.55 **Lewis Hamilton IV**
4.00 LIVE **Indycar** The XPEL Grand Prix at Road America warm-up.
5.00 LIVE **Indy NXT** The Xpel Grand Prix at Road America second race.
6.00 **Formula 1** The Barcelona-Catalunya Grand Prix.
7.00 LIVE **Indycar** Xpel Grand Prix at Road America in Wisconsin.
9.30 **Formula 1** From Barcelona.
10.30 **British GT Championship**
1.00 AM **Indy NXT**
2.00 **The Best of F1**
5.00 to 6.00 AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

22 June

Planner

Milionaire Superyacht: Why Ships Sink

DOCUMENTARY BBC2, 8pm

One-off documentary looking at the tragic sinking of superyacht *Bayesian* off the coast of Sicily in 2024, which resulted in seven fatalities.

House of the Dragon

FANTASY DRAMA HBO Max & Sky Atlantic, 9pm

Season three's epic opener plunges viewers straight back into the action with Rhaenyra and Daemon Targaryen (Matt Smith) waging war on the battlefield as their quest to retake the Iron Throne continues.

Eastbourne Open

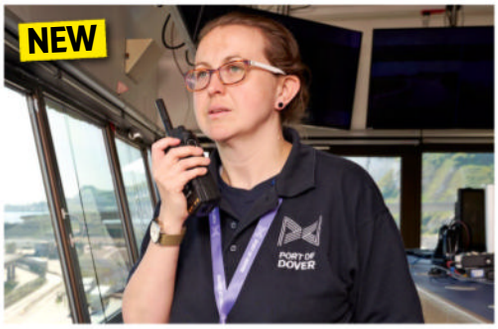
TENNIS BBC Red Button

Following qualifying at the weekend, the men's and women's singles and doubles competitions begin today at Devonshire Park. American Taylor Fritz (right) and Australian Maya Joint are the defending singles champions.

Dover 24/7: Britain's Busiest Port

DOCUMENTARY C4, 8pm

Cameras go behind the scenes at the port of Dover, following police, UK Border Force officers and other personnel at work. Tonight, UK Border Force officers uncover their biggest drugs haul of the year.



Monday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 5.30 Football: World Cup – Live: Argentina v Austria			8.30 EastEnders	9.00 News	9.30 Football: World Cup – Live: France v Iraq (Kick-off 10.00)		
	102 BBC2	7.00 Marcus Wareing Simply Provence		8.00 Millionaire Superyacht: Why Ships Sink		9.00 Jack the Ripper: Lucy Worsley...		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News; Weather	7.30 Changing Ends	8.00 Emmerdale		9.00 Coronation Street		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dover 24/7: Britain's Busiest Port		9.00 24 Hours in A&E		10.00 999: On the Front Line	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Little Disasters		10.00 Police: Suspect No 1	
	106 SKY ONE	7.00 The Simpsons		8.00 Agatha Raisin				10.00 Last Week Tonight with John Oliver	
ENTERTAINMENT	115 BBC3		7.10 Walking with Dinosaurs	8.00 Top Gear		9.00 Behind Bars: Sex, Bribes and Murder			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Treasures of the Anglo-Saxons		9.00 Andy Warhol's America		10.00 American Visions	
	118 ITV2	7.00 The Floor USA		8.00 The 1% Club		9.00 Love Island		10.05 Love Island...	10.35 G'wed
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Britain's Railway Empire in Colour		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Rookie		9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Criminal Intent	
	108 SKY ATLANTIC	‹ 6.45 The White Lotus				9.00 House of the Dragon			10.15 The Last of Us
	110 U&GOLD	‹ 6.45 Keeping...	7.25 Dad's Army: The Lost...	8.05 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	7.00 Formula E Highlights		8.00 The Motorbike Show		9.00 Film: Shaun of the Dead			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Michael McIntyre: Happy & Glorious		10.00 Fern Brady: Power & Chaos	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 The Baby			10.10 Grimm
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Return to Paradise			10.20 Father Brown
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: How It All Began		9.00 Isle of Wight Festival			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs		8.00 The Woodland Workshop		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Sharkwrecked: Crash Landing		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation		10.00 Trafficked with Mariana Van Zeller	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets in the Ice		9.00 Secrets Declassified with David...		10.00 The Proof Is Out There: Unexplained...	
	155 U&YESTERDAY	7.00 Canal Boat Diaries				9.00 Fake or Fortune?		10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 The Loneliest Whale: The Search for...		8.00 Death on the Beach					

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Fraud Squad** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition
Two teams of nurses and teachers compete in Wetherby. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition
A haul of suspected cannabis plants is found at a residential home. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** Denise Nurse helps a couple find their ideal home in Norfolk. (S)(R)(AD)
4.00 **Garden Rescue** Gardens in Salford and Southampton. (S)(R)
5.00 **BBC News** (S)
5.15 **Local News** (S)

5.30 Football: World Cup

7 PM

5.30 LIVE **Football: World Cup**
Argentina v Austria: Gabby Logan presents coverage of the Group J match from Dallas Stadium in the USA, as the two countries meet for just the fourth time, and the first time this century. With analysis from César Azpilicueta, Olivier Giroud and Ashley Williams. Kick-off is at 6.00. (S)

8 PM

8.30 **EastEnders**
Bea drives a wedge between Honey and Billy, Suki struggles with Vinny, while the Fox-Truemans receive some upsetting news. (S)(AD)

9 PM

9.00 **BBC News** (S)
9.20 **Local News** (S)
9.30 LIVE **Football: World Cup**
France v Iraq: Kelly Cates presents all the action from both teams' second match in Group I, held at Philadelphia Stadium in the USA. The French were in dominant form in qualifying, winning five and drawing one of their six group matches to finish comfortably ahead of Ukraine, Iceland and Azerbaijan. Analysis from Joe Hart, Olivier Giroud and Gael Clichy. Kick-off is at 10.00. (S)

10 PM

12.30 AM FILM **Alan Partridge: Alpha Papa** Comedy spin-off starring Steve Coogan. Hopelessly incompetent broadcaster Alan Partridge strives to become a hero during a hostage crisis. With Colm Meaney, Felicity Montagu and Anna Maxwell Martin. (S)(AD) (2013, 15, 85min) ★★★★
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Tiger Island** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Chris and Meg's Wild Summer** A wildlife-watching road trip. (S)(R)
3.15 **Wild West: America's Great Frontier** America's deserts. (S)(R)
4.15 **Flog It!** From Cheshire. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **Richard Osman's House of Games** With Ania Magliano, Harry Aikines-Aryeetey, Jasmine Takhar and Joe Swash. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo travels across Switzerland. (S)(R)(AD)

8.00 Millionaire Superyacht

7 PM

7.00 **Marcus Wareing Simply Provence**
Marcus is invited to a farm party but he has to bring a dish – so he needs inspiration for a celebratory but simple recipe to say farewell to all the friends he's made in Provence. (S)(R)

8 PM

8.00 NEW **Millionaire Superyacht: Why Ships Sink**
During intense storms in August 2024, the 54m superyacht *Bayesian* sank off the coast of Sicily, killing seven people on board. This documentary asks what went wrong. (S)(AD)

9 PM

9.00 **Jack the Ripper: Lucy Worsley Investigates**
1/4. The historian investigates how the Jack the Ripper case shaped the way true crime is covered today and looks at how the murders created a world of entertainment. (S)(R)(AD)

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing**
Bob and Paul are invited to fish in the estate lake of Burghley House, a 16th-century country house in Lincolnshire. (S)(R)(AD)
10.30 **Newsnight** (S)

11.00 FILM **The Producers** Black comedy written and directed by Mel Brooks, starring Zero Mostel and Gene Wilder as a pair of crooked Broadway producers mounting a show that is designed to be a massive flop. (S)(AD) (1967, PG, 90min) ★★★★
12.30 AM **Gods of Tennis** (S)(R)(AD)
1.30 **Sign Zone: Countryfile** (S)(R)
2.25 **Sign Zone: Springwatch** (S)(R)
3.25 **Sign Zone: Reported Missing** (R)
4.25 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Stoke-on-Trent, where Stewart Hofgartner shows interest in novelty nutcrackers .(S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Donna tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Changing Ends

7 PM

7.30 **Changing Ends**
Heatwave: 4/6. As a heatwave looms, Alan tries to write about the man of his dreams, which proves tricky given they're in the same class, making Alan as hot and bothered as the temperature outside. (S3) (S)(R)(AD)

8 PM

8.00 **Emmerdale**
Ross receives a concerning message, Charity and Cain bond over their struggles, and Jai is feeling suspicious. (S)(AD)

9 PM

9.00 **Coronation Street**
Accusations fly and blood is spilled when Kit and Sarah host the dinner party from hell for Gary, Maria, Todd and Summer. Elsewhere, Fiona refuses to allow Ronnie to wipe his debt. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston**
Political magazine hosted by Robert Peston. (S)

11.35 **Password** Stephen Mangan hosts the game show. (S)(R)
12.15 AM LIVE **Football: World Cup**
Norway v Senegal: Laura Woods presents coverage of the second match in Group I for both teams, held at New York/New Jersey Stadium. Kick-off is at 1.00. (S)
3.30 **to 6.35** AM LIVE **Football: World Cup** Jordan v Algeria: Semra Hunter presents coverage of the second match in Group J for both teams, held at San Francisco Bay Area Stadium in the USA. Kick-off is at 4.00. (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 19-21/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S8&9) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition
Private chef Fergus begins transforming his new boat into a floating ice-cream parlour. (S)(AD)
5.00 **Chateau DIY** Janet and Philip start work on their most ambitious project to date – a two-bedroom tower suite. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses**
Sharon and Steve are invited to be judges at a local dog rescue charity's fundraising event. (S)(R)

9.00 24 Hours in A&E

7 PM

7.00 **News** (S)

8 PM

8.00 NEW SERIES **Dover 24/7: Britain's Busiest Port**
Behind the scenes at one of the UK's critical transport hubs. Border Force uncover one of its biggest drug hauls of the year, while rock star Yungblud risks missing a gig in Europe. (S)(AD)

9 PM

9.00 **24 Hours in A&E**
New edition Seventy-one-year-old David has collapsed at home with a suspected stroke, Cecil's motorbike crashed after his brakes failed at 130mph, and Tanya has suffered a possible seizure on a night out. (S)(AD)

10 PM

10.00 **999: On the Front Line**
Paramedics are called to reports of a man unconscious in Worcester town centre, and a friend says that he has been taking drugs. (S)(R)

11.05 NEW SERIES **Secrets of Celebrity Sex Tapes** 1/8. The untold stories behind infamous sex tapes. (S)
■ Entire series on C4 streaming
12.00 M'T NEW SERIES **Walter Presents: Polar Park** 1/6. French crime drama. Subtitled. (S1) (S)
■ Entire series on C4 streaming
1.00 AM **Gypsy Rose: Life After Lock Up** 8&9/11. Double bill. (S)(R)(AD)
2.40 **Ramsay's Hotel Hell** (S)(R)(AD)
3.30 **Couples Come Dine with Me** (R)
4.25 **Sunday Brunch** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Swan Song:* 7/24. A rock star is murdered. (S)(R)
3.55 **Castle** *After Hours:* 8/24. The author and Beckett try to get a witness to safety. (S5) (S)(R)
4.50 **Love Nature** The work of the Ocean Conservation Trust in protecting seagrass. (S)(R)
5.00 **News** (S)
6.00 **Cumbria: The Lakes & the Coast** Showcasing the beauty and charm of Cumbria, while following some of the residents who live and work there. (S)(R)
6.55 **News** (S)

8.00 Police Interceptors

7.00 Motorway Cops: Catching Britain's Speeders PC Brian Camsell responds to a 999 call at 8am about a woman drinking wine while driving. (S)(R)(AD)

7.55 News (S)

8.00 Police Interceptors New edition Dog handler Lucy and firearms officers investigate the burglary of an allegedly empty house by a machete-wielding masked gang, and discover a three-storey cannabis farm. (S)

9.00 Little Disasters New episode *Unravelling:* 5/6. As all of their secrets and lies are revealed, the friends must deal with the fallout from Jess's shocking actions. (S1) (S)(AD)
■ Concludes tomorrow

10.00 Police: Suspect No 1 A bystander is critically injured during a street brawl in Grimsby, leaving police to interview three suspects to determine which one of them was responsible. (S)(R)

11.05 **Police: Night Shift 999** Public disorder erupts in Cheltenham's club district. (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Build Your Dream Home in the Country** A three-acre plot in Cornwall's countryside. (S)
3.20 **Friends** (S10) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Bart's Dog Gets an F:* Bart tries to train Santa's Little Helper. (S)(R)
5.30 *One Fish, Two Fish, Blowfish, Blue Fish:* Homer fears he has only 24 hours to live. (S)(R)
6.00 **The Office (US)** 5/6. Michael challenges the warehouse staff to a basketball match. (S)(R)
6.30 6/6. A beautiful woman causes a stir. (S1) (S)(R)

10.00 Last Week Tonight

7.00 The Simpsons *Principal Charming:* Homer arranges a date between Principal Skinner and Marge's sister Selma (S)(R)
7.30 *Oh Brother, Where Art Thou?* Homer traces his long-lost half-brother. (S)(R)

8.00 Agatha Raisin *The Deadly Dance:* 2/4. A scathing news article hurts Agatha's business, but then one of Charles's wealthy friends asks her to investigate a series of death threats. Stars Ashley Jensen. (S3) (S)(R)(AD)

10.00 Last Week Tonight with John Oliver Talk show in which the comedian takes a satirical look at a range of news and pop culture topics. (R)

10.45 Micky Flanagan: An' Another Fing Live A stand-up show recorded at London's O2 Arena. (S)(R)

12.30 AM **Grimm** 19/22. (S4) (S)(R)
1.30 **Road Wars** (S)(R)
2.00 **Best Medicine** New episode 4/13. Port Wenn's beloved hunky wilderness survival instructor disappears. (S1) (S)
3.00 **Bear Grylls Is Running Wild** Series finale 8/8. Actor Colman Domingo embarks on an adventure along the Irish Sea.
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Saolta's Gaolta (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Straeon Harri Parri **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Hwyl (AD) **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** Ceffylau, Sheikhs a Chowbois **10.05** Ar Brawf (AD) **11.05-11.40pm** Ffasiwn Drefn (AD)

TV&Streaming week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Natural World: A Tale of Three Bears** Documentary.
7.10 **Walking with Dinosaurs** An albertosaurus must find her place within a pack or risk starvation.
8.00 **Top Gear** Jeremy Clarkson, Richard Hammond and James May build their own versions of motorhomes.
9.00 **Behind Bars: Sex, Bribes and Murder** 1/2. Mobeen Azhar investigates an illicit prison economy fuelled by inappropriate relationships, coercion and contraband.
10.00 **Behind Bars: Sex, Bribes and Murder** 2/2. Mobeen's investigation into prison corruption uncovers the murder of a former officer who had been involved in exposing an illicit relationship.
11.00 **Glow Up: Britain's Next Make-Up Star** Triple bill.
2.00 AM **My Insta Scammer Friend** Documentary.
2.45 **Disclosure**
3.05 **to 3.55** AM **Walking with Dinosaurs**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** Phase two of the quarter-final stage begins.
7.30 **Only Connect** Three graduates of Exeter University compete against a team of food-lovers.
8.00 **Treasures of the Anglo-Saxons** Historian Janina Ramirez investigates the development of Anglo-Saxon art.
9.00 **Andy Warhol's America** 1/3. Exploring 20th-century America through the life of artist Andy Warhol.
10.00 **American Visions** Robert Hughes examines the impact of mass immigration on US art.
11.00 **Vienna: Empire, Dynasty and Dream** 3/3. The story of the dramatic demise of the Habsburgs.
12.00 M'T **Only Connect**
12.30 AM **Treasures of the Anglo-Saxons**
1.30 **Britain's Most Fragile Treasure** York Minister.
2.30 **to 3.30** AM **Andy Warhol's America**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at the Grange Boutique Hotel in Cumbria. **4.50** A visit to Rutland Luxury Lodges in Greetham. **5.20** The third visit is to The Leicester Arms in Kent. **5.50** A visit to Oakover Guesthouse in Weston-super-Mare, Somerset. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Nottingham.
7.55 **PopMaster TV** With contestants from London, Sheffield, Glasgow, Surrey and Tyne and Wear.
9.00 **Britain's Railway Empire in Colour** 2/2. Investigating how railways continued to expand across the British Empire as the 20th century dawned, through archival footage and photographs.
10.00 **24 Hours in A&E** A man is rushed to St George's after collapsing on a tennis court.
11.05 **24 Hours in A&E** A woman is rushed in following a suspected stroke.
12.10 AM **Britain's Railway Empire in Colour**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Leeds.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
6.30 **Hollyoaks** Dee Dee is the centre of attention.
7.00 **Hollyoaks** Rex lies to gain affection from Ste.
7.30 **The Simpsons** *Love Is a Many-Splintered Thing:* Bart's dream girl Mary Spuckler comes to town.
8.00 **Below Deck: Mediterranean** New edition Rising tensions in the deck team spill over into a full-scale meltdown.
9.00 **Gogglebox** Critiques of *Married at First Sight Australia* and *Trigger Point*.
10.00 **Gogglebox** *The Gentlemen* and *Casualty* are appraised.
11.05 **Open House: The Great Sex Experiment**
12.10 AM **Naked Attraction**
1.10 **Gogglebox**
2.15 **Below Deck: Mediterranean**
3.05 **Abbott Elementary**
3.30 **The Simpsons**
4.45 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Law & Disorder**
11.00 **Chicago Fire** 12/22. (S13)
12.00 NOON **FBI** (S6&7)
2.00 PM **The Rookie** 9/14. A newborn infant is stolen from a local hospital. (S3)
3.00 **Law & Order: Criminal Intent** 3/22. Goren and Eames investigate the murder of a dentist. (S7)
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Rookie** *Pilot:* 1/20. Crime drama with Nathan Fillion. A construction worker decides on a change of career. (S1)

9 PM
9.00 **Law & Order: Special Victims Unit** New episode *Feed the Craving:* 5/21. A woman is kidnapped during labour. (S27)

10 PM
10.00 **Law & Order: Criminal Intent** *Homo Homini Lupis:* 14/22. A vengeful loan shark kidnaps the family of a financier. (S1)
11.00 **The Rookie** 5/14. Officer Nolan is taken hostage by a man with nothing to lose. (S3)
12.00 M'T **FBI** 10&11/13. (S6)
2.00 AM **FBI: International** (S2)
3.00 **Road Wars**
4.00 **UK Border Force**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 4&5/10. (S4)
11.15 **House of the Dragon** (S1)
12.25 PM **Deadwood** (S2)
2.25 **Mussolini: Son of the Century**
3.25 **House of the Dragon** (S1)
4.40 **Gomorrah** 9/12. Ciro throws Genny's plans into chaos. **5.45** 10/12. Conte avenges Giuliano. Subtitled. (S1)
6.45 **The White Lotus** 5/7. Tanya and Portia embark on a whirlwind excursion. (S2)

9.00 The House of the Dragon

7.55 **The White Lotus** *Abductions:* 6/7. Ethan grows suspicious of Cam, Tanya gives Portia a warning about Jack, while Lucia helps the Di Grassos search for long-lost relatives. (S2)

9.00 NEW SERIES **House of the Dragon** 1/8. Return of the *Game of Thrones* prequel. The Dance of the Dragons erupts into war as rival Targaryens battle for the Iron Throne. *See feature, page 4.* (S3)
10.15 **The Last of Us** *When You're Lost in the Darkness:* 1/9. First episode of the Post-apocalyptic drama starring Pedro Pascal. (S1)
11.40 **Task** 2/7. Tom buries himself in the case. (S1)
12.50 AM **Hacks** 4-6/10. (S4)
2.45 **The White Lotus** (S2)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series
6.00 **Celebrity Catchphrase**

10.35 G'wed

7.00 NEW SERIES **The Floor USA** Rob Lowe hosts the American version of the fast-paced game show.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Love Island** New edition Relationship-based reality show in which singletons seeking a romance compete to find love.

10.05 **Love Island: The Debrief** New edition Daily *Love Island* reactions.
10.35 **G'wed** New episode *One Second to Kill Her:* 3/7. Reece finds his debating voice. (S3)
11.15 **Family Guy** (S3&2)
12.15 AM **American Dad!** (S2)
1.15 **Bob's Burgers** 12&8/22. (S13)
2.05 **Plebs** 2/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Killings of Copenhagen:* Barnaby and Nelson team up with a pair of detectives in Copenhagen on a murder case.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Honour Among Thieves:* Greengrass and Blaketon go into politics.

11.00 Law & Order: UK

6.55 **Heartbeat** *Shotgun Wedding:* Mike and Jackie plan a wedding, while Greengrass faces a crisis when his sister arrives.

8.00 **Midsomer Murders** *Tainted Fruit:* A socialite is found dead, and police investigations uncover a dark world of adultery and deceit in affluent Midsomer Malham. Guest stars Charles Collingwood.

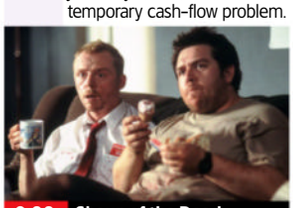
10.00 **Law & Order: UK** *Help:* 1/6. Brooks and Devlin investigate when a former top-flight footballer is murdered in London. (S4)
11.00 **Law & Order: UK** 2/6. A high-court judge is critically injured by a hitman. (S4)
11.50 **Shetland** 5/6. Perez struggles to deal with what has happened to Tosh. (S3)
1.00 AM **Shetland** 6/6. (S3)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.00 **The Saint**
9.05 **Boon**
10.10 **The Champions**
11.20 **BattleBots**
12.25 PM **Magnum, PI**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Champions** *Reply Box No 666:* A businessman is stabbed to death in a hotel.
5.55 **Minder** *A Fridge Too Far:* Arthur pawns his wife's jewellery to resolve a temporary cash-flow problem.



9.00 Shaun of the Dead

7.00 **Formula E Highlights** Action from the Sanya E-Prix, held at Haitang Bay Circuit in China.

8.00 **The Motorbike Show** Henry Cole explores the world of motorcycling, riding the Isle of Man TT circuit with Chris Walker.

9.00 FILM **Shaun of the Dead** Horror comedy starring Simon Pegg, Nick Frost and Kate Ashfield. A shop assistant sets out to save his family and friends when north London is invaded by zombies. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Star Trek: Strange New Worlds** 2/10. (S1)
12.05 AM **Lost** 2/24. (S2)
1.00 **Motorsport UK**
2.00 **BattleBots**
3.00 **Two and a Half Men**
4.00 **The Champions**
5.00 **to 6.00** AM **The Saint**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **The Great Food Guys**
8.00 **The River**
9.00 **The Agency: Unfiltered** New editions 3/6. The competitors are taken on a trip to Tenerife. **9.30** 4/6. Debs is upset to discover she is in the bottom two again.
10.00 **River City** New episode Callum braces himself to confess to Kelly-Marie.
10.30 **Two Doors Down** 1/6. Beth and Eric celebrate Ian and Gordon's anniversary. (S5)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Janey and Ashley Get a Real Job**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** (S3)
10.00 **Avenue 5** 7&8/8. (S2)
11.20 **Will & Grace** (S4)
12.20 PM **Frayed** 5/6. (S1)
1.20 **The Reluctant Landlord**
1.50 **Based on a True Story**
3.00 **Will & Grace** (S4)
4.00 **Frayed** 5/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** (S1&2)
8.00 **Resident Alien** (S4)
9.00 **Real Time with Bill Maher** New edition The comedian and guests discuss the week's events.
10.10 **The Office Movers** New episodes 3/8. Shazam takes on an office relocation job. **10.40** 4/8. Students are late for locker moving day. (S2)
11.15 **Based on a True Story**
12.15 AM **Resident Alien** (S4)
1.15 **Community** (S3)
2.45 **Frayed** 5/6. (S1)
3.40 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Darbar Festival**
8.20 **Watercolour Challenge**
9.25 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering: Angela Bassett**
12.00 NOON **Classic Movies**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Guy Garvey: From the Vaults**
4.00 **Discovering: Jeff Goldblum**
5.00 **Portrait Artist 2020**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: How It All Began**
9.00 **Isle of Wight Festival**
11.00 **Janine Jansen: Falling for Stradivari**
12.50 AM **Up Late with Nicola Benedetti**
2.25 **Notre-Dame: The Renaissance**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Classic Movies**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Border Patrol**
2.00 PM **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 19/26. (S4)
5.00 **Stargate SG-1** (S7)
6.00 **Stargate Atlantis** *Echoes:* 12/20. (S3)
7.00 **Star Trek: The Next Generation** *The Most Toys:* 22/26. Data is captured and held prisoner by a collector of unique treasures. (S3)
8.00 **Police 24/7**
9.00 **FBI: Most Wanted** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Celebrity Catchphrase**
2.00 **Tenable** Warwick Davis hosts the quiz show as five friends take part.
3.00 **The Chase Celebrity Special** Max George, Maisie Smith, Christine Ohuruogu and Owain Wyn-Evans take part.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **The Chase Celebrity Special** With guests Jasmine Harman, Helen Lederer, Neil Delamere and Jamie Borthwick.
10.00 **Tipping Point** Triple bill.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **George Clarke's Beautiful Builds** The architect helps a woman in Windsor with no renovation experience.
8.00 **Kirstie and Phil's Love It or List It** Revisiting a Stockport couple who needed help with their six-bedroom home.
9.00 **24 Hours in Police Custody** Documentary.
10.00 **The Accused: Beyond Reasonable Doubt?**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Emergency Helicopter Medics** Documentary.
2.10 **999: On the Front Line**
3.10 **Emergency**
4.10 **to 5.10** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 8&9/10. (S3)
4.00 **Stargate SG-1** 13/22. (S6)
5.00 **Star Trek: Voyager** 11/26. The Doctor discovers that his short-term memory has been tampered with, and tries to find out who was responsible. (S5)
6.00 **Star Trek: Enterprise** 8/26. Reed and Archer are accused of spying. (S2)

9.00 The Baby

7.00 **Stargate Atlantis** *Grace Under Pressure:* 14/20. McKay gets trapped underwater in a sinking Puddle Jumper. (S2)
8.00 **Stargate SG-1** *Sight Unseen:* 13/22. An ancient relic causes problems for the team members. (S6)
9.00 **The Baby** *The Arrival:* 1/8. Comedy drama starring Michelle de Swarte. **9.35** 2/8. Natasha frantically searches for the baby's mother. (S1)
10.10 **Grimm** *Death Do Us Part:* 11/22. Nick investigates after a paranormal investigator is killed while exploring a supposedly haunted house. (S4)
11.00 **The Walking Dead** 11/16. The group meets an apparently friendly stranger after surviving a huge storm. (S5)
12.00 M'T **Primeval** 6&7/10. (S3)
2.00 AM **The Walking Dead** (S5)
2.50 **The Baby** 1&2/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 6/24. (S4)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S2)
4.00 **The Mentalist** 6/24. (S4)
5.00 **Hudson & Rex** 15/16. Charlie and Rex investigate a targeted killing spree. (S4)
6.00 **Father Brown** *The Final Devotion:* The priest joins forces with Flambeau to search for a lost treasure.

7.00 Unforgettable

7.00 **Unforgettable** *Flesh and Blood:* 9/13. A trained killer who previously outsmarted Carrie returns. (S2)
8.00 **Death in Paradise** *Wish You Weren't Here:* 3/8. The body of a TV presenter is washed up on the shore. (S8)
9.00 **Return to Paradise** *Killer Climate:* 4/6. An activist is mysteriously bludgeoned to death while chained to an excavator with his group during a protest. (S1)
10.20 **Father Brown** *The Tanganyika Green:* The sleuth investigates the murder of a Colonial Postal Service officer.
11.25 **Death in Paradise** As 8pm.
12.25 AM **Hudson & Rex** As 5pm.
1.25 **Murdoch Mysteries** 12/13. The detective investigates the murder of a banker. (S2)
2.35 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.45 AM **Highlights**
9.00 **The Green Green Grass**
9.35 **Are You Being Served?**
10.15 **Last of the Summer Wine**
11.35 **Porridge**
12.15 PM **Keeping Up Appearances**
12.55 **The Green Green Grass**
1.30 **Dad's Army**
2.10 **Ever Decreasing Circles**
2.50 **Are You Being Served?**
3.30 **Red Dwarf**
4.50 **Dad's Army**
5.30 **Last of the Summer Wine**
6.45 **Keeping Up Appearances**

6.45 Keeping Up Appearances

7.25 **Dad's Army: The Lost Episodes** Frazer and Jones vie for promotion.
8.05 **Red Dwarf** Telepathic predators attack the crew. Guest stars Jenny Agutter. **8.45** The crew meet a bizarre alien life-form at a desolate space station.
9.20 **Not Going Out** Lee persuades Lucy to spend a long weekend on his father's new boat.
10.00 **Red Dwarf** The crew find themselves in a virtual reality Wild West town. **10.40** Lister is forced to marry a hideous alien.
11.20 **Harry Enfield and Chums** Tim Nice-but-Dim manages to find a kindred spirit.
12.00 M'T **Not Going Out**
12.35 AM **Men Behaving Badly**
1.10 **Inside No 9**
1.50 **Harry Enfield and Chums**
2.35 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Gordon's Great Escape**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein: From Venice to Istanbul** Rick arrives in Istanbul.
11.20 **Rick Stein's Cornwall**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Simon Reeve's South America**
4.00 **The Hairy Bikers' Chicken and Egg** The duo visit America.
5.00 **Rick Stein: From Venice to Istanbul** Rick arrives in Istanbul.
6.00 **Rick Stein's Cornwall**

7.00 Mortimer & Whitehouse

7.00 **Mortimer & Whitehouse: Gone Fishing** From the River Test in Hampshire.
7.40 **Would I Lie to You?** With Angellica Bell, Bob Mortimer, Suggs and Holly Willoughby. **8.20** Guests include Sophie Ellis-Bextor and Briony May Williams.
9.00 **Have I Got a Bit More News for You** Charlie Brooker hosts the satirical quiz, with Miles Jupp and Charlotte Ivers.
10.00 **QI XL** Guests Julia Zemiro, Sue Perkins and Ross Noble join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats** With Angela Barnes, Paisley Billings, Lloyd Griffith and Tom Read Wilson.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Greg Proops.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** A solicitor's letter addressed to Compo causes a stir. **6.40** Barry's promotion at the building society causes issues.

8.00 The Brokenwood Mysteries

7.20 **Last of the Summer Wine** Truly mischievously spreads the rumour there is a tiger on the loose. With Norman Wisdom.
8.00 **The Brokenwood Mysteries** New episode *Death Has Four Strings:* 5/6. Rehearsals for the the Brokenwood Ukulele Orchestra hit a deadly note when their star performer is found dead in his car, strangled by his own instrument. (S12)
10.00 **New Tricks** *Bermondsey Boy:* An old friend asks Gerry to investigate the murder of his grandson, and Sasha is forced to work with her ex-husband.
11.20 **Silent Witness** *And Then I Fell in Love:* Nikki stumbles upon a sinister world of sex grooming. Guest stars Sanjeev Bhaskar.
1.35 AM **Lovejoy**
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

Monday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 3-5/20. (S17)
12.00 NOON **Law & Order**
6.05 PM **NCIS** *Schooled:* 18/20. The body of a technician in the naval reserves is found floating in a lake. **7.00** *Blarney:* 19/20. Jimmy and Kasie are taken hostage in a diner after a robbery goes awry. **8.00** *The Arizona:* 20/20. A man claims he served on the USS *Arizona* during the attack on Pearl Harbor. (S17)
9.00 **NCIS: Hawaii** New episode *License to Thrill:* 3/10. A Navy Federal Credit Union is robbed and the NCIS team track down the thieves. (S3)
10.00 **Law & Order: Special Victims Unit** (S11)
1.50 AM **Blue Bloods** (S11)
2.45 **Bull** 7/20. (S4)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** A builder falls 12ft onto concrete, and a six-year-old is hit by a car after leaving school.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Winter Road Rescue**
9.40 **Traffic Cops**
10.40 **Police Interceptors**
12.45 PM FILM **Bandits of the West** Western. (1953, b/w, PG, 54min) ★★
1.50 FILM **The Left-Handed Gun** Western. (1958, b/w, PG, 102min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A Range Rover refuses to stop for Northumbria Police.
9.00 **Police Interceptors: Taking Down the Shoplifting Gangs**
10.00 **Highway Thru Hell**
11.00 **The X-Files** 3/24. (S4)
12.00 M'T **999: Criminals: Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS: The Big Build** The team transform the home of a woman with a rare genetic disorder. **7.00** The team attempt to rebuild a Chelsea Flower Show garden on the roof of the Great Ormond Street Hospital.
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a litter of pups who were found abandoned in a crisp box.
9.00 **999 Rescue Squad**
11.00 **Antiques Road Trip**
1.00 AM **Preaching Evil: A Wife on the Run with Warren Jeffs**
2.05 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Secrets of the Transport Museum**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** Robbie moors in Abingdon and tackles an emergency DIY repair. **8.00** Robbie pays a visit to a former Beatle's home in Henley.
9.00 **Fake or Fortune?** Fiona Bruce and Philip Mould examine a painting potentially by abstract artist Piet Mondrian.
10.00 **Bangers & Cash**
12. 00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Celebrity Yorkshire Auction House** Double bill.
2.00 PM **The Repair Shop: NHS Special**
3.00 **Salvage Hunters**
5.00 **Long Lost Family: Born Without Trace**
6.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** A battalion of Action Man toys end up in a bidding war.
8.00 **Antiques Road Trip** Izzie Balmer and Mark Hill visit Pembrokeshire.
9.00 **The Yorkshire Auction House** Double bill.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Monday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S2)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 18&16/24. (S8)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 20&21/24. (S8)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 8/25. Potter writes a letter home. **7.30** 9/25. The 4077th provides shelter for a group of Korean orphans. **8.00** 10/25. A wounded officer claims he's Christ. **8.30** 11/25. BJ writes home about one of Frank's routine foul-ups. **9.00** 12/25. BJ plays agony aunt to a jilted GI. **9.35** 13/25. Frank puts his affairs in order. (S4)
10.10 **M*A*S*H** (S4)
1.30 AM **Rising Damp** (S2)
2.00 **Man About the House**
2.25 **A Fine Romance** (S4)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **FILM Abilene Town** Western drama. (1946, b/w, 15, 91 min) ★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** 6/36. (S1)
2.40 **FILM Jesse James** Vintage Western. (1939, U, 106min) ★★★
5.00 **Hitler's Art Dealer**
6.00 **FILM Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
8.00 **FILM Broken Arrow** Thriller. (1996, 15) ★★
10.20 **FILM Last Knights** Medieval adventure. (2015, 15, 112min) ★★
12.45 AM **Dragon Ball Super**
1.45 **Coast Guard Alaska**
2.45 **FILM NYC: Tornado Terror** (2008, PG) ★★
4.25 **Air Rescue**
4.55 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Aurora Teagarden Mysteries: How to Con a Con** Thriller. (2020, PG) ★★
10.05 **In Plain Sight** 2/15. (S2)
11.05 **Castle** 8/24. (S3)
12.05 PM **FILM Ruby Herring Mysteries: Her Last Breath** (2019, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 9/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 3/15. (S2)
10.00 **FILM Picture Perfect Mysteries: Dead Over Diamonds** Crime drama. (2020, PG, 90min) ★★
11.55 **FILM An Aurora Teagarden Mystery: A Lesson in Murder** Drama. (2024, PG, 84min) ★★
1.50 AM **FILM Killer Night Shift** (2018, 15) ★★
3.25 **to 5.00** AM **FILM Labour, Lies and Murder** Thriller. (2022, 12) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.00 AM **FILM The Magical Christmas Shoe** Comedy. (2019, PG, 87min) ★★
10.00 **FILM Dashing Home for Christmas** Drama. (2020, PG, 84min) ★★
11.55 **FILM 12 Toys of Christmas** (2025) ★★
2.00 PM **FILM Finding Father Christmas** Drama. (2016, U, 83min) ★★
3.55 **FILM A Family for the Holidays** (2018, U) ★★
5.50 **FILM Hearts of Christmas** Drama. (2016, PG, 86min) ★★
7.45 **FILM Christmas in the Caribbean** Comedy. (2022, PG, 90min) ★★
9.45 **FILM Christmas Comes Home** Festive drama. (2020, PG, 84min) ★★
11.50 **FILM A Christmas Mission** (2020, PG) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Finding Father Christmas** As 2.00pm.

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **In the Spotlight**
3.00 **My Greek Kitchen**
4.00 **Highclere: The Real Downton Abbey**
5.00 **My Floating Home**
6.00 **Love Your Garden**
7.00 **LumoTV: DeSign**
7.30 **Queer Lives Today**
8.00 **Garden Rescue** The team transform an overgrown garden in Southampton. **9.00** Transforming a characterless garden.
10.00 **LumoTV: DeSign**
10.30 **FILM Bread** Drama starring Anthony Nigel. (1971, 15, 72min) ★★
12.00 M'T **FILM The Playbirds** Thriller starring Mary Millington. (1978, 18) ★
2.00 AM **FILM What's Good for the Goose** Comedy with Norman Wisdom. (1969, 15, 104min) ★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large**
10.30 **Two's Company** (S3)
11.00 **The Fenn Street Gang**
11.30 **Agony** 1/7. (S3)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** (S1)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.05 **Hank the Cowboy**
3.20 **Rewind Time Machine**
3.25 **Boon** 11/13. (S3)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S3)
7.30 **Doctor at Large**
8.00 **Randall and Hopkirk...**
9.00 **Drop the Dead Donkey**
10.00 **FILM This That and the Other** (1970, 18) ★★
11.40 **FILM The Ups and Downs of a Handyman**
1.30 AM **Stereo Underground**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures with Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captain Wild Bill tries to save his boat from the coastline. **8.00** Captain Sig looks north to Russia to catch Norwegian reds.
9.00 **Crikey! It's the Irwins** A beloved crocodile becomes critically ill.
10.00 **The Zoo** Documentary.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Survival challenge.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **River Cottage Every Day** Free-range meat.
7.00 **The Hairy Bikers' Comfort Food**
8.00 **Delicious Miss Brown**
9.00 **Jamie's 15 Minute Meals**
10.00 **Be My Guest with Ina Garten** Double bill.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's French Adventure** Double bill.
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
6.00 **Be My Guest with Ina Garten** Double bill.
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **James Martin's Spanish Adventure** James is introduced to torrijas. **10.00** A visit to Madrid.
11.00 **Diners, Drive-Ins and Dives** Triple bill.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 23/24. (S8)
9.00 **T.J. Hooker** 17/23. (S4)
10.00 **Babylon 5** 10/23. (S1)
11.00 **FILM Walker, Texas Ranger: Trial by Fire** Drama with Chuck Norris. (2005, 12, 90min) ★★
12.50 PM **FILM The Bridges at Toko-Ri** War drama. (1954, U, 99min) ★★★
2.50 **FILM Yangtse Incident** Naval adventure. (1956, b/w, PG, 113min) ★★★
5.00 **Star Trek** 1/24. (S3)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 11/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Equilibrium** Sci-fi action thriller. (2002, 15, 107min) ★★★
11.10 **FILM The Foreigner** Thriller with Jackie Chan. (2017, 15, 113min) ★★
1.25 AM **FILM Black Water** Thriller. (2018, 15) ★★
3.30 **to 5.15** AM **FILM Age of Kill** Action thriller. (2015, 15, 82min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM Zodiac: Signs of the Apocalypse** Thriller. (2014, PG) ★
11.00 **Andromeda** 2/22. (S3)
12.00 NOON **FILM Dragonquest** Fantasy. (2009, 12, 90min) ★★
2.00 PM **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM The Curse of the Werewolf** Horror chiller. (1961, 12, 92min) ★★★
7.00 **Andromeda** 3/22. (S3)
8.00 **The A-Team** 12/14. (S1)
9.00 **FILM The Sentinel** Political thriller starring Michael Douglas. (2006, 12, 108min) ★★★
11.10 **FILM The Enforcer** Action thriller starring Antonio Banderas. (2022, 18, 90min) ★★
1.05 AM **FILM The Sentinel**
3.10 **FILM The Curse of the Werewolf** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** The team head to Burton upon Trent.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Storage Hunters**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **History's Greatest Mysteries** Double bill.
11.00 **Hazardous History with Henry Winkler**
12.00 M'T **Discovered by Disaster** Evidence of early human activity.
1.00 AM **Alien Files: Unsealed**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Yorkshire Great and Small** The Holme Valley.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Around the World by Train with Tony Robinson** From France.
5.00 **Britain's Greatest Bridges** Documentary.
6.00 **Volcano with Dara O' Briain** 1/2. Documentary.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Spain with Michael Portillo** From Murcia.
10.00 **An Unsuitable Job for a Woman** 2/6. (S1)
11.05 **I Escaped a Murderer**
12.00 M'T **Wentworth: The Final Sentence** (S9)
1.05 AM **The Yorkshire Vet**
2.00 **Yorkshire Great and...**
3.00 **Britain's Greatest Bridges** Forth Rail Bridge.
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Melinda Messenger, Michelle Hardwick, Nigel Havers and Dave Gorman.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **The Chase**
2.00 **The Chase Celebrity...**
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **Mock the Week: Summer Specials** Dara Ó Briain hosts the topical comedy show.
10.00 **FILM The Truman Show** Satirical comedy starring Jim Carrey as the star of a documentary soap opera who is unaware that every moment of his life is being broadcast to the world. With Laura Linney and Ed Harris. (1997, PG, 99min) ★★★★
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S7&1)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
12.55 PM **Impractical Jokers**
1.20 **Friends** 7-19/24. (S9)
7.55 **Friends** 20/24. Joey decides to throw a party. **8.25** 21/24. Rachel sneaks into a spa. (S9)
9.00 **Michael McIntyre: Happy & Glorious**
10.00 **Fern Brady: Power & Chaos** Stand-up show.
11.00 **Utopia** 5/8. (S5)
11.35 **Whose Line Is It Anyway? USA**
12.35 AM **Most Ridiculous**
1.35 **South Park** (S2)
2.35 **Jack Whitehall: Comedy Central Live**
3.05 **Jeff Dunham: Comedy Central Live**
3.25 **Russell Howard: Live at the London Palladium**
4.10 **The Pep Talk**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
6.50 **Rosie Jones Tries to Help** With Sophie Duker.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel** As 5.00pm.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 1/8. (S2)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel** With Will Mellor and Kate Williams.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S6)
9.00 **Friends**
2.05 AM **8 Out of 10 Cats Uncut** With Ellie Taylor.
2.55 **Michael McIntyre's The Wheel** As 5.00pm.
3.45 **New Girl** 2-5/23. (S3)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 5/7. (S4)
10.50 **Steptoe and Son** (S5)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 4/13. (S2)
2.40 **Minder** 10/11. (S1)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 4/7. (S4)
5.30 **Birds of a Feather**
6.00 **That's 60s: Best Music Live!**
6.05 **Rising Damp** 4/7. (S1)
6.40 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 1/13. (S8)
9.00 **Benidorm** 5&6/6. (S1)
9.55 **Shameless** 2/11. (S2)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 5&6/6. (S1)
12.50 AM **Minder** 8/11. (S1)
1.55 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.00 **Bar Rescue**
11.00 **Dallas Cowboys Cheerleaders**
12.00 NOON **Catfish: Teams**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** Reality series.
8.30 **Judge Judy**
9.00 **Ink Master Redemption**
10.00 **Tattoo Fixers**
11.00 **Geordie Shore Turns 21!** Gaz celebrates his birthday, and Charlotte takes her holiday romance to the next level.
12.00 M'T **Ridiculousness**
1.00 AM **Ink Master**
2.45 **Caught in the Act: Double Life**
3.35 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Maine Cabin Masters**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at: **4.30** Making birds' nest soup.
5.00 **The Last Alaskans** Lower-than-expected levels of snow causes trouble for the people of the Arctic Refuge. **6.00** Dwindling levels of daylight make it difficult to adequately check game traps.

10.00 Expedition X

7.00 **Kindig Customs** The shop is finally ready to take the Outlaw Porsche to its conclusion.
8.00 **The Woodland Workshop** Cabinet Maker Ciarán runs into trouble creating a unique rocking chair.
9.00 **Maine Cabin Masters** Chase and his team help a DIY homeowner jump-start his project and complete a renovation.
10.00 **Expedition X** Phil and Heather visit a castle reportedly built over a Nazi portal to hell.
11.00 **Expedition X** Phil and Heather travel to the most haunted château in France and investigate terrifying tales.
12.00 M'T **Wild & Weird America**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Edge of Alaska**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** A giant aquarium.
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Boating search-and-rescue teams save multiple people from dangerous swift water.
6.00 **Dr Jeff: Rocky Mountain Vet** A homeless man's five-month-old puppy breaks its paw.

8.00 Sharkwrecked

7.00 **Treehouse Masters** Pete and his crew recall the most magnificent builds they have enjoyed in the world of treehouses.
8.00 **Sharkwrecked: Crash Landing** A unique exploration of the world's most remote shark-infested waters.
9.00 **Alaska: The Last Frontier** The Kilchers spend Thanksgiving on Atz Senior's floating homestead, the *Yuletide*.
10.00 **Alaskan Bush People** Time away from the homestead leaves the Browns struggling to get back on track.
11.00 **The Haunted** The alleged spirit of a man terrorising dogs.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Intruders**
2.00 **Treehouse Masters: Out on a Limb** A recording studio.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines**
11.00 **Car S.O.S** A Rover P4 100.
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **Nazi Megastructures: Battle Ready** Unusual war machines.
3.00 **Engineering by Catastrophe**
4.00 **Best of the World with Antoni Porowski** New edition Antoni explores Paris' most unforgettable experiences.
5.00 **Drain the Oceans**
6.00 **World War II: Secrets from Above** The battle for Stalingrad.

4.00 Best of the World

7.00 **Air Crash Investigation** A crash in Norway that may have been caused by a mysterious substance on the runway.
8.00 **Amsterdam Central 24/7** New edition The city marks its 750th anniversary, but heavy showers disrupt services.
9.00 **Air Crash Investigation** Examining the crash of the Berlin-to-Zurich Crossair Flight 3597 in November 2001.
10.00 **Trafficked with Mariana Van Zeller** New edition A look at highlights from the documentary series.
11.00 **Air Crash Investigation** A cockpit window explodes.
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Airport Security: Rome**
2.00 **Car S.O.S** Renault Alpine GTA.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Hardcore Pawn**
9.15 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Secrets Declassified with David Duchovny**
2.00 **Digging for Britain** Four editions, including at: **5.00** Archaeological finds across the north of Britain.
6.00 **American Pickers** Mike Wolfe views a unique collection that includes monsters, gargoyles and a custom rocket ship.

10.00 The Proof Is Out There

7.00 **Forged in Fire** Four smiths face a challenge in which they must use discarded pieces of scrap steel to make their blades.
8.00 **Secrets in the Ice** The fate of a British South American Airways flight, which disappeared in a snowstorm in August 1947.
9.00 **Secrets Declassified with David Duchovny** New edition A French Resistance operative hides explosives in baguettes.
10.00 **The Proof Is Out There: Unexplained Edition** New edition Tony Harris and experts probe chilling paranormal footage.
11.00 **What on Earth?** Anomalies appearing on satellite images.
12.00 M'T **Digging for Britain**
2.00 AM **World War II with Tom Hanks** New edition The Nazis fight to take Soviet oil fields and the city of Stalingrad.
3.00 **Secrets in the Ice**
4.00 **Secrets Declassified with David Duchovny** As 9.00pm.
5.00 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Vanessa Redgrave** Profile of the actor.
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Rolling Stone: Stories from the Edge** 1/6. Documentary.
11.00 **Lockerbie** 1/4. Documentary.
12.00 NOON **Pantani: The Accidental Death of a Cyclist**
2.00 PM **Premier League 360: Big Sam's Bolton**
4.00 **The Directors**
5.00 **Discovering: Vanessa Redgrave** Profile of the actor.

8.00 Death on the Beach

6.00 **The Loneliest Whale: The Search for 52** A rare whale that calls out at a frequency unrecognised by other whales.
8.00 **Death on the Beach** 1/3. The stories of young travellers who have died on the backpacking Thai island of Koh Tao.
9.00 **Death on the Beach** 2/3. Boyne Annesley tracks down the last person to see his daughter Chrissie alive.
10.00 **Death on the Beach** 3/3. Boyne Annesley follows up leads that he hopes will prove what happened to Chrissie.
11.00 **Liverpool Narcos** 1-3/3. Documentary about the drugs trade in 1980s Liverpool.
2.00 AM **Wirecard: A Billion Euro Lie** Documentary lifting the lid on the global scandal surrounding financial payment firm Wirecard.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Vanessa Redgrave**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Secret Life of the Auction House**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars**
9.00 **Shed and Buried** New editions Double bill. Trying to make a profit from abandoned automotive gems.
10.00 **MotoGP Highlights**
11.00 **British Superbikes**
12.00 M'T **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories** Helen McCourt.
12.00 NOON **Deadly Affairs**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Documentary.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** A teenager who was the victim of an unprovoked assault.
8.00 **Murder on CCTV** The story of the 2011 murder of Patty Ayala.
9.00 **The Killer in My Family**
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The story of Susan Waring.
8.00 **UK Crime Files: No Honour Killing** Simon Toyne investigates the killing of Banaz Mahmod.
9.00 **UK Crime Files: Lady Killer** How the murder of an actor triggered a nationwide manhunt.
10.00 **Donal MacIntyre's Killer Evidence** The murder of 13-year-old Lucy McHugh.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: No Honour Killing**
1.00 AM **UK Crime Files: Lady Killer**
2.00 **Donal MacIntyre's Killer Evidence**
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Deadly Taxi Driver**
9.55 **UK Crime Files: Eastbourne's Dr Death**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Uncovering Melanie's Murderer**
3.00 **UK Crime Files: Murder – A Fight for Justice**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A forensic psychiatrist is brought in to distinguish fact from fiction. **5.30** Vital clues are gleaned from the body of a 16-year-old girl. **6.00** A woman falls from a cliff to her death. **6.30** A young woman investigates her mother's disappearance.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Caught Red Handed**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **Murders at the Boarding House**
3.15 **How I Caught the Killer**
4.10 **What the Killer Did...**
5.05 **Killer in My Village**
6.00 **Murders That Shocked the Nation**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **The Real CSI: Miami**
10.00 **What the Killer Did Next** Sabina Nessa.
11.00 **How I Caught the Killer**
12.00 M'T **Most Evil Killers**
2.00 AM **Murdered at First Sight** Tashan Daniel.
3.00 **Britain's Most Evil Killers**
4.00 **Britain's Longest Road**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Britain's Biggest Dig**
10.00 **Egypt's Darkest Hour**
10.55 **WW2: Battle of Crete**
12.00 NOON **The Bush Years: Family, Duty, Power**
1.00 PM **10 Mistakes That Sank the Titanic**
2.10 **Britain's Biggest Dig**
3.20 **Egypt's Darkest Hour**
4.15 **WW2: Battle of Crete**
5.20 **The Bush Years: Family, Duty, Power**
6.20 **Grand Tours of the Scottish Islands**
6.55 **Britain's Biggest Dig**
8.05 **Egypt's Darkest Hour**
9.00 **WW2: Battle of Crete**
10.05 **The Bush Years: Family, Duty, Power** An exploration of the US presidential family's internal dynamics.
11.05 **Egypt's Darkest Hour**
12.00 M'T **WW2: Battle of Crete** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Arabian Inferno**
11.00 **Africa's Hunters**
12.00 NOON **Wild Battlegrounds**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Arabian Inferno**
5.00 **Africa's Hunters**
6.00 **Wild Battlegrounds**
7.00 **Monkey Life** Double bill.
8.00 **Wild Sky**
9.00 **Wild Latin America** Breeding season nears for the squirrel monkeys.
10.00 **Wild Battlegrounds** The impact of different habitats on animal behaviour.
11.00 **Africa's Hunters**
12.00 M'T **A Wild Year on Earth**
1.00 AM **Hope for Wildlife**
2.00 **Wild Sky**
3.00 **Wild Latin America**
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
6.00 **Ultimate Mysteries**
7.00 **Crimes That Shook Britain** The crimes of Shropshire killer Christopher Foster.
8.00 **Life After People** Scientists explore how hidden dangers once held at bay by humans would erupt in their absence.
9.00 **The Proof Is Out There** A huge creature in Lake Superior.
10.00 **History's Most Shocking** Analysis of four distinct events, including the historic 1937 Hindenburg airship disaster.
11.00 **Ancient Aliens** The divine significance of the number 12. **12.00** M'T Investigating a mystical realm supposedly hidden in the Himalayas.
1.00 AM **Crimes That Shook Britain**
2.00 **Digging for Britain**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
1.00 PM **Codes and Conspiracies**
2.00 **Blowing Up History**
3.00 **Truth Behind the Moon Landing** Triple bill of editions.
6.00 **How It's Made: Dream Cars**
9.00 **How the Universe Works** The search for alien life on other planets in the galaxy. **10.00** The discovery of thousands of exoplanets beyond our solar system.
11.00 **NASA's Unexplained Files** Investigating unexplained transmissions heard by Apollo astronauts on the far side of the moon. Plus, an astronomer spots a strange disturbance in Martian atmosphere. **12.00** M'T Nasa makes a shocking discovery while tracking an asteroid that is heading toward Earth.
1.00 AM **Truth Behind the Moon Landing** Triple bill of editions.
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Judge Rinder**
2.00 PM **Green Eyed Killers**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Green Eyed Killers** New edition What happens when jealousy turns deadly.
9.00 **Murder at the Motel** Police responding to a call at a motel uncover the body of the owner.
10.00 **Look What You Made Me Do** A single mother disappears.
11.00 **The Death Investigator with Barbara Butcher** A chain of forensic contradictions.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** A businessman is shot.
2.00 **The Death Investigator with Barbara Butcher** New edition
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Snakes in the City**
2.00 **Heartland Docs**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet** Dr Oakley checks in on some therapy animals.
7.00 **The Incredible Dr Pol Compilation** New editions Highlights from the series.
9.00 **Australia's Land of the Ancients** The ancient landscape of northeastern Australia.
10.00 **Border Protection Spain** The Coastguard encounter a potential suicide.
11.00 **To Catch a Smuggler**
12.00 M'T **Dutch Caribbean Coastguards** Documentary.
1.00 AM **Last of the Giants: Wild Fish** The elusive, giant muturo.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Fish Tank Kings**

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Examining how Earth's solar system was formed.
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition Unknown** In Egypt, Josh Gates searches for ancient artefacts, mummies and opens a sarcophagus for the first time.
9.00 **Secrets Underground** A looming threat beneath the densely populated city of Naples.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Secrets of the London Underground** Four editions.
1.00 PM **Secrets of the London Underground** Four editions
5.00 **Whatever Happened to the Likely Lads?** Double bill.
6.20 **Citizen Smith** First episode of John Sullivan's 1970s comedy starring Robert Lindsay. **7.00** Wolfie prepares to meet his girlfriend's parents. **7.40** Wolfie and Ken ask Shirley for help when they are evicted.
8.20 **Whatever Happened to the Likely Lads?** Terry comes out on top after getting into a scuffle with the local hard-man. **9.00** Bob gets a taste of his future at the funeral of Terry's Uncle Jacob.
9.40 **Citizen Smith** Triple bill.
11.40 **Whatever Happened to the Likely Lads?** Double bill.
1.00 AM **Citizen Smith** Triple bill.
3.00 **Whatever Happened to the Likely Lads?** Double bill.
4.00 **Citizen Smith** Triple bill.
5.35 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Evil Stepmothers**
12.00 NOON **Dead of Night**
1.00 PM **American Monster**
3.00 **Murder in the Heartland**
7.00 **The Big Swindle** A bogus travel agent scam involving hundreds of victims is uncovered. **8.00** A woman's life falls apart when she discovers her relationship is a lie.
9.00 **Faking It: Tears of a Crime** The 2016 murder of best-selling author Helen Bailey by her partner Ian Stewart, who had earlier helped volunteers in her search.
10.00 **American Monster** Jealousy and violent control soon spiral into devastating consequences.
11.00 **The Curse of Lizzie Borden** Dave Schrader assembles a team of paranormal experts to examine the infamous case.
1.00 AM **The Real Murders on Elm Street** A beloved grandfather is found dead on Halloween.
2.00 **Murder in the Heartland**
4.00 **to 6.00** AM **The Big Swindle**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead: Born Mechanic**
3.00 **World's Biggest Shipbuilders**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** 1/3. The team transform a 1970s step van for a fan's whiskey business.
9.00 **Outback Truckers** Robbie transports a huge house during a tropical storm.
10.00 **World's Biggest Shipbuilders**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** Richard tries to raise emergency funds.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **The Cinema List: Book Adaptations**
7.30 **The Internship** As 3.20am.
9.20 **LifeHack** As 4.25pm.
11.05 **Carolina Caroline** As 8.00pm.
1.05 PM **Sisu: Road to Revenge** Action adventure sequel. (2025, 15, 89min) ★★★★
2.45 **Fuze** As shown at 12.00m't.
4.25 **LifeHack** Thriller with Georgie Farmer. (2025, 15, 97min)
6.10 **Dead Man's Wire** Thriller. (2025, 15, 104min) ★★★★

6.10 Dead Man's Wire

8.00 Carolina Caroline Crime thriller starring Samara Weaving and Kyle Gallner. A young woman joins a charismatic con man on the run, leaving a trail of crime and passion. With Kyra Sedgwick and Jon Gries. (2025, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Black Phone 2 Thriller sequel starring Ethan Hawke. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fuze** Thriller starring Aaron Taylor-Johnson. (2026, 15, 97min) ★★★
1.40 AM **Him** Horror with Marlon Wayans. (2025, 18, 96min)
3.20 **The Internship** Thriller with Lizzy Greene. (2026, 15, 87min)
5.10 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Ultimate Action

303 303 403 503 517

6.00 AM **Enter the Dragon** (1973)
8.00 **xXx** As shown at 2.05am.
10.10 **xXx: The Next Level** (2005)
12.10 PM **xXx: Return of Xander Cage** Action thriller sequel. (2016, 12, 107min) ★★★
2.10 **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
4.15 **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. (2025, 15, 89min) ★★★
6.00 **Bad Boys** Action comedy. (1995, 15, 118min) ★★★

6.00 Bad Boys

8.00 Bad Boys II Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union, Joe Pantoliano, Jordi Mollà and Theresa Randle. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Sisu: Road to Revenge Finnish action sequel starring Jorma Tommila. Returning to his house, a one-man army comes up against his family's killers and sets out for revenge. Partly subtitled. (2025, 15, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
2.05 **xXx** Espionage action thriller. (2002, 12, 124min) ★★
4.20 **to 6.20** AM **xXx: The Next Level** Action thriller sequel. (2005, 12, 97min) ★★

Sky Cinema Drama

310 310 410 510 524

8.00 AM **The Breakfast Club** (1984)
9.45 **Aisha** Drama with Letitia Wright. (2022, 12, 94min) ★★★★
11.30 **I Used to Be Funny** Comedy drama starring Rachel Sennott. (2023, 15, 105min) ★★★
1.20 PM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
3.25 **Wuthering Heights** Drama. (2026, 15, 136min) ★★★★
5.45 **Erin Brockovich** Fact-based drama starring Julia Roberts. (2000, 15, 133min) ★★★★
8.00 **Jerry Maguire** Comedy drama starring Tom Cruise as an idealistic sports agent who finds support from an adoring single mother and a pugnacious American football star. With Cuba Gooding Jr and Renée Zellweger. (1996, 15, 139min) ★★★★
10.25 **Girl You Know It's True** Biopic starring Elan Ben Ali and Tijan Njie. (2023, 15, 124min) ★★★
12.35 AM **The Breakfast Club** Comedy drama. (1984, 15, 97min) ★★★★
2.20 **The Swimmer** Israeli drama. (2021, 18, 84min) ★★★
3.50 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
5.40 **to 7.45** AM **Birdy** Drama. (1984, 15, 120min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

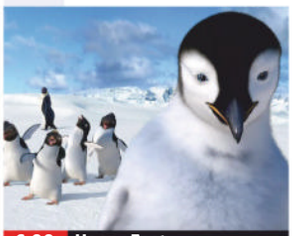
7.05 AM **Presence** As 1.40am.
8.40 **Companion** As 3.10am.
10.25 **Riddick** As shown at 4.55am.
12.25 PM **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
2.20 **Men in Black: International** Fantasy comedy sequel. (2019, 12, 110min) ★★★
4.20 **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
6.10 **The Crazies** Horror remake of the 1973 George A Romero cult film, starring Timothy Olyphant. (2010, 15, 101min) ★★★★
8.00 **Anacondas: The Hunt for the Blood Orchid** Horror adventure sequel starring Johnny Messner, KaDee Strickland and Morris Chestnut. (2004, 12, 97min) ★
9.45 **Constantine** Supernatural horror thriller based on the *Hellblazer* comic books, starring Keanu Reeves and Rachel Weisz. (2005, 15, 121min) ★★★
11.50 **Wolf Man** Werewolf horror. (2024, 15, 103min) ★★★
1.40 AM **Presence** Horror thriller. (2024, 15, 84min) ★★★★
3.10 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
4.55 **to 7.00** AM **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.15 AM **The Secret Life of Pets** Animation. (2016, U) ★★★
7.45 **Despicable Me** (2010) ★★★★
9.25 **Despicable Me 2** (2013) ★★★
11.05 **Despicable Me 3** (2017) ★★★
12.40 PM **Minions** (2015, U) ★★★★
2.20 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
4.20 **Penguins of Madagascar** Animation. (2014, U) ★★★★
6.00 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★



6.00 Happy Feet

8.00 Happy Feet Two Animated musical sequel with the voice of Elijah Wood. A penguin and his son must find a way to free their flock after they are cut off from the sea. (2011, U, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Lego Movie Animated comedy featuring the voices of Chris Pratt and Elizabeth Banks. An ordinary man living in a city made of the construction toy is mistakenly chosen to save the world. (2014, U, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Transformers One** Animated sci-fi adventure featuring the voice of Chris Hemsworth. (2024, PG, 104min) ★★★★
1.30 AM **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
3.30 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
5.15 **to 7.15** AM **Transformers One**

Sky Cinema Action

306 306 407 507 521

7.15 AM **Final Score** Action drama. (2018, 15, 104min) ★★★
9.10 **The Running Man** Thriller. (2025, 15, 133min) ★★★
11.30 **Transformers: Dark of the Moon** Sci-fi adventure sequel. (2011, 12, 154min) ★★★
2.15 PM **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
3.55 **Godzilla** Monster movie. (1998, PG, 139min) ★★★
6.20 **Fuze** Thriller with Theo James. (2026, 15, 97min) ★★★

10.45 Sudden Death

8.00 Transformers: Age of Extinction Sci-fi action adventure sequel starring Mark Wahlberg. The shape-changing robots emerge from hiding when technology from their own world threatens the human race. (2014, 12, 166min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

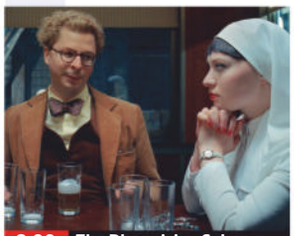
10.45 Sudden Death Thriller starring Jean-Claude Van Damme and Powers Boothe. A divorced father tackles a terrorist gang that is holding the US vice president hostage in an ice hockey stadium. (1995, 18, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **High Plains Drifter** Clint Eastwood's Western. (1972, 18, 105min) ★★★★
2.30 **God Is a Bullet** Thriller. (2023, 18, 156min) ★★★
4.30 **to 6.15** AM **Blood for Dust** Thriller starring Scoot McNairy. (2023, 15, 98min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
8.05 **Police Academy 3: Back in...**
9.45 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
12.05 PM **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
2.05 **American Pie: The Wedding** Comedy sequel. (2003, 15) ★
3.50 **American Reunion** Comedy sequel. (2012, 15, 108min) ★★
5.55 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★



8.00 The Phoenician Scheme

8.00 The Phoenician Scheme Wes Anderson's comedy starring Benicio del Toro. A wealthy businessman and his daughter become the target of tycoons, terrorists and assassins. (2025, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Pitch Perfect 2 Comedy sequel starring Anna Kendrick. The Barden Bellas try to redeem their reputation at the World Championships of A Cappella in Copenhagen. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
1.30 AM **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
3.00 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
4.30 **Sky Cinema Preview**
5.30 **to 7.05** AM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **A Place Called Silence** Thriller. (2024, 15) ★★★
8.35 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
10.45 **The Hunt for Red October** Thriller. (1990, PG) ★★★★
1.15 PM **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
3.15 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
5.35 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★

10.00 Lethal Weapon

8.00 The Bourne Ultimatum Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles and David Strathairn. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

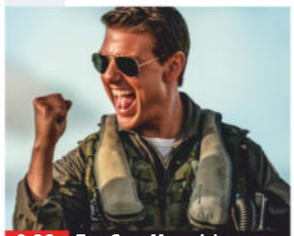
10.00 Lethal Weapon Action comedy thriller starring Mel Gibson and Danny Glover. A volatile undercover cop and his unwilling new partner take on a drugs gang. (1987, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
2.00 AM **Against All Odds** Thriller. (1984, 18, 116min) ★★
4.05 **The Big Heat** Gangster thriller. (1953, b/w, 15, 90min) ★★★★
5.40 **to 7.15** AM **Rashomon** Classic Japanese drama. (1950, b/w, 12, 88min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **It Should Happen To You** Vintage romantic comedy. (1953, b/w, U, 100min) ★★★
12.45 PM **Western Union** Western. (1941, b/w, U, 94min) ★★★
2.40 **Garden of Evil** Western. (1954, PG, 100min) ★★
4.45 **To Hell and Back** War drama. (1955, PG, 106min) ★★★
6.55 **Behind Enemy Lines** War drama starring Owen Wilson. (2001, 12, 106min) ★★★



9.00 Top Gun: Maverick

Behind Enemy Lines (film started at 6.55pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Top Gun: Maverick Action drama starring Tom Cruise. Pete 'Maverick' Mitchell gets called back to the Top Gun academy, where he must train a new band of recruits for a deadly mission. With Jennifer Connelly. (2022, 12, 130min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.35 **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. (2018, 15, 121min) ★★★ **11 PM**
1.55 **to 3.50** AM **Hit the Road** Persian comedy drama with Hassan Majooni. Partly subtitled. (2021, 12, 93min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Epic Worlds

302 302 402 502 516

6.10 AM **Lemony Snicket's A Series of Unfortunate Events** (2004)
8.05 **Charlotte's Web** As 4.30am.
9.45 **The Golden Compass** (2007)
11.45 **The Lord of the Rings: The War of the Rohirrim** Animation. (2024, 12, 134min) ★★★★
2.05 PM **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
4.05 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★

6.05 **Ghostbusters** Supernatural comedy starring Bill Murray. (1984, 12, 105min) ★★★★
8.00 **Ghostbusters: Afterlife** Supernatural comedy sequel starring Paul Rudd and Carrie Coon. (2021, 12, 124min) ★★★★
10.10 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★
12.00 M'T **The Golden Compass** Fantasy starring Nicole Kidman. (2007, PG, 109min) ★★★

2.00 AM **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
4.00 **Cinema List: Book Adaptations**
4.30 **to 6.15** AM **Charlotte's Web** Screen version of EB White's classic children's book. (2006, U, 97min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.30 AM **Sleepless in Seattle** Romantic comedy drama. (1993, PG, 105min) ★★★★★
9.20 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
11.35 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
1.15 PM **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
2.55 **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★

4.45 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
6.25 **Mad Max** Cult action thriller starring Mel Gibson. A tough cop seeks revenge on the bikers who murdered his wife and child. (1979, 15, 93min) ★★★★★
8.00 **Mad Max 2** Futuristic action thriller sequel with Mel Gibson. (1981, 18, 95min) ★★★★
9.40 **Mad Max Beyond Thunderdome** Futuristic action thriller sequel with Mel Gibson. (1985, 15, 107min) ★★★

11.30 **The Last Starfighter** Adventure. (1984, PG, 100min) ★★★
1.15 AM **Logan's Run** Adventure. (1976, PG, 115min) ★★★★
3.15 **Westworld** As 4.45pm.
4.50 **Sky Cinema Preview**
5.45 **to 7.15** AM **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★

Disney+ Cinema

305 305

6.00 AM **Alice in Wonderland** Cartoon version of Lewis Carroll's tale. (1951, U, 75min) ★★★★
7.25 **A Bug's Life** Animated feature. (1998, U, 94min) ★★★★★
9.00 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
10.45 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
12.20 PM **Hercules** Animated musical. (1997, U, 92min) ★★★★

1.55 **Mulan** Animated adventure. (1998, U, 88min) ★★★
3.25 **Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy. (2005, PG) ★★★★
5.50 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
7.20 **Percy Jackson: Sea of Monsters** Fantasy sequel. (2013, PG, 102min) ★★★
9.00 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
10.30 **Aliens Vs Predator: Requiem** Sci-fi sequel. (2007, 15) ★★

12.15 AM **Solo: A Star Wars Story** Sci-fi adventure prequel. (2018, 12, 135min) ★★★★
2.30 **The Fault in Our Stars** Drama. (2014, 12, 121min) ★★★
4.35 **to 6.00** AM **Pocahontas** Animated historical adventure. (1995, U, 81min) ★★★

Movies 24

312 313 419

7.00 AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
9.00 **Field Day** Comedy with Rachel Boston. (2023, PG, 84min) ★★
11.00 **Love On Your Doorstep** Romantic drama with Stephanie Bennett. (2023, PG, 86min) ★★
1.00 PM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★

5.00 **Blind Date Book Club** Romantic drama starring Erin Krakow and Robert Buckley. (2024, PG, 90min) ★★
7.00 **Home Turf** Romantic comedy with Nikki DeLoach and Warren Christie. (2025, PG, 84min) ★★
9.00 **Branching Out** Drama starring Sarah Drew. A single mother putting together a family tree decides to track down her daughter's biological father. With Cora Bella and Juan Pablo Di Pace. (2024, PG, 90min) ★★

11.00 **The Boxer and the Butterfly** Drama. (2023, PG, 90min) ★★
1.00 AM **The Finnish Line** Romantic comedy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Junebug** Fantasy drama. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Vise** 10/39. (S1)
6.30 **Cinebox Memories**
6.35 **Swamp Fire** Action adventure. (1946, b/w, U, 69min) ★★★
7.50 **Shadow of Fear** Thriller. (1963, b/w, U, 63min) ★★
9.00 **Battle of the V1** War drama. (1958, b/w, PG, 109min) ★★
11.00 **Z Cars** 12/28. (S9)
12.00 NOON **Sergeant Cork** 1/6. (S4)
1.05 PM **Richard the Lionheart** (S1)

1.35 **Ghost Ship** Eerie sea-faring drama starring Dermot Walsh. (1952, b/w, U, 74min) ★★
3.05 **Time Lock** Suspense drama starring Robert Beatty. (1957, b/w, PG, 73min) ★★
4.35 **Low Water** Documentary.
5.15 **Look at Life**
5.30 **The Directors** Stanley Kubrick.
6.30 **The Veil** 9/12. (S1)
7.00 **The Footage Detectives**
8.00 **Maigret** 2/4. (S2)
9.50 **Mother Love** 3/4. (S1)
11.00 **The Lawless Years** 5/18. (S1)

11.30 **The Phantom of Soho** Thriller. (1964, b/w, 15, 97min) ★★★
1.20 AM **Murders in Collioure** Crime thriller. (2015, 15, 95min) ★★★
3.20 **Low Water** Documentary.
4.00 **Star Treatment Show**
4.30 **Honey West** 26/30. (S1)
5.00 **to 6.00** AM **The Rogues**

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 **World Cup Matchday** The day's major stories at the tournament.
7.00 PM **World Cup Show** The latest news from the tournament, plus updates on Argentina v Austria in Group J at Dallas Stadium. There is also a preview of today's later games and the reports from the England and Scotland camps.
10.00 **World Cup Report** Updates from France v Iraq in Group I at Philadelphia Stadium. There is also news ahead of the late night fixtures, which are Norway v Senegal in Group I at New York New Jersey Stadium, and Jordan v Algeria in Group J at San Francisco Bay Area Stadium.
1.00 AM LIVE **WNBA Indiana Fever v Phoenix Mercury.** Coverage of the match staged at Gainbridge Fieldhouse. The Fever were semi-finalists last year, while the Mercury went one better and reached the finals, but neither side has hit their top form on a consistent basis yet this season. Tip-off **1.00am**.
3.30 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **Premier League Highlights**
11.00 **SNF** Highlights from Tottenham Hotspur v Brighton & Hove Albion.
11.30 **Premier League Highlights**
12.30 PM **MNF Hits** Action from Crystal Palace v West Ham United.
1.00 **FNF** Sunderland v Nottingham Forest at the Stadium of Light.
1.30 **Premier League Highlights** Bournemouth v Leeds United. **2.00** Liverpool v Crystal Palace. **2.30** West Ham United v Everton. **3.00** Wolverhampton Wanderers v Tottenham Hotspur highlights.
3.30 **SNF** Arsenal v Newcastle United.
4.00 **Premier League Highlights** Burnley v Manchester City. **4.30** Brighton & Hove Albion v Chelsea at the AMEX Stadium.
5.00 **MNF Hits** Highlights from Manchester United v Brentford.
5.30 **Premier League Stories**
6.00 **Premier League Review**
8.00 **Netbusters** Recent action.
9.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** Bournemouth v Liverpool from 2016/17.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
8.00 **Celtic's Invincibles**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Action from Chelsea v Tottenham Hotspur in the 2008 final at Wembley.
11.00 **SPFL** Goals from past seasons.
12.00 NOON **EFL** Highlights from the three 2017/18 play-off finals.
3.00 PM **EFL Greatest Games** Highlights from the archives.
4.00 **Championship Retro** Another chance to see Blackburn Rovers v Manchester City from 2000.
6.00 **Celtic's Invincibles** A look back at Celtic's unbeaten 2016/17 domestic campaign.
7.00 **SPFL** A look back at the best goals of the 2009/10 season.
7.30 **SPFL Greatest Games** Archive highlights, including Aberdeen v Rangers, Hibernian v Celtic, Hearts v Celtic and Kilmarnock v Celtic from the 2017/18 season.
12.00 M'T **Championship Retro**
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2014 final.
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** England v New Zealand in the second Test.
11.00 **ICC Women's T20 World Cup**
12.30 PM **ICC Women's World Cup** Highlights of England v Ireland.
1.00 **ICC Women's T20 World Cup – Crowned** Player interviews.
1.30 **ICC Women's T20 World Cup** Action from England v Sri Lanka.
2.00 **ICC Women's World Cup**
3.00 **ICC Women's T20 World Cup** Action from South Africa v India. **3.30** New Zealand v Sri Lanka.
4.00 **ICC Women's World Cup** India v South Africa in the final.
5.00 **ICC Women's T20 World Cup** Action from England v Scotland.
5.30 **ICC Women's T20 World Cup – Crowned** Player interviews.
6.00 **Test Cricket** England v New Zealand: Highlights from all five days of the second Test in the three-match series staged at The Kia Oval in London.
11.00 **ICC Women's World Cup** India v South Africa in the final.
12.00 M'T **ICC Women's T20 World Cup** England v Scotland.
12.30 AM **ICC Women's T20 World Cup – Crowned** Interviews.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **US Open Official Films**
7.00 **US Open Golf** The fourth day.
8.00 **US Open Official Films**
9.00 **US Open Golf** The fourth and final day at Shinnecock Hills Golf Club in Southampton, New York.
5.00 PM **Chronicles of a Champion Golfer** Profile of leading players.
6.00 **US Open Official Films**
7.00 **US Open Golf** The fourth day.
8.00 **LPGA Tour Golf** Day four of the Meijer LPGA Classic event.
11.00 **US Open Golf** The fourth day.
12.00 M'T **In Bloom: Justin Rose Story**
1.30 AM **Tour Golf Highlights**
2.00 **PGA Tour Champions**
3.00 **US Open Golf** The fourth day.
4.00 **School of Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA Tennis** Day two of the WTA Bad Homburg Open at TC Bad Homburg in Germany, featuring first-round matches.
11.30 LIVE **WTA & ATP Tennis** Coverage of the ATP Mallorca Open and WTA Bad Homburg Open, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **WTA All Access**
7.00 **WTA Tennis** Berlin Open final.
8.00 **ATP Tennis** Halle Open final.
9.00 **WTA & ATP Tennis** Action from events on the ATP and WTA Tours.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Tennis Classics**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **The Gallagher PREM**
7.30 **One-Day International Cricket**
8.30 **The WRC Magazine**
9.00 **Premier League Stories**
1.00 PM **MLB Highlights**
2.00 **UCI Mountain Bike World Series** The women's elite cross-country Olympic race in Lenzerheide, Switzerland. **2.30** Action from the men's elite cross-country Olympic race in Lenzerheide, Switzerland. **3.00** A review of the Leogang Enduro event staged in Austria.
3.30 **Premier League Stories** Interview with Duncan Ferguson. **4.00** With Sandro Tonali. **4.30** With Jose Fonte. **5.00** An interview with Luc Nilis. **5.30** Featuring Eden Hazard.
6.00 LIVE **Ultimate Pool** Coverage of the Group 2 matches in the Champions League tournament.
9.30 **The Gallagher PREM** The final at Allianz Stadium Twickenham.
11.00 **MLB Highlights** Baseball action.
12.00 M'T LIVE **MLB New York Mets v Chicago Cubs.** The National League match from Citi Field. Start-time **12.10am**.
3.00 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** From Czechia.
9.30 **Women's Cycling**
10.30 **Men's Cycling** Tour of Switzerland. **11.30** Tour of Slovenia.
12.30 PM **One-Day International Cricket** India v Afghanistan.
1.30 **International T20 Cricket Highlights** Bangladesh v Australia.
2.30 **MotoGP** Highlights from races at the Grand Prix of Czechia.
6.00 **British Superbikes Highlights** The third round at Knockhill.
7.00 **IFSC Climbing World Series Highlights** In Innsbruck, Austria.
8.00 **The WRC Magazine** A look back at the action from Rally Greece.
8.30 **UEFA Champions League**
8.45 **The Gruppetto** Cycling news.
9.00 **Fishing: On the Bank**
10.00 **ABB FIA Formula E World Championship Highlights** Action from the Sanya e-Prix.
11.00 **TCR World Tour Review** Rounds three, four and five at Circuit Ricardo Tormo in Valencia.
11.30 **MotoGP** Highlights from races at the Grand Prix of Czechia.
3.00 **to 6.00** AM LIVE **MLB San Diego Padres v Atlanta Braves.** National League game at Petco Park. Start-time **3.10am**.

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Hull Kingston Rovers v Castleford Tigers.
9.00 **Super League** Wigan Warriors v Leigh Leopards from 2025.
12.15 PM **World Club Challenge**
12.30 **NFL Bitesize Highlights**
1.00 **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NFL Bitesize Highlights**
5.30 **NBA on Fire** The latest news.
6.00 **NBA Basketball** Los Angeles Lakers v Los Angeles Clippers. **8.00** Another chance to see Dallas Mavericks v Boston Celtics.
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM LIVE **WNBA Indiana Fever v Phoenix Mercury.** Coverage of the match from Gainbridge Fieldhouse. The Fever were semi-finalists last year, while the Mercury reached the finals. Tip-off **1.00am**.
3.30 **Super League Highlights**
3.45 **Women's Super League**
4.15 **World Club Challenge**
4.30 **Super League Highlights**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** Highlights from the Chinese Grand Prix in Shanghai. **9.00** Japanese Grand Prix.
10.00 LIVE **WTA Tennis** Coverage of day two of the WTA Bad Homburg Open, a grass-court tournament held at TC Bad Homburg in Germany, featuring first-round matches. Sixth seed Diana Shnaider was the highest-ranked casualty at this stage last year, losing 6-3, 6-3 to Donna Vekic.
11.30 LIVE **WTA & ATP Tennis** Coverage of the ATP Mallorca Open and WTA Bad Homburg Open, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **World Cup Matchday** The latest news and previews of matches played this evening.
7.00 **World Cup Show**
10.00 **World Cup Report**
12.00 M'T **Super League** Hull Kingston Rovers v Leigh Leopards.
2.45 AM **EFL Greatest Games**
3.00 **Super League** Warrington Wolves v Leeds Rhinos.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **US Open Golf**
7.00 **EFL Greatest Games**
8.00 **ICC Women's World Cup**
8.30 **ICC Women's T20 World Cup**
9.00 **US Open Golf** The fourth day.
10.00 **Premier League Darts** Night 15 from Utilita Arena Birmingham.
1.45 PM **State of Origin Rugby League** Brief highlights.
2.00 **PL Greatest Games**
3.00 **US Open Golf** Action from all four days of the Major staged at Shinnecock Hills Golf Club.
7.00 **Legends Tour Golf** The Costa Navarino Legends in Greece.
8.00 **PGA Tour Champions** Action from the Principal Charity Classic.
9.00 **ICC Women's World Cup** Highlights of England v Ireland.
9.30 **ICC Women's T20 World Cup** Action from England v Scotland.
10.00 **WTA & ATP Tennis** Action from the S-Hertogenbosch Open finals.
12.00 M'T **Premier League Darts**
4.00 AM **PL Greatest Games**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Fremantle v Geelong Cats. **7.30** Gold Coast Suns v Hawthorn. **9.00** Adelaide Crows v Melbourne.
10.30 **AFL** GWS Giants v Carlton. **12.00** NOON Another chance to see Collingwood v Port Adelaide. **1.30** PM Richmond Tigers v North Melbourne Kangaroos. **3.00** Another chance to see St Kilda Saints v Western Bulldogs.
4.30 **The Gallagher PREM** The final.
6.00 **Longines Global Champions Tour** The Grand Prix of Paris.
7.00 **International T20 Cricket Highlights** Bangladesh v Australia.
8.00 **One-Day International Cricket** Action from India v Afghanistan.
9.00 **UFC** Manel Kape v Kyoji Horiguchi.
12.00 M'T **UFC Main Event**
1.00 AM **Men's Cycling Pro Series**
3.00 **ABB FIA Formula E World Championship Highlights**
4.00 **IFSC Climbing World Series**
5.00 **to 6.00** AM **International T20 Cricket Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Women's Cycling**
7.00 **Men's Cycling** Highlights.
9.00 **Women's Cycling Pro Series**
10.00 **Men's Cycling Pro Series**
12.00 NOON **UCI Mountain Bike World Series** Action from the elite cross-country Olympic races in Lenzerheide, Switzerland.
1.00 PM **UCI Mountain Bike World Series Review** A review of the Leogang Enduro event in Austria.
1.30 **Serie A** Sassuolo v Napoli. **2.30** Juventus v Parma. **3.30** Action from Pisa v Roma. **4.30** Inter Milan v Udinese. **5.30** Juventus v Inter Milan.
6.30 **Serie A** AC Milan v Bologna. **7.30** Action from Napoli v Pisa. **8.30** Inter Milan v Sassuolo. **9.30** Highlights of Genoa v Lazio. **10.30** AC Milan v Napoli.
11.30 **Serie A** Highlights from Italy.
3.00 AM **UEFA Europa League** SC Freiburg v Aston Villa.
4.30 **to 6.00** AM **UEFA Conference League**

Premier Sports 1

419 APP 528

6.00 AM **DTM Motorsport Highlights** From Lausitzring.
9.30 **Motorsport** Valentino Rossi.
10.00 **United Rugby Championship** Leinster v Bulls in the final.
12.30 PM **Top 14 Rugby Union** Action from the first semi-final.
2.00 **NHL Tonight** Highlights.
3.00 **Top 14 Rugby Union** Action from the second semi-final.
5.00 **Sporting Greats**
5.30 **United Rugby Championship** Leinster v Bulls in the final.
7.30 **Champions Cup Show** A look back at this year's final.
8.00 **Top 14 Rugby Union** Action from the first semi-final.
10.00 **Top 14 Rugby Union** Action from the second semi-final.
12.00 M'T **Champions Cup Show**
12.30 AM **Sporting Greats**
1.00 **DTM Motorsport Highlights**
4.30 **Motorsport** Valentino Rossi.
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 APP 529

6.00 AM **Football's Greatest**
7.00 **NASCAR** The Anduril 250.
11.00 **Bike World** Magazine.
11.30 **NHL Ice Hockey** Carolina Hurricanes v Vegas Golden Knights in game one of the Stanley Cup.
1.30 PM **NHL: This is Hockey**
2.00 **GP Insights** All the news from the world of the Grand Prix circuit.
2.30 **International Rugby Union** Barbarians v South Africa.
4.30 **Temples of Sport**
5.00 **Football's Greatest**
5.30 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
7.30 **Temples of Sport**
8.00 **International Rugby Union** Barbarians v South Africa.
10.00 **Temples of Sport**
10.30 **NHL Ice Hockey** Carolina Hurricanes v Vegas Golden Knights in game one of the Stanley Cup.
12.30 AM **NHL: This is Hockey**
1.30 **NASCAR** The Anduril 250.
5.30 **to 6.00** AM **Bike World**

Sky Sports F1

407 407 507 424 444

6.00 AM **F1 Classic Races** Highlights.
10.00 **Indycar** A replay of the Xpel Grand Prix at Road America.
12.30 PM **Ferrari Challenge Europe**
1.30 **British Kart Championships**
2.30 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
4.45 **Golf with Sergio Perez**
5.00 **F1 Classic Races** Action from the 2014 Austrian Grand Prix. **6.00** Austrian Grand Prix 2015. **7.00** Austrian Grand Prix 2016. **8.00** Austrian Grand Prix 2017. **9.00** The 2018 Austrian Grand Prix staged at Red Bull Ring.
10.00 **Indycar** A replay of the Xpel Grand Prix at Road America.
12.30 AM **Ted's Notebook**
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

23 June

Planner

LAST ONE

Bear Grylls Is Running Wild

FACTUAL Sky One, 9pm

For the final episode, Bear is joined by two-time Oscar nominee Colman Domingo, who confronts his fears and pushes himself to the limit with an 11,000ft leap into the Irish Sea.

LIVE!

World Cup

FOOTBALL

BBC1, kick-off 9pm

England's World Cup fate could be decided here as the Three Lions meet Ghana in both teams' second Group L game match. Victory tonight at the Boston Stadium would put them in a strong position to reach the knockout stages..

The Light in the Hall: Still Waters

DRAMA C4, 9pm

As the Welsh drama continues, student journalist Caryl digs deeper into the 1995 case to learn more – but her lecturer Eve (Nia Roberts, pictured) appears suspiciously keen to shut the story down. Continues tomorrow.

World War II with Tom Hanks

DOCUMENTARY

Sky History, 9pm

Tonight's instalment of the documentary series recounts the Battle of Stalingrad, a brutal struggle on the Eastern Front that proved a major turning point in the war against Nazi Germany.

Tuesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Football: World Cup – Live: England v Ghana (Kick-off 9.00)					
	102 BBC2	7.00 Peter Murrell...	7.30 Villages by the...	8.00 Digging for Britain		9.00 Scamanda			10.30 Newsnight
	103 ITV1	‹ 5.00 Football: World Cup – Live: Portugal v Uzbekistan (Kick-off 6.00)			8.35 Changing...	9.00 Emmerdale	9.30 Coronation Street	10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 The Light in the Hall: Still Waters		10.00 24 Hours in A&E	
	105 5	7.00 A Yorkshire Farm		8.00 Reuben Owen: Life in the Dales		9.00 Little Disasters		10.00 Our Evil Mother: The Ruby Franke...	
	106 SKY ONE	7.00 The Simpsons		8.00 Best Medicine		9.00 Bear Grylls Is Running Wild		10.00 Alan Carr: Regional Trinket	
ENTERTAINMENT	115 BBC3		7.10 Walking with Dinosaurs	8.00 Sort Your Life Out with Stacey Solomon		9.00 I Kissed a Girl			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Keeping Up...	8.30 One Foot in the...	9.00 Cumbria's Red Squirrels		10.00 The American Revolution	
	118 ITV2	7.00 The Floor USA		8.00 The 1% Club		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Ancient Egypt by Train with Alice Roberts		10.00 Ancient Autopsy	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Rookie		9.00 Blue Bloods			
	108 SKY ATLANTIC	‹ 6.35 The White Lotus				9.00 Rosa Elettrica			
	110 U&GOLD	‹ 6.55 Keeping Up...	7.30 Dad's Army		8.10 Red Dwarf		9.25 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 American Pickers		8.00 The Motorbike Show		9.00 Ice Road Truckers		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Jimmy Carr's Am I the A**hole?		10.00 Mr Bean	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 The Baby			10.10 Grimm
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 'Allo 'Allo!			9.45 New Tricks		
	109 U&ALIBI	7.00 Unforgettable		8.00 Return to Paradise		9.00 Allegiance		10.00 The Hunting Party	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from Tate Britain		9.00 Isle of Wight Festival			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 Hashtag Homicide			
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs				9.00 Deadliest Catch		10.00 The Last Woodsmen	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Project Grizzly		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Drain the Titanic: A Ship Reborn		9.00 Back to the Titanic		10.00 Titanic: 25 Years Later with James...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Modern Marvels: WWII		9.00 World War II with Tom Hanks		9.55 Auschwitz – One Day	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash					
	114 SKY DOCS	7.00 Tell Them You Love Me				9.00 Six Silent Killings: Ireland's Vanishing Triangle			

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Fraud Squad** (S)(R)
11.15 **Homes Under the Hammer** New edition In Cheshire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition A runaway rider sparks a hunt through narrow backstreets. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** New edition From Devon. (S)(AD)
3.45 **Garden Rescue** New edition (S)
4.30 **The Travelling Auctioneers** New edition Oil paintings. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 The Travelling Auctioneers

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Honey is stunned as Billy protests his innocence regarding the voice notes, and Suki has a run-in with Nicola. (S)(AD)

8 PM

8.00 LIVE **Football: World Cup** England v Ghana: Gabby Logan presents coverage of the Group L match at Boston Stadium in the USA, as both teams play their second game of the group stage. This is just the second time that these sides have ever met and the first time they've faced each other in a competitive fixture. The last time was back in March 2011, when former Sunderland striker Asamoah Gyan scored an injury-time equaliser to salvage a 1-1 draw at Wembley Stadium, cancelling out Andy Carroll's first-half finish, his first in international football. With analysis from Joe Hart, Wayne Rooney and Micah Richards. Kick-off is at 9.00. *See feature, page 7.* (S)

HOME NATION!

9 PM

10 PM

11.30 **BBC News** (S)
11.50 LIVE **Football: World Cup** Panama v Croatia: Gabby Logan presents coverage of the Group L match from Toronto Stadium in Canada, as both teams play their second game of the group stage. With analysis from Ellen White. Kick-off is at 12.00m't. (S)
2.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Bargain Hunt** (S)(R)(AD)
7.30 **Policing Paradise** (S)(R)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** A wedding ring. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Chris and Meg's Wild Summer** (R)
3.15 **Britain and the Sea** (S)(R)(AD)
4.15 **Wild West: America's Great Frontier** Wildlife in America's mountain regions. (S)(R)(AD)
5.15 **Flog It!** Memorable finds. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo travels from Sedrun to Schwyz. (S)(R)(AD)

9.40 Scamanda

7.00 **The Big Cases: Peter Murrell – The Man with the Money** New edition How Peter Murrell embezzled £400,000 from the Scottish National Party. (S)
7.30 **Villages by the Sea** Archaeologist Ben Robinson visits St Bees in Cumbria. (S)(R)

8.00 **Digging for Britain** Alice Roberts investigates the best archaeological discoveries of 2018 from the east of the UK, including an ancient lost monument as old as Stonehenge uncovered in Suffolk. (S)(R)(AD)

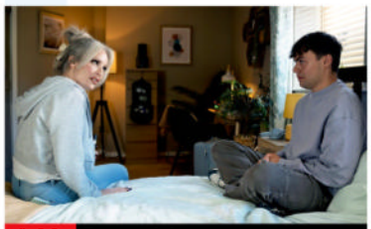
9.00 **Scamanda** New edition 3/4. As Nancy and Detective Martinez dig deeper, the IRS steps in and Amanda's lies unravel. (S)(AD) **9.40** Series finale 4/4. As the Department of Justice closes in, Amanda insists that she is still ill. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.20 **It Happened to Me** New edition 5/6. The story of a man who survived a cardiac arrest that left him clinically dead for 10 minutes. (S)
10.30 **Newsnight** (S)

11.05 **Millionaire Superyacht: Why Ships Sink** The sinking of a superyacht in 2024. (S)(R)(AD)
12.05 AM FILM **Sound of Metal** Drama starring Riz Ahmed. (S)(AD) (2021, 15, 115min) ★★★★★
2.00 **Sign Zone: Springwatch** (S)(R)
3.00 **Sign Zone: Putin: In Ten Pictures** 1/3. Vladimir Putin's rise to power through 10 photos. (S)(R)(AD)
4.00 **Sign Zone: Emma Barnett: Fighting Endometriosis** (S)(R)(AD)
5.00 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.35 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in the town of Bridlington, East Yorkshire, where Alys Dobbie is given a run for her money. (S)(R)(AD)
3.00 **Deal or No Deal** Contestant Gemma takes on the infamous Banker for the chance to win a life-changing cash prize. (S)(R)(AD)
4.00 **Local News** (S)
4.30 **ITV News** (S)
5.00 LIVE **Football: World Cup** Portugal v Uzbekistan: The Group K match at Houston Stadium in the USA. Kick-off at 6.00. (S)


9.00 Emmerdale

7 PM

LIVE **Football: World Cup** (started at 5.00pm)

8 PM

8.35 **Changing Ends** *Playing Away:* 5/6. An away game feels like the perfect opportunity for a father-son bonding session, while Christine's party takes a raucous turn. (S3) (S)(R)(AD)

9 PM

9.00 **Emmerdale** Charity is on the verge of a breakdown, and Ross knocks Kev unconscious. (S)(AD)
9.30 **Coronation Street** Maria gives Gary the cold shoulder, and Sarah finds a ring box in Kit's bag. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.40 **Local News** (S)
10.55 **G'wed** *One Second to Kill Her:* 3/7. Reece finds his debating voice as The Brimble's mask begins to slip. (S3) (S)(R)(AD)

11.25 **It'll Be Alright on the Night** Broadcast bloopers. (S)(R)(AD)
12.15 AM **Teleshopping**
2.00 **Celebrity Lingo** (S)(R)
2.30 LIVE **Football: World Cup** Colombia v DR Congo: Laura Woods presents coverage of both teams' second match in Group K, held at Guadalajara Stadium in Mexico. Kick-off is at 3.00. (S)
5.35 **to 6.00** AM **Goals of the 1990s** Memorable goals. (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 22-24/26. (S8) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S9) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Retired vicar Annie seeks her dream home in the Canary Islands. (S)(R)
4.00 **Narrow Escapes** New edition Margaret and Tony cruise to the River Wey in Surrey. (S)(AD)
5.00 **Chateau DIY** Ben and Billie have just 15 days to renovate their stairwell and entrance. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** Darren and Natalie Brown help a couple from Surrey search for a holiday home in Murcia. (S)(R)

8.00 Bake Off: The Professionals

7 PM

7.00 **News** (S)

8 PM

8.00 **Bake Off: The Professionals** New edition 5/10. Ellie Taylor and Liam Charles present as the teams make Bakewell slices, before stepping back in time with a Victorian Britain-inspired showpiece, complete with a jam roly-poly dessert. (S)(AD)

9 PM

9.00 **The Light in the Hall: Still Waters** New episode 3/6. Caryl attempts to return the documents related to her investigation to Gillian, admitting she feels like she's been twisting the facts. (S2) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **24 Hours in A&E** A teenager comes in after being struck in the eye with an arrow during an archery class, and a 51-year-old joiner has suffered a wound to his head in a work accident. (S)(R)(AD)

11.05 **24 Hours in A&E** A 71-year-old has collapsed at home. (S)(R)(AD)
12.10 AM **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(SL)(R)
1.50 **Couples Come Dine with Me** (R)
2.45 **Free Nelson Mandela** (S)(SL)(R)
3.40 **Grand Designs** (S)(SL)(R)(AD)
4.35 **Kirstie's House of Craft** (S)(R)
4.50 **George Clarke's Adventures in Americana** From Texas. (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Secret Santa:* 9/24. A Santa Claus impersonator dies in Central Park. (S)(R)
3.55 **Castle** *Significant Others:* 10/24. A senior lawyer who specialised in divorces is killed. (S5) (S)(R)
4.50 **Love Nature** A Red Squirrel Survival Trust volunteer discusses the work of his group. (S)(R)
5.00 **News** (S)
6.00 **Cumbria: The Lakes & the Coast** Two street food chefs bring a taste of the Caribbean to the streets of Cumbria. (S)(R)
6.55 **News** (S)

8.00 Life in the Dales

7.00 A Yorkshire Farm JB Gill takes a trip to North Ronaldsay to meet sheep farmers tending to an ancient breed dating back over 6,000 years. (S)(R)
7.55 **News** (S)

8.00 Reuben Owen: Life in the Dales Series finale 8/8. Reuben helps Jess during one of the most stressful moments in the farming calendar – the annual tuberculosis test for her dairy herd. (S)(AD)

9.00 Little Disasters Series finale *What Have You Done?* 6/6. The friends support Jess as she faces legal action, whilst trying to pick up the pieces of their own lives. (S1) (S)(AD)

10.00 Our Evil Mother: The Ruby Franke Scandal A look at the criminal activity of Ruby Franke, a popular influencer who shared parenting tips and videos of her family life online. (S)(R)

11.35 **Britain's Most Dangerous Prisoners** Convicted double murderer Gary Vinter. (S)(R)
12.35 AM **Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Build Your Dream Home in the Country** Mark Millar helps a couple in Edinburgh. (S)
3.20 **Friends** (S10) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **The Flash** (S9) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Brush with Greatness:* Marge discover she still has a flair for art. (S)(R) **5.30** *Homer v Lisa and the Eighth Commandment:* Homer illegally taps into cable TV. (S)(R)
6.00 **The Office (US)** 1/22. The staff members endure an annual awards banquet. (S)(R) **6.30** 2/22. The team receive a lesson on sexual harassment in the workplace. (S2) (S)(R)

9.00 Bear Grylls Is Running Wild

7.00 The Simpsons *Lisa's Substitute:* Lisa develops a crush on a supply teacher at her school. (S)(R) **7.30** *The War of the Simpsons:* Homer and Marge go to a retreat in a bid to save their marriage. (S)(R)

8.00 Best Medicine New episode *All the World's Ablaze:* 4/13. Port Wenn's popular and eccentric wilderness survival instructor disappears. (S1) (S)

9.00 Bear Grylls Is Running Wild Series finale 8/8. Actor Colman Domingo takes on a new role as a survivalist as he and Bear plunge headfirst from 11,000ft into an adventure along the Irish Sea.

10.00 Alan Carr: Regional Trinket A stand-up show by the comedian that is all about finding happiness and joy in the small things in life. (S)(R)

11.15 FILM **Olympus Has Fallen** Action thriller starring Gerard Butler. A disgraced secret service agent strives to foil North Korean guerrillas who have seized control of the White House and taken the president hostage. With Aaron Eckhart and Morgan Freeman. (S) (2011, 15, 135min) ★★★
1.30 AM **Road Wars** (S)(R)
2.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
2.30-3.00pm First Minister's Questions (S) **7.00-7.30** River City (S)(R) (AD) **11.55pm-2.15am** LIVE Football: World Cup (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
1.45pm Welsh First Minister's Questions (S) **2.45** Mastermind (S)(R) **3.15** Lightning (S)(R) **3.45** Chris and Meg's Wild Summer (S)(R) **4.15-5.15** Britain and the Sea (S)(R) (AD) **7.30-8.00pm** Weatherman Walking: The Welsh Coast (S)(R)

ITV1

As main ITV1 except:

WALES
10.55pm Sharp End (S) **11.55pm-12.15am** Face to Face (S)(R)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymru, Dad a Fi (AD) **12.30** Heno **1.00** Dim Cwsg i Quinnell (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymoedd Roy Noble **6.30** Taclo'r Ty (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las (AD) **10.00** Y Fets (AD) **11.00-11.35pm** Y Sin (AD)

TV&Streaming week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Planet Earth: An Elephant's Tale** The struggles of a newborn elephant and its mother.
7.10 **Walking with Dinosaurs** The pachyrhinosaurus, one of the largest herd dinosaurs that ever lived.
8.00 **Sort Your Life Out with Stacey Solomon** Stacey helps the Daniels family declutter their home.
9.00 NEW SERIES **I Kissed a Girl** 1/10. The return of the all-female dating show hosted by Dannii Minogue. **9.50** New edition 2/10. The arrival of three new girls sets hearts racing as some girls explore connections outside of their match.
10.45 **OnlyFans: Inside the Machine** Documentary about the content-sharing website OnlyFans.
11.45 **Mood** 1-3/6. (S1)
2.00 AM **Roman Kemp: The Fight for Young Lives**
3.00 **to 3.50** AM **Walking with Dinosaurs**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The quarter-finals continue.
7.30 **Only Connect** Insurance professionals take on a team of committed gamblers.
8.00 **Keeping Up Appearances** Rose behaves outrageously.
8.30 **One Foot in the Grave** The Meldrews agree to pet-sit a tortoise for a friend.
9.00 **Cumbria's Red Squirrels** Following Cumbria's red squirrels throughout the seasons, revealing the work of people who ensure they continue to thrive and survive.
10.00 **The American Revolution** New editions 3/6. The British overwhelm Washington's army, forcing him to abandon New York City and flee to New Jersey. **11.00** The British take Philadelphia and Congress flees the city, but there is a US victory at Saratoga.
■ Entire series on BBC iPlayer
12.00 M'T **American Visions**
1.00 AM **Only Connect**
1.30 **to 3.30** AM **The American Revolution**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit is to Masons Arms in Meysey Hampton, Gloucestershire. **4.50** The second visit is to Wards Hotel in Folkestone. **5.20** The third visit is to The Queens Arms in Berkshire. **5.50** The fourth and final visit is to Midshires Way Campsite in Nottinghamshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Edinburgh.
7.55 **PopMaster TV** With contestants from Kent, Glasgow, Hertfordshire, Dagenham and York.
9.00 **Ancient Egypt by Train with Alice Roberts** The evolutionary biologist takes a train journey across the world's oldest and greatest civilisation, starting in Alexandria before heading south to Cairo and Luxor.
10.00 **Ancient Autopsy** Professor Suzannah Lipscomb investigates the deaths of some of history's most iconic figures.
11.05 **999: On the Front Line**
12.05 AM **24 Hours in A&E**
2.15 **999: On the Front Line**
3.20 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Leicester.
8.00 **Ramsay's Hotel Hell**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
6.30 **Hollyoaks** Rex lies to gain affection from Ste.
7.00 **Hollyoaks** Theresa and Cleo go head to head.
7.30 **The Simpsons** *Hardly Kirk-ing:* Marge tries to protect Maggie from the dangers of children's TV.
8.00 **Below Deck: Mediterranean** New edition A secret kiss sends the crew spiralling.
9.00 **Gogglebox** Opinions on *Hunted* and *The Great Celebrity Bake Off for SU2C.*
10.00 **Gogglebox** Appraisals of *The Apprentice, Hunted* and *Coronation Street.*
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Naked Attraction**
1.10 **Gogglebox**
2.10 **Below Deck: Mediterranean**
3.00 **The Simpsons**
4.15 **The Goldbergs**
4.40 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Law & Disorder**
11.00 **Chicago Fire** 13/22. (S13)
12.00 NOON **FBI** 2&3/22. (S7)
2.00 PM **The Rookie** 10/14. Harper and Nolan respond to a bank robbery in progress. (S3)
3.00 **Law & Order: Criminal Intent** 4/22. A writer is linked to the murder of a Ukrainian prostitute. (S7)
4.00 **Nothing to Declare**

11.00 The Rookie

7 PM
7.00 **Nothing to Declare** Officials are worried about a girl's mental health. **7.30** A Chinese national is questioned by officials.

8 PM
8.00 **The Rookie** *Crash Course:* 2/20. Training officer Talia forces Nolan to confront his moral instincts. (S1)

9 PM
9.00 **Blue Bloods** *First Blush:* 2/21. Frank announces that he will not be endorsing Erin's run for district attorney.

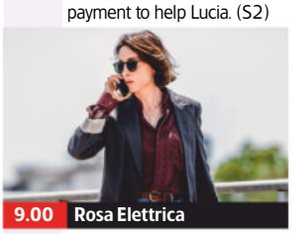
10 PM
10.00 **Blue Bloods** *Ghosted:* 3/21. Danny and Baez investigate after their friend is hospitalised. (S13)
11.00 **The Rookie** 6/14. (S3)
12.00 M'T **FBI** 12&13/13. (S6)
2.00 AM **Matlock** Series finale 16/16. The team make a final push to bring Senior to justice. (S2)
3.00 **Doc** New episode 21/22. (S2)
4.00 **UK Border Force**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 6&7/10. (S4)
11.15 **House of the Dragon** (S1)
12.25 PM **Deadwood** (S2)
2.25 **Mussolini: Son of the Century**
3.25 **House of the Dragon** (S1)
4.35 **Gomorrah** 11/12. The Savastanos' rivals rally around Conte to help exact revenge. **5.35** 12/12. Ciro flees to Rome. Subtitled. In Italian. (S1)
6.35 **The White Lotus** 7/7. Albie asks Dominic for a karmic payment to help Lucia. (S2)


9.00 Rosa Elettrica

7.55 **The White Lotus** *Same Spirits, New Forms:* 1/8. At the Thailand resort, Belinda settles in, Chelsea deals with a moody Rick, while Kate, Laurie and Jaclyn kick off a girls' trip. (S3)

9.00 **Rosa Elettrica** New episodes 3/6. Rosa is forced to make a choice – suffer the consequences of her actions, or believe in herself and move forward. **10.15** 4/6. Rosa and Cociss set out to recover a crucial clue. Subtitled. (S1)
11.15 **Ponies** 7&8/8. (S1)
1.20 AM **Hacks** 7/10. (S4)
2.00 NEW SERIES **In Our Blood** 1&2/4. Double bill of the Australian drama about the rise of Aids in the 1980s. (S1)
4.00 **Homicide: Life on the Street**
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Love Island

7.00 **The Floor USA** New edition Actor Rob Lowe hosts the American version of the fast-paced game show.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Love Island** New edition Relationship-based reality show in which singletons seeking a romance compete to find love.

10.05 **Love Island: The Debrief** New edition Daily *Love Island* reactions.
10.35 **Family Guy** 13/22. Brian falls in love. (S3)
11.05 **Family Guy** 18/21. Peter establishes his own country after making a discovery. (S2)
11.35 **American Dad!** (S2)
12.35 AM **Bob's Burgers** (S13)
1.30 **G'wed** 3/7. (S3)
2.05 **Plebs** 3/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Dagger Club:* An artist is electrocuted by a booby-trapped roulette wheel.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Always a Copper:* Blaketon's attempts to crack down on crime are met with a violent response.

9.10 A Touch of Frost

6.55 **Heartbeat** *Negative Vibes:* Greengrass applies his ingenuity to the task of arranging a funeral with a difference.

8.00 **Vera** *Sandancers:* The detective investigates a suspicious death in an army barracks that was designed to look like suicide, and uncovers an event nobody wants to talk about. Guest stars John Duttine.

10.00 **Law & Order: UK** *ID:* 3/6. A pregnant doctor is found beaten to death in a hospital car park. (S4)
11.00 **Law & Order: UK** 4/6. A teenager with severe learning difficulties is killed in a fire at his home. (S4)
11.50 **Shetland** 1/6. Perez reopens a 1994 murder case. (S4)
1.00 AM **Shetland** 2/6. (S4)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Auto Mundial**
6.30 **The Best of the 80s**
6.45 **The Protectors**
7.50 **The Best of the 70s**
8.00 **The Saint**
9.05 **Boon**
10.10 **The Champions**
11.20 **BattleBots**
12.25 PM **Magnum, PI**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Champions**
5.55 **Minder** *Another Case of Van Blank:* Arthur, Ray and Dave go on a day-trip to Calais.

8.00 The Motorbike Show

7.00 **American Pickers** Mike Wolfe and Frank Fritz visit the 1890s home that once belonged to an opera singer.

8.00 **The Motorbike Show** Henry Cole checks out the runners and riders on this year's British Superbike grid.

9.00 **Ice Road Truckers** Rookie Ray Veilleux finds himself in a ditch when he is distracted for a second.

10.00 **Wrestling: AEW Collision** Hard-hitting action from AEW's newest show, featuring stars including Kyle Fletcher.
12.00 M'T **Dark Side of the Ring** How steroid abuse rocked wrestling in the mid-1990s.
1.00 AM **Auf Wiedersehen, Pet** 10/13. The lads turn up at the wrong Spanish villa (S2)
2.00 **BattleBots**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Banjo and Ro's Grand Island Hotel** The couple race to finish their kitchen before winter.
8.00 **This Farming Life** Storms cause a lambing nightmare for Nick and his 'easy-care' sheep.
9.00 **Inside Barlinnie** 1/3. Following the lives of prisoners and staff at Scotland's largest jail. An inmate is rushed to hospital after collapsing from a drug overdose in the exercise yard.
10.00 **The Troops** 1/3. Following Scottish soldiers across the world.
11.00 **Scotcast** Topical discussion, with Martin Geissler, Laura Miller and Natalie Higgins.
11.30 PM **to 12.00** M'T **Life on the Bay** A new caravan is installed on the site.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** 1&2/8. (S1)
10.00 **Upright** 1&2/8. (S1)
11.15 **Will & Grace** (S4)
12.15 PM **Frayed** 6/6. (S1)
1.15 **The Reluctant Landlord**
1.45 **Based on a True Story**
3.00 **Will & Grace** (S4)
4.00 **Frayed** 6/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** (S2)
8.00 **Resident Alien** 6/10. Harry is brought in front of the Galactic Housing Council to answer for his crimes. (S4)
9.00 FILM **The Edge of Seventeen** Comedy drama starring Hailee Steinfeld and Haley Lu Richardson. (2016, 15, 104min) ★★★★
11.00 **Based on a True Story**
12.10 AM **Resident Alien** (S4)
1.10 **Community** (S3)
2.10 **The Rehearsal** 1/6. (S1)
3.00 **Frayed** 6/6. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **LSO: Pappano Conducts Ravel, Say & Rachmaninoff**
7.40 **Watercolour Challenge**
8.40 **Tales of the Unexpected**
9.50 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Guy Garvey: From the Vaults**
4.00 **Discovering**
5.00 **Portrait Artist 2020**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Stories from Tate Britain** Documentary.
9.00 **Isle of Wight Festival**
11.00 **Science Fiction in the Atomic Age**
12.00 M'T **Discovering Sci-Fi**
1.30 AM **Miyazaki: Spirit of Nature** Documentary.
3.00 **Art's Most Erotic**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Classic Movies**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Border Patrol**
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 20/26. (S4)
5.00 **Stargate SG-1** (S7)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** *Sarek:* 23/26. Violent mood swings begin to affect the crew members. (S3)
8.00 **Police 24/7** A mother picks up her drunk son.
9.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five university friends take part.
3.00 **The Chase Celebrity Special** With guests Jasmine Harman, Helen Lederer, Neil Delamere and Jamie Borthwick.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **The Chase Celebrity Special** Raj Bisram, Danielle Harold, John Conteh and Roger Black take part in the quiz.
10.05 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Dog House** A basset hound seeks approval from two childhood sweethearts.
8.00 **Location, Location, Location** A catch-up with couples who were looking for homes in east and south London.
9.00 **24 Hours in A&E** David has collapsed at home with a suspected stroke, and Tanya suffers a possible seizure on a night out.
10.00 **999: On the Front Line**
11.05 **Celebrity Gogglebox**
1.05 AM **Night Coppers**
2.05 **Gypsy Rose: Life After Lock Up** Double bill.
4.05 **to 5.05** AM **Bake Off: The Professionals**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** (S3&4)
4.00 **Stargate SG-1** 14/22. (S6)
5.00 **Star Trek: Voyager** 12/26. The ship is involved in a battle with an alien species from the fifth dimension. (S5)
6.00 **Star Trek: Enterprise** 9/26. The crew members begin acting strangely after a stellar phenomenon. (S2)

10.10 Grimm

7.00 **Stargate Atlantis** *The Tower:* 15/20. Sheppard is caught up in a bitter feud on an alien planet. (S2)

8.00 **Stargate SG-1** *Smoke and Mirrors:* 14/22. O'Neill finds himself accused of killing a politician. (S6)

9.00 **The Baby** 3/8. Natasha is desperate for Mrs Eaves' help with the baby. **9.35** 4/8. Natasha must reunite with her mother Barbara. (S1)

10.10 **Grimm** *Marechaussee:* 12/22. The members of the Wesen Council decide to have Nick killed. (S4)

11.00 **The Walking Dead** 12/16. The survivors struggle to adapt to their new lifestyle, which forces them to consider whether they could ever go back to being the people they once were. (S5)
12.00 M'T **Primeval** 8&9/10. (S3)
2.00 AM **The Walking Dead** (S5)
2.50 **The Baby** 3&4/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S3)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 7/24. (S4)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S3)
4.00 **The Mentalist** 7/24. (S4)
5.00 **Hudson & Rex** 16/16. An officer and her canine partner are attacked. (S4)
6.00 **Father Brown** *The New Order:* The priest finds his position under threat when he clashes with a new parishioner.

9.00 Allegiance

7.00 **Unforgettable** *Reunion:* 13/13. Carrie investigates a murder at her high-school reunion. (S2)

8.00 **Return to Paradise** *Killer Climate:* 4/6. An activist is mysteriously bludgeoned to death while chained to an excavator. (S1)

9.00 **Allegiance** New episode *Daddy Issues:* 4/10. A billionaire is found dead in the bath. (S2)
■ Entire series on Box Sets

10.00 **The Hunting Party** *Doctor Ezekiel Malak:* 4/10. A psychiatrist-turned-serial killer prowls for new victims in Chicago. (S1)

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** 4/8. Jack and the team investigate the fatal shooting of a coffee plantation owner. (S8)
1.00 AM **Hudson & Rex** (S4)
2.00 **Murdoch Mysteries** 1/13. (S3)
3.00 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.00 **The Green Green Grass**
9.35 **Are You Being Served?**
10.15 **Last of the Summer Wine**
11.30 **Porridge**
12.10 PM **Keeping Up Appearances**
12.50 **The Green Green Grass**
1.30 **Dad's Army: Lost Episodes**
2.15 **Ever Decreasing Circles**
2.55 **Are You Being Served?**
3.30 **Red Dwarf**
4.50 **Dad's Army: Lost Episodes**
5.35 **Last of the Summer Wine**
6.55 **Keeping Up Appearances**

5.35 Last of the Summer Wine

7.30 **Dad's Army** Mainwaring and his platoon take part in a gruelling efficiency test to prove their worth. Guest stars Fulton Mackay.

8.10 **Red Dwarf** The crew find themselves in a virtual reality Wild West town. **8.50** Lister must marry the hideous daughter of an alien tribal chief.

9.25 **Not Going Out** The friends jet off on holiday, but Lee suffers a bad case of the jitters on the plane.

10.00 **Red Dwarf** Rimmer gets marooned for 600 years. **10.40** The crew members receive an SOS call from themselves.

11.20 **Bottom**
11.55 **Not Going Out**
12.35 AM **Bottom: Hooligans Island Live 1997** Manic flatmates Eddie and Richie are marooned on a desert island.
2.50 **Bottom**
3.20 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Gordon's Great Escape**
8.10 **Border Force: America's Gatekeepers** Double bill.
10.10 **Rick Stein's Cornwall**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Simon Reeve's South America**
4.00 **The Hairy Bikers' Chicken and Egg** The duo visit Israel.
5.00 **Rick Stein's Cornwall** Four editions, including at: **6.30** Rick finds out about the back-breaking work done by women in Cornwall's mines.

3.00 South America

7.00 **Mortimer & Whitehouse: Gone Fishing** Fishing for crucian carp in Wiltshire.

7.40 **Would I Lie to You?** With Pam Ayres, Sarah Kendall, Richard Osman and Kiell Smith-Bynoe. **8.20** With Lady Leshurr, Alan Titchmarsh, Philippa Perry and Mike Wozniak.

9.00 **Have I Got a Bit More News for You** David Tennant hosts the satirical quiz, with Richard Osman and Lucy Beaumont.

10.00 **QI XL** Stephen Fry finds out what Greg Proops, David O'Doherty, Reginald D Hunter and Alan Davies know about jungles.

11.00 **8 Out of 10 Cats** With Stacey Solomon, Ed Gamble, Liam Charles and Lou Sanders.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Julian Clary.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Wesley finishes work on his off-the-road motorised scooter. **6.40** Howard's bicycle acts strangely in front of Pearl.

9.45 New Tricks

7.20 **Last of the Summer Wine** Billy seems to have gained a stalker, but soon realises he has greater worries ahead.

8.00 **'Allo 'Allo!** Rene and company dance their way out of the POW camp. **8.35** The Resistance provide a waitress to fill the vacancy at Cafe Rene. **9.10** Rene uses strange means to establish radio contact with England.

9.45 **New Tricks** *Tender Loving Care:* The team look into the murder of a junior doctor, strangled in 2010, and try to cheer up Danny when his daughter Holly leaves home for university.

11.05 **Silent Witness** *Paradise Lost:* Nikki is approached by a workman who reveals how his mother is being manipulated by a convicted serial killer.
1.20 AM **Lovejoy**
2.30 **Waiting for God**
3.00 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Tuesday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 6-8/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Sturgeon Season:* 1/16. Gibbs and Fornell track down the person who gave drugs to Fornell's daughter. **7.00** *Everything Starts Somewhere:* 2/16. Flashbacks reveal the murder case that first introduced young Gibbs to NCIS and to Ducky. **8.00** *Blood and Treasure:* 3/16. The team embark on some modern-day treasure hunting. (S18)
9.00 **Law & Order** New episode *Sins of the Father:* 20/22. Shaw and Riley dig into a car mechanic's past. (S24)
10.00 **Law & Order: Special Victims Unit** (S11)
1.50 AM **Beauty and the Beast** 7&8/22. (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** John Shepherd treats a man who fell from a 6ft fence onto concrete.
9.00 **999: Emergency Call Out** Documentary.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Scam City**
1.05 AM **GPs: Behind Closed Doors** Medical series.
2.10 **Casualty 24/7: Every Second Counts**
3.00 **Skin A&E**
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON **FILM Backlash** Western drama starring Richard Widmark. (1956, PG, 84min) ★★★
1.50 PM **FILM Johnny Guitar** Western drama. (1953, PG, 110min) ★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** PC Martain Anderson and his colleagues chase a BMW with cloned plates. **9.00** The air ambulance is called out to the scene of a collision.
10.00 **Police Code Zero: Officer Under Attack**
11.00 **The X-Files** 4/24. (S4)
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Veteran Street**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** A puppy needs urgent treatment for a badly broken leg.
9.00 **Hashtag Homicide** New editions The case of Nik Bird, who was stalked and shot 17 times in September 2022. **10.00** The shooting of Zohreh Sadeghi and her husband in 2023.
11.00 **Antiques Road Trip**
1.00 AM **Preaching Evil: A Wife on the Run with Warren Jeffs**
2.00 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Secrets of the Transport Museum**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries**
8.00 **Bangers & Cash** Paul and his daughter Kate head out to collect a Series 1 Land Rover. **9.00** Dave goes weak at the knees over a rare 1980s hot hatch – a Citroen Visa GT Tonic. **10.00** Paul collects a cherished 1924 Rover 9. **11.00** Derek picks up a 1954 Morgan +4 coupe.
12.00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
10.00 **Salvage Hunters Celebrity Special**
11.00 **Salvage Hunters**
12.00 NOON **Celebrity Yorkshire Auction House** Double bill.
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family: Born Without Trace**
6.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** A collection of retro video games.
8.00 **Antiques Road Trip**
9.00 **Rich House, Poor House**
10.00 **Who Do You Think You Are?** Richard Osman.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S2)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 20&21/24. (S8)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 22&23/24. (S8)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 16/25. Radar hunts for tomato juice. **7.30** 17/25. Hawkeye holds a foot inspection. **8.00** 18/25. A practical joke backfires on BJ. **8.30** 19/25. Hawkeye is hurt in an accident. (S4)
9.00 FILM **A Wedding on Walton's Mountain** Drama spin-off starring Mary Beth McDonough. (1982, U, 104min) ★★
11.00 **M*A*S*H** 16-19/25. (S4)
1.00 AM **Rising Damp** (S2)
1.30 **Man About the House**
2.00 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM FILM **The Pledge** Western drama. (2008, PG, 79min) ★★★
11.00 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** Double bill.
3.10 FILM **Death of a Gunfighter** Western. (1969, PG, 100min) ★★
5.10 FILM **Absolute Zero** Sci-fi disaster movie. (2005, 12, 87min) ★
7.05 FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
9.00 FILM **The Exception** World War Two drama. (2016, 15, 107min) ★★★
11.05 FILM **Hard Target** Action thriller. (1993, 18, 95min) ★★★
1.10 AM **Dragon Ball Super**
2.10 **Coast Guard Alaska**
3.10 FILM **Firequake** Thriller. (2014, 12, 90min) ★
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Flower Shop Mystery: Dearly Depotted** Drama sequel. (2016, PG, 90min) ★★
10.05 **In Plain Sight** 3/15. (S2)
11.05 **Castle** 9/24. (S3)
12.05 PM FILM **Family History Mysteries: Buried Past** Thriller. (2023, PG, 84min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 10/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 4/15. (S2)
10.00 FILM **Flower Shop Mystery: Mum's the Word** Crime drama. (2016, U, 89min) ★★
11.55 FILM **An Aurora Teagarden Mystery: Death at the Diner** Thriller. (2024, PG) ★★
1.50 AM FILM **A Night to Regret** (2018, 12) ★★
3.20 **to 5.00** AM FILM **Time of Death** (2013, PG) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Christmas at Maple Creek** Comedy. (2020, PG, 85min) ★★
10.15 FILM **Mingle All the Way** (2018, PG) ★★
12.10 PM FILM **Christmas in Toyland** Comedy. (2022, PG, 85min) ★★
2.00 FILM **A Christmas Village** Festive drama. (2018, U, 84min) ★★
3.55 FILM **Christmas Unwrapped** Drama. (2020, U, 86min) ★★
5.55 FILM **A Winter Princess** Drama. (2019, PG) ★★
7.45 FILM **Christmas on 5th Avenue** Festive drama. (2021, PG, 90min) ★★
9.45 FILM **Maggie's Christmas Miracle** Drama. (2017, U) ★★
11.45 FILM **Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **A Christmas Village**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **My Greek Kitchen**
4.00 **Highclere: The Real Downton Abbey**
5.00 **My Floating Home**
6.00 **Love Your Garden**
7.00 **Yorkshire by the Sea**
8.00 **Garden Rescue** The team visit Wilmslow to help a couple transform their unsafe plot. **9.00** Charlie Dimmock and Lee Burkhill renovate a couple's garden in Ilkeston.
10.00 FILM **Intimate Games** Comedy with George Baker and Suzy Mandel. (1976, 18, 90min) ★★
12.00 M'T FILM **Wife Swappers** Drama. (1965, 12, 60min) ★★
1.45 AM FILM **The Holcroft Covenant** Thriller. (1985, 15, 112min) ★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Doctor at Large**
10.30 **Two's Company** (S3)
11.00 **The Fenn Street Gang**
11.30 **Agony** 2/7. (S3)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** (S1)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.05 **Hank the Cowboy**
3.20 **Rewind Time Machine**
3.25 **Boon** 12/13. (S3)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S3)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk...**
9.00 **Drop the Dead Donkey**
10.00 FILM **Virgin Witch** Horror. (1972, 18) ★★
11.45 **Naughty Joke Box**
1.20 AM **Stereo Underground**
2.20 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures with Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Josh's brother Shane is caught in the bight as a typhoon slams the *Cornelia Marie*. **8.00** A medical mystery confounds Captain Rip.
9.00 **Sewer Divers** Don tries to remove a 'fatberg' blocking a sewer line.
10.00 **Dirty Jobs**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Spanish Adventure**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **Delicious Miss Brown**
9.00 **Jamie Oliver: Together**
10.00 **Be My Guest with Ina Garten** Double bill.
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen: Bake!**
1.00 **James Martin's French Adventure** Double bill.
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
8.30 **Rachel Allen: Bake!**
9.00 **Prue Leith's Cotswold Kitchen** With cook and gardener Sarah Raven.
10.00 **100 Cooks** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 24/24. (S8)
9.00 **T.J. Hooker** 18/23. (S4)
10.00 **Babylon 5** 11/23. (S1)
11.00 FILM **40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
1.00 PM FILM **Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★
3.00 FILM **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
5.00 **Star Trek** 2/24. (S3)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 12/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
11.30 FILM **Escape from New York** Adventure. (1981, 15, 99min) ★★★★
1.35 AM FILM **Renegades** Action adventure. (2017, 15, 106min) ★★
3.30 **to 5.15** AM FILM **Anti-Life** Sci-fi thriller. (2020, 15, 93min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
11.00 **Andromeda** 3/22. (S3)
12.00 NOON FILM **The Curse of the Werewolf** Hammer horror chiller. (1961, 12, 92min) ★★★
2.00 PM FILM **Shark Season** Disaster thriller. (2020, PG, 87min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Geo-Disaster** Sci-fi action drama. (2017, 12, 90min) ★
7.00 **Andromeda** 4/22. (S3)
8.00 **The A-Team** 13/14. (S1)
9.00 FILM **POW: The Escape** Vietnam War drama. (1986, 15, 90min) ★★
10.50 FILM **Rules of Engagement** Military courtroom thriller. (2000, 15, 128min) ★★
1.20 AM FILM **POW: The Escape** As 9.00pm.
3.10 FILM **Geo-Disaster**
4.55 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Blackburn.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Storage Wars**
1.05 PM **Pawn Stars**
2.05 **Outback Wreckers**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing** Sarah Moore rescues a dressing table, a bundle of sticks and a dress.
8.00 **Dickinson's Real Deal**
9.00 **Outback Wreckers**
10.00 **Junk & Disorderly**
11.00 **Swamp People: Serpent Invasion**
12.00 M'T **Chaos Uncut**
1.00 AM **Alien Files: Unsealed**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Yorkshire Great and Small with Dan and Helen** Documentary.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Around the World by Train with Tony Robinson** Machu Picchu.
5.00 **Britain's Greatest Bridges** Tower Bridge.
6.00 **Volcano with Dara O' Briain** 2/2. Documentary.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Ellis** 3/3. Two newlyweds go missing while on their honeymoon. (S1)
11.00 **Keeping Faith** (S1)
12.05 AM **Wentworth: The Final Sentence** (S9)
1.05 **Nazi Megastructures**
2.05 **Yorkshire Great and Small with Dan and Helen** Holme Valley.
3.10 **to 4.00** AM **Britain's Greatest Bridges**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Ellie Taylor, Harry Redknapp, Susie Dent and Anthony Crolla.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 6/24. Sheldon upsets Stephen Hawking when they play an online game. (S6)
9.00 **1000-lb Sisters** New editions Tammy reveals something unexpected to Amy. **10.00** The family head to New Orleans, and Amy is left speechless by a surprise.
11.00 **Dr Pimple Popper**
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S6&4)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6&7)
12.55 PM **Impractical Jokers**
1.50 **Friends** (S9&10)
8.30 **Friends** 4/18. Emma's first birthday takes an unexpected turn. (S10)
9.00 **Jimmy Carr's Am I the A**hole?**
10.00 **Mr Bean** 3&4/14. (S1)
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **Jack Whitehall: Comedy Central Live**
12.30 AM **Jeff Dunham: Comedy Central Live**
1.00 **South Park** (S2)
2.00 **Teachers** 16/20. (S3)
2.30 **Russell Howard: Live at the London Palladium**
3.25 **Fat Chat with Desiree Burch** With David Jordan.
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
6.50 **Rosie Jones Tries to Help** With Harry Hill.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel** Game show.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 2/8. (S2)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel** Game show.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** (S6)
9.00 **Friends** (S6,4&9)
1.35 AM **8 Out of 10 Cats**
2.25 **Michael McIntyre's The Wheel** Game show.
3.20 **Most Ridiculous**
3.45 **New Girl** 6-9/23. (S3)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 6/7. (S4)
10.45 **Steptoe and Son** (S5)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 5/13. (S2)
2.40 **Minder** 11/11. (S1)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 5/7. (S4)
5.30 **Birds of a Feather**
6.00 **That's 60s: Best Music Live!**
6.05 **Rising Damp** 5/7. (S1)
6.40 **Steptoe and Son** (S6)
7.15 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 2/13. (S8)
9.00 **Benidorm** 1&2/9. (S2)
9.55 **Shameless** 3/11. (S2)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 1&2/9 (S2)
12.55 AM **Minder** 9/11. (S1)
2.00 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
11.00 **Dallas Cowboys Cheerleaders**
12.00 NOON **Catfish: The TV Show** Four editions.
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!** Lee wants to know why Princess is hiding her.
7.00 **Beauty and the Geek Australia** One of the geeks undergoes a huge transformation, and a favourite couple get eliminated.
8.30 **Judge Judy** Real-life small-claims cases.
9.00 **Ink Master Redemption**
10.00 **Tattoo Fixers**
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness**
1.00 AM **Ink Master**
2.45 **Caught in the Act: Double Life**
3.35 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Maine Cabin Masters**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at: **4.00** A look at how frost-proof garden pots are made. **4.30** How the tallest buildings in the world are cleaned.
5.00 **The Last Alaskans** Winter begins to ease in the north. **6.00** Big changes lie ahead for the homesteaders.

10.00 The Last Woodsmen

7.00 **Kindig Customs** Dave's client asks him to build a CF1 that incorporates all of the bells and whistles of a 1960s-era racing car.
8.00 **Kindig Customs** A big fan of Dave's work on Corvettes wants to build his own collection.
9.00 **Deadliest Catch** New edition A rogue wave pummels the *Wizard* crew, and Sig's deckhand suffers a crushed toe.
10.00 **The Last Woodsmen** New edition Breakdowns and heavy water threaten to leave Adrian and Leon stranded at sea.
11.00 **Expedition X** The mystery of a swamp monster that has terrorised a small Arkansas town for over a century.
12.00 M'T **Caught!** Double bill.
1.00 AM **Deadliest Catch**
2.00 **The Last Woodsmen**
3.00 **Edge of Alaska**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked**
11.00 **Animal Cops Phoenix**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** A team of Texas Game Wardens spend a week on a floating cabin to stop drug-smuggling operations.
6.00 **Dr Jeff: Rocky Mountain Vet** A golden retriever is rushed into the clinic with a broken leg.

8.00 Project Grizzly

7.00 **Treehouse Masters** Pete explores ingenious treehouse designs and engineering feats by builders around the world.
8.00 **Project Grizzly** Jeff Watson sets out on an adventure to teach his two 700lb grizzly bears how to survive in the wild.
9.00 **Alaska: The Last Frontier** Tempers flare as Otto, Eivin and Levi move an old workshop cabin to Otto's property.
10.00 **Alaskan Bush People** Noah, the youngest Brown brother, works on repairs to Browntown.
11.00 **The Haunted** Documentary.
12.00 M'T **Alaska: Homestead Rescue** Spring arrives.
1.00 AM **Sharkwrecked: Crash Landing** Documentary.
2.00 **Treehouse Masters: Out on a Limb** A circular hut treehouse.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines**
11.00 **Car S.O.S** A rare Lamborghini.
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **WWII: Tank Showdown**
3.00 **Hidden Histories**
4.00 **Ancient Structures: Secrets Revealed** The Colosseum and the Great Wall of China.
5.00 **Drain the Oceans**
6.00 **World War II: Secrets from Above** As the war reaches its endgame, Allies and Soviets race to seize Berlin.

6.00 WWII: Secrets from Above

7.00 **Air Crash Investigation** One of Spain's worst ever aviation disasters, which seemed to have a clearly identifiable cause.
8.00 **Drain the Titanic: A Ship Reborn** Exploring the wreck of the famous ship, using 3D images of what it looks like now.
9.00 **Back to the Titanic** The first manned mission to the *Titanic* in nearly 15 years, using a specially equipped sub to scan the wreckage.
10.00 **Titanic: 25 Years Later with James Cameron** The director looks back at the making of the movie.
11.00 **Air Crash Investigation**
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Airport Security: Rome**
2.00 **Car S.O.S** A 1978 JCB digger.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **Trials of the Wild**
4.35 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Digging for Britain**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **Lost U-Boats of WWII**
1.00 PM **Modern Marvels: WWII**
2.00 **The Abyss: Rise & Fall of the Nazis** Four editions of the documentary, including at: **5.00** Operation Reinhardt, in which the Nazis killed two million people in two months.
6.00 **American Pickers** Mike meets a kindred spirit at a defunct Wisconsin railroad town.

9.00 World War II

7.00 **Forged in Fire** Four bladesmiths try to salvage steel from a massive railroad track to make their signature big blades.
8.00 **Modern Marvels: WWII** New edition Exploring how wartime innovations continue to shape the world.
9.00 **World War II with Tom Hanks** New edition The Battle of Stalingrad. *See feature, page 21*.
9.55 **Auschwitz: One Day** The story of a typical day in 1944 in the infamous concentration camp from the viewpoints of victims and perpetrators.
11.05 **Hitler's British Island** 1/2. How the Channel Island of Alderney became a pre-occupation of Hitler. **12.05** AM 2/2. On the orders of Hitler, more than 5,000 slave labourers were shipped.
1.00 **The Abyss: Rise & Fall of the Nazis** Triple bill of editions.
3.50 **American Pickers**
4.45 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Jason Robards**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.00 **Stories from the Edge**
11.00 **Lockerbie** 2/4. Documentary.
12.00 NOON FILM **Bobby** (2016, PG, 95min) ★★★★
2.00 PM **Terry Venables: A Man Can Dream** Documentary.
4.00 FILM **Gascoigne** Documentary. (2015, 15, 86min) ★★★
5.45 **My Icon: Thierry Henry**
6.00 **UFO** 1/4. Documentary.

4.00 Gascoigne

7.00 **Tell Them You Love Me** Documentary exploring the story of esteemed university professor Anna Stubblefield's controversial affair with Derrick Johnson, a non-verbal man with cerebral palsy.
9.00 **Six Silent Killings: Ireland's Vanishing Triangle** 1/2. The disappearances of six women in the 1990s.
10.00 **Six Silent Killings: Ireland's Vanishing Triangle** 2/2. The story of the investigations into the disappearances.
11.00 **The Essex Murders** 1-3/3. Documentary about the killing of three notorious criminals known as the Essex Boys.
2.00 AM **Michael X: Hustler, Revolutionary, Outlaw** The rise and fall of black rights activist Michael de Freitas.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Jason Robards**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Secret Life of the Auction House**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** A risqué sculpture.
6.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Raj Bisram and Hettie Jago head to Norfolk.
8.00 **Shed and Buried**
9.00 **Shed and Buried: Classic Cars** A vintage Oldsmobile hot rod.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Documentary.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Body Cam** Series finale A wanted felon breaks into his family's home. **10.00** NEW SERIES A bar fight leads to a deadly hostage situation.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK**
8.00 **UK Crime Files: Boarded Barn Murders**
9.00 **UK Crime Files: A Deadly Love Triangle**
10.00 **Killers: Caught on Camera** Series finale The story of Josh and Chloe Bashford, who were stabbed and strangled to death by Chloe's stepfather.
11.00 **Donal MacIntyre's UK Killer Evidence** An attempt to destroy evidence in New Cross.
12.00 M'T **UK Crime Files: Boarded Barn Murders**
1.00 AM **UK Crime Files: A Deadly Love Triangle**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Uncovering Melanie's Murderer**
9.55 **UK Crime Files: Murder – A Fight for Justice**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Body in the Suitcase**
3.00 **UK Crime Files: The Killing of a Deaf Girl**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** An elderly couple's murder is uncovered. **5.30** An investigation into a street fight that took the life of a wrestling champion. **6.00** An investigation into a murder set up to look like a suicide. **6.30** A man vanishes after starting an affair.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Caught Red Handed**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **Murders at the Boarding House**
3.15 **How I Caught the Killer**
4.10 **What the Killer Did Next** Sabina Nessa.
5.05 **Killer in My Village**
6.00 **Murders That Shocked the Nation**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **How I Caught the Killer**
12.00 M'T **Most Evil Killers**
2.00 AM **Murdered at First Sight** Yingying Zhang.
3.00 **Britain's Most Evil Killers**
4.00 **Britain's Longest Road**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 **Britain's Biggest Dig**
9.55 **Egypt's Darkest Hour**
10.55 **WW2: Battle of Crete**
12.05 PM **The Bush Years: Family, Duty, Power**
1.00 **Grand Tours of the Scottish Islands**
1.35 **Britain's Biggest Dig**
2.55 **Egypt's Darkest Hour**
3.55 **WW2: Battle of Crete**
5.05 **The Bush Years: Family, Duty, Power**
6.05 **Grand Tours of the Scottish Islands**
6.45 **Britain's Biggest Dig**
7.55 **Egypt's Darkest Hour**
8.55 **WW2: Battle of Crete**
10.05 **The Bush Years: Family, Duty, Power** A look at how George HW Bush was betrayed by Richard Nixon.
11.00 **Egypt's Darkest Hour**
12.00 M'T **WW2: Battle of Crete** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Arabian Inferno**
11.00 **Africa's Hunters**
12.00 NOON **Wild Battlegrounds**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Arabian Inferno**
5.00 **Africa's Hunters**
6.00 **Wild Battlegrounds**
7.00 **Monkey Life** Double bill.
8.00 **Wild Science** The brown bear's evolution from Ice Age giants to modern omnivores.
9.00 **Islands** The wildlife on Baffin.
10.00 **Wild Battlegrounds** The challenges faced by animals living in hot locations.
11.00 **Africa's Hunters**
12.00 M'T **A Wild Year on Earth**
1.00 AM **Hope for Wildlife**
2.00 **Wild Science** As 8.00pm.
3.00 **Islands** As 9.00pm.
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **History's Greatest Aircraft**
6.00 **Ultimate Mysteries**
7.00 **Crimes That Shook Britain** The ex-wife and former friends of Colin Ireland cast new light on the psyche of the serial killer, who targeted members of London's gay community in 1993.
8.00 **Hitler's British Island** 1/2. How the Channel Island of Alderney became a pre-occupation of Adolf Hitler and was transformed into one of the most heavily fortified places on Earth.
9.00 **The UnXplained: Mysteries of the Universe** The dangers faced when trying to conquer new frontiers in space.
10.00 **Secrets in the Dark**
11.00 **Ancient Aliens** Double bill.
1.00 AM **Crimes That Shook Britain**
2.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
1.00 PM **Blowing Up History**
3.00 **How It's Made**
3.30 **Above and Beyond: NASA's Journey to Tomorrow**
5.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars**
9.00 **Incredible Engineering Blunders: Fixed** Former aerospace engineer Justin Cunningham tries to keep the Glasgow Tower turning. **10.00** Justin climbs on top of a stadium roof that is held up by air and in danger of collapse.
11.00 **You Have Been Warned** Featuring a bike that exercises the whole body. **12.00** M'T The design of underwater biospheres that can grow crops in the sea.
1.00 AM **How It's Made**
1.30 **Above and Beyond: NASA's Journey to Tomorrow**
3.00 **How the Universe Works**
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Missing Presumed Dead**
2.00 PM **Green Eyed Killers**
3.00 **Buried in the Backyard**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Green Eyed Killers** New edition What happens when jealousy turns deadly.
9.00 **Staged: Deadly Deception** New edition Shocking cases where crime scenes were staged to conceal the truth.
10.00 **The Death Investigator with Barbara Butcher** New edition A grandmother is found murdered in her apartment.
11.00 **Very Scary People**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **Crime in Progress** New edition
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Snakes in the City**
2.00 **Shells: Shaped by Nature**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** The staff help expand the pygmy hippo population.
8.00 **Predator in Paradise** Predators battle over food and territory. **9.00** A look at predatory animals living on beaches.
10.00 **Border Protection Spain** Drug traffickers lead the coastguards on a high-speed chase.
11.00 **To Catch a Smuggler**
12.00 M'T **Dutch Caribbean Coastguards** Documentary.
1.00 AM **Last of the Giants: Wild Fish** The invasive paiche.
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Fish Tank Kings**

Discovery History

161/172 147 181

7.00 AM **Blowing Up History**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Experts explore the wide variety of planets that make up the universe.
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Blowing Up History** Experts investigate lost tombs and forgotten rituals in Egypt.
9.00 **Secrets Underground** Claims that the sunken city of Atlantis may have been in the Americas.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Inside the Ambulance**
11.00 **Inside the Ambulance: Coast and Country** Double bill.
1.00 PM **Inside the Ambulance**
3.00 **Inside the Ambulance: Coast and Country** Double bill.
5.00 **Hornby: A Model World**
7.00 **Hornby: A Model World** Hornby's Scalextric team plan to create a model of the Lamborghini Countach. **8.00** The iconic *Flying Scotsman* is scaled down 120 times from its real-life size. **9.00** Young designer Prad has just 30 days to reinvent the model railway starter kit. **10.00** Young designer Tom tries to create a new model of the British jet *The Vampire*. **11.00** The Hornby team race to complete a model of the giant P2, *The Prince of Wales* locomotive, determined to be the first to bring a model of this giant to market.
12.00 M'T **Hornby: A Model World**
5.20 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder in the Heartland**
12.00 NOON **The Big Swindle**
1.00 PM **American Monster**
3.00 **The Killer Beside Me**
7.00 **Betrayed** Focusing on the case of 36-year-old newlywed Carol Grannon, who went missing in March 1999. **8.00** The case of actor and mother Pasinetta Prince, whose body was found in her Nebraska home in February 2006.
9.00 **Signs of a Psychopath** Experts explore the anatomy of the key manipulative tactics used by psychopaths.
10.00 **Evil Lives Here** Trina's childhood becomes a nightmare when her mother brings home a new boyfriend. **11.00** Teddy returns Dreamer's love with cruelty and control. **12.00** M'T Patrick Bruce watches his brother Lance descend into darkness.
1.00 AM **Blood Relatives**
2.00 **The Killer Beside Me**
4.00 **to 6.00** AM **Betrayed**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead Master Mechanic**
3.00 **World's Biggest Shipbuilders**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** 2/3. The team continue transforming the 1970s step van whiskey truck.
9.00 **Outback Truckers** Jack Macrae manoeuvres a massive house through extreme conditions.
10.00 **World's Biggest Shipbuilders**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** Richard helps a friend fulfil a childhood dream.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **The Plague** As 3.25am.
7.45 **They Will Kill You** As 5.10am.
9.30 **No Ordinary Heist** As 1.40am.
11.15 **LifeHack** As 6.20pm.
12.55 PM **Carolina Caroline** (2025)
2.45 **Sisu: Road to Revenge** Action adventure sequel. (2025, 15, 89min) ★★★★
4.25 **The Choral** Comedy drama starring Ralph Fiennes. (2025, 15, 113min) ★★★★
6.20 **LifeHack** Thriller with Georgie Farmer. (2025, 15, 97min)

4.25 The Choral

8.00 **Carolina Caroline** Crime thriller starring Samara Weaving and Kyle Gallner. A young woman joins a charismatic con man on the run, leaving a trail of crime and passion. With Kyra Sedgwick and Jon Gries. (2025, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

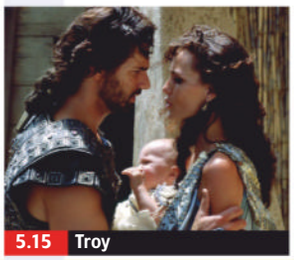
10.00 **Black Phone 2** Thriller sequel starring Ethan Hawke. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Him** Horror with Marlon Wayans. (2025, 18, 96min)
1.40 AM **No Ordinary Heist** Thriller. (2026, 15, 99min) ★★★
3.25 **The Plague** Thriller. (2025, 15, 98min) ★★★★
5.10 **to 6.50** AM **They Will Kill You** Horror comedy starring Zazie Beetz. (2025, 15, 94min) ★★★

Sky Cinema Ultimate Action

303 303 403 503 517

6.20 AM **xXx: Return of Xander Cage** Thriller. (2016, 12) ★★★
8.10 **Hounds of War** As 5.15am.
10.00 **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
12.05 PM **Nobody 2** Comedy thriller. (2025, 15, 89min) ★★★
1.45 **Sisu: Road to Revenge** Action sequel. (2025, 15) ★★★★
3.25 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
5.15 **Troy** Epic historical drama. (2004, 15, 163min) ★★★



5.15 Troy

8.00 **Gladiator II** Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. With Pedro Pascal and Denzel Washington. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **300** Epic adventure combining live action and virtual backgrounds, based on the graphic novel by Frank Miller and starring Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
2.25 **Days of Thunder** High-speed drama starring Tom Cruise. (1990, 15, 107min) ★★★
4.20 **Sky Cinema Preview**
5.15 **to 7.05** AM **Hounds of War** Thriller. (2024, 15, 95min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.45 AM **Chuck Chuck Baby** (2023)
9.30 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
11.40 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
1.30 PM **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
3.35 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
5.55 **The Friend** Drama with Naomi Watts. (2024, 15, 123min) ★★★★
8.00 **A Big Bold Beautiful Journey** Romantic drama starring Colin Farrell and Margot Robbie. Through a twist of fate, two strangers get to relive moments from their respective pasts. (2025, 15, 109min) ★★★
10.00 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
12.05 AM **The Swimmer** Israeli drama starring Omer Perelman Striks. Subtitled. (2021, 18, 84min) ★★★
1.45 **Chuck Chuck Baby** Musical drama starring Louise Brealey. (2023, 15, 101min) ★★★★
3.40 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
5.30 **to 7.35** AM **Boyz N the Hood** Oscar-nominated urban drama. (1991, 15, 111min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **I Know What You Did Last Summer** As shown at 12.20am.
8.55 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
10.40 **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
12.35 PM **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
2.25 **Anacondas: The Hunt for the Blood Orchid** Horror adventure sequel. (2004, 12, 97min) ★
4.10 **Constantine** Supernatural thriller. (2005, 15, 121min) ★★★
6.15 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
8.00 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel. (2004, 15, 119min) ★★★
10.10 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
12.20 AM **I Know What You Did Last Summer** Horror thriller reboot. (2025, 15, 119min) ★★★
2.15 **The Toxic Avenger** Horror comedy starring Peter Dinklage. (2023, 18, 102min) ★★★
4.00 **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
5.50 **to 7.35** AM **Johnny Mnemonic** Futuristic thriller starring Keanu Reeves. (1995, 15, 98min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.15 AM **Buffalo Kids** Animation. (2024, U, 79min) ★★★
8.45 **Happy Feet** (2006, U) ★★★★
10.45 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
12.35 PM **Pokemon: Detective Pikachu** (2019, PG) ★★★★
2.25 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
4.00 **Sing** (2016, U) ★★★
6.00 **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★

6.00 Jumanji

8.00 **Jumanji: The Next Level** Fantasy comedy adventure sequel starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Players of the rebooted Jumanji return and attempt to rescue one of their own. (2019, 12, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **MouseHunt** Slapstick comedy starring Nathan Lane and Lee Evans. The efforts of two brothers to renovate an old mansion are thwarted by a tenacious mouse. (1997, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Last Airbender** M Night Shyamalan's fantasy. (2010, PG, 103min) ★★
1.55 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
3.45 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Action

306 306 407 507 521

6.15 AM **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
7.50 **Prisoner of War** Action thriller. (2025, 15, 112min) ★★★
9.45 **Blacklight** (2022, 15) ★
11.35 **Transformers: Age of Extinction** (2014, 12) ★★★
2.20 PM **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
4.20 **The Long Kiss Goodnight** Thriller. (1996, 18) ★★★★
6.25 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★

6.25 The Scorpion King

8.00 **Fuze** Thriller starring Aaron Taylor-Johnson and Theo James. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Transformers: The Last Knight** Sci-fi adventure sequel starring Mark Wahlberg and Anthony Hopkins. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Mr Nice Guy** Action comedy starring Jackie Chan. (1996, 15, 88min) ★★★
1.55 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
3.40 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
5.30 **to 7.15** AM **Jackie Chan's Police Story** Comedy thriller. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Jackie Chan's The Tuxedo**
8.45 **The Whole Nine Yards** Black comedy. (2000, 15) ★★★
10.25 **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
12.25 PM **Tootsie** (1982, 15) ★★★★
2.35 **The Phoenician Scheme** Comedy. (2025, 15) ★★★
4.25 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

6.25 Ace Ventura Pet Detective

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Pitch Perfect 3** Comedy sequel with Anna Kendrick. Following their win at the world championship, the Bellas reunite for one last singing competition at an overseas tour. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
1.10 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
2.50 **Multiplicity** Fantasy comedy. (1996, 12, 117min) ★★★
4.50 **Sky Cinema Preview**
5.50 **to 7.55** AM **Seven Psychopaths** Comedy thriller. (2012, 15, 106min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
9.20 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
11.20 **The Bourne Ultimatum** Spy thriller sequel with Matt Damon. (2007, 12, 115min) ★★★★
1.20 PM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
4.00 **Caught Stealing** Thriller. (2025, 15, 107min) ★★★★
6.00 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★

8.00 The Bourne Legacy

8.00 **The Bourne Legacy** Spy thriller sequel with Jeremy Renner and Rachel Weisz. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Lethal Weapon 2** Action comedy thriller sequel starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a murderous South African drug trafficker. (1989, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Chinatown** Director Roman Polanski's thriller. (1974, 15, 131min) ★★★★★
2.50 **The Big Heat** Gangster thriller. (1953, b/w, 15, 90min) ★★★★
4.35 **to 6.15** AM **Rashomon** Japanese director Akira Kurosawa's drama. (1950, b/w, 12, 88min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Halls of Montezuma** World War Two drama. (1950, U, 109min) ★★★
1.20 PM **The Bridge on the River Kwai** David Lean's Oscar-winning World War Two drama. (1957, PG, 161min) ★★★★★
4.35 **The Enemy Below** Adventure. (1957, PG, 98min) ★★★★
6.45 **Uncharted** Action adventure starring Tom Holland. (2022, 12, 116min) ★★★

9.00 Anna

Uncharted (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Anna** Luc Besson's action thriller starring Sasha Luss and Helen Mirren. A young Russian woman who is the victim of domestic abuse becomes a feared assassin for the KGB. With Luke Evans and Cillian Murphy. (2019, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
1.30 **to 3.35** AM **How to Get Ahead in Advertising** Satirical comedy with Richard E Grant. (1988, 15, 98min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Epic Worlds

302 302 402 502 516

6.15 AM **Bookworm** Comedy. (2024, 12, 103min) ★★★★
8.05 **Robin and the Hoods** Comedy. (2024, PG, 101min) ★★
9.50 **Ghostbusters** Action comedy. (1984, 12, 105min) ★★★★
11.50 **Ghostbusters: Afterlife** Comedy sequel. (2021, 12, 124min) ★★★★
2.00 PM **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
4.00 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
6.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas. (1982, U, 114min) ★★★★★
8.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy starring Elijah Wood. (2001, PG, 178min) ★★★★★
11.00 **The Lord of the Rings: The Two Towers** Epic fantasy adventure starring Elijah Wood. (2002, 12, 179min) ★★★★★
2.00 AM **Clash of the Titans** (2010)
3.50 **Transformers One** Animated sci-fi adventure featuring the voice of Chris Hemsworth. (2024, PG, 104min) ★★★★
5.35 **to 7.15** AM **The NeverEnding Story** Fantasy starring Barret Oliver. (1984, U, 94min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.15 AM **The Last Starfighter** Sci-fi adventure. (1984, PG) ★★★
9.00 **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★
10.50 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
12.25 PM **Mad Max 2** Action thriller sequel. (1981, 18, 95min) ★★★★
2.05 **Mad Max Beyond Thunderdome** Action thriller sequel. (1985, 15, 107min) ★★★
3.55 **Logan's Run** Sci-fi adventure. (1976, PG, 115min) ★★★★
5.55 **Interview with the Vampire** Horror with Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
8.00 **The Shining** Stanley Kubrick's chilling adaptation of Stephen King's bestseller, starring Jack Nicholson and Shelley Duvall. (1980, 15, 119min) ★★★★★
10.25 **The Exorcist** Occult horror with Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. (1973, 18, 121min) ★★★★★
12.30 AM **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
2.00 **InnerSpace** Sci-fi comedy thriller. (1987, PG, 119min) ★★★
4.00 **The Cinema List: Outlaws**
4.30 **to 6.30** AM **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.15 **Mulan** Animated adventure. (1998, U, 88min) ★★★
8.45 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
10.30 **Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy. (2005, PG) ★★★★
12.55 PM **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
2.25 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
4.15 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★
5.45 **Hannah Montana: The Movie** Teen musical comedy spin-off. (2009, U, 98min) ★★★
7.30 **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
9.00 **Deadpool & Wolverine** Superhero adventure sequel. (2024, 15, 128min) ★★★★
11.05 **Flightplan** Suspense thriller. (2005, 12, 98min) ★★★★
12.45 AM **The Maze Runner** Sci-fi adventure with Dylan O'Brien. (2014, 12, 110min) ★★★
2.45 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
4.35 **to 6.00** AM **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★

Movies 24

312 313 419

7.00 AM **The Reluctant Royal** Comedy. (2025, PG, 84min) ★★
9.00 **Falling Together** Drama. (2024, U, 90min) ★★
11.00 **Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★
1.00 PM **A Match in Manhattan** Romantic drama with Kalinka Petrie. (2024, PG, 90min) ★★
3.00 **Making Waves** Romantic comedy. (2023, PG, 84min) ★★
5.00 **A Royal Makeover** Romantic comedy starring Veronica Long. (2023, PG, 87min) ★★
7.00 **Mystery Island: Play for Keeps** Crime drama starring Elizabeth Henstridge and Charlie Weber. (2025, PG, 90min) ★★
9.00 **Autumn at Apple Hill** Romantic comedy starring Erin Cahill and Wes Brown. A woman inherits her grandparents' inn, and becomes suspicious when a hotel executive checks in. (2024, PG, 84min) ★★
11.00 **The Love Hunt** Romantic comedy. (2023, PG, 89min) ★★
1.00 AM **My Norwegian Holiday** Comedy. (2023, PG, 80min) ★★
3.00 **to 5.00** AM **Sense and Sensibility** Drama. (2024, U) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **The Girl in the Picture** Mystery. (1956, b/w, U, 63min) ★★
7.50 **The Big Trees** (1952, U) ★★★
9.40 **Once a Sinner** Drama. (1950, b/w, PG, 80min) ★★★
11.20 **What's On TPTV with Noel**
11.30 **Star Performance** 36/38. (S3)
12.00 NOON **Sergeant Cork** 2/6. (S4)
1.05 PM **Adventures of William Tell**
1.35 **Look at Life**
1.50 **Small Hotel** Comedy. (1957, b/w, U, 58min) ★★★
3.00 **Clint Eastwood: Last Legend**
4.05 **Live Now, Pay Later** Comedy. (1962, b/w, 18, 104min) ★★★
6.10 **Look at Life**
6.25 **Whiplash** 20/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder**
9.05 **The Racing Game** 5/6. (S1)
10.10 **Horrors of the Black Museum** Horror. (1959, 15, 81min) ★★
11.50 **Hangman's Wharf** Crime drama. (1950, b/w, U, 74min) ★★★
1.00 AM **Fortean TV**
1.35 **The Strange Love of Martha Ivers** Romantic melodrama starring Barbara Stanwyck. (1946, b/w, PG, 117min) ★★★★
3.50 **What's On TPTV with Noel**
4.00 **Target: The Corruptors** (S1)
5.00 **to 6.00** AM **The Rogues**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
10.00 LIVE **ICC Women's T20 Cricket World Cup** **New Zealand v Scotland.** Coverage of the Group B match at the Bristol County Ground.
2.00 PM LIVE **ICC Women's T20 Cricket World Cup** **Ireland v Sri Lanka.** Coverage of the Group B match staged at the Bristol County Ground. Both these teams are aiming to make it out of the group stages for the first time in their histories.
6.00 LIVE **ICC Women's T20 Cricket World Cup** **Australia v Pakistan.** The Group A match staged at Headingley Stadium, Leeds. Australia have dominated this event since 2009, winning six of the stagings to date.
10.00 **World Cup Report**
3.00 AM LIVE **WNBA** **Las Vegas Aces v New York Liberty.** The match at Michelob ULTRA Arena. The Aces defeated New York in the first round of the play-offs last year and went on to win the title. Tip-off is at **3.00am**.
5.30 **to 6.00** AM **World Cup Report**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **FNF** Leeds United v Burnley.
9.30 **Premier League Highlights**
11.30 **SNF** Arsenal v Fulham.
12.00 NOON **PL Highlights**
1.00 PM **MNF Hits** Highlights from Everton v Manchester City.
1.30 **Premier League Highlights** Brighton & Hove Albion v Wolverhampton Wanderers. **2.00** Fulham v Bournemouth. **2.30** Sunderland v Manchester United at Stadium of Light. **3.00** Burnley v Aston Villa. **3.30** Crystal Palace v Everton.
4.00 **SNF** Manchester City v Brentford.
4.30 **Premier League Highlights** Nottingham Forest v Newcastle United from the City Ground. **5.00** West Ham United v Arsenal.
5.30 **MNF** Highlights from Tottenham Hotspur v Leeds United.
6.00 **Premier League 360: Big Sam's Bolton**
8.00 **Netbusters** Recent action.
9.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** A replay of Wigan Athletic v Arsenal from 2010.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **World Cup Report** Early morning tournament news.
7.00 **World Cup Breakfast** Analysis of yesterday's matches, and a preview of today's fixtures.
10.00 **World Cup Matchday** Headlines and stories from the tournament. Plus, reports from yesterday's matches, consisting of Argentina v Austria and Jordan v Algeria from Group J, and France v Iraq and Norway v Senegal in Group I, as well a preview of today's fixtures in Group K and Group L.
7.00 PM **World Cup Show** The latest news from the tournament. There is also news and updates from Portugal v Uzbekistan in Group K staged at Houston Stadium.
10.00 **World Cup Report** Updates from England's second game in Group L against Ghana at Boston Stadium. There is also news and previews of Panama v Croatia in Group L, and Colombia v DR Congo in Group K, and news from the Scotland camp ahead of their final group stage game against Brazil tomorrow evening.
12.00 M'T **to 6.00** AM **World Cup Report**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup**
7.00 **ICC Women's T20 World Cup** Action from England v Sri Lanka.
7.30 **ICC Women's World Cup**
9.00 **ICC Women's T20 World Cup** Highlights of England v Scotland. **9.30** England v Sri Lanka.
10.00 LIVE **ICC Women's T20 Cricket World Cup** **New Zealand v Scotland.** Coverage of the Group B match at the Bristol County Ground.
2.00 PM LIVE **ICC Women's T20 Cricket World Cup** **Ireland v Sri Lanka.** Coverage of the Group B match staged at the Bristol County Ground.
6.00 LIVE **ICC Women's T20 Cricket World Cup** **Australia v Pakistan.** Coverage of the Group A match staged at Headingley Stadium, Leeds.
10.00 **Lauren Bell Masterclass**
10.30 **ICC Women's T20 World Cup** Highlights of New Zealand v Scotland at Bristol County Ground. **11.00** Ireland v Sri Lanka. **11.30** Australia v Netherlands at Hampshire Bowl in Southampton.
12.00 M'T **to 6.00** AM **ICC Women's T20 World Cup**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Best of the Sky Zone**
6.30 **Best of the Women's Open Zone**
7.00 **Playing Lessons**
8.00 **The Golf Fitness Show**
8.30 **Mark Roe's Short Game School**
9.00 **US Open Golf** The fourth day.
10.00 **School of Golf** Expert tips.
11.00 **Golf Academy**
12.00 NOON **Tee Time Tips**
1.00 PM **Best of the Open Zone**
3.00 **US Open Golf** The fourth day.
4.00 **Legends Tour Golf**
5.00 **The Improvers** Expert tips.
5.30 **Rose Ladies Series**
6.00 **Legends Tour Golf**
7.00 **PGA Tour Golf** Canadian Open.
8.00 **DP World Tour Golf** KLM Open.
8.30 **Tour Golf Highlights**
9.00 **US Open Golf** The fourth day.
10.00 **PGA Tour Champions**
11.00 **Legends Tour Golf**
12.00 M'T **Ryder Cup 2023**
2.00 AM **US PGA Tour Golf**
3.00 **Playing Lessons** Max Homa.
4.00 **School of Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA Tennis** Day three of the WTA Bad Homburg Open at TC Bad Homburg in Germany.
11.30 LIVE **WTA & ATP Tennis** Coverage of the ATP Mallorca Open and WTA Bad Homburg Open, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **WTA Tennis** Madrid Open.
6.45 **ATP Tennis** Monte-Carlo Masters.
7.00 **ATP Tennis** Halle Open review.
8.00 **WTA & ATP Tennis** Highlights.
12.00 M'T **ATP & WTA Tour Classics**
2.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Stories**
1.00 PM **MLB Highlights**
2.00 **Premier League Stories** Football interviews and features, including a profile of Unai Emery, and interviews with Demba Ba, Willian, Yakubu and Victor Moses.
7.00 **The WRC Magazine** A look back at the action from Rally Greece.
7.30 **The Cycling Show**
8.00 **Rolex SailGP Championship** Action from the sixth round of the season in Halifax, Canada.
9.00 **The Gallagher PREM** The final at Allianz Stadium Twickenham.
10.30 **MotoGP Rewind**
10.45 **British Superbikes Rewind**
11.00 **MLB Highlights** Baseball action.
12.00 M'T **MLB Lead Off** A look at the upcoming MLB action.
12.30 AM LIVE **MLB** **Minnesota Twins v Los Angeles Dodgers.** Coverage of the inter-league match from Target Field. These two sides last met in a three-match series in July last year, with the visitors winning the series 2-1. Start-time **12.40am**.
3.30 **MLB Closer** A look back at the best action from the MLB.
4.00 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** From Czechia.
9.30 **British Superbikes Highlights**
10.30 **Motocross World Championship**
1.30 PM **International T20 Cricket Highlights** Bangladesh v Australia from Chattogram.
2.30 **The Gallagher PREM** The final at Allianz Stadium Twickenham.
4.00 **MotoGP** Action from the Grand Prix of Czechia Moto3 race. **5.00** The Moto2 race. **6.00** The MotoGP sprint race. **6.30** Highlights from the Grand Prix of Czechia MotoGP race.
7.30 **MLB Highlights**
8.30 **TNT Sports Cricket Reload** Bangladesh v Australia in the third and final T20 of the series.
8.45 **Endurance Uncovered: Racing for Excellence**
9.15 **Formula E Highlights** Action from the Sanya e-Prix.
10.15 **Premier League Stories**
10.45 **Europa League Goals Reload**
11.00 **UFC** Manel Kape v Kyoji Horiguchi.
2.00 AM **UFC Greatest Fights**
5.00 **MotoGP Rewind**
5.15 **British Superbikes Rewind**
5.30 **to 6.00** AM **Endurance Uncovered: Racing for Excellence**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **Super Bowl LX**
1.00 PM **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NFL Bitesize Highlights**
5.30 **NBA on Fire** The latest news.
6.00 **State of Origin Rugby League** Action from New South Wales Blues v Queensland Maroons. **7.00** New South Wales Blues v Queensland Maroons highlights.
8.00 **NBA Basketball** Los Angeles Lakers v Oklahoma City Thunder.
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Women's Super League**
1.30 **World Club Challenge**
1.45 **Super League Highlights**
2.15 **Women's Super League**
2.30 **NBA on Fire** The latest news.
3.00 LIVE **WNBA** **Las Vegas Aces v New York Liberty.** The match at Michelob ULTRA Arena. The Aces defeated New York in the first round of the play-offs last year and went on to win the title. Tip-off is at **3.00am**.
5.30 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** The Miami Grand Prix. **9.00** The Canadian Grand Prix.
10.00 LIVE **WTA Tennis** Day three of the WTA Bad Homburg Open, a grass-court tournament held at TC Bad Homburg in Germany, featuring second-round matches. Top seed and eventual champion Jessica Pegula overcame qualifier Katerina Siniaková 6-2, 6-3 at this stage of the event last year.
11.30 LIVE **WTA & ATP Tennis** Coverage of the ATP Mallorca Open and WTA Bad Homburg Open, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **World Cup Matchday**
7.00 **World Cup Show** The latest news from the tournament.
10.00 **World Cup Report**
12.00 M'T **EFL Greatest Games**
1.00 AM **Formula 1** Highlights from the Australian Grand Prix.
2.00 **EFL Greatest Games**
3.00 **Super League** Another chance to see Hull Kingston Rovers v Leigh Leopards at Craven Park.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **US Open Golf** Fourth day.
8.00 **WTA Tennis** Berlin Open final.
9.00 **ATP Tennis** Halle Open final.
10.00 LIVE **ICC Women's T20 Cricket World Cup** **New Zealand v Scotland.** Coverage of the Group B match from the Bristol County Ground.
2.00 PM LIVE **ICC Women's T20 Cricket World Cup** **Ireland v Sri Lanka.** Coverage of the Group B match staged at the Bristol County Ground.
6.00 **US Open Golf** The fourth day.
7.00 **Super League** A match replay.
9.45 **EFL Greatest Games**
10.00 **US Open Golf** The opening day.
11.00 **ICC Women's T20 World Cup**
12.00 M'T **Premier League Darts**
4.15 AM **PL Greatest Games**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **Test Cricket Highlights**
8.00 **One-Day International Cricket**
11.00 **AFL** Fremantle v Geelong Cats. **12.30** PM Another chance to see Gold Coast Suns v Hawthorn. **2.00** Adelaide Crows v Melbourne. **3.30** GWS Giants v Carlton.
5.00 **AFL** Collingwood v Port Adelaide. **6.30** A replay of Richmond Tigers v North Melbourne Kangaroos. **8.00** Another chance to see St Kilda Saints v Western Bulldogs.
9.30 **IFSC Climbing World Series Highlights** In Innsbruck, Austria.
10.30 **Global Champions Tour** Action from the Grand Prix of Paris.
11.30 **Premier League Review**
1.30 AM **The Cycling Show**
2.00 **British Superbikes Highlights**
3.00 **UCI Mountain Bike World Series Review** From Austria.
3.30 **UEFA Champions League Greatest Nights**
5.30 **to 6.00** AM **UEFA Champions League: Stories of the Finals**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Highlights of matches in the Italian top-flight, including Inter Milan v AC Milan, AC Milan v Lazio and AS Roma v Napoli.
7.00 PM **A-League** Highlights of Auckland FC v Melbourne City. **8.00** Featuring highlights from Melbourne Victory v Sydney FC. **9.00** Adelaide United v Auckland in the second leg of the semi-final. **10.00** Highlights from Newcastle Jets v Sydney FC in the second leg of the semi-final. **11.00** Action from Auckland FC v Sydney FC in the Grand Final.
12.00 M'T **Mass Participation World**
1.00 AM **SailGP Championship**
2.00 **UEFA Champions League Goals Reload** Highlights.
2.15 **Europa League Goals Reload**
2.30 **Fishing: On the Bank**
3.30 **ABB FIA Formula E World Championship Highlights**
4.30 **IFSC Climbing World Series**
5.30 **to 6.00** AM **The Cycling Show**

Premier Sports 1

419 APP 528

6.00 AM **Motorsport** Valentino Rossi.
6.30 **FIM Sidecarcross Championship** GP of Estonia.
7.30 **NASCAR Highlights**
8.30 **Top 14 Rugby Union**
12.30 PM **Champions Cup Show**
1.00 **World Surf League**
2.00 **NHL Tonight** Highlights.
3.00 **United Rugby Championship** Leinster v Bulls in the final.
5.00 **Champions Cup Show**
5.30 **Top 14 Rugby Union** Action from the first semi-final.
7.30 **Sporting Countdowns**
8.00 **United Rugby Championship** Leinster v Bulls in the final.
10.00 **Champions Cup Show**
10.30 **DTM Motorsport Highlights**
2.00 AM **Motorsport** Valentino Rossi.
2.30 **NASCAR Highlights**
3.30 **FIM Sidecarcross Championship** GP of Estonia.
4.30 **Sporting Countdowns**
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 APP 529

6.00 AM **Football's Greatest**
7.00 **NASCAR O'Reilly Series**
10.00 **Bike World** Magazine.
10.30 **Temples of Sport**
11.30 **NHL Ice Hockey** A replay of Carolina Hurricanes v Vegas Golden Knights in game two of the Stanley Cup Finals.
1.30 PM **NHL: This is Hockey**
2.00 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
4.00 **LaLiga** Real Madrid v Barcelona.
6.00 **International Rugby Union** Barbarians v South Africa.
8.00 **Temples of Sport**
8.30 **Argentine Primera** A chance to see River Plate v Belgrano.
10.30 **NHL Ice Hockey** Carolina Hurricanes v Vegas Golden Knights in game two of the Stanley Cup.
12.30 AM **NHL: This is Hockey**
1.30 **Football's Greatest**
2.00 **European Le Mans Series**
3.00 **Coppa Italia** Lazio v Inter Milan.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Archive action.
10.00 **Formula 1** A replay of the Barcelona-Catalunya Grand Prix.
12.15 PM **Ted's Notebook**
12.45 **Naomi Hot Laps**
1.00 **Ginetta Juniors Highlights**
2.00 **Formula 1** From Barcelona.
3.00 **Ferrari Challenge Europe**
4.00 **British Kart Championships**
5.00 **Formula 1** The Austrian Grand Prix from 2019 to 2022.
9.00 **Indycar** The Grand Prix of Road America in Elkhart Lake, Wisconsin.
10.00 **Formula 1** From Barcelona.
11.00 **Indycar** Action from Wisconsin.
12.00 M'T **Formula 1** Highlights.
1.00 AM **F1 Explained**
2.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Wednesday

24 June

Planner

Avatar: Fire and Ash

SCI-FI Disney+

James Cameron's almighty (197 mins) conclusion to the *Avatar* trilogy sees Jake Sully and Neytiri battling to protect the Na'vi people of Pandora from a new threat. Sam Worthington stars.

World Cup

FOOTBALL

BBC 1, kick-off 11pm

Steve Clarke's side face five-time winners Brazil in their final group-stage fixture. A win tonight – the chances are slim but not impossible – could see Scotland reach the World Cup knockout rounds for the first time. It's a tantalising prospect for the Tartan Army, and worth staying up for.

In Our Blood

DRAMA Sky Atlantic, 10.15pm & 11.15pm (box set, Sky Box Sets/NOW)

Set in 1980s Australia, this powerful drama follows activists and health workers as they unite to tackle the emerging AIDS epidemic and challenge prejudice. Tim Draxl and Matt Day lead the cast.

Matlock

DRAMA Sky Witness, 9pm

The second season comes to a close as Madeline 'Matty' Matlock (Kathy Bates) edges closer to uncovering the truth, while her working relationship with Olympia (Skye P. Marshall) faces its biggest test yet – and long-buried secrets threaten to surface.

Wednesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 How Are You?...	9.30 News	10.00 Football: World Cup – Live	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Amazing Hotels: Life Beyond the Lobby		9.00 QI XL	9.45 Live at the Apollo	10.15 Newsnight	
	103 ITV1	7.00 Football: World Cup – Live: Switzerland v Canada (Kick-off 8.00)							10.35 News
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 The Light in the Hall: Still Waters		10.00 Night Coppers	
	105 5	7.00 GPs: Behind Closed Doors		8.00 Ambulance: Code Red		9.00 Surgeons: A Matter of Life or Death		10.00 A&E After Dark	
	106 SKY ONE	7.00 The Simpsons		8.00 Film: Mean Girls				10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3		7.10 Walking with Dinosaurs	8.00 Top Gear		9.00 I Kissed a Girl			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Universe		9.00 The Nazis: A Warning from...	9.50 One Foot in...	10.15 Our Friends in the North	
	118 ITV2	7.00 The Floor USA		8.00 The 1% Club		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Our Yorkshire Shop: A Victorian...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Rookie		9.00 Matlock		10.00 Doc	
	108 SKY ATLANTIC	◂ 6.45 The White Lotus				9.00 House of the Dragon			10.15 In Our Blood
	110 U&GOLD		7.20 Dad's Army	8.00 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	7.00 Football: World Cup – Live: Bosnia and Herzegovina v Qatar (Kick-off 8.00)						10.05 Bullseye	
	112 COMEDY CENTRAL	◂ 6.55 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 The Baby			10.15 Grimm
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Sister Boniface Mysteries		9.00 The Chelsea Detective		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Battle of the Bagpipes		9.00 Isle of Wight Festival			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 Shades of Blue			
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs				9.00 Wheeler Dealers		10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Ancient Structures: Secrets Revealed		9.00 Colosseum: Rise and Fall		10.00 Witches: Truth Behind the Trials	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 The Curse of Oak Island			
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Train Truckers		9.00 Tropic of Cancer with Simon Reeve		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 The Alien Autopsy Scandal		8.00 The Girl Who Caught a Killer					10.30 Brazilians in...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Fraud Squad** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition Carnival preparations bring new policing challenges. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** New edition In Lincolnshire. (S)(AD)
3.45 **Garden Rescue** New edition (S)
4.30 **The Travelling Auctioneers** New edition Items include a Victorian cauldron. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)

7.30 **EastEnders** The pressure mounts for Eve and Suki on the day of their adoption hearing, while Phil gives Billy some advice. (S)(AD)

8 PM

8.00 NEW **The Repair Shop** One-off special. The team members restore a cherished 1966 World Cup mascot, repair a well-travelled leather hat and bring the music back to a battered old washboard. (S)(AD)

9 PM

9.00 **How Are You? It's Alan (Partridge)** *I'm Still Alan Partridge:* 1/6. Satirical comedy starring Steve Coogan. (S1) (S)(R)(AD)

9.30 **BBC News** (S)

9.50 **Local News** (S)

10 PM

10.00 LIVE **Football: World Cup** **Scotland v Brazil**: Kelly Cates presents coverage of both teams' concluding Group C match from Miami Stadium in the USA. There have been 10 previous meetings between these nations, four of which have been at the World Cup, and Scotland are still seeking a first-ever victory over the Seleção. Kick-off is at 11.00. *See feature, page 6.* (S)

HOME NATION!

1.45 AM LIVE **Football: World Cup** Czech Republic v Mexico: Coverage of both teams' concluding Group A match from Mexico City Stadium. Kick-off is at 2.00. (S)

4.15 **Weather for the Week Ahead** Seven-day forecast. (S)

4.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Policing Paradise** (S)(R)
8.00 **Sign Zone: Great Japanese Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Great Central Asian Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Chris and Meg's Wild Summer** (R)
3.15 **Britain and the Sea** (S)(R)(AD)
4.15 **Wild West: America's Great Frontier** A journey along America's west coast. (S)(R)(AD)
5.15 **Flog It!** From Kent. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Continental Railway Journeys** From Zurich. (S)(R)(AD)

9.00 QI XL

7.00 **Celebrity Antiques Road Trip** Harry Clark and Paul Gorton, former contestants on *The Traitors*, compete to find the most profitable antiques in the Scottish Highlands, with the help of experts Natasha Raskin Sharp and Roo Irvine. (S)(R)

8.00 **Amazing Hotels: Life Beyond the Lobby** Rob Rinder and Monica Galetti work in a Shanghai hotel that is built into a quarry, with hi-tech guest experiences and windows looking into aquariums. (S)(R)

9.00 **QI XL** *Sun, Sea & Sandi:* Panellists Alan Davies, Ed Gamble, Lou Sanders and Sindhu Vee tackle Sandi Toksvig's questions on a seaside theme. (S)(R)

9.45 **Live at the Apollo** Zoe Lyons introduces fellow comedians Ria Lina and Tom Ward to the stage at London's Hammersmith Apollo. (S)(R)

10.15 **Newsnight** (S)

10.50 LIVE **Football: World Cup** Morocco v Haiti: Coverage of both teams' concluding Group C match at Atlanta Stadium in the USA. Kick-off is at 11.00. (S)

1.10 AM **Return of the Giant Killers: Africa's Lion Kings** (S)(R)(AD)

1.50 LIVE **Football: World Cup** South Africa v South Korea: All the action from both teams' concluding Group A match, held at Monterrey Stadium in Mexico. Kick-off is at 2.00. (S)

4.10 **Sign Zone: Do You Know Your Place?** From Belfast. (S)(R)

4.40 **Sign Zone: Peelers: The PSNI for Real** 5/6. Documentary. (S)(R)

5.10 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and the team visit Solihull in the West Midlands, where items include resin plaques, a steam engine and some jewellery. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Mike gets his opportunity to take on the infamous Banker. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

11.20 The Assembly

7.00 LIVE **Football: World Cup** Switzerland v Canada: Mark Pougatch presents coverage of both teams' concluding Group B match, held at BC Place Vancouver in Canada. The only previous meeting between these nations was a friendly match in 2002 that took place on Swiss soil, and saw the Canadians claim a 3-1 victory. This is the second match of the tournament here for Jesse Marsch's men, and should they top the group and progress to the last-32 then their next match will also take place at this venue. Analysis from Duncan Ferguson, Patrick Vieira and Ian Wright. Kick-off is at 8.00. (S)
■ Bosnia and Herzegovina v Qatar is live on ITV4

10.35 **ITV News** (S)

11.05 **Local News** (S)
11.20 **The Assembly** Actor David Tennant is interviewed by neurodivergent individuals. (S)(R)
11.45 Singer Jade Thirlwall faces the grilling of a lifetime. (S)(R)
12.05 AM **Teleshopping**
3.00 **British Touring Car Championship Highlights** (S)(R)
4.15 **Unwind with ITV** (S)
5.30 **to 6.00** AM **James Martin's American Adventure** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S8&9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 6-7/24. (S9) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Cardiff father-and-son Manuel and Marvyn seek a property in Alicante. (S)(R)
4.00 **Narrow Escapes** New edition Graham battles incoming storms on his way to the Avon Aqueduct on the Union Canal. (S)(AD)
5.00 **Chateau DIY** Ben and Billie race to finish renovations to Château La Grande Maison. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** A couple are looking to relocate from New York to Spain. (S)(R)

8.00 Location, Location, Location

7.00 **News** (S)

8.00 **Location, Location, Location** New edition A catch-up with Hayley and James, who wanted a new home in Wiltshire back in 2019, and Camilla and Liam, who were forced to compromise during their search of Solihull in 2022. (S)

9.00 **The Light in the Hall: Still Waters** New episode 4/6. Caryl relentlessly pursues the truth, questioning Eve, Rhys and Robert to uncover their roles in the tragedy. (S2) (S)(AD)
■ Entire series on C4 streaming

10.00 **Night Coppers** On the beat with Brighton's police officers after dark. Young officers Matt and Will stop an ex-police chief for suspected driving under the influence – but things quickly turn awkward. (S)(R)(AD)

11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.10 AM **The Accused: Beyond Reasonable Doubt?** 1/4. The case of Jason Moore, who was found guilty of murder in 2005. (S)(R)
1.05 **Murdered: The Baby on the Beach** 1-3/3. (S)(SL)(R)(AD)
3.45 **George Clarke's Adventures in Americana** California. (S)(R)
4.40 **Kirstie's House of Craft** (S)(R)
4.50 **Couples Come Dine with Me** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

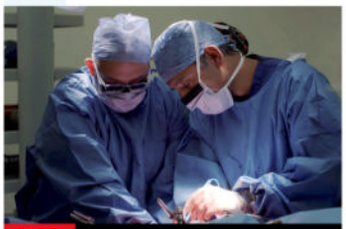
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Under the Influence:* 11/24. The duo investigate the death of a female DJ. (S)(R)
3.55 **Castle** *Death Gone Crazy:* 12/24. A man is strangled to death with a bra. (S5) (S)(R)
4.50 **Love Nature** A look at how a farm in Co Down is working to protect barn owls. (S)(R)
5.00 **News** (S)
6.00 **Cumbria: The Lakes & the Coast** Harriet plans to turn the milk she collects from her goats into cheese. (S)(R)
6.55 **News** (S)



9.00 Surgeons: A Matter of Life...

7.00 **GPs: Behind Closed Doors** Henry arrives at the surgery with an ongoing eye infection that has left him feeling trapped and struggling to maintain his social life. (S)(R)
7.55 **News** (S)

8.00 **Ambulance: Code Red** When paramedics arrive at a multi-car road traffic accident, they find a 29-year-old trapped in her car and bleeding. (S)(R)(AD)

9.00 **Surgeons: A Matter of Life or Death** Cameras focus on Laura, 29, who has an incurable brain tumour. To extend her life, she needs all of it removed, but the very risky surgery may kill her. (S)(R)

10.00 **A&E After Dark** Police bring in an abusive male under arrest who claims he has a racing heart, and two friends arrive in resus who have dislocated each other's shoulders during a friendly wrestle. (S)(R)

11.05 **The Hospital: Life on the Line** A woman has surgery to fix a faulty heart valve. (S)(R)
12.05 AM **Skin A&E** (S)(R)(AD)
1.00 **Teleshopping** (S)(R)
2.30 **Build Your Dream Home in the Country** In the Cotswolds. (S)
3.20 **Friends** (S10) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **The Flash** (S9) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Three Men and a Comic Book:* Bart buys a valauble comic book. (S)(R) **5.30** *Oh Brother, Where Art Thou?* Homer traces his long-lost half-brother. (S)(R)
6.00 **The Office (US)** 3/22. Jim and Pam arrange an 'Office Olympics' in Michael and Dwight's absence. (S)(R) **6.30** 4/22. A fire forces the staff out of the office. (S2) (S)(R)

8.00 Mean Girls

7.00 **The Simpsons** *Blood Feud:* Mr Burns receives a vital blood transfusion from Bart. (S)(R) **7.30** *Mr Lisa Goes to Washington:* Lisa wins an all-expenses-paid trip to Washington. (S)(R)

8.00 **FILM Mean Girls** Musical adaptation of the 2004 cult teen comedy, starring Angourie Rice, Renée Rapp, Auli'i Cravalho, and Tina Fey, who also wrote the screenplay. Teenager Cady Heron is a hit with a school clique when she makes the mistake of falling for Aaron Samuels. (2023, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **Never Mind the Buzzcocks** Greg Davies hosts a special 1980s-themed edition, with Martin Fry, Debbie Gibson and Judi Love joining guest team captains Pepsi & Shirlie and Noel Fielding and Jamali Maddix. (S)(R)(AD)

11.00 **The Ultimate Romcom Movies** Film fans Clara Amfo, Ellie Taylor and Russell Kane discuss the essential elements that must feature in the ideal romantic comedy. (S)(R)(AD)
12.00 M'T **Grimm** 20/22. (S4) (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **From** New episode 9/10. The residents of the town stand at a crossroads. (S4) (S)(AD)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30pm Politics Scotland (S) **3.15-3.45pm** Scam Interceptors (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Shift the Thrift (S) (R) **8.30-9.30pm** NEW The Repair Shop (S)(AD)

BBC1 Mid/East Mid/ London
Sky 956/957/951, Freesat 956/957/951
9.00-9.30pm NEW Nursery Scandals: What Went Wrong? (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
9.45-10.15pm Paula McIntyre's Hamely Kitchen USA (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Camau Bach **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Ciao! Colleen Ag Owain (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Stiwdio Grefftau (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau, Sheikhs a Chowbois **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Taclo'r Ty New edition (AD) **8.55** Newyddion a'r Tywydd **9.00** 3Cân Series finale **9.30** Y Byd ar Bedwar **10.00** Codi Hwyl (AD) **10.30-11.35pm** Cynefin

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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Planet Earth: A Lion's Tale** A lion cub and its mother struggle to find food in Kenya's Masai Mara.
7.10 **Walking with Dinosaurs** The tale of one of the largest dinosaurs ever to walk the Earth – a colossal, long-necked lusotitan.
8.00 **Top Gear** The decline of the British sports car industry.
9.00 **I Kissed a Girl** New editions 3/10. Emotions run high after last night's dinner party. **9.50** 4/10. After an intense Kiss-Off, the Masseria waves goodbye to its first girl.
10.40 **FILM Road House** Action thriller remake starring Jake Gyllenhaal. A former UFC fighter accepts a position as head bouncer at an ailing roadhouse in the Florida Keys. With Daniela Melchior. (2024, 15, 121 min) ★★★
12.30 AM **Ashley Cain: Into the Danger Zone**
3.30 **Calamity James**
3.45 **to 3.55** AM **Where It Ends**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The quarter-finals continue.
7.30 **Only Connect** Three booksellers compete against a team of bowlers.
8.00 **Universe** Professor Brian Cox explores the Milky Way.
9.00 **The Nazis: A Warning from History** Former diplomats and Nazi party members trace Germany's inevitable downward slide to war with Britain.
9.50 **One Foot in the Kitchen** Presenter Kirsty Wark takes a look behind the scenes of stately homes Erdigg, Ham House and Chatsworth.
10.00 NEW **Peter Flannery Remembers... Our Friends in the North** The writer reflects on creating his acclaimed 1996 drama.
10.15 **Our Friends in the North** *1964:* 1/9. Drama starring Christopher Eccleston, Daniel Craig, Mark Strong and Gina McKee. (S1)
11.25 **Our Friends in the North**
1.40 AM **Only Connect**
2.10 **to 3.10** AM **Universe**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** From The George Inn in Barton-upon-Humber, North Lincolnshire. **4.50** A visit to Cross Farm Cottages in West Yorkshire. **5.20** The third visit is to New Valron Hotel in Blackpool. **5.50** The fourth and final visit is to the Spinney Homestay in Warwickshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Catching up with two couples who had difficulty compromising during their searches.
7.55 **PopMaster TV** Contestants from Worcester, Perth, Glasgow, Southport and Bedford take part.
9.00 **Our Yorkshire Shop: A Victorian Restoration** 3/4. The volunteers have finished the elegant café but now they need a show-stopping window display.
10.00 **24 Hours in A&E** Forty-nine-year-old Nasly is brought into A&E with a life-threatening complication of diabetes.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Warwickshire.
8.00 **Ramsay's Hotel Hell**
9.00 **Ramsay's 24 Hours to Hell and Back**
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
6.30 **Hollyoaks** Theresa and Cleo go head to head. **7.00** Mercedes returns home to a shock.
7.30 **The Simpsons** *Gorgeous Grampa:* Grampa revisits his days as a feared TV wrestler.
8.00 **Below Deck: Mediterranean** New edition A guest leaves an unwelcome surprise.
9.00 **Gogglebox** *The1% Club* and *Casualty* are appraised.
10.00 **Gogglebox** Opinions on *Ripley* and *The Apprentice.*
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Naked Attraction**
1.05 **Gogglebox**
2.10 **Below Deck: Mediterranean**
3.00 **Ramsay's Hotel Hell**
3.50 **Abbott Elementary**
4.15 **The Simpsons**
4.40 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Wednesday primetime primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Law & Disorder**
11.00 **Chicago Fire** 14/22. (S13)
12.00 NOON **FBI** 5&6/22. (S7)
2.00 PM **The Rookie** 11/14. Chen is jealous of how training officer Tim treats his new rookie. (S3)
3.00 **Law & Order: Criminal Intent** 5/22. Goren and Eames investigate the murder of a diver. (S7)
4.00 **Nothing to Declare**

10.00 Doc

7 PM
7.00 **Nothing to Declare** Customs officials arrest a heroin smuggler. **7.30** A man tries to hide duck eggs from officials.

8 PM
8.00 **The Rookie** *The Good, the Bad and the Ugly:* 3/20. Nolan and Talia debate whether people are good or bad. (S1)

9 PM
9.00 **Matlock** Series finale *Matty Matlock:* 16/16. The Wellbrexa case reaches a dramatic conclusion. *See feature, page 12.* (S2)

10 PM
10.00 **Doc** New episode *Stuck:* 21/22. A mysterious, fast-acting and extremely deadly virus causes an emergency lockdown. (S2)
11.00 **The Rookie** 7/14. (S3)
12.00 M'T **FBI** 1/22. (S7)
1.00 AM **Law & Order: Special Victims Unit** 14/22. (S26)
2.00 **FBI** New episode 21/22. (S8)
3.00 **Road Wars**
4.00 **UK Border Force**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 8&9/10. (S4)
11.20 **House of the Dragon** (S1)
12.30 PM **Deadwood** (S3)
2.20 **Mussolini: Son of the Century**
3.25 **House of the Dragon** (S1)
4.40 **Gomorrah** 1/12. Ciro collaborates with Salvatore Conte to build a new empire. **5.40** 2/12. Genny reunites with his father. Subtitled. (S2)
6.45 **The White Lotus** 2/8. Chelsea bonds with Chloe, and Timothy gets bad news. (S3)

2.20 Mussolini

7.55 **The White Lotus** *The Meaning of Dreams:* 3/8. Saxon gets work calls, so Timothy enforces a no-phone rule, and Jaclyn pushes Laurie toward Valentin. (S3)

9.00 **House of the Dragon** 1/8. The Dance of the Dragons erupts into all-out war as rival Targaryens battle for the Iron Throne. (S3)

10.15 **NEW SERIES In Our Blood** *Grid:* 1/4. Australian drama about the rise of Aids in the 1980s. *See feature, page 12.* (S1)

11.15 **In Our Blood** New episode 2/4. David convinces Jeremy that the government should support the community. (S1)
12.15 AM **Hacks** 9&8/10. (S4)
1.35 **The White Lotus** (S2&3)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.05 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 **The Floor USA** New edition The contestants' knowledge of musicals, horror films and sport are tested.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Love Island** New edition Relationship-based reality show in which singletons seeking a romance compete to find love.

10.05 **Love Island: The Debrief** New edition Daily *Love Island* reactions.
10.35 **Family Guy** 14/22. Peter learns about his ancestors. (S3)
11.05 **Family Guy** 19/21. (S2)
11.35 **American Dad!** (S2)
12.35 AM **Bob's Burgers** (S13)
1.30 **Transaction** 3/6.
2.00 **Piglets** 3/6. (S1)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Murder by Magic:* A famous illusionist's show takes a turn.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Kindness of Strangers:* Greengrass attempts to organise Aidensfield's car rally, while Gina finally finds true love.

6.55 Heartbeat

6.55 **Heartbeat** *Hollywood or Bust:* A film crew descend on Aidensfield, filling the villagers' heads with thoughts of stardom.

8.00 **Midsomer Murders** *Garden of Death:* A commercial decision to turn Midsomer Deverell's memorial garden into a tea shop proves fatal for members of the Inkpen family, prompting DCI Barnaby to investigate.

10.00 **Law & Order: UK** *Shaken:* 5/6. Brooks and Devlin investigate sudden the death of a six-month-old boy. (S4)
11.00 **Law & Order: UK** 6/6. A body is found with a note reading 'They Must Be Destroyed'. (S4)
11.50 **Shetland** 3/6. Perez questions Donna about the shocking DNA results. (S4)
1.05 AM **Shetland** 4/6. (S4)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.00 **The Saint**
9.05 **Boon**
10.10 **The Champions**
11.20 **BattleBots**
12.25 PM **Magnum, PI**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Champions** *Happening:* An atom bomb must be deactivated before it devastates the whole of Australia.
5.50 **Minder** *All Things Brighton Beautiful:* Arthur helps protect a friend from a murderer.

10.05 Bullseye

7.00 **LIVE Football: World Cup** Bosnia and Herzegovina v Qatar: The Group B match at Seattle Stadium. Qatar have the better record in the two previous fixtures between these nations, winning 2-0 in the first game in 2000, while the second contest in 2010 ended in a 1-1 draw, and it remains to be seen whether either team will benefit from a similar result tonight. Kick-off is at 8.00.

10.05 **Bullseye** Freddie Flintoff hosts the revival of the darts-themed game show, with guest darts player Luke Humphries.
11.00 **Wrestling: AEW Collision** Hard-hitting wrestling action.
1.00 AM **Made in Britain** The story of how one firm made the wheelbarrows that helped rebuild Britain.
1.30 **Two and a Half Men**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Food Fest Scotland** 5/5. Edith Bowman and Colin Murray explore the Nairn Show.
8.00 **Born to Be Wild** 6/10. Kaniz struggles with an influx of rescued harbour seals.
9.00 **Inside Barlinnie** 2/3. Billy fights for recognition that he has really changed.
10.00 **River City** New episode Viv has to think on her feet when an opportunity presents itself.
10.30 **Still Game** 3/6.Jack falls head-over-heels in love with a woman who works in the local charity shop. (S1)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim** The couple travel along the River Tweed.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** 3&4/8. (S1)
10.00 **Upright** 3&4/8. (S1)
11.15 **Will & Grace** (S4)
12.15 PM **The Rehearsal** (S1)
1.40 **Based on a True Story**
2.45 **Will & Grace** (S4)
3.40 **The Rehearsal** (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S4)
7.00 **The Office (US)** 4/22. A fire forces the staff out of the office. **7.30** 5/22. Michael is ordered to fire one employee. (S2)
8.00 **Resident Alien** 7/10. Harry has to prove himself to someone from his past. (S4)
9.00 **Last Week Tonight with John Oliver** Talk show.
9.45 **Rose Matafeo: On and On and On** Stand-up.
11.00 **Based on a True Story**
12.10 AM **Resident Alien** (S4)
1.10 **Community** (S3)
2.10 **The Rehearsal** (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Riverdance 25th Anniversary Show**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Guy Garvey: From the Vaults**
4.00 **Discovering**
5.00 **Portrait Artist 2020**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Battle of the Bagpipes**
9.00 **Isle of Wight Festival**
11.00 **The Brontës by Anita Rani: Sisters of Disruption** Documentary.
12.00 M'T **Blue Road: The Edna O'Brien Story**
2.00 AM **The V&A Presents Alice: Curiouser and Curiouser**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Classic Movies**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Border Patrol**
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 21/26. (S4)
5.00 **Stargate SG-1** (S7)
6.00 **LIVE Cricket: ICC Women's T20 World Cup** England v West Indies: Coverage of the Group B match from Lord's in London.
10.00 **The Rookie** *Red Hot:* 4/22. Harper searches for a serial arsonist. (S4)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five members of an LGBTQ+ running club take part in the quiz.
3.00 **The Celebrity Chase** Bradley Walsh hosts a celebrity version of the general knowledge quiz.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **The Chase Celebrity Special** With Jon Sopel, Brian Conley, Maisie Summers-Newton and Perri Shakes-Drayton.
10.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With guests Jodie Whittaker, Paloma Faith, Munya Chawawa and Spencer Matthews.
8.00 **Bake Off: The Professionals** The pairs make a Victorian Britain-inspired showpiece.
9.00 **Grand Designs** A 63-year-old building an ambitious house on the Essex coast.
10.00 **Murdered: The Baby on the Beach** Triple bill.
1.05 AM **Emergency Helicopter Medics**
2.05 **Celebrity Gogglebox**
3.10 **Gogglebox**
4.10 **to 5.10** AM **The Dog House**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 2&3/7. (S4)
4.00 **Stargate SG-1** 15/22. (S6)
5.00 **Star Trek: Voyager** 13/26. A shuttle carrying Tuvok, Paris and the Doctor vanishes in a sinkhole and crash-lands on a deserted wasteland. (S5)
6.00 **Star Trek: Enterprise** 10/26. Hoshi has her first experience of the transporter. (S2)

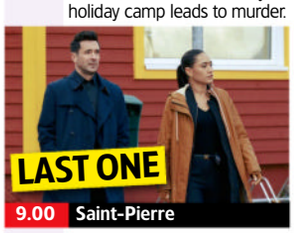
2.00 Primeval

7.00 **Stargate Atlantis** *The Long Goodbye:* 16/20. Alien entities take control of Weir and Sheppard's bodies. (S2)
8.00 **Stargate SG-1** *Paradise Lost:* 15/22. Maybourne is accidentally transported to a deserted moon with O'Neill. (S6)
9.00 **The Baby** 5/8. The baby's complicated origin is revealed. **9.40** 6/8. Plans are thwarted by the chaos of the other suddenly-possessed children. (S1)
10.15 **Grimm** *Trial By Fire:* 13/22. Nick joins forces with an old enemy to catch an arsonist. (S4)
11.05 **The Walking Dead** 13/16. Rick and his group try to acclimatise to their new surroundings, but decide to procure additional firearms as a precaution. (S5)
12.00 M'T **Primeval** (S3&4)
1.55 AM **The Walking Dead** (S5)
2.45 **The Baby** 5&6/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S3)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 8/24. (S4)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S3)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S3)
4.00 **The Mentalist** 8/24. (S4)
5.00 **Hudson & Rex** 1/20. When a young woman goes missing in The Barrens, suspicion falls on her boyfriend. (S5)
6.00 **Father Brown** *The Island of Dreams:* A visit to Chummy's holiday camp leads to murder.



9.00 Saint-Pierre

7.00 **Unforgettable** *New Hundred:* 1/13. Carrie goes undercover to investigate a counterfeiting ring. (S3)
8.00 **Death in Paradise** *Beyond the Shining Sea – Part One:* 5/8. A festival queen is murdered. (S8)
9.00 **Saint-Pierre** Series finale *Reap What We Sow:* 10/10. Arch's investigation into Gallagher comes to a head. (S1)
10.00 **Death in Paradise** *Damned If You Do:* 3/8. The president of a military re-enactment society dies mid-battle. (S4)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S8)
1.00 AM **Hudson & Rex** (S5)
2.00 **Murdoch Mysteries** 3/13. The detective enters the world of the Freemasons when a new member is poisoned. (S3)
3.00 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Porridge**
12.00 NOON **Keeping Up...**
12.40 PM **The Green Green Grass**
1.20 **Dad's Army**
2.00 **Ever Decreasing Circles**
2.40 **Are You Being Served?**
3.20 **Red Dwarf**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

9.20 Not Going Out

7.20 **Dad's Army** Sargeant Wilson inherits a title following the death of an elderly relative and joins the arisocracy.
8.00 **Red Dwarf** Rimmer gets marooned for 600 years in a bizarre world. **8.40** The crew members are alarmed to receive an SOS call from themselves, 15 years in the future.
9.20 **Not Going Out** Lucy plans an anniversary party for her parents.
10.00 **Red Dwarf** Lister's quest for a vindaloo takes him to Dallas in 1963. **10.40** Rimmer's alter ego returns to the *Starbug*.
11.20 **Bottom** Wretched flatmates Richie and Eddie decide to go camping in the countryside.
12.00 M'T **Not Going Out**
12.40 AM **Bottom 2001: A*****
Oddity Live Stage show.
2.30 **Bottom** As 11.20pm.
3.10 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Gordon's Great Escape**
8.10 **Border Force: America's Gatekeepers** Double bill.
10.15 **Rick Stein's Cornwall**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Caribbean with Simon Reeve**
4.00 **The Hairy Bikers' Chicken and Egg** Dave and Si sample an authentic Birmingham Balti.
5.00 **Rick Stein's Cornwall** Four editions, including at: **6.30** Rick travels to St Ives to talk about artist Alfred Wallis.

6.00 Rick Stein's Cornwall

7.00 **Mortimer & Whitehouse: Gone Fishing** Fishing for chub on the River Wye.
7.40 **Would I Lie to You?** Victoria Derbyshire, Rhod Gilbert, Rosie Jones and Jamali Maddix take part. **8.20** Guests include Stephen Mulhern and Deborah Frances-White.
9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guests Marina Purkiss and Phil Wang.
10.00 **QI XL** Guests Ross Noble, Julian Clary and Bill Bailey join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats** With Harriet Kemsley, Wes Nelson, Scarlett Moffatt and Rosie Jones.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Jason Manford.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.45 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Howard employs Clegg to look after several suspect packages. **6.40** Wesley and Barry plan to sell hot dogs to weary hikers.

9.00 The Chelsea Detective

7.20 **Last of the Summer Wine** Wesley shows off his new hand-crafted trolley – complete with deluxe car seat.
8.00 **Sister Boniface Mysteries** *The Shadow of Baron Battenberg:* 2/12. Sam and Ruth go undercover at a spiritual retreat. (S2)
9.00 **The Chelsea Detective** *A Chelsea Education – Part Two:* 8/8. Max and Priya discover there is no shortage of suspects. (S1)
10.00 **New Tricks** *Deep Swimming:* The team reopen the investigation into a terrorist's death. Guest stars Barnaby Kay.
11.20 **Silent Witness** *Domestic:* Harry is put in a tough position when he is called to a crime scene at the home of a family he knows, and finds the bodies of the mother and daughter.
1.35 AM **Lovejoy**
2.50 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Wednesday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 9-11/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Sunburn:* 4/16. Gibbs fears the worst when his search for Fornell leads to blood. **7.00** *Head of the Snake:* 5/16. Gibbs and Fornell strive to find the head of a drug ring. **8.00** *1mm:* 6/16. Following a tip, Bishop and Torres engage in a shootout in a former sheriff's residence. (S18)
9.00 **Jesse Stone: Night Passage** Crime drama prequel starring Tom Selleck as an alcoholic LAPD homicide detective who is fired for drinking on the job and relocates to a small town.
10.55 **Law & Order: Special Victims Unit** (S11)
2.45 AM **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **Casualty 24/7: Every Second Counts** Doctors treat a two-year-old girl with dangerously low blood-sugar levels.
8.00 **GPs: Behind Closed Doors** The doctors of Hall Green Health come face to face with some rare conditions.
9.00 **Ambulance: Code Red** Paramedics treat a man severely burned by a gas canister explosion.
10.00 **999: Critical Condition**
11.00 **He Kills Coppers**
2.10 AM **Police Interceptors**
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
12.35 PM **FILM Border River** Civil War Western. (1954, PG, 80min) ★★
2.15 **FILM Raw Edge** Western starring Yvonne De Carlo. (1956, PG, 76min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The unit assist with an emergency landing. **7.00** Kev Salter and Ian Squire hunt for a man roaming the streets with a machete.
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 5/24. (S4)
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Million Pound Build for Children in Need**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Documentary.
9.00 **Shades of Blue** *Undiscovered Country:* 7/13. With Saperstein's life in the balance, Harlee struggles to protect him from Wozniak. **10.00** *Good Cop, Bad Cop:* 8/13 Harlee helps Stahl's investigation. (S1) ■ Series 1-3 on U
11.00 **Antiques Road Trip**
1.00 AM **Who Killed Jenni Rivera?** Documentary.
2.00 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Secrets of the Transport Museum**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries**
8.00 **Train Truckers** A legendary diesel locomotive that has undergone over half a million pounds worth of repairs must be hauled over 40 miles.
9.00 **Tropic of Cancer with Simon Reeve** A journey from Egypt to Oman.
10.00 **Bangers & Cash**
12.00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Suffolk.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Celebrity Yorkshire Auction House** With Amanda Barrie and Tim Vincent.
1.00 PM **The Yorkshire Auction House**
2.00 **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family: What Happened Next**
6.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** Brothers sell their late mother's furniture.
8.00 **Antiques Road Trip**
9.00 **Who Do You Think You Are?** With Minnie Driver.
10.00 **Rich House, Poor House**
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S2)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 22&23/24. (S8)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 1&2/22. (S9)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 20/25. Frank plan to sells rubbish. **7.30** 21/25. Hawkeye is charged with mutiny. **8.00** 22/25. A sick pilot refuses to quit. **8.30** 23/25. Hawkeye unexpectedly encounters an old flame. (S4)
9.00 FILM **Bless This House** Comedy spin-off starring Sidney James. (1972, U, 89min) ★★
10.55 FILM **Little House: Look Back to Yesterday** Drama. (1983, U) ★★★
1.00 AM **M*A*S*H** (S4)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM FILM **Hell in Normandy** War drama. (1968, PG, 89min) ★★
11.30 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** Double bill.
3.10 FILM **The Vikings** Adventure. (1958, PG, 116min) ★★★★
5.40 FILM **Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
7.40 FILM **The Duel** Western with Liam Hemsworth. (2016, 15, 110min) ★★
10.00 FILM **Rob Roy** Romantic period adventure starring Liam Neeson. (1995, 15, 139min) ★★
1.05 AM **Dragon Ball Super**
2.05 **Coast Guard Alaska**
3.05 FILM **Super Eruption** Disaster movie. (2011, 15, 89min) ★★
4.30 **Coast Guard Alaska**
5.10 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Drama. (2021, PG, 84min) ★★
10.05 **In Plain Sight** 4/15. (S2)
11.05 **Castle** 10/24. (S3)
12.05 PM **Hailey Dean Mysteries** Crime drama.
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 11/24. (S3)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 5/15. (S2)
10.00 FILM **Flower Shop Mystery: Snipped in the Bud** Thriller sequel. (2016, PG, 90min) ★★
11.55 FILM **Framed for Murder** Crime thriller. (2022, 12, 85min) ★★
1.50 AM FILM **The Killer Downstairs** Thriller. (2019, 12, 90min) ★
3.20 **to 5.00** AM FILM **Hidden Truth** Thriller. (2016, 12, 92min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **A Christmas Break** Romantic drama. (2020, PG, 90min) ★★
10.10 FILM **Miss Christmas** Romance. (2017, U) ★★
12.05 PM FILM **The Christmas Chocolatier** Drama. (2024, PG, 82min) ★★
2.00 FILM **The Christmas Club** Romantic comedy. (2019, U, 100min) ★★
3.50 FILM **A Kiss for Christmas** Festive drama. (2011, PG, 96min) ★★
5.45 FILM **Christmas Date** Comedy. (2019, U) ★★
7.40 FILM **A Joyous Christmas** Romance. (2017, U, 90min) ★★
9.30 FILM **A Christmas Love Story** Romantic drama. (2019, U, 89min) ★★
11.35 FILM **A Christmas Break** Romantic drama. (2020, PG, 90min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Christmas Club**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **My Greek Kitchen**
4.00 **Country House Auction**
5.00 **My Floating Home**
6.00 **Love Your Garden**
7.00 **Yorkshire by the Sea** Whitby distillers create their latest tipple from seaside ingredients. **8.00** **Garden Rescue** Transforming a garden in Northamptonshire. **9.00** A woman from Shaftesbury needs help fixing up her garden.
10.00 FILM **Let's Get Laid!** Comedy with Robin Askwith. (1977, 18) ★★
12.00 M'T FILM **The World is Full of Married Men** Drama starring Anthony Franciosa. (1979, 18) ★★
2.15 AM FILM **Got It Made** Drama with Lalla Ward. (1974, 18, 86min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S3)
11.00 **The Fenn Street Gang**
11.30 **Agony** (S3)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** (S1)
1.30 **The Dustbinmen** (S3)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.05 **Hank the Cowboy**
3.20 **Boon** 13/13. (S3)
4.25 **Further Out of Town**
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S3)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk (Deceased)** 15/26. (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **Hot Girls for Men Only** (1967, 18) ★★
10.50 **New Naughty Video**
12.25 AM **Stereo Underground**
1.25 FILM **Heather Ann**
2.25 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures With Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jake's niece gets injured. **8.00** Many's news forces Sig and Clark to reconsider their decision.
9.00 **Alaska: Homestead Rescue** A family find their off-grid paradise threatened by storms.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Mary Berry Cooks**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **Delicious Miss Brown**
9.00 **Jamie Oliver: Together**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen's Cake Diaries** As 8.30pm.
1.00 **James Martin's French Adventure**
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
6.00 **Barefoot Contessa**
7.00 **The Great British Bake Off** Pastry Week.
8.30 **Rachel Allen's Cake Diaries** Making muffins.
9.00 **Nigella Bites**
10.00 **Prue Leith's Cotswold Kitchen** With cook and gardener Sarah Raven.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/28. (S1)
9.00 **T.J. Hooker** 19/23. (S4)
10.00 **Babylon 5** 12/23. (S1)
11.00 FILM **The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
12.55 PM FILM **Shoot Out** Western. (1971, PG) ★★
2.45 FILM **Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
5.00 **Star Trek** 3/24. (S3)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 13/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Mr & Mrs Smith** Black comedy thriller starring Brad Pitt and Angelina Jolie. (2004, 15, 120min) ★★★
11.30 FILM **Man on a Ledge** Thriller. (2011, 12) ★★★
1.35 AM FILM **Bad Lieutenant** Crime drama. (1992, 18, 98min) ★★★★
3.30 **to 5.10** AM FILM **Assault on Station 33** Thriller. (2021, 15, 90min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Shark Season** Monster thriller. (2020, PG, 87min) ★★
11.00 **Andromeda** 4/22. (S3)
12.00 NOON FILM **Geo-Disaster** Drama. (2017, 12, 90min) ★
2.00 PM FILM **The People That Time Forgot** Adventure sequel. (1977, U, 96min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
7.00 **Andromeda** 5/22. (S3)
8.00 **The A-Team** 14/14. (S1)
9.00 FILM **Drive Angry** Supernatural thriller starring Nicolas Cage. (2011, 18, 104min) ★★★
11.10 FILM **Deathwatch** Horror with Jamie Bell. (2002, 15, 95min) ★★★
1.10 AM FILM **Drive Angry**
3.15 FILM **Bermuda Tentacles** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Canadian Pickers**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition Unusual stories in Cheshire.
10.00 **The UnXplained with William Shatner**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Mysteries from Above** Civilizations.
1.00 AM **Alien Files: Unsealed**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Amazing Railway Adventures with Nick Knowles** From Mexico.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** From Mexico.
5.00 **Britain's Greatest Bridges** The Clifton Suspension Bridge.
6.00 **Wonders of the Moon with Dara O Briain**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Keeping Faith** 6/8. (S1)
10.05 **The Madame Blanc Mysteries** 1&3/6. (S3)
12.05 AM **Wentworth: The Final Sentence** (S9)
1.10 **The Yorkshire Vet**
2.10 **Yorkshire Great and Small with Dan and Helen** Documentary.
3.10 **to 4.00** AM **Britain's Greatest Bridges**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase: I'm a Celebrity... Special**
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** Matt Allwright, Stacey Solomon, Louise Minchin and Keith Allen compete for charity.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **The 600lb Diaries with Dr. Now** New edition Sam's 700lb body prevents him from spending more time with family.
10.00 **Dangerously Obese** New edition Keith's size is on the verge of ruining his marriage and health.
11.00 **Dr Pimple Popper** Alan has a growth on his arm but is scared of doctors.
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **Curvy Brides Boutique**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S4&5)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 3-8/25. (S7)
12.55 PM **Impractical Jokers**
1.50 **Friends** (S9&10)
7.55 **Friends** 10/18. Rachel and Phoebe spot Chandler with a woman. **8.25** 11/18. Joey appears on a quiz show. (S10)
9.00 **Michael McIntyre's Big Show** Guests include Cheryl and Peter Andre.
10.00 **8 Out of 10 Cats Uncut**
11.40 **Teachers** New episode 17/20. Comedy. (S3)
12.10 AM **Whose Line Is It Anyway? USA**
1.10 **South Park** (S2&3)
2.10 **Michael McIntyre: Happy & Glorious**
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 1&2/25. (S7)
6.50 **Rosie Jones Tries to Help** With Jayde Adams.
7.00 **Teleshopping**
9.00 **Michael McIntyre's...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 2-5/24. (S1)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 3/8. (S2)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel** With Adam Kay.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** 3-6/25. (S7)
9.00 **Friends** (S4&5)
10.00 **South Park** Animation.
1.00 AM **Mike Judge's Beavis and Butt-Head**
2.00 **Michael McIntyre's...**
3.00 **Most Ridiculous**
3.45 **New Girl** 10-13/23. (S3)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

8.00 AM **Highlights**
10.05 **Bread** 1/14. (S5)
10.40 **Steptoe and Son** (S5)
11.20 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 2/8. (S2)
12.30 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 6/13. (S2)
2.45 **Minder** 1/13. (S2)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 6/7. (S4)
5.30 **Birds of a Feather**
6.00 **That's 60s: Best Music Live!**
6.05 **Rising Damp** 6/7. (S1)
6.35 **Steptoe and Son** (S6)
7.15 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 3/13. (S8)
9.00 **Benidorm** 3&4/9. (S2)
9.55 **Shameless** 4/11. (S2)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** (S2)
12.55 AM **Minder** 10/11. (S1)
2.00 **to 5.30** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.30 **Dallas Cowboys Cheerleaders**
12.00 NOON **Catfish: The TV Show** Four editions.
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** Reality series.
8.30 **Judge Judy**
9.00 **Ink Master Redemption** Sarah Miller returns to call out Steve Tefft. **9.30** Emily Elegado redeems three Canvases.
10.00 **Tattoo Fixers** Alice works on a dog-lover's cover.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness**
1.00 AM **Ink Master**
2.45 **Caught In the Act: Double Life**
3.35 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Maine Cabin Masters**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?** Four editions, including at: **4.00** Methods of mining fertiliser from below the sea. **4.30** Making basmati rice.
5.00 **Alaska: Homestead Rescue** The Raneys help a family who are low on resources. **6.00** The Raneys assist two Montana homesteaders.

1.00 Crikey! It's the Irwins

7.00 **Kindig Customs** The '58 Corvette's owner wants to top off his collection with a CF1 – and he wants to debut them together.
8.00 **Kindig Customs** Dave and Kev attend a Mecum Auction event, where one of their CF1s will be crossing the block.
9.00 **Wheeler Dealers** Mike and Elvis try to finds a Triumph Dolomite Sprint to mark the vehicle's 50th anniversary.
10.00 **Kindig Customs** The owner of a 1968 Camaro muscle car has a load of upgrades he wants to accomplish.
11.00 **Expedition X** Phil and Heather visit a castle reportedly built over a Nazi portal to hell.
12.00 M'T **Caught!** Double bill.
1.00 AM **Wheeler Dealers** A Triumph Dolomite Sprint.
2.00 **Kindig Customs** As 10.00pm.
3.00 **Edge of Alaska**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** A carousel aquarium.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** The Texas Game Wardens investigate a jet-ski accident that resulted in a man being hospitalised.
6.00 **Dr Jeff: Rocky Mountain Vet** The team are faced with a cat with kidney disease, and a dog that has been hit by a car.

8.00 Rugged Justice

7.00 **Treehouse Masters** Pete Nelson returns to build a five-platform structure for a nature preserve in Michigan.
8.00 **Rugged Justice** Washington State's Fish and Wildlife Police place a suspect with a criminal past under arrest.
9.00 **Alaska: The Last Frontier** Grammy award-winner Jewel flies in with her son to visit Atz Sr to celebrate his birthday.
10.00 **Alaskan Bush People** Brown family patriarch Billy spots an opportunity to tie up loose ends and connect with the wild.
11.00 **The Haunted** A couple hear ghostly threats and find handprints on a baby's crib.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Project Grizzly**
2.00 **Treehouse Masters: Out on a Limb** A Texan man cave.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines**
11.00 **Hidden Beneath the Cities**
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **Gallipoli's Deep Secrets**
3.00 **Hitler's Killer Warships: Drain the Oceans**
4.00 **Pirates: Behind the Legends**
5.00 **Drain the Oceans** A wreck is thought to be a lost flagship from the War of 1812.
6.00 **World War II: Secrets from Above** Hitler launches a major attack against Stalin.

8.00 Ancient Structures

7.00 **Air Crash Investigation** Experts investigate a 2007 plane crash in Indonesia in which 21 of the 140 passengers died.
8.00 **Ancient Structures: Secrets Revealed** New edition How volcanic rock was used to build huge structures.
9.00 **Colosseum: Rise and Fall** Archaeologists uncover the story of the empire's collapse in Austria, Tunisia and Rome.
10.00 **Witches: Truth Behind the Trials** Re-creating witch trials from Europe and America through expert analysis.
11.00 **Air Crash Investigation**
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Amsterdam Central 24/7**
2.00 **Car S.O.S** A 1965 Mustang.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **The Abyss: Rise & Fall of the Nazis** Triple bill.
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
1.00 PM **The Curse of Oak Island** Double bill of the series.
3.00 **Junk & Disorderly: Henry's Wreck-trospective** Compilation of editions from the show *Junk & Disorderly*.
6.00 **American Pickers** Mike and Jersey encounter a multi-generational carnival collection in Minnesota.

8.00 Storage Wars

7.00 **Forged in Fire** Four smiths face an enormous challenge when they must salvage steel from five tons of junk.
8.00 **Storage Wars** New edition Kenny adds a unique twist to his bidding strategy, while Ivy faces a tough new rival.
9.00 **The Curse of Oak Island** New edition The team make an astonishing revelation on Lot 8.
10.00 **The Curse of Oak Island** New edition A special edition of the series following the search for treasure in Nova Scotia.
11.00 **Cursed Treasures** Uncovering the origins of the curses surrounding the Gurlitt Collection and Stan the T-Rex.
12.00 M'T **Junk & Disorderly: Henry's Wreck-trospective**
2.50 AM **The Curse of Oak Island**
4.25 **American Pickers** Mike and Jersey encounter a carnival collection.
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Richard Dreyfuss**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.00 **Rolling Stone: Stories from the Edge** 3/6. Documentary.
11.00 **Lockerbie** 3/4. Documentary.
12.00 NOON **Lancaster**
2.00 PM **The Two Escobars**
4.00 **The Directors**
5.00 **Discovering: Richard Dreyfuss**
6.00 **UFO** 2/4. Elite US Navy pilots encounter an unidentified aerial phenomenon in 2004.

8.00 The Girl Who Caught...

7.00 **The Alien Autopsy Scandal** 2/3. The film is released across the globe to enormous fanfare.
8.00 **The Girl Who Caught a Killer** 1/2. The story of Rachael Watts, who was kidnapped, strangled and left for dead as a child by Russell Bishop.
9.10 **The Girl Who Caught a Killer** 2/2. The testimony of seven-year-old Rachael Watts paves the way for a dramatic retrial for the Babes in the Wood murders.
10.30 **Brazilians in the Premier League** A look at the Brazilian stars who have graced the top flight.
11.40 FILM **Going Clear: Scientology and the Prison of Belief** Documentary. (2015, 15, 120min) ★★★★
2.00 AM NEW **Rik Mayall: Magnificent B'stard** A tribute to the influential comedian.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Richard Dreyfuss**

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Johnny Vegas' Little Shop of Antiques**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** From Cumbria.
6.00 **Celebrity Yorkshire Auction House** The homes of Jon Culshaw and Catherine Tyldesley.
7.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Rare books.
9.00 **Angus Ashworth: Yorkshire Heritage Hero**
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Reality show.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Lady Killers**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 NEW SERIES **Hunt for the Missing: Chicago** A woman and her nephew vanish from their Indiana home.
10.00 **American Detective with Lt Joe Kenda**
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The murder of Raneem Oudeh.
8.00 **UK Crime Files: Murder – The Tattoo Clue** A body is found at a pumping station in Hull.
9.00 **UK Crime Files: Blackpool Double Murder** Explores two similar murders that take place ten years apart.
10.00 **Bloodline Detectives** New edition The murder of Rashell Ward.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Murder: The Tattoo Clue**
1.00 AM **UK Crime Files: Blackpool Double Murder** As 9.00pm.
2.00 **Bloodline Detectives**
3.00 **Murder UK** As 7.00pm.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Body intThe Suitcase**
9.55 **UK Crime Files: The Killing of a Deaf Girl**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Shoe Rapist**
3.00 **UK Crime Files: Murder Without A Body**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** An investigation into the murder of a young girl. **5.30** A go-go dancer vanishes for 20 years. **6.00** The case of a Colorado hunter is shot three times and killed. **6.30** A look into a flurry of arson fires in California in 1984 that had authorities baffled.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Caught Red Handed**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **What the Killer Did Next**
5.00 **Killer in My Village**
6.00 **Murders That Shocked the Nation**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Murdered at First Sight**
10.00 **Murder Uncut**
11.00 **How I Caught the Killer**
12.00 M'T **World's Most Evil Killers** Velma Barfield.
1.00 AM **Ireland's Most Evil Killers** Documentary.
2.00 **Murdered at First Sight**
3.00 **Britain's Most Evil Killers**
4.00 **Britain's Longest Road**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Britain's Biggest Dig**
9.35 **Ancient Egypt: Life and Death in the Valley of the Kings**
10.50 **WW2: Battle of Crete**
12.00 NOON **The Bush Years: Family, Duty, Power**
1.00 PM **Britain's Biggest Dig**
2.35 **Ancient Egypt: Life and Death in the Valley of the Kings**
3.55 **WW2: Battle of Crete**
5.00 **The Bush Years: Family, Duty, Power**
6.00 **Britain's Biggest Dig**
7.20 **Ancient Egypt: Life and Death in the Valley of the Kings**
8.40 **WW2: Battle of Crete** Massacres on both sides.
9.50 **The Bush Years: Family, Duty, Power**.
10.45 **Ancient Egypt: Life and Death in the Valley of the Kings**
12.00 M'T **WW2: Battle of Crete** As 8.40pm.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School**
9.00 **Arctic Secrets**
10.00 **Arabian Inferno**
11.00 **Africa's Hunters**
12.00 NOON **Wild Battlegrounds**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Arctic Secrets**
4.00 **Arabian Inferno**
5.00 **Africa's Hunters**
6.00 **Wild Battlegrounds**
7.00 **Monkey Life** Double bill.
8.00 **Macaque Island** The lives of two troops of long-tailed macaques in the forests of Singapore.
9.00 **Tales from Zambia** A look at three contrasting habitats for wildlife in Africa.
10.00 **Wild Battlegrounds**
11.00 **Africa's Hunters**
12.00 M'T **A Wild Year on Earth**
1.00 AM **Hope for Wildlife**
2.00 **Macaque Island** As 8.00pm.
3.00 **Tales from Zambia**
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Arctic Secrets**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Ancient Aliens**
6.00 **Ultimate Mysteries**
7.00 **Crimes That Shook Britain** The events of May 2013 when soldier Lee Rigby was murdered by two Islamic extremists close to his barracks in Woolwich, south-east London.
8.00 **Hitler's British Island** 2/2. On the orders of Hitler, more than 5,000 slave labourers were shipped to Alderney to build a series of fortifications designed to protect the island from attack.
9.00 **History's Greatest Myths** The mystery that lies in vast and unexplored places.
10.00 **Pharaohs at War** A look at the Battle of Actium in 31 BC.
11.00 **Ancient Aliens**
1.00 AM **Crimes That Shook Britain**
2.00 **Ancient Aliens**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars**
9.00 **In Search of Monsters** Recently disclosed audio recordings and astonishing photographs may provide the most conclusive evidence to date that the Ozark Howler has demonic origins. **10.00** New evidence reveals a Vietnam War pilot may have returned home with a secret cargo. Experts use this to try and find the missing link in human evolution.
11.00 **Expedition X** The team explore an abandoned outpost in the Amazon rainforest. **12.00** M'T Phil and Jessica head to Lake Lanier, one of the deadliest lake in America, to uncover rumours of drownings and ghostly encounters.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **999: Killer on the Line**
2.00 PM **Green Eyed Killers**
3.00 **Murder at the Motel**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** Detectives race for answers after rapper Chucky Trill is gunned down.
8.00 **Green Eyed Killers** New edition A young woman is gunned down by her ex.
9.00 **Crime in Progress** New edition A respected doctor in Cleveland goes missing.
10.00 **City Confidential** The murder of a civic leader in Spring Valley's Haitian community.
11.00 **Spring Break Murders**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Snakes in the City**
2.00 **Battle of the Swamp Dragons**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** Featuring a baby siamang and a wolf born missing a leg.
8.00 **Cheetahs Up Close with Bertie Gregory** The wildlife photographer films the big cats in the Serengeti.
9.00 **Sharks Up Close with Bertie Gregory** The photographer records great white sharks.
10.00 **Border Protection Spain**
11.00 **To Catch a Smuggler**
12.00 M'T **Dutch Caribbean Coastguards** Documentary.
1.00 AM **Animals Gone Wild**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Fish Tank Kings**

Discovery History

161/172 147 181

7.00 AM **Egypt's New Tomb Revealed** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Exploring the 300 moons within the solar system.
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Egypt's New Tomb Revealed** Following Dr Otto Schaden as a gold coffin is unearthed in the Valley of the Kings, near Tutankhamen's tomb.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Expedition with Steve Backshall: Unpacked**
1.00 PM **Expedition with Steve Backshall: Unpacked**
5.00 **Bangers & Cash** Derek visits Suffolk to collect two Bentleys with a majestic pedigree. **6.00** Dave visits West Yorkshire to collect a 1926 Dodge bus. **7.00** Dave heads to Bolton to pick up a classic Italian sports car – a Lancia Fulvia 1.3 Sport. **8.00** Derek rubs shoulders with pop music royalty when he picks up a Morgan sports car. **9.00** The Mathewsons take delivery of a 1982 Audi Quattro and a Sunbeam Alpine.
10.00 **Trawlermen** Two skippers have problems with a new net. **10.30** Two skippers are forced to take shelter in Norway. **11.00** A skipper collapses in the wheelhouse but insists on continuing fishing.
12.00 M'T **Trawlermen**
2.00 AM **Bangers & Cash**
5.25 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Killer Beside Me**
12.00 NOON **Betrayed**
1.00 PM **American Monster**
3.00 **I Almost Got Away with It**
7.00 **Murder Under the Friday Night Lights** On New Year's Eve, a former cheerleader goes to a party and is found murdered the next day. **8.00** In 1985, police found the body of a beloved coach in southeast Texas, triggering a murder investigation laced with sex, jealousy, and revenge.
9.00 **Body Cam** Police officers face a gunman holed up in a suburban home.
10.00 NEW SERIES **Feds** When the El Salvadorian gang MS13 gain a foothold in Boston, the FBI try to infiltrate the group and put an end to violence in the city.
11.00 **Homicide Hunter: The Man with No Face** Documentary.
1.00 AM **Killing Time**
2.00 **I Almost Got Away with It**
4.00 **to 6.00** AM **Murder Under the Friday Night Lights**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **G.A.S. Extreme Customs**
2.00 **Ant Anstead Master Mechanic**
3.00 **World's Biggest Shipbuilders**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** 3/3. The owner of the whiskey van changes his plans.
9.00 **Outback Truckers** Harrison and Brad navigate challenges on the Great Northern Highway.
10.00 **World's Biggest Shipbuilders**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** The team head to Silverstone in search of glory.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **The Internship** (2026)
8.40 **LifeHack** As shown at 4.15pm.
10.20 **Carolina Caroline** As 6.00pm.
12.20 PM **The Choral** Comedy drama starring Ralph Fiennes. (2025, 15, 113min) ★★★★
2.20 **Dead Man's Wire** As 11.35pm.
4.15 **LifeHack** Thriller starring Georgie Farmer and Yasmin Finney. (2025, 15, 97min)
6.00 **Carolina Caroline** Crime thriller with Samara Weaving. (2025, 15, 105min) ★★★★

8.00 Fuze

8.00 **Fuze** Thriller starring Aaron Taylor-Johnson, Theo James and Gugu Mbatha-Raw. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Black Phone 2** Thriller sequel starring Ethan Hawke. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Dead Man's Wire** Thriller. (2025, 15, 104min) ★★★★
1.25 AM **The Internship** Thriller with Lizzy Greene and Megan Boone. (2026, 15, 87min)
3.15 **Sisu: Road to Revenge** Action adventure sequel. (2025, 15, 89min) ★★★★
4.55 **to 6.40** AM **They Will Kill You** Horror comedy starring Zazie Beetz. (2025, 15, 94min) ★★★

Sky Cinema Ultimate Action

303 303 403 503 517

7.05 AM **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
8.50 **Troy** Epic historical drama. (2004, 15, 163min) ★★★
11.35 **Gladiator II** Drama sequel. (2024, 15, 148min) ★★★
2.05 PM **300** Epic adventure. (2006, 15, 116min) ★★★★
4.05 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
5.50 **Olympus Has Fallen** Action thriller. (2011, 15, 119min) ★★★

5.50 Olympus Has Fallen

8.00 **Mission: Impossible – The Final Reckoning** Action thriller starring Tom Cruise. Ethan Hunt and the IMF team race to find the Entity, a rogue AI that can destroy mankind. With Hayley Atwell, Ving Rhames and Simon Pegg. (2024, 12, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **S.W.A.T.** Action thriller starring Colin Farrell and Samuel L Jackson. A billionaire drug lord offers $100million to anyone who can spring him from police custody. With Michelle Rodriguez. (2003, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Days of Thunder** Action drama starring Tom Cruise. (1990, 15, 107min) ★★★
2.45 **Streetfighter** Action drama. (1994, 12, 102min) ★★
4.35 **to 6.10** AM **Love Hurts** Action comedy starring Ke Huy Quan. (2025, 15, 83min) ★★

Sky Cinema Drama

310 310 410 510 524

7.35 AM **The Cinema List: Remakes**
7.50 **Footloose** As 12.00m't.
9.55 **Widow Clicquot** As 1.55am.
11.40 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
1.30 PM **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
3.40 **A Big Bold Beautiful Journey** Drama. (2025, 15, 109min) ★★★
5.35 **Cast Away** Survival drama. (2000, 12, 143min) ★★★★

8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Richard Madden and Jamie Bell. (2019, 15, 121min) ★★★★
10.05 **Boyz N the Hood** Oscar-nominated urban drama starring Larry Fishburne and Cuba Gooding Jr as a father and son confronting violence and racism in South Central Los Angeles. (1991, 15, 111min) ★★★★★

12.00 M'T **Footloose** Dance drama remake. (2011, 12, 113min) ★★★
1.55 AM **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
3.35 **A Good Person** Drama. (2022, 15, 129min) ★★★★
5.55 **to 8.35** AM **Amadeus** Drama. (1984, PG, 158min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **Beast of War** Thriller. (2025, 15, 87min) ★★★★
9.10 **The Woman in the Yard** Psychological horror. (2025, 15, 88min) ★★★
10.45 **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
12.30 PM **After Earth** Adventure. (2013, 12, 98min) ★★
2.20 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★

4.20 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel. (2004, 15, 119min) ★★★
6.25 **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
8.00 **Cloverfield** Disaster movie starring Lizzy Caplan and TJ Miller. (2007, 15, 81min) ★★★
9.40 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★

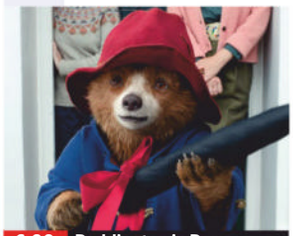
11.35 **The Toxic Avenger** Horror comedy starring Peter Dinklage. (2023, 18, 102min) ★★★
1.30 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
3.50 **The Nun** Horror. (2018, 15) ★★★
5.45 **to 6.45** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **The Wiz** As 12.55am.
8.25 **The Last Airbender** Fantasy. (2010, PG, 103min) ★★
10.15 **Sing** Animated comedy. (2016, U, 108min) ★★★
12.05 PM **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★
2.10 **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★
4.20 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★
6.00 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★


6.00 Paddington in Peru

7.50 **The Wild Robot** Animation featuring the voice of Lupita Nyong'o. A robot washes ashore on an island populated by an array of wild animals. (2024, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

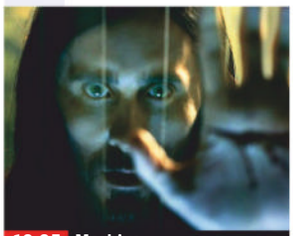
9.35 **MouseHunt** Slapstick comedy starring Nathan Lane and Lee Evans. The efforts of two brothers to renovate an old mansion are thwarted by a tenacious mouse. (1997, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Zoo** Family drama starring Toby Jones and Art Parkinson. (2018, PG, 97min) ★★★
12.55 AM **The Wiz** Motown musical updating of *The Wizard of Oz* based on the hit Broadway show. (1978, U, 133min) ★★
3.10 **Open Season** Animated family comedy adventure. (2006, PG, 86min) ★★★★
4.40 **to 6.00** AM **Open Season 2** Animated comedy sequel. (2008, PG, 73min) ★★★

Sky Cinema Action

306 306 407 507 521

7.15 AM **The Legend of Tarzan** Adventure. (2016, 12) ★★★
9.20 **Green Lantern** Adventure. (2011, 12, 114min) ★★
11.30 **Transformers: The Last Knight** Sci-fi action adventure sequel. (2017, 12, 155min) ★★
2.05 PM **The Long Kiss Goodnight** Thriller starring Geena Davis. (1996, 18, 120min) ★★★★
4.10 **Fuze** Thriller. (2026, 15) ★★★
5.55 **Justice League** Adventure. (2017, 12, 120min) ★★


10.05 Morbius

8.00 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld and John Cena. A teenager discovers and revives the battle-scarred Autobot Bumblebee in a junkyard. With Jorge Lendeborg Jr and Jason Drucker. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Morbius** Comic-book adventure starring Jared Leto. A biochemist tries to cure himself of a rare blood disease, but he infects himself with a form of vampirism. (2022, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.00 AM **Long Gone Heroes** Thriller. (2024, 15, 101min) ★★★
3.50 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
5.40 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.55 AM **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel. (2003, 12) ★
9.25 **American Pie** (1999) ★★★★
11.15 **American Pie 2** (2001) ★★★
1.15 PM **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
3.00 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
4.35 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
6.15 **Police Academy** Comedy. (1984, 15, 95min) ★★★

9.55 Instant Family

8.00 **The Hangover** Comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. With Justin Bartha. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

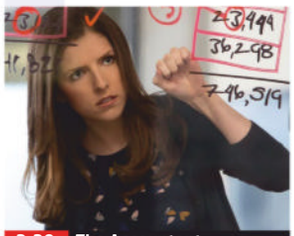
9.55 **Instant Family** Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt, but get more than they bargained for when they take in a rebellious teen and her two siblings. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Bridget Jones's Baby** Romantic comedy sequel. (2016, 15, 123min) ★★★
2.05 AM **Eddington** Western. (2025, 15, 148min) ★★★★
4.45 **Cinema List: Risky Romance**
5.15 **to 7.00** AM **One More Shot** Comedy with Emily Browning. (2025, 15, 91min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Force of Nature: The Dry 2** Thriller sequel. (2024, 15, 120min) ★★★
8.15 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
11.00 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
1.05 PM **The Bourne Legacy** Spy thriller sequel. (2012, 12) ★★★
3.30 **The Accountant** Thriller. (2016, 15, 123min) ★★★
5.45 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★


3.30 The Accountant

8.00 **Jason Bourne** Action thriller sequel starring Matt Damon. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Tommy Lee Jones and Alicia Vikander. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Lethal Weapon 3** Action comedy thriller sequel starring Mel Gibson and Danny Glover. The mismatched LA cop partners pursue a violent gunrunner. With Rene Russo and Joe Pesci. (1992, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 157min) ★★★★
3.05 **The Krays** Crime drama. (1990, 18, 119min) ★★★
5.10 **to 7.10** AM **The Prosecutors** Drama with Michelle Forbes. (1996, PG, 105min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **A Foreign Affair** Comedy. (1948, b/w, PG, 116min) ★★★
1.30 PM **How Green Was My Valley** John Ford's drama. (1941, b/w, U, 118min) ★★★★
3.50 **Mary, Queen of Scots** Historical drama with Vanessa Redgrave and Glenda Jackson. (1971, 12, 128min) ★★
6.25 **Oblivion** Epic sci-fi action adventure starring Tom Cruise. (2013, 12, 119min) ★★★★

11.05 Jackass Forever

8 PM **Oblivion** (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Daredevil** Comic-book adventure starring Ben Affleck. A man blinded in childhood by toxic waste becomes a secret crime-fighting superhero, putting his remaining, extra-sharp senses to good use. With Jennifer Garner and Colin Farrell. (2003, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.05** **Jackass Forever** Comedy starring Johnny Knoxville. The daredevils return for another round of wildly absurd and often dangerous stunts. (2022, 18, 96min) ★★★
1.00 **to 3.10** AM **Buffalo Soldiers** Black comedy starring Joaquin Phoenix and Anna Paquin. (2001, 15, 98min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Epic Worlds

302 302 402 502 516

7.15 AM **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
9.10 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★
12.10 PM **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★
3.10 **Hook** As shown at 12.05am.
5.35 **Transformers** Sci-fi adventure. (2007, 12, 144min) ★★★★

8.00 **Jumanji** Fantasy adventure starring Robin Williams and Bonnie Hunt. A mysterious board game unleashes a series of wild creatures upon a small American town. With Kirsten Dunst. (1995, PG, 104min) ★★★★
9.50 **Jurassic World: Rebirth** Fantasy adventure starring Scarlett Johansson. A crack team infiltrate a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★

12.05 AM **Hook** Fantasy adventure. (1991, U, 140min) ★★★
2.30 **Transformers One** Animation. (2024, PG, 104min) ★★★★
4.20 **The Cinema List: Bingeable**
4.50 **to 6.30** AM **The NeverEnding Story** Fantasy adventure. (1984, U, 94min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.30 AM **The Karate Kid** (1984)
8.45 **The Karate Kid Part II** (1986)
10.40 **The Karate Kid: Part III** (1989)
12.35 PM **Free Willy** Adventure. (1993, U, 112min) ★★★★
2.35 **Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★
4.05 **Annie** Musical starring Albert Finney. (1982, U, 128min) ★★★
6.15 **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★

8.00 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley, and featuring the voice of Bruce Willis. A single mother-to-be searches for the perfect father for her child. (1989, 12, 96min) ★★★
9.40 **Look Who's Talking Now** Comedy sequel starring John Travolta and Kirstie Alley, and featuring the voices of Danny DeVito and Diane Keaton as a pair of mismatched dogs. (1993, 12, 95min) ★

11.20 **Look Who's Talking Too** Comedy sequel. (1990, 12, 77min) ★
12.45 AM **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
2.55 **The Karate Kid Part II** Adventure sequel. (1986, PG, 113min) ★★
4.50 **to 6.45** AM **The Karate Kid: Part III** Adventure. (1989, PG) ★

Disney+ Cinema

305 305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.15 **Duck Tales the Movie: Treasure of the Lost Lamp** Animation. (1990, U) ★★★
8.35 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
10.25 **Mulan** Animated adventure. (1998, U, 88min) ★★★
12.00 NOON **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★

1.35 PM **Big Hero 6** Animation. (2014, PG, 102min) ★★★★
3.15 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
5.00 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
6.45 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
9.00 **A Complete Unknown** Biopic. (2024, 15, 140min) ★★★★
11.20 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★

1.00 AM **I Love You, Beth Cooper** Teen comedy starring Hayden Panettiere. (2009, 15, 97min) ★
2.40 **Hitchcock** Biopic starring Anthony Hopkins and Helen Mirren. (2012, 12, 94min) ★★★
4.25 **to 6.00** AM **Flubber** Fantasy comedy. (1997, U, 94min) ★★★

Movies 24

312 313 419

7.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
9.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
11.00 **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
1.00 PM **Sweet on You** Romantic comedy. (2023, PG, 85min) ★★
3.00 **Write Place, Write Time** Romantic comedy drama. (2023, PG, 85min) ★★

5.00 **Checkin' It Twice** Romantic drama. (2023, PG, 90min) ★★
7.00 **A Case for the Winemaker** Mystery with Candace Cameron Bure. (2024, PG, 90min) ★★
9.00 **Junebug** Fantasy drama starring Autumn Reeser and Mila Jones. A book editor is inspired to get her life in order when she receives visions of her eight-year-old self. (2024, PG, 84min) ★★
11.00 **Learning to Love** Comedy drama. (2023, PG, 89min) ★★

1.00 AM **The Reluctant Royal** Romantic comedy starring Andrew W Walker and Emilie de Ravin. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Falling Together** Drama. (2024, U, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Confessions of Boston Blackie** Mystery. (1941, PG) ★★
7.20 **The Big Trail** Western. (1930, b/w, U, 117min) ★★
9.40 **The Pied Piper of Hamelin** Fantasy. (1957, U, 89min) ★★★
11.30 **Stage 7** 4/25. (S1)
12.00 NOON **Sergeant Cork** 3/6. (S4)
1.05 PM **The Buccaneers** 15/39. (S1)
1.35 **Patricia Presents: Witness in the Dark** With Patricia Dainton.

1.40 **Witness in the Dark** Thriller. (1959, b/w, U, 62min) ★★
2.55 **Dial 999** 20/39. (S1)
3.25 **The Gift Horse** Adventure. (1952, b/w, PG, 100min) ★★★
5.30 **The Rogues** 1/30. (S1)
6.30 **Give Us a Clue**
7.00 **Out of Town**
7.30 **Scotland Yard** 39/39. (S1)
8.00 **A Man Called Harry Brent** (S1)
8.30 **Travelling Man** 6/6. (S1)
9.35 **Autumn Leaves** Melodrama starring Joan Crawford. (1956, b/w, PG, 107min) ★★★

11.45 **Borsalino and Co** French thriller. (1974, 18, 110min) ★★★
1.55 AM **Double X: The Name of the Game** Thriller with Simon Ward. (1991, 15, 97min) ★
3.50 **Look at Life**
4.00 **Stagecoach West** 14/38. (S1)
5.00 **to 6.00** AM **The Rogues**

WEDNESDAY Sport

24 June

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast** The latest headlines and stories surrounding the World Cup.
10.00 **World Cup Matchday** In-depth analysis and discussion on the latest matches in the World Cup.
6.00 PM **LIVE ICC Women's T20 Cricket World Cup** **England v West Indies.** Coverage of the Group B match staged at Lord's Cricket Ground, London. England will be hoping to win this tournament for the first time since they won the inaugural event in 2009. Since then they have reached the final three times but have lost each one against rivals Australia. They last played in the showpiece match in 2018 when they lost by eight wickets in the West Indies.
10.00 **World Cup Report** A round-up of the day's World Cup news.
12.00 M'T **World Cup Report**
2.30 **to 6.30** AM **LIVE Major League Cricket** **San Francisco Unicorns v Texas Super Kings.** Coverage of the T20 match staged at Oakland Coliseum in California.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
9.00 **FNF** Aston Villa v Liverpool.
9.30 **Premier League Highlights**
12.30 PM **MNF Hlts** Arsenal v Burnley.
1.00 **Premier League Highlights**
5.00 **Premier League Highlights** Tottenham Hotspur v Everton. **5.30** West Ham United v Leeds United held at London Stadium. **6.00** Crystal Palace v Arsenal. **6.30** Liverpool v Brentford.
7.00 **Premier League Stories** The story of Brighton & Hove Albion.
7.30 **Premier League 100 Club** A look at Manchester City striker Erling Haaland's goals.
8.00 **Netbusters** Fast-paced highlights using alternative angles.
9.00 **Premier League Review** A look back at the week's action. **10.00** A look back at the final round of fixtures in the top flight.
11.00 **Premier League Years** Memorable moments from the 2015/16 season.
1.00 AM **PL Retro** Leicester City v West Ham United from 2016.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best Premier League Goals: Arsenal**

Sky Sports Football

403 403 503 421 441

6.00 AM **World Cup Report** A round-up of the day's World Cup news, and updates from yesterday's games.
7.00 **World Cup Breakfast** Headlines and stories surrounding the World Cup. Plus, highlights from yesterday's matches.
10.00 **World Cup Matchday** A look ahead to upcoming games in the tournament, including Scotland v Brazil in Group C from Miami. Other matches include Morocco v Haiti, and Czechia v Mexico and South Africa v South Korea.
7.00 PM **World Cup Show** The latest news from the tournament. There is also news and updates from tonight's matches in Group B, which are Switzerland v Canada at BC Place Vancouver and Bosnia and Herzegovina v Qatar at Seattle Stadium.
10.00 **World Cup Report** Updates ahead of Scotland v Brazil and Morocco v Haiti in Group C.
12.00 M'T **World Cup Report** A round-up of news updates, results and a look ahead to the final matches scheduled for today.
1.00 **to 6.00** AM **World Cup Report**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **ICC Women's World Cup**
6.30 **ICC Women's T20 World Cup**
7.00 **ICC Women's World Cup** India v South Africa in the final.
8.00 **ICC Women's T20 World Cup**
10.00 **Test Cricket** England v New Zealand in the second Test.
3.00 PM **ICC Women's World Cup**
4.00 **ICC Women's T20 World Cup**
6.00 **LIVE ICC Women's T20 Cricket World Cup** **England v West Indies.** Coverage of the Group B match from Lord's Cricket Ground. England will be hoping to win this tournament for the first time since they won the inaugural event in 2009. Since then, they have reached the final three times but have lost each one against rivals Australia.
10.00 **Lauren Bell Masterclass**
10.30 **The Film Room: England v New Zealand** From 1997.
11.00 **ICC Women's T20 World Cup**
2.00 AM **Best of ICC WT20**
2.20 **to 6.30** AM **LIVE Major League Cricket** **San Francisco Unicorns v Texas Super Kings.** Coverage of the T20 match staged at Oakland Coliseum in California.

Sky Sports Golf

406 406 506 423 443

6.00 AM **Ladies European Tour Golf**
10.00 **LPGA Tour Golf** Highlights.
11.00 **US Women's Open Golf**
12.00 NOON **Women's PGA Championship** The fourth day.
5.00 PM **Rose Ladies Series**
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Highlights** England Challenge.
8.00 **Legends Tour Golf** The Costa Navarino Legends in Greece.
9.00 **US Open Golf** The final day of the 126th staging of the Major.
10.00 **PGA Tour Champions** Action from the Principal Charity Classic.
11.00 **Rose Ladies Series** Highlights.
11.30 **HotelPlanner Tour Golf Highlights** England Challenge.
12.00 M'T **PGA Tour: The Cut**
12.30 AM **Legends Tour Golf**
1.30 **Chronicles of a Champion Golfer** A profile of Tony Jacklin.
2.00 **PGA Tour Golf**
3.00 **Playing Lessons**
4.00 **School of Golf** Expert tips.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA Tennis** Coverage of the fourth day of the WTA Bad Homburg Open staged at TC Bad Homburg in Germany, featuring second-round matches.
11.30 **LIVE WTA & ATP Tennis** Coverage from the ATP Mallorca Open and WTA Bad Homburg Open, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **Tennis** Miami Open finals.
7.00 **ATP Tour This Week**
7.30 **Tennis** Miami Open review.
8.00 **WTA & ATP Tennis**
12.00 M'T **ATP & WTA Tour Classics**
2.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Stories**
9.30 **The Cycling Show**
10.00 **The WRC Magazine**
10.30 **Rolex SailGP Championship**
11.30 **The Gallagher PREM**
1.00 PM **MLB Highlights**
2.00 **The WRC Magazine**
2.30 **The Cycling Show**
3.00 **The Gruppetto** Cycling news.
3.15 **Ally's Social Club**
4.15 **UEFA Champions League Goals Reload** Best goals.
4.30 **Premier League Review**
5.30 **Premier League Stories**
6.00 **MLB Highlights**
7.00 **LIVE MLB** **Chicago White Sox v Cleveland Guardians.** Coverage of the American League match from Rate Field. Start-time **7.10pm**.
10.00 **MLB Plays of the Week**
10.30 **TNT Sports Reload**
11.30 **LIVE MLB** **Detroit Tigers v New York Yankees.** Coverage of the American League match from Comerica Park, as the two sides play in the third and final game of the series. Start-time **11.40pm**.
2.30 AM **MLB Plays of the Week**
3.00 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** From Czechia.
9.30 **British Superbikes Highlights**
10.30 **Motocross World Championship**
1.30 PM **UCI Mountain Bike World Series Review**
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **Rolex SailGP Championship**
4.00 **ABB FIA Formula E World Championship Highlights**
5.00 **IFSC Climbing World Series Highlights** Action from Austria.
6.00 **TNT Sports Reload**
6.30 **The WRC Magazine**
7.00 **FIM Speedway Grand Prix Highlights** From Poland.
8.00 **MotoGP Highlights** Action from the MotoGP Grand Prix of Czechia.
9.00 **Endurance Uncovered: Racing for Excellence**
9.30 **Discovery Golf**
10.00 **Ultimate Pool** Recent action.
11.30 **ABB FIA Formula E World Championship Highlights**
12.30 AM **The Gruppetto**
12.45 **FIM Speedway Grand Prix Highlights** From Poland.
1.45 **MotoGP Rewind**
2.00 **British Superbikes Highlights**
3.00 **to 6.00** AM **Motocross World Championship**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **Super Bowl LX**
1.00 PM **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NFL Bitesize Highlights**
5.30 **Women's Super League**
6.00 **NBA Basketball** Minnesota Timberwolves v Phoenix Suns.
8.00 **NBA on Fire** The latest new.
8.30 **NBA Basketball** A chance to see Oklahoma City Thunder v Detroit Pistons staged at Paycom Center.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 M'T **Women's Super League**
12.15 AM **World Club Challenge**
12.30 **LIVE WNBA** **Indiana Fever v Phoenix Mercuy.** All the action from the match at Gainbridge Fieldhouse, as the sides meet for the second time here in the space of three days. Tip-off **12.30am**.
3.00 **LIVE WNBA** **Golden State Valkyries v Atlanta Dream.** Coverage of the match staged at Chase Center in San Francisco. Tip-off **3.00am**.
5.30 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Formula 1** Monaco Grand Prix. **9.00** Highlights from the Barcelona-Catalunya Grand Prix.
10.00 **LIVE WTA Tennis** Coverage of day four of the Bad Homburg Open, a grass-court tournament staged at TC Bad Homburg, featuring second-round matches.
11.30 **LIVE WTA & ATP Tennis** Coverage of the ATP Mallorca Open, and the WTA Bad Homburg Open, ATP 250 and WTA 500 events, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **World Cup Matchday** In-depth analysis and discussion.
7.00 **World Cup Show** An essential daily guide to the World Cup.
10.00 **World Cup Report** A round-up of the day's World Cup news.
12.00 M'T **EFL Greatest Games**
1.00 AM **Formula 1** Highlights of the Chinese Grand Prix.
2.00 **EFL Greatest Games**
3.00 **Super League** A replay of Wakefield Trinity v Wigan Warriors.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **ICC Women's T20 World Cup**
10.00 **Premier League Darts**
1.30 PM **HotelPlanner Tour Golf Highlights** The Swiss Challenge.
2.00 **PL Greatest Games**
3.00 **Formula 1** Barcelona-Catalunya.
4.00 **US Open Golf** The final day.
5.00 **ICC Women's T20 World Cup**
6.00 **LIVE ICC Women's T20 Cricket World Cup** **England v West Indies.** Coverage of the Group B match from Lord's Cricket Ground. England will be hoping to win this tournament for the first time since they won the inaugural event in 2009.
10.00 **US Open Golf** Day two the 126th staging of the Major.
11.00 **ICC Women's T20 World Cup**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Premier League Darts**
4.45 **PL Greatest Games**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **One-Day International Cricket** Highlights from Bangladesh v New Zealand.
9.00 **International T20 Cricket Highlights** Action from Bangladesh v New Zealand.
11.00 **The Breakdown**
11.30 **Longines Global Champions Tour** Grand Prix of Paris.
12.30 PM **IFSC Climbing World Series Highlights**
1.30 **MotoGP** Action from the Grand Prix of Czechia.
5.00 **British Superbikes Highlights** Action from the third round of the season at Knockhill Racing Circuit.
6.00 **Ultimate Pool** Action from the Group Two matches in the Champions League tournament.
7.30 **AFL** Another chance to see Fremantle v Geelong Cats. **9.00** Another chance to see Gold Coast Suns v Hawthorn. **10.30** Another chance to see Adelaide Crows v Melbourne.
12.00 M'T **to 6.00** AM **AFL**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Action from Italy.
4.00 PM **Serie A** Parma v Inter Milan. **5.00** AS Roma v Sassuolo. **6.00** Inter Milan v Napoli.
7.00 **The Isuzu FA Vase** AFC Stoneham v Cockfosters in the final held at Wembley Stadium.
8.00 **The Isuzu FA Trophy** Southend United v Wealdstone in the final.
9.00 **The Emirates FA Cup** Chelsea v Manchester City in the final.
10.30 **Adobe Women's FA Cup** Brighton & Hove Albion v Manchester City at Wembley.
12.00 M'T **Ninja A-League Women** Action from Melbourne City v Wellington Phoenix in the final.
1.30 AM **Discovery Golf**
2.00 **Ultimate Pool** Group Two games in the Champions League.
3.30 **TNT Sports Reload**
4.00 **IFSC Climbing World Series Highlights** Action from Austria.
5.00 **to 6.00** AM **Fishing: On the Bank**

Premier Sports 1

419 APP 528

6.00 AM **LaLiga** A chance to see Real Madrid v Barcelona. **8.00** Barcelona v Real Madrid.
10.00 **FIM Sidecarcross Championship**
11.00 **FIM Quadcross Championship**
11.30 **Mass Participation**
12.00 NOON **United Rugby Championship** The final.
2.00 PM **NHL Tonight**
3.00 **Champions Cup Show**
3.30 **FIM Sidecarcross Championship** GP of Estonia.
4.30 **NASCAR Highlights**
5.30 **Top 14 Rugby Union**
7.30 **Sporting Countdowns**
8.00 **KOTV Weekly** Boxing news.
8.30 **German Cup** A replay of Bayer Leverkusen v Bayern Munich.
10.30 **Sporting Countdowns**
11.30 **World Surf League**
12.30 AM **NASCAR Highlights**
1.30 **FIM Sidecarcross Championship**
2.30 **Premier Sports Cup**
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 APP 529

6.00 AM **Football's Greatest**
7.00 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
9.00 **Football's Greatest**
9.30 **World of FreeSports**
10.00 **Temples of Sport**
10.30 **Africa Eco Race**
10.45 **NHL Ice Hockey** Vegas Golden Knights v Carolina Hurricanes.
2.00 PM **Coppa Italia** A chance to see Lazio v Inter Milan in the final.
4.00 **International Rugby Union** Barbarians v South Africa.
6.00 **Temples of Sport** Iconic sporting venues from around the globe.
6.30 **LaLiga** Real Madrid v Barcelona. **8.30** A chance to see Real Madrid v Atletico Madrid.
10.30 **NHL Ice Hockey** Vegas Golden Knights v Carolina Hurricanes in the Stanley Cup Finals.
1.45 AM **Africa Eco Race**
2.00 **NASCAR O'Reilly Series**
5.00 **Bike World** The latest action.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** The Austrian Grand Prix from 2020 to 2023.
10.00 **Formula 1** Season highlights.
4.00 PM **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
5.00 **Formula 1** The Austrian Grand Prix from 2023 to 2025.
8.00 **F1 Classic Races** Archive action.
11.15 **Formula 1** The 2025 Austrian Grand Prix at Red Bull Ring.
12.15 AM **Golf with Sergio Perez**
12.30 **Formula 1** Barcelona-Catalunya.
1.30 **to 6.00** AM **The Best of F1**

Thursday

25 June

Planner

For the Record: An Incomplete History of Music

DOCUMENTARY @cosmicshambles on YouTube

Charlotte Ritchie presents this documentary series exploring the history and science of music, from the Big Bang to AI-generated songs.

Rik Mayall: Magnificent B'stard

DOCUMENTARY

Sky Documentaries, 9pm

Adrian Edmondson (pictured here with Mayall) leads the tributes in this affectionate look back at the life and career of comedy icon Rik Mayall, whose anarchic humour made him a British comedy legend.

Next Gen NYC

REALITY Hayu

The next generation of Manhattan's elite return for a second season packed with romance, rivalries and family drama. New faces – including Brooke Shields' daughter, 23-year-old Rowan Henchy – join the group as tensions rise among old friends.

Avatar: The Last Airbender

FANTASY DRAMA Netflix

The fantasy adventure makes a long-awaited return to our screens, as Aang, Katara and Sokka continue their journey, while the Fire Nation, led by Fire Lord Ozai (Daniel Dae Kim), remain determined to hunt them down.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders †	8.00 Would I Lie to... †	8.30 Football: World Cup – Live: Ecuador v Germany (Kick-off 9.00)				
	102 BBC2	7.00 Cricket: Today at the Test		8.00 Saving Lives at Sea	8.50 Football: World Cup – Live: Curaçao v Ivory Coast (Kick-off 9.00)				
	103 ITV1	‹ 6.30 News; Weather	7.30 Changing Ends	8.00 Emmerdale		9.00 Coronation Street		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Beautiful Builds		9.00 24 Hours in Police Custody		10.00 The Accused: Beyond Reasonable...	
	105 5	7.00 Scenic Ireland with Adrian Dunbar		8.00 Cornwall: A Year by the Sea		9.00 Cause of Death		10.00 Secrets of the Shoplifting Gangs	
	106 SKY ONE	7.00 The Simpsons		8.00 Shark: British Isles Special		9.00 From		10.00 Film: Beverly Hills Cop II	
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	8.00 Top Gear		9.10 The Traitors US			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Double Cross: The True Story of the...		9.00 The Coffee Trail with Simon Reeve		10.00 Film: The Producers	
	118 ITV2	7.00 The Floor USA		8.00 The 1% Club		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 Lorraine Kelly's Norwegian Odyssey		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Rookie		9.00 FBI		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.45 The White Lotus				9.00 Under Salt Marsh		10.05 DTF St Louis	
	110 U&GOLD	‹ 6.50 Keeping...	7.25 Dad's Army	8.05 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Mortimer & Whitehouse: Gone Christmas Fishing			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Who Wants to Be a Millionaire?		10.00 The Motorbike Show	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Snatch			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 The Baby		10.00 Grimm	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Art Detectives		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Saint-Pierre		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Whoopi Goldberg		9.00 Boy George & Culture Club			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 DIY SOS: The Big Build		10.00 DIY SOS: Grenfell	
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs				9.00 Naked and Afraid: Global Showdown			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler Youth				10.00 Engineering by Catastrophe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Britain's Lost Battlefields with Rob Bell		9.00 MonsterQuest		10.00 Myths & Monsters	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash					
	114 SKY DOCS	7.00 I'm Chevy Chase and You're Not				9.00 Rik Mayall: Magnificent B'stard			

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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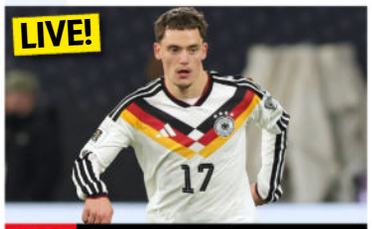
Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Fraud Squad** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in Suffolk, Yorkshire and Lancashire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** (S)(R)
4.30 **The Travelling Auctioneers** New edition Izzie Balmer and JJ Chalmers help Michael and Clara clear their busy home. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.30 Football: World Cup

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** George tells Nicola he has been invited to Eddie's funeral, while Suki and Eve's moment of happiness is short lived. (S)(AD)

8 PM

8.00 **Would I Lie to You?** With Raj Bisram, Deborah Frances-White, Stephen Mulhern and Jenny Ryan. (S)(R)
8.30 **LIVE Football: World Cup** Ecuador v Germany: Kelly Cates presents coverage of both teams' concluding Group E match from New York/New Jersey Stadium in the USA. This will be the third overall meeting between these nations, and their second as part of a group stage at a World Cup after previously being drawn alongside each other at the 2006 tournament in Germany. With analysis from Daniel Sturridge, Joe Hart and Lucas Leiva. Kick-off at 9.00. (S)

9 PM

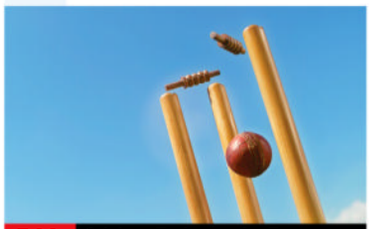
10 PM

11.20 **BBC News** (S)
11.50 **LIVE Football: World Cup** Tunisia v Netherlands: Alex Scott presents coverage of both teams' concluding Group F match at Kansas City Stadium in the USA. This is the first-ever competitive match between these nations, with all three previous encounters in 1978, 1994 and 2009 being friendlies. Kick-off is at 12.00. (S)
2.15 AM **Weather for the Week Ahead**
2.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Policing Paradise** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Chris and Meg's Wild Summer** (R)
3.15 **Britain and the Sea** (S)(R)(AD)
4.15 **Land of the Lost Wolves** (S)(R)
5.15 **Flog It!** Featuring a collection of previously unseen finds. (S)(R)
6.00 **Richard Osman's House of Games** Harry Aikines-Aryeetey, Ania Magliano, Joe Swash and Jasmine Takhar take part. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo scales the Swiss Alps on one of the world's steepest cog railways. (S)(R)(AD)


7.00 Cricket: Today at the Test

7.00 **Cricket: Today at the Test** England v New Zealand: Action from the first day of the third and final Test in the series, held at Trent Bridge in Nottingham. The teams last met here in this format in 2022, when England claimed a five-wicket victory. (S)

8.00 **Saving Lives at Sea** In Eastbourne, East Sussex, a routine day at the lifeboat station changes in an instant when a boat catches fire just outside the harbour. (S)(R)(AD)
8.50 **LIVE Football: World Cup** Curaçao v Ivory Coast: Coverage of both teams' concluding Group E match at Philadelphia Stadium in the USA. With no World Cup experience to speak of, Curaçao will be relying heavily on their Dutch coach Dick Advocaat. Ivory Coast are managed by Emerse Faé, who earned 41 caps as a player after initially having represented his native France at under-21 level. Kick-off is at 9.00. (S)

11.10 **Newsnight** (S)
11.50 **LIVE Football: World Cup** Japan v Sweden: Coverage of both teams' concluding Group F match at Dallas Stadium. Kick-off is at 12.00. (S)
2.05 AM **Sign Zone: The Travelling Auctioneers** (S)(R)(AD)
2.50 **Sign Zone: Two Weeks in August**
3.35 **Sign Zone: Rivals – Messi v Ronaldo** Documentary. (S)(R)(AD)
4.35 **Sign Zone: The Future with Hannah Fry** (S)(R)(AD)
5.00 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Weston-super-Mare, Somerset, where a candlestick phone sparks the dealers' interest. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts the game show as Orla gets her chance to open the iconic red boxes. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Coronation Street

7.30 **Changing Ends** *Sleepover:* 6/6. ITV's telethon grips the nation, and while some are willing to give, others are on the take. Meanwhile, Alan receives some unexpected attention. (S3) (S)(R)(AD)

8.00 **Emmerdale** Caleb confronts Archie about scamming him, but Archie panics and claims the scam was Kerry's idea. Meanwhile, Robert is shocked to come face to face with his cousin Serena after 15 years. (S)(AD)

9.00 **Coronation Street** Gary assures Todd that Kit's theory is unfounded, Susie exposes Will and Megan's game, Nina dreads a difficult conversation with Roy, while Jodie uses Ryan to make David jealous. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Unbelievable Moments Caught on Camera** Two first responders in Arizona attempt to rescue a woman trapped in an inferno. (S)(R)

11.40 **Bradley & Barney Walsh: Breaking Dad** (S)(R)(AD)
12.05 AM **Teleshopping**
2.00 **Celebrity Lingo** Quiz show. (S)(R)
2.30 **LIVE Football: World Cup** Türkiye v USA: Laura Woods presents coverage of both teams' concluding Group D match from Los Angeles Stadium in Inglewood, USA. Kick-off is at 3.00. (S)
■ Paraguay v Australia is live on ITV4
5.35 **to 6.00** AM **Goals of the 1990s** (R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 2-4/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 10-13/24. (S9) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A Bedfordshire couple search for a holiday home in Murcia, Spain. (S)(R)
4.00 **Narrow Escapes** New edition Caroline and Tim baby-proof their narrowboat. (S)(AD)
5.00 **Chateau DIY** The boiler that Ben and Vanessa have been waiting six months for arrives. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** A Liverpool couple want to enjoy their retirement in a Spanish home-from-home. (S)(R)

8.00 George Clarke's Beautiful Builds

7.00 **News** (S)

8.00 **George Clarke's Beautiful Builds** New edition Charlene and Matt keep moving house to avoid renovations but now attempt to transform their dysfunctional ground floor and steep back garden. (S)(AD)

9.00 **NEW 24 Hours in Police Custody: Sudden Death – Think Murder** DS Graham McMillan leads the investigation into the death of a 48-year-old woman, based on the coroner's hunch that something isn't right. (S)(AD)

10.00 **The Accused: Beyond Reasonable Doubt?** New edition 2/4. Focusing on the successful effort by the charity Justice for Women to help Stacey Hyde overturn a 2009 conviction. (S)(AD)

11.05 **Poisoned: Killer in the Post** 1&2/2. Documentary. (S)(R)(AD)
1.05 AM **Ramsay's Hotel Hell** (S)(R)(AD)
1.55 **FILM Crush** Romantic comedy starring Rowan Blanchard. (S)(SL) (2022, 15, 95min) ★★★★
3.30 **Kirstie's House of Craft** (S)(R)
3.40 **George Clarke's Adventures in Americana** From Florida. (S)(R)
4.35 **Sunday Brunch** (S)(R)
4.50 **Couples Come Dine with Me** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Recoil:* 13/24. Beckett incriminates the politician who had her mother killed. (S)(R)
3.55 **Castle** *Reality Star Struck:* 14/24. The duo investigate the murder of a reality TV star. (S5) (S)(R)
4.50 **Love Nature** Border collies busily round up sheep on a mid-Wales farm. (S)(R)
5.00 **News** (S)
6.00 **Cumbria: The Lakes & the Coast** The new manager of Muncaster Castle makes plans to diversify. (S)(R)
6.55 **News** (S)

8.00 Cornwall: A Year by the Sea

7.00 **Scenic Ireland with Adrian Dunbar** 1/2. The *Line of Duty* actor explores some of his favourite places in his homeland of Ireland. (S)(R)
7.55 **News** (S)

8.00 **Cornwall: A Year by the Sea** New edition 5/10. On the island of St Michael's Mount, head guide Anna and her team are carrying out the final preparations before visitors return. (S)

9.00 **Cause of Death** A 39-year-old woman is found deceased in a bath full of hot water and the coroner, pathologist and the team set to work to establish the cause of death. (S)(R)

10.00 **Secrets of the Shoplifting Gangs** How retailers, private security and the police are fighting back against the rise of shoplifting in the UK, featuring the takedown of an organised crime gang. (S)(R)

11.05 **Police Raid: Minute by Minute** An elite task force track down a criminal gang. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Build Your Dream Home in the Country** From Surrey. (S)
3.20 **Friends** (S10) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **The Flash** 3/13. (S9) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *When Flanders Failed:* Ned Flanders opens a shop catering exclusively for left-handed customers. (S)(R) **5.30** *Lisa's Substitute:* Lisa develops a crush on a supply teacher at her school. (S)(R)
6.00 **The Office (US)** 5/22. Michael is told to fire one employee. (S)(R) **6.30** 6/22. Michael feels embarrassed when Dwight punches him. (S2) (S)(R)

9.00 From

7.00 **The Simpsons** *Bart the Murderer:* Bart becomes Fat Tony's personal errand boy. (S)(R) **7.30** *Homer Defined:* Homer saves Springfield from a nuclear meltdown and becomes a local hero. (S)(R)

8.00 **Shark: British Isles Special with Steve Backshall** The naturalist goes in search of sharks around the British Isles, encountering a basking shark near the Hebrides and diving with a blue shark off the coast of Cornwall. (S)(R)

9.00 **From** New episode *The Calm Before:* 9/10. The residents of the town stand at a crossroads unlike any they have faced before as Boyd sets a daring and dangerous plan in motion. (S4) (S)(AD)

10.00 FILM **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. With Judge Reinhold, Brigitte Nielsen and Jürgen Prochnow. (S) (1987, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **Evil** 5/10. Sister Andrea's career and sanity are on trial as she battles Leland. (S3) (S)(R)
1.00 AM **Bear Grylls Is Running Wild** Actor Colman Domingo embarks on an adventure along the Irish Sea. (R)
2.00 **Grimm** 21/22. Hank and Nick edge closer to identifying the vicious serial killer. (S4) (S)(R)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.00-2.30pm First Minister's Questions (S) **7.30** River City (S)(R)(AD) **8.00-8.30** EastEnders (S) (AD) **11.55pm-2.15am** LIVE Football: World Cup (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
8.00-8.30pm Wales' Home of the Year New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Gwladfa: Gwilym Bowen Rhys **12.30** Heno **1.00** Pysgod i Bawb **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Canu gyda Fy Arwr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dim Cwsg i Quinnell (AD) **6.30** 3Cân **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Cyfrinachau'r Llyfrgell **10.00** Busnes Bwyd **11.00-11.30pm** Pa Fath O Bobl – Patagonia

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall visits South Africa, where he encounters a hippo. **7.30** Nile crocodiles and African sea eagles.
8.00 **Top Gear** Jeremy, Richard and James embark on an epic road trip along America's east coast.
9.10 **The Traitors US** New edition 5/10. The Faithful are offered a chance to stop the night's murder in the challenge, and one Traitor is under pressure from an influential player after an explosive Round Table.
10.10 **The Traitors US** New edition 6/10. The Faithful plan a coup and one Traitor is accused to their face. The Round Table brings difficult decisions and tensions are high in the turret.
11.10 **OnlyFans: Inside the Machine** Documentary.
12.10 AM **Back to Life** (S1)
1.30 **BBC New Comedy Awards**
3.00 **to 3.50** AM **Walking with Dinosaurs**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The quarter-finals continue.
7.30 **Only Connect** Three fans of *The Archers* take on Exeter University alumni.
8.00 **Double Cross: The True Story of the D-Day Spies** The true story of the double agents who helped to make D-Day such a success.
9.00 **The Coffee Trail with Simon Reeve** Examining the coffee industry in Vietnam.
10.00 FILM **The Producers** Comedy written and directed by Mel Brooks, starring Zero Mostel and Gene Wilder as a pair of crooked Broadway producers mounting a show that is designed to be a huge flop. With Kenneth Mars. (1967, PG, 88min) ★★★★
11.25 **Mel Brooks and Me: By Alan Yentob**
11.35 **Imagine: Mel Brooks – Unwrapped** Documentary.
12.45 AM **Only Connect**
1.15 **Double Cross: The True Story of the D-Day Spies**
2.15 **to 3.30** AM **Imagine: Mel Brooks – Unwrapped**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at the Star & Garter in Linlithgow, West Lothian. **4.50** A visit to Larch Green Lodges in Renfrewshire. **5.20** The rivals stay at the Distant Hills Guest House in the Scottish Highlands. **5.50** The final visit is to 18 Craigmillar Park, Edinburgh. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Catching up with two pairs of first-time buyers.
7.55 **PopMaster TV** Contestants from West Yorkshire, London, Romford and north-west Wales take part.
9.00 **Lorraine Kelly's Norwegian Odyssey** In Norway, Lorraine witnesses the spectacular Northern Lights. Later, she sails through one of the world's most beautiful archipelagos, the Lofoten Islands
10.00 **24 Hours in A&E** A 50-year-old woman is rushed to A&E having collapsed at work following a thunderclap headache.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Couples from Bristol compete to win £1,000.
8.00 **Ramsay's 24 Hours to Hell and Back** Double bill.
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **The Simpsons** *Simple Simpson:* Homer becomes a masked vigilante. **7.30** *Black-Eyed, Please:* Flanders is plagued with guilt after punching Homer.
8.00 **Below Deck: Mediterranean** New edition Two of the crew commit a major betrayal.
9.00 **Gogglebox** *Jamie's Air Fryer Meals* and *Baby Reindeer* are appraised.
10.00 **Gogglebox** Views on *Red Eye* and *Britain's Got Talent*.
11.05 **Open House: The Great Sex Experiment**
12.10 AM **Naked Attraction**
1.15 **Gogglebox**
2.15 **Below Deck: Mediterranean**
3.05 **Ramsay's Hotel Hell**
3.55 **Abbott Elementary**
4.20 **The Goldbergs**
4.45 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Law & Disorder**
11.00 **Chicago Fire** 15/22. (S13)
12.00 NOON **FBI** 7&8/22. (S7)
2.00 PM **The Rookie** 12/14. Nolan and his ex-wife Sarah must come together when their son is rushed to hospital. (S3)
3.00 **Law & Order: Criminal Intent** 6/22. The wife of a corrupt judge is murdered. (S7)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Rookie** *The Switch:* 4/20. Nolan and Lopez track down an escaped criminal, while Jackson faces his fears. (S1)

9 PM
9.00 **FBI** New episode *Long Shot:* 21/22. A corporate executive is assassinated by members of a terrorist organisation. (S8)

10 PM
10.00 **The Rookie** *Bad Blood:* 8/14. The son of a criminal court judge with many enemies is kidnapped. (S3)
11.00 **The Rookie** 9/14. A newborn infant is stolen from a local hospital. (S3)
12.00 M'T **FBI** 2&3/22. (S7)
2.00 AM **FBI: International** (S2)
3.00 **Road Wars**
4.00 **UK Border Force**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** (S4&5)
11.15 **House of the Dragon** (S1)
12.25 PM **Deadwood** 3&4/12. (S3)
2.25 **Django** 1/10. (S1)
3.25 **House of the Dragon** (S1)
4.40 **Gomorrah** 3/12. Conte takes revenge against one of Ciro's men. Subtitled. In Italian.
5.45 4/12. Ciro looks to cut a deal with Gennaro. (S2)
6.45 **The White Lotus** 4/8. Jaclyn's resort getaway with friends falls flat. (S3)

10.05 DTF St Louis

7.55 **The White Lotus** *Full-Moon Party:* 5/8. As a yacht party extends into the night and friends explore Bangkok's clubs, parallel stories unfold with family disagreements over future plans. (S3)

9.00 **Under Salt Marsh** 3/6. Jackie and Bull are forced into an alliance and share information while following separate leads. (S1)

10.05 **DTF St Louis** 1/7. First episode of the black comedy starring David Harbour, Jason Bateman and Linda Cardellini. (S1)
11.10 **Hacks** 10/10. Deborah is forced to deal with a difficult contract negotiation. (S4)
11.45 1/10. Ava hopes to secure her legacy. (S5)
12.25 AM **The White Lotus** (S3)
4.10 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

10.35 Family Guy

7.00 **The Floor USA** New edition Contestants face questions about vending machines, action movies, Gen Z and more.

8.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 **Love Island: The Debrief** New edition Hosted by Shakira Khan, Toni Laites and Yasmin Pettet.
10.35 **Family Guy** 15/22. Peter tries to rebuild Joe's self-confidence. (S3)
11.05 **Family Guy** 20/21. (S2)
11.35 **American Dad!** (S3&2)
12.35 AM **Bob's Burgers** (S13)
1.30 **Botched** Reality series.
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Ballad of Midsomer County:* A folk song seems to be the inspiration for a murder.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Flesh and Blood:* PC Bellamy's childhood sweetheart returns to Aidensfield for a funeral.

11.50 Shetland

6.55 **Heartbeat** *No Surrender:* A farmers' feud takes a dangerous turn, while Greengrass's sidekick David looks to the future.

8.00 **Vera** *Castles in the Air:* A physiotherapist is shot dead while at a country retreat, and the resulting murder investigation unearths betrayal, guilt and the desire for atonement as Vera moves quickly to try and avoid another tragedy.

10.00 **Law & Order: UK** *The Wrong Man:* 1/6. Brooks and Devlin investigate deaths in a hospital department. (S5)
11.00 **Law & Order: UK** *Safe:* 2/6. A police hunt is launched when a boy goes missing from a merry-go-round, but the search throws up more questions than answers. (S5)
11.50 **Shetland** 5&6/6. (S4)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.00 **The Saint**
9.05 **Boon**
10.10 **The Champions**
11.20 **BattleBots**
12.25 PM **Magnum, PI**
2.35 **The Saint**
3.40 **Boon**
4.45 **The Champions** *Operation Deep Freeze:* A nation breaks an international treaty.
5.50 **Minder** *One Flew Over the Parents' Nest:* Arthur rents out Bert and Doreen's house while they are on holiday.

3.40 Boon

7.00 **American Pickers** Mike Wolfe and Frank Fritz discover some shocking news about a collection of circus posters.

8.00 **Ice Road Truckers** The truckers push their rigs to the limit, and Lisa Kelly races to raise cash to buy back her horse.

9.00 **Who Wants to Be a Millionaire?** Host Jeremy Clarkson gives six new contestants the chance to win a fortune.

10.00 **The Motorbike Show** Henry Cole rides a rare and highly desirable Brough Superior.
11.00 **Berlin Station** New episode
12.00 M'T **Hell's Kitchen**
1.00 AM **Minder** As 5.50pm.
2.00 **Two and a Half Men** (S3)
2.30 **LIVE Football: World Cup** Paraguay v Australia: The Group D match. Kick-off is at 3.00.
5.05 **Goals of the 1990s**
5.30 **to 6.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Grand Tours of Scotland's Rivers** Paul Murton explores the history of the Nith.
8.00 **Beechgrove Garden** Planting borders and planning for cut flowers are on the to-do list.
8.30 **Landward** Series finale Dougie Vipond and the team are at the Royal Highland Show.
9.00 **Inside Barlinnie** 3/3. After 18 months behind bars, Sean returns to Cambuslang.
10.00 **Best of Only an Excuse?** A selection of sketches from the archives of the comedy.
10.30 **Janey and Ashley Get a Real Job** The duo work on a building site.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Life on the Bay**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** 5&6/8. (S1)
10.00 **Upright** 5&6/8. (S1)
11.15 **Will & Grace** (S4)
12.15 PM **The Rehearsal** (S1)
1.30 **Based on a True Story**
2.45 **Will & Grace** (S4)
3.45 **The Rehearsal** (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S5)
7.00 **The Office (US)** 6/22. Michael is embarrassed when Dwight punches him in the stomach.
7.30 7/22. Michael and Jan try to woo a potential new client. (S2)
8.00 **Resident Alien** 8/10. Harry enlists the help of an unlikely ally. (S4)
9.00 **Micky Flanagan: An' Another Fing Live**
10.45 **Last Week Tonight with John Oliver** Talk show.
11.30 **Based on a True Story**
12.45 AM **Resident Alien** (S4)
2.45 **Community** 18/22. (S3)
3.15 **The Rehearsal** 5/6. (S1)
3.55 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **HMS Pinafore**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Movies**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **From the Vaults**
4.00 **Discovering: Hugh Grant**
5.00 **Portrait Artist 2020**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **Boy George & Culture Club** Profile of the band.
11.00 NEW **Rik Mayall's Sketches: Rare and Unseen** Comical clips.
12.00 M'T **Spike Milligan: The Unseen Archive**
1.40 AM **Kate Bush: The Timeless Genius**
2.50 **Wuthering Heights: Love, Hate & Vengeance**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Classic Movies**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Border Patrol**
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 22/26. (S4)
5.00 **Stargate SG-1** (S7)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** 24/26. (S3)
8.00 **Police 24/7**
9.00 **The Essex Murders: Who Killed Goldfinger?** 1&2/3. Investigating the unsolved 2015 murder of John Palmer.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five family members from Southport take part.
3.00 **The Chase Celebrity Special** With Jon Sopel, Maisie Summers-Newton, Brian Conley and Perri Shakes-Drayton.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Contestant Rickie tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Chase Celebrity Special** Karim Zeroual, Christopher Biggins, Ellie Leach and Des Clarke compete for charity.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **Cruising to the Ends of the Earth**
8.00 **Dover 24/7: Britain's Busiest Port** Rock star Yungblud is at risk of missing his next gig .
9.00 **24 Hours in A&E**
10.00 **First Dates**
11.05 **Secrets of Celebrity Sex Tapes** Documentary.
12.05 AM **24 Hours in A&E**
1.05 FILM **Three Billboards Outside Ebbing, Missouri** Crime drama starring Frances McDormand and Sam Rockwell. (2017, 15, 115min) ★★★★★
3.20 **Celebrity Gogglebox**
4.20 **to 5.00** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 4&5/7. (S4)
4.00 **Stargate SG-1** 16/22. (S6)
5.00 **Star Trek: Voyager** 14/26. The weary and homesick crew members finally find a way back to Earth through a newly discovered wormhole. (S5)
6.00 **Star Trek: Enterprise** 11/26. Trip rescues an exotic alien woman from kidnappers. (S2)

7.00 Stargate: Atlantis

7.00 **Stargate Atlantis** *Coup d'Etat:* 17/20. The team become embroiled in a Genii coup. (S2)

8.00 **Stargate SG-1** *Metamorphosis:* 16/22. The team try to save a planet's inhabitants from Nirrti's experiments. (S6)

9.00 **The Baby** 7/8. Mrs Eaves and Natasha pursue Jack. **9.30** 8/8. Natasha decides to give the baby exactly what he wants. (S1)

10.00 **Grimm** *Bad Luck:* 14/22. Nick and Hank investigate a grisly case in which a rabbit-like Wesen had his foot cut off. (S4)
11.00 **The Walking Dead** 14/16. The survivors face challenges as they try to secure a new home, and become involved in a scavenger hunt at a construction site. (S5)
12.00 M'T **Primeval** 2&3/7. (S4)
2.00 AM **The Walking Dead** (S5)
3.00 **The Baby** 7&8/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S3)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 9/24. (S4)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S3)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S3)
4.00 **The Mentalist** 9/24. (S4)
5.00 **Hudson & Rex** 2/20. Charlie's brother is accused of the death of his boxing opponent. (S5)
6.00 **Father Brown** *The Wayward Girls:* Bunty and Father Brown investigate a dark secret at the local girls' borstal.

10.00 Father Brown

7.00 **Unforgettable** *The Combination:* 2/13. Carrie and Al investigate the death of a beaten-up boxer. (S3)

8.00 **Saint-Pierre** *Reap What We Sow:* 10/10. Arch's investigation into Gallagher comes to a head when a body washes up. (S1)

9.00 **Death in Paradise** *Beyond the Shining Sea – Part Two:* 6/8. Tragedy strikes close to home for the team. (S8)

10.00 **Father Brown** *The Fire in the Sky:* When Kembleford comes under threat of an alien invasion, the priest's divine inspiration is called upon.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S8)
1.00 AM **Hudson & Rex** (S5)
2.00 **Murdoch Mysteries** 5/13. A woman is suspected of killing her own father. (S3)
3.00 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.00 **The Green Green Grass**
9.35 **Are You Being Served?**
10.15 **Last of the Summer Wine**
11.35 **Porridge**
12.15 PM **Keeping Up Appearances**
12.55 **The Green Green Grass**
1.30 **Dad's Army**
2.15 **Ever Decreasing Circles**
2.55 **Are You Being Served?**
3.30 **Red Dwarf**
4.50 **Dad's Army**
5.30 **Last of the Summer Wine**
6.50 **Keeping Up Appearances**

2.55 Are You Being Served?

7.25 **Dad's Army** Jonesy's van runs out of petrol and the platoon are forced to spend the night in a spooky deserted house.

8.05 **Red Dwarf** Lister's quest for a vindaloo takes him to Dallas in 1963. **8.40** Rimmer's swashbuckling alter ego returns to the *Starbug*.

9.20 **Not Going Out** Lucy's first love reappears on the scene and asks her to star in a romantic play.

10.00 **Red Dwarf** Lister meets an old flame thanks to an overlap of dimensions. **10.40** The ship's generator breaks down.
11.15 **Bottom** The bachelors hear about a fixed horse race.
11.55 **Mrs Brown's Boys**
12.35 AM **Not Going Out**
1.10 **Bottom: Hooligans Island Live 1997** Eddie and Richie are marooned on a desert island.
3.20 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Gordon's Great Escape**
8.10 **Border Force: America's Gatekeepers** Double bill.
10.10 **Rick Stein's Cornwall**
11.40 **Top Gear** Double bill.
1.40 PM **Mortimer & Whitehouse: Gone Christmas Fishing**
3.00 **Ireland with Simon Reeve**
4.00 **Hairy Bikers Everyday Gourmets** How to make gourmet food on a budget.
5.00 **Rick Stein's Cornwall** Four editions, including at: **6.30** The chef heads out from Newquay to catch king crab.

4.00 Hairy Bikers Everyday...

7.00 **Would I Lie to You? at Christmas** Guests include Jim Broadbent and Ardal O'Hanlon.

7.40 **Mortimer & Whitehouse: Gone Christmas Fishing** Bob and Paul enjoy a festive fishing experience in Middlesbrough.

9.00 **QI XL** Professor Brian Cox, Jason Manford and Rhys Darby join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical current affairs quiz, with Phil Wang and Heidi Allen.
11.00 **8 Out of 10 Cats**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **Would I Lie to You? at Christmas** As 7.00pm.
2.00 **QI XL** With David Mitchell.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.45 **Casualty**
11.50 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Tenko**
3.00 **Pie in the Sky**
4.05 **Lovejoy**
5.20 **Waiting for God**
6.00 **Last of the Summer Wine** Barry buys Glenda a chaise longue as an anniversary gift. **6.40** Tom attempts to ride his father's old bicycle.

9.00 Art Detectives

7.20 **Last of the Summer Wine** Clegg and Truly fail to bring a smile to the face of Billy's humourless brother-in-law Bradley.

8.00 **Father Brown** *The River Corrupted:* Sid returns to Kembleford to ask his old family to help save his new one.

9.00 **Art Detectives** *Ice Cold:* 5/6. A multimillionaire who planned to donate his collection of *Titanic* memorabilia is killed. (S1)

10.00 **New Tricks** *Ghosts:* A 79-year-old woman with dementia turns up at a south London police station to report a murder.
11.20 **Silent Witness** *Redhill:* Leo is compelled to investigate the notorious Redhill jail after a child-killer dies in his cell. Guest stars Juliet Aubrey.
1.35 AM **Lovejoy**
2.40 **Waiting for God**
3.10 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Thursday

7 PM

8 PM

9 PM

10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 12-14/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The First Day:* 7/16. A US Navy officer is killed while driving home a recently released inmate. **7.00** *True Believer:* 8/16. Sloane's name is found in Afghanistan near a dead bus driver. **8.00** *Winter Chill:* 9/16. A man is found dead in a food truck. (S18)
9.00 **Blue Bloods** *More Than Meets the Eye:* 8/16. Erin is shadowed by her new boss at work. (S11)
10.00 **Law & Order: Special Victims Unit** *Shattered:* 24/24. An eight-year-old boy is kidnapped. (S11)
11.00 **Law & Order: Special Victims Unit** (S12&11)
1.50 AM **NCIS: Hawaii** (S3)
2.45 **Blue Bloods** (S10)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition Doctors treat a non-verbal young man in a life-threatening neurological emergency.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Shoplifters: Caught Red Handed**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Police Interceptors**
11.30 FILM **Whispering Smith** Western with Alan Ladd. (1948, PG, 88min) ★★
1.25 PM FILM **Little Big Man** Offbeat Western starring Dustin Hoffman and Faye Dunaway. (1970, 15, 133min) ★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Rookie Truckers** New edition Rookie Ray takes on a brutal 1,000km haul through Far North Queensland in an old Western Star.
10.00 **Ice Road Truckers**
11.00 **The X-Files** 6/24. (S4)
12.00 M'T **Cops 'n' Robbers: Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** Adapting the home of a woman paralysed in a bicycle accident. **7.00** The team help a project manager in Avening in the Cotswolds.
8.00 **Pete Wicks: For Dogs' Sake** Pete falls for a gentle Italian Mastiff with a heart condition.
9.00 **DIY SOS: The Big Build** The team help a grieving grandmother and her family in West Bromwich.
10.00 **DIY SOS: Grenfell**
11.00 **Antiques Road Trip**
1.00 AM **Who Killed Jenni Rivera?** Documentary.
2.00 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Secrets of the Transport Museum**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries**
8.00 **Bangers & Cash** Derek heads to Scotland to collect a 'special' Bentley. **9.00** Paul and Charlie head south to collect a pristine Lotus Super 7. **10.00** Derek heads to Sunderland to pick up a Lancia Fulvia Zagato. **11.00** A 1275 Mini GT goes up for sale at the Mathewson's auction.
12.00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** North Wales.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family: What Happened Next**
6.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** A woman hopes to fund her retirement.
8.00 **Antiques Road Trip** Izzie Balmer and Mark Hill explore Oxfordshire.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa visit a home with reports of unexplained activity.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV
157 167 170 34 32

8.00 AM **The Waltons** (S2)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 1&2/22. (S9)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 3&4/22. (S9)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 24/25. The Chinese Army join the war, killing any hopes of a speedy resolution. **7.30** 25/25. An American TV crew interview MASH personnel. (S4) **8.00** 1/25. Part one of two. The 4077th retreat. **8.30** 2/25. Part two of two. Chinese forces continue to close in. (S5)
9.00 **The Ruth Rendell Mysteries** Drama.
11.15 **M*A*S*H** (S4&5)
1.15 AM **Rising Damp** (S2)
1.45 **Man About the House**
2.25 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action
318 317 426 42 33

9.10 AM **FILM Triple Cross** Thriller. (1966, PG) ★★
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** Double bill.
3.00 **FILM Between Heaven and Hell** War drama. (1956, PG, 94min) ★★
5.00 **Berlin Olympics 1936**
6.00 **FILM Collision Course** Action thriller. (2012, PG, 90min) ★★
8.00 **FILM The Ice Road** Action thriller starring Liam Neeson. (2021, 12, 108min) ★★★
10.20 **FILM Beyond the Law** Thriller starring DMX. (2019, 15, 89min) ★
12.15 AM **Dragon Ball Super**
1.15 **Coast Guard Alaska**
2.15 **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
4.20 **Air Rescue**
4.55 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery
320 318 425 50 48

8.10 AM **FILM Aurora Teagarden Mysteries: Haunted By Murder** Thriller. (2022, U) ★★
10.05 **In Plain Sight** 5/15. (S2)
11.05 **Castle** 11/24. (S3)
12.05 PM **FILM Flower Shop Mystery: Mum's the Word** (2016, U) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 12/24. (S3)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** 6/15. (S2)
10.00 **FILM Flower Shop Mystery: Dearly Depotted** Drama sequel. (2016, PG, 90min) ★★
11.55 **FILM Fixer Upper Mysteries: Concrete Evidence** Crime drama. (2017, PG, 89min) ★★
1.50 AM **FILM Lost and Found** (2019, 12) ★★
3.20 **to 5.00** AM **FILM A Killer in My Home** Thriller. (2020, 12) ★

+1 hour 321

Great! Romance
322 319 424 52 47

8.10 AM **FILM Puppy Love for Christmas** (2021) ★★
10.05 **FILM Mistletoe Over Manhattan** Fantasy. (2011, U, 90min) ★★
12.05 PM **FILM A Merry Christmas Match** Drama. (2019, U, 82min) ★
2.00 **FILM Northpole 2: Open for Christmas** Festive fantasy sequel. (2015, U, 83min) ★★
3.50 **FILM Annie Claus is Coming to Town** Drama. (2011, U, 87min) ★★★
5.45 **FILM Forever Christmas** Comedy. (2018, PG) ★★
7.45 **FILM Belle's Christmas Gift** Romantic drama. (2024, PG, 89min) ★★
9.35 **FILM Snowmance** Fantasy. (2017, PG) ★★
11.35 **FILM A Christmas Hero** Drama. (2020, 12) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Northpole 2: Open for Christmas** As 2.00pm.

+1 hour 323

Together TV
170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **My Greek Kitchen**
4.00 **Country House Auction**
5.00 **My Floating Home**
6.00 **Love Your Garden**
7.00 **Yorkshire by the Sea**
8.00 **Garden Rescue** Charlie Dimmock and Chris Hull design an eco-friendly, productive garden. **9.00** Charlie and Chris tackle a strange-shaped garden in Taunton.
10.00 **FILM Permissive** Drama starring Maggie Stride and Gay Singleton. (1970, 18, 88min) ★★
12.00 M'T **FILM The Deadly Females** Drama starring Rula Lenska. (1976, 15, 105min) ★★
2.00 AM **FILM The Blood on Satan's Claw** Horror starring Patrick Wymark. (1970, 18, 93min) ★★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV
182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor at Large** (S1)
10.30 **Two's Company** (S3)
11.00 **The Fenn Street Gang**
11.30 **Agony** 4/7. (S3)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** 7/7. (S1)
1.30 **The Gaffer** 1/6. (S1)
2.00 **Father Brown**
3.00 **Rewind Time Machine**
3.00 **Hank the Cowboy**
3.15 **Boon** 1/13. (S4)
4.20 **Further Out of Town**
5.00 **Stereo Underground**
6.00 **The Gaffer** 1/6. (S1)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S3)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk...**
9.00 **Drop the Dead Donkey**
10.00 **FILM Can You Keep It Up for a Week?** Comedy. (1974, 18, 94min) ★
11.55 **FILM Virgin Witch** Horror. (1972, 18) ★★
1.40 AM **Stereo Underground**
2.40 **to 6.00** AM **Highlights**

DMAX
159 151 169 39 147 35

6.00 AM **Gold Divers**
9.00 **Mysterious Creatures With Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Johnathan risks losing his entire live catch when the *Time Bandit* ventures into fresh water. **8.00** Rip helps Johnathan locate the motherlode only to pay with a broken block.
9.00 **Expedition X**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network
144 152 168 43 148 39

6.00 AM **Prue Leith's Cotswold Kitchen**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **Delicious Miss Brown**
9.00 **Jamie Oliver: Together**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen's Cake Diaries** Cakes as gifts.
1.00 **James Martin's French Adventure**
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Rachel Allen's Cake Diaries** The chef makes cakes that are suitable as gifts.
9.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/28. (S1)
9.00 **T.J. Hooker** 20/23. (S4)
10.00 **Babylon 5** 13/23. (S1)
11.00 **FILM Collision Earth** Thriller. (2011, 12) ★★
1.00 PM **FILM Lancaster Skies** (2019, PG) ★★
2.55 **FILM Between Heaven and Hell** War drama. (1956, PG, 94min) ★★
5.00 **Star Trek** 4/24. (S3)
6.00 **Six Million Dollar Man**
7.00 **FILM Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
8.00 **Walker, Texas Ranger**
9.00 **FILM Alive** Drama. (1992, 15, 127min) ★★★
11.35 **FILM The Cold Light of Day** Action thriller. (2012, 12, 89min) ★★
1.25 AM **FILM Driven to Kill** Crime action thriller. (2009, 18, 94min) ★★
3.20 **to 5.15** AM **FILM Best of the Best 2** Martial arts adventure sequel. (1992, 18, 100min) ★★

Legend Xtra
316 316 171 69 138 51

9.00 AM **FILM The People That Time Forgot** Adventure sequel. (1977, U, 96min) ★★
11.00 **Andromeda** 5/22. (S3)
12.00 NOON **FILM Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
2.00 PM **FILM Malibu Shark Attack** Disaster movie. (2009, 15, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
7.00 **Andromeda** 6/22. (S3)
8.00 **The A-Team** 1/23. (S2)
9.00 **FILM Rogue Hostage** Crime action thriller starring Tyrese Gibson. (2021, 15, 93min) ★★
11.00 **FILM Red Sun** Western. (1971, 15, 112min) ★
1.20 AM **FILM Rogue Hostage** As 9.00pm.
3.15 **FILM Against a Crooked Sky** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze
156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Winsford.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Hardcore Pawn**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly: Henry's Wreck-trospective**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **UFO Chronicles** New editions Double bill.
10.00 **UFO POV** A look into what UFOs might see.
11.00 **The Curse of Oak Island**
1.00 AM **Alien Files: Unsealed** Documentary.
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Amazing Railway Adventures with Nick Knowles** From Norway.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** From Canada.
5.00 **Britain's Greatest Bridges** Britannia Bridge.
6.00 **Wonders of the Moon with Dara O Briain**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **An Unsuitable Job for a Woman** 3/4. (S1)
10.05 **The Good Ship Murder**
11.05 **The Good Ship Murder Christmas Special**
12.05 AM **Wentworth: The Final Sentence** (S9)
1.10 **The Yorkshire Vet**
2.05 **Amazing Railway Adventures with Nick...**
3.10 **to 4.00** AM **Britain's Greatest Bridges**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** With With Todd Carty, Jo Pavey, Dominic Holland and Saira Khan.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC
133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 21/24. One of Sheldon's favourite TV shows gets cancelled. **8.30** 22/24. Leonard and Sheldon hire a former TV host. (S6)
9.00 **FILM Clueless** Comedy starring Alicia Silverstone as a smart and rich teenager who takes a girl under her wing. (1995, 12, 97min) ★★★★
11.00 **Dr Pimple Popper**
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 9-14/25. (S7)
1.00 PM **Impractical Jokers**
1.30 **Friends** 5-14/18. (S10)
7.00 **Friends** 15/18. Joey's agent Estelle dies. **7.30** 16/18. Rachel gets ready to leave for Paris. **8.00** 17&18/18. Last-ever episode of the comedy. (S10)
9.00 **FILM Snatch** Crime comedy drama. (2000, 18, 102min) ★★★★
11.05 **Iain Stirling's Roast the Internet**
12.05 AM **Whose Line Is It Anyway? USA**
1.35 **South Park** 2-4/17. (S3)
3.05 **Fern Brady: Power & Chaos** Stand-up show.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154

6.00 AM **Everybody Loves Raymond** 7&8/25. (S7)
6.50 **Rosie Jones Tries to Help** With Desiree Burch.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel** With AJ Odudu.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 4-7/24. (S1)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Utopia** 4/8. (S2)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel** With AJ Odudu.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** 9-12/25. (S7)
9.00 **Friends** Nine episodes.
1.30 AM **8 Out of 10 Cats**
2.20 **Michael McIntyre's The Wheel** As 5.00pm.
3.20 **Most Ridiculous**
3.45 **New Girl** 14-17/23. (S3)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV
171 150 56 42

8.00 AM **Highlights**
10.05 **Bread** 2/14. (S5)
10.40 **Steptoe and Son** (S6)
11.15 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 3/8. (S2)
12.25 PM **Man About the...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 7/13. (S2)
2.40 **Minder** 2/13. (S2)
3.40 **Whatever Happened...**
4.20 **Man About the House**
4.50 **Bread** 1/14. (S5)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s: Best Music Live!**
6.05 **Rising Damp** 7/7. (S1)
6.40 **Steptoe and Son** (S6)
7.15 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 4/13. (S8)
9.00 **Benidorm** 5&6/9. (S2)
9.55 **Shameless** 5/11. (S2)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 5&6/9. (S2)
12.55 AM **Minder** 11/11. (S1)
2.00 **to 5.00** AM **Highlights**

MTV
126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.30 **Dallas Cowboys Cheerleaders**
12.00 NOON **Catfish: The TV Show** Four editions.
4.00 PM **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** A bombshell shocks the group as the beauties and geeks hit the corporate world.
8.30 **Judge Judy**
9.00 **Ink Master Redemption**
10.00 **Jersey Shore Family Vacation** The girls' trip to the Hamptons takes a detour thanks to Vinny.
11.00 **Geordie Shore**
12.00 M'T **Ink Master: Angels**
1.00 AM **Ink Master**
2.45 **Caught In the Act: Double Life**
3.35 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Maine Cabin Masters**
1.00 PM **Crikey! It's the Irwins**
3.00 **How Do They Do It?**
4.00 **How It's Made: Dream Cars** A look at how a Morgan Aero Coupe is manufactured. **4.30** The Porsche 911.
5.00 **Alaska: Homestead Rescue** A homestead in Hawaii is threatened by a flash flood. **6.00** An Oregon homestead under constant threat of fire.

9.00 Naked and Afraid: Global...

7.00 **Kindig Customs** Dave has been itching to get his hands on another VW, so he takes on a car that's just a heap of rusty parts.

8.00 **Kindig Customs** The team go full throttle to finish working on the 1956 Porsche with a lot of late nights and long hours.

9.00 NEW SERIES **Naked and Afraid: Global Showdown** Survivalists from around the world compete in a gruelling 40-day primitive bushcraft competition for the biggest cash prize in the history of the series.

11.00 **In the Eye of the Storm: Chasers** Series finale The chasers head to Canada.
12.00 M'T **Caught!** Double bill.
1.00 AM **Naked and Afraid: Global Showdown**
3.00 **In the Eye of the Storm: Chasers** As 11.00pm.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Sloths** Double bill.
10.00 **Tanked** A Hawaiian tank.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat is not happy with its owner's partner. **4.00** A Russian blue cat that attacks its owner's boyfriend.
5.00 **Lone Star Law** Looking for an alligator that bit two people.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff performs surgery on a dog found tied to a fence.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters** Pete Nelson creates an owl-inspired treehouse library in North Carolina.

8.00 **Gator Boys** Paul Bedard and Jimmy Riffle meet a teenager whose arm was bitten by an alligator and help him face his fears.

9.00 **Alaska: The Last Frontier** The family finish Grady's Perl Island cabin build, while Charlotte and August build a cat patio.

10.00 **Alaskan Bush People** An early spring lets the family to make progress on unfinished business.

11.00 **The Haunted** A strange figure appears and family pets suddenly start dying.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Rugged Justice**
2.00 **Treehouse Masters: Out on a Limb** A Scottish cottage.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Colossal Machines Compilations: Industrial Innovations** Documentary.
11.00 **Lost Treasures of Egypt**
12.00 NOON **Seconds from Disaster**
1.00 PM **Air Crash Investigation**
2.00 **World War II: Secrets from Above** Double bill.
4.00 **Pirates: Behind the Legends**
5.00 **Drain the Oceans** The sinking of the MV *Lucona* and its crew.
6.00 **World War II: Secrets from Above** The Battle of Britain from an aerial perspective.

10.00 Engineering by Catastrophe

7.00 **Air Crash Investigation** An investigator works to try and prove the cause of a plane crash in 1991 that killed 23 people.

8.00 **Hitler Youth** 1/2. The story of the Nazi youth organisation, which was used to indoctrinate German boys in the 1930s.

9.00 **Hitler Youth** 2/2. A look at the expansion of the organisation in the build-up to war.

10.00 **Engineering by Catastrophe** The lessons learned from Chernobyl, Fukushima and Three Mile Island.

11.00 **Air Crash Investigation**
12.00 M'T **Toronto Airport Uncovered** Documentary.
1.00 AM **Airport Security: Rome**
2.00 **Car S.O.S** An Mk.1 Toyota MR2.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Junk & Disorderly: Henry's Wreck-trospective**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **Ramses the Great: King of Ancient Egypt**
2.00 PM **Pawn Stars** Four editions of the series, including at: **4.00** Rick eyes a US Navy Jack. **5.00** The team check out an autographed Apollo 10 book.
6.00 **American Pickers** Mike and Jersey inspect some dazzling high-end antique toys.

9.00 MonsterQuest

7.00 **Forged in Fire** Four bladesmiths create a massive oversized version of a traditional pig hunting spear.

8.00 **Britain's Lost Battlefields with Rob Bell** Robert the Bruce's victory against the English at Bannockburn in 1314.

9.00 **MonsterQuest** New edition A scientific look at terrifying creature sightings in the sky.

10.00 **Myths & Monsters** A look at the role of myths and legends in the establishment of the rules of society.

11.00 **Myths & Monsters** A look at the ancient Greek myth of Antigone, who defied laws to bury her dead brother. Plus, the Norse god Baldr and flood narratives found in myth.
12.00 M'T **Pawn Stars** Four editions of the documentary series.
3.40 AM **MonsterQuest**
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Basil Rathbone**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.00 **Stories from the Edge**
11.00 **Lockerbie** 4/4. Documentary.
12.00 NOON **Spitfire** Documentary
2.00 PM **FILM When We Were Kings** Boxing documentary. (1996, PG, 87min) ★★★★★
3.45 **My Icon: Duke McKenzie**
4.00 **The Directors**
5.00 **Discovering: Basil Rathbone**
6.00 **UFO** 3/4. Documentary.

9.00 Magnificent B'stard

7.00 **I'm Chevy Chase and You're Not** A profile of the actor and comedian, who rose to fame on *Saturday Night Live* before becoming a film star in the 1980s, but whose career declined amid reports of difficult behaviour.

9.00 NEW **Rik Mayall: Magnificent B'stard** A documentary tribute to the influential and much-missed comedian, who died in 2014. Contributors include Stephen Fry, Ben Elton and Adrian Edmondson. *See feature, page 20.*

11.00 **Belushi** The life and career of comedy star John Belushi.
1.00 AM **2000 Meters to Andriivka** A Ukrainian platoon attempt to liberate a village from Russian forces.
3.15 **Kings of Coke** The story of one of North America's most feared criminal organisations.
5.00 **to 6.00** AM **Discovering: Basil Rathbone**

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Johnny Vegas' Little Shop of Antiques**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Angus uncovers Beatles memorabilia.
6.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
8.00 **Massive Engineering Mistakes** The effects of engineering disasters.
9.00 **In the Eye of the Storm** Hurricane Ida.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Reality show.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Lady Killers**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Lethally Blonde** New edition A shoot with a photographer hiding dark secrets ends badly. **10.00** Detectives find a bloody scene at a lavish Miami apartment.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The story of entrepreneur Nat Fraser.
8.00 **UK Crime Files: Wicked Beyond Belief** The case of Betty Guy.
9.00 **UK Crime Files: Mystery of the Man in the Woods** The murder of Tyrone France.
10.00 **Britain's Countryside Killers** New edition The story of Steven Donaldson's murder.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Wicked Beyond Belief**
1.00 AM **UK Crime Files: Mystery of the Man in the Woods**
2.00 **Britain's Countryside Killers** As 10.00pm.
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Shoe Rapist**
9.55 **UK Crime Files: Murder Without a Body**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Getting Away With Murder** Documentary.
3.00 **UK Crime Files: The Road Rage Killer**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A community is rocked by the death of a nurse. **5.30** A woman's disappearance is paired with another case. **6.00** A body wrapped in sheets is found near Anchorage, Alaska. **6.30** A murder is similar to one five years earlier.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Caught Red Handed**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **What the Killer Did Next** Michael Ryan.
5.00 **Killer in My Village**
6.00 **Murders That Shocked the Nation**
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **How I Caught the Killer**
12.00 M'T **World's Most Evil Killers** Chester Turner.
1.00 AM **Ireland's Most Evil Killers** Catherine Nevin.
2.00 **Murdered at First Sight**
3.00 **Britain's Most Evil Killers**
4.00 **Britain's Longest Road**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.35 **Los Angeles: Stories from the City**
9.40 **Ancient Egypt: Life and Death in the Valley of the Kings**
10.55 **Revolutionary War Weapons**
12.00 NOON **The Bush Years: Family, Duty, Power**
1.00 PM **Grand Tours of...**
1.40 **Los Angeles: Stories from the City**
2.40 **Ancient Egypt: Life...**
4.00 **Revolutionary War Weapons**
5.10 **The Bush Years: Family, Duty, Power**
6.10 **Los Angeles: Stories from the City**
7.15 **Ancient Egypt: Life...**
8.35 **Revolutionary War Weapons**
9.40 **The Bush Years: Family, Duty, Power**
10.40 **Ancient Egypt: Life...**
12.00 M'T **Revolutionary...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School**
9.00 **Big Cats Small World**
10.00 **Arabian Inferno**
11.00 **Africa's Hunters**
12.00 NOON **Wild Battlegrounds**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Big Cats Small World**
4.00 **Arabian Inferno**
5.00 **Africa's Hunters**
6.00 **Wild Battlegrounds**
7.00 **Monkey Life** Double bill.
8.00 **The Big Dry** The dry season in Zambia's Luangwa Valley.
9.00 **Wild Science** The brown bear's evolution from Ice Age giants to modern omnivores.
10.00 **Wild Battlegrounds**
11.00 **Africa's Hunters**
12.00 M'T **A Wild Year on Earth**
1.00 AM **Hope for Wildlife**
2.00 **The Big Dry** As 8.00pm.
3.00 **Wild Science** As 9.00pm.
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Big Cats Small World**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Life After People**
6.00 **Ultimate Mysteries**
7.00 **Crimes That Shook Britain** Survivor Caroline Roberts revisits the 1970s murders committed by serial killers Rose and Fred West. **8.00** A look at the murder of estate agent Suzy Lamplugh.
9.00 **World War II: Witness to War** First-hand accounts and archive footage reveal the devastation of the German attack on France. **10.00** How young pilots gave their all for the Allied cause.
11.00 **Ancient Aliens** The possibility of previous civilisations on Earth. **12.00** M'T The significance of the mysterious symbol of the keyhole found in mystic texts.
1.00 AM **Crimes That Shook Britain**
2.00 **What on Earth?**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
12.00 NOON **Alaska Mega Machines**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works** Scientists investigate whether there might be warm liquid water beneath Pluto's surface. **4.00** The science of dark matter. **5.00** Whether a planet similar to our own will ever be found.
6.00 **How It's Made: Dream Cars** The crew visit the birthplace of the Superformance MKIII. **6.30** A visit to the birthplace of the Koenigsegg One:1. **7.00** How a BMW i8 is made. **7.30** A look at how a Superformance GT40 is made. **8.00** A visit to the birthplace of the Porsche 918 Spyder. **8.30** A look how the Aston Martin Vanquish is made.
9.00 **How It's Made**
11.00 **How Do They Do It?**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Codes and Conspiracies**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **When Missing Turns to Murder** Triple bill of editions.
2.00 PM **Green Eyed Killers**
3.00 **Spring Break Murders**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** A dispute over a marijuana plant turns deadly.
8.00 **Green Eyed Killers** New edition What happens when jealousy turns deadly.
9.00 **Predator Hunters** New edition A takedown exposes a father's desire for sex with a 14-year-old.
10.00 **Fugitives Caught on Tape**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** World champion boxer Vernon Forrest is gunned down.
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Snakes in the City**
2.00 **Jaguar vs Crocs**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** Liliane the giraffe ventures out on habitat with her new family.
8.00 **Equator's Wild Secrets** Exploring the Ecuadorian Andes, a biodiversity hotspot where jungle dwellers live alongside alpine specialists. **9.00** The incredible yearly transformation of the Amazon.
10.00 **Border Protection Spain**
11.00 **To Catch a Smuggler**
12.00 M'T **Dutch Caribbean Coastguards** Documentary.
1.00 AM **Animals Gone Wild**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Fish Tank Kings**

Discovery History

161/172 147 181

7.00 AM **World's Deepest Goldmine**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** A look at the mysterious 'ninth' planet reported to exist on the edge of the solar system.
1.00 PM **NASA's Unexplained Files**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **World's Deepest Goldmine** Hazardous conditions facing underground workers at Mponeng mine in South Africa.
9.00 **Secrets Underground** The resting place of a pirate city.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.05 AM **Secret Nazi Bases**
1.05 PM **Secret Nazi Bases**
5.00 **Secret Nazi Bases** Examining the Spanish island of Villa Winter, which was suspected of being a port for German U-boats and part of a larger plan to invade the United States. **6.00** One of the largest Nazi bunkers ever constructed, outside the French town of Watten, a facility with storage for 108 missiles, a liquid oxygen factory and two launch pads. **7.00** As the Red Army approached a forest in Poland toward the end of the war, they stumbled upon a huge complex containing more than 1,000 structures across 25sqkm. **8.00** A secret weapons program in the heart of Austria that could have ended badly for the Allies – and may have indicated nuclear plans being concocted by Hitler.
9.00 **Secret Nazi Bases**
5.20 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **I Almost Got Away with It**
12.00 NOON **Murder Under the Friday Night Lights**
1.00 PM **American Monster**
3.00 **The Murder Tapes**
7.00 **Where Murder Lies** When a married student was found stabbed to death in North Carolina, detectives discovered she had lived a double life – a tale of jealousy, rage and unrequited love. **8.00** The story of a couple who enjoyed an idyllic rural life in California – until a gruesome murder ripped it apart.
9.00 **The Murder of Arthur Labinjo-Hughes: A Faking It Special** Investigating the murder of six-year-old Arthur Labinjo-Hughes.
10.00 **A Body in the Snow: The Trial of Karen Read** Humiliating texts shock the courtroom.
11.00 **Signs of a Psychopath**
12.00 M'T **Hostage 911**
2.00 AM **The Murder Tapes**
4.00 **to 6.00** AM **Where Murder Lies**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **World's Biggest Shipbuilders**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** 1/2. Joe Martin is ready to upgrade a special car in his collection.
9.00 **Outback Truckers** Steve Grahame faces a major detour that could wipe out his profits.
10.00 **World's Biggest Shipbuilders**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** Richard restores a 1947 Delahaye sports car.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **The Cinema List**
7.00 PREMIERE **The SpongeBob...**
8.45 **The Plague** Thriller. (2025, 15, 98min) ★★★★
10.30 **They Will Kill You** Horror comedy. (2025, 15) ★★★
12.15 PM **LifeHack** As 7.25pm.
2.00 **Carolina Caroline** (2025)
4.00 PREMIERE **The SpongeBob Movie: Search for SquarePants** Animation. (2025, PG, 88min) ★★★ *See review, page 23.*
5.45 **Fuze** Thriller. (2026, 15) ★★★

4.00 The Spongebob Movie

7.25 **LifeHack** Heist thriller starring Georgie Farmer, Yasmin Finney and Roman Hayeck-Green. (2025, 15, 97min)

9.05 **Black Phone 2** Horror thriller sequel starring Ethan Hawke and Mason Thames. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. With Madeleine McGraw. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Carolina Caroline** Thriller with Samara Weaving and Kyle Gallner. A young woman joins a charismatic con man on the run. (2025, 15, 105min) ★★★★
1.00 AM **Him** Supernatural horror with Marlon Wayans and Tyriq Withers. (2025, 18, 96min)
2.50 **Black Phone 2** As 9.05pm.
4.50 **to 6.50** AM **Dead Man's Wire** Crime thriller starring Bill Skarsgård and Al Pacino. (2025, 15, 104min) ★★★★

Sky Cinema Ultimate Action

303 303 403 503 517

6.10 AM **Cleaner** As 4.20pm.
7.50 **Jackie Chan's First Strike**
9.20 **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
11.20 **Mission: Impossible – The Final Reckoning** Thriller. (2024, 12, 169min) ★★★
2.10 PM **Olympus Has Fallen** Thriller. (2011, 15, 119min) ★★★
4.20 **Cleaner** Action thriller. (2025, 15, 97min) ★★★
6.00 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★

4.20 Cleaner

8.00 **Bullet Train** Comedy thriller starring Brad Pitt, Aaron Taylor-Johnson, Joey King, Brian Tyree Henry and Andrew Koji. Five assassins aboard a high-speed train discover their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Long Kiss Goodnight** Action thriller starring Geena Davis and Samuel L Jackson. An amnesiac schoolteacher uncovers her secret past as a crack CIA assassin. (1996, 18, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Sudden Death** Thriller. (1995, 18, 110min) ★★★
2.15 **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
3.50 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★
5.40 **to 7.40** AM **Demolition Man** Sci-fi action comedy thriller. (1993, 15, 114min) ★★★

Sky Cinema Drama

310 310 410 510 524

8.35 AM **The Room Next Door**
10.25 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
1.05 PM **Cast Away** Survival drama. (2000, 12, 143min) ★★★★
3.30 **Rocketman** Elton John biopic with Taron Egerton and Jamie Bell. (2019, 15, 121min) ★★★★
5.40 **Molly's Game** Fact-based drama with Jessica Chastain and Idris Elba. (2017, 15, 137min) ★★★★
8.00 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February. Stars Ashton Kutcher, Jennifer Garner, Anne Hathaway, Julia Roberts, Jessica Alba, Jessica Biel and Jamie Foxx. (2010, 12, 125min) ★★★
10.15 **Jackie** Biographical drama starring Natalie Portman. (2016, 15, 100min) ★★★★
12.05 AM **The Room Next Door** Pedro Almodóvar's drama. (2024, 12, 102min) ★★★★
2.00 **The End of the Affair** Romantic drama starring Ralph Fiennes. (1999, 18, 101min) ★★★★
3.50 **Babylon** Ground-breaking drama. (1980, 15, 94min) ★★★
5.35 **to 7.35** AM **A Different Man** Thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

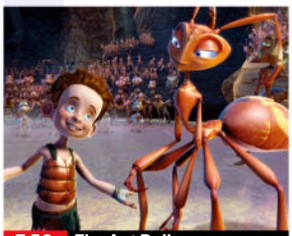
6.45 AM **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
8.25 **The Cinema List: Remakes**
8.40 **Arcadian** As shown at 4.10am.
10.20 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
12.40 PM **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
2.20 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
4.00 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
5.55 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
8.00 **Interview with the Vampire** Gothic horror thriller starring Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
10.10 **Weapons** Horror starring Julia Garner and Amy Madigan. (2025, 18, 128min) ★★★★★
12.20 AM **The Running Man** Sci-fi starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
2.05 **M3GAN 2.0** Sci-fi thriller sequel starring Allison Williams. (2025, 15, 120min) ★★★
4.10 **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★
5.55 **to 7.40** AM **Simulant** Sci-fi thriller. (2023, 15, 95min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Open Season 3** (2010) ★★
7.20 **Hook** Fantasy. (1991, U) ★★★
9.45 **Corpse Bride** As 4.30am.
11.05 **The Ant Bully** As 7.50pm.
12.40 PM PREMIERE **The SpongeBob Movie: Search for SquarePants** (2025, PG) ★★★
2.15 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
4.05 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
6.00 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★


7.50 The Ant Bully

7.50 **The Ant Bully** Animated adventure based on the children's book by John Nickle, with the voices of Julia Roberts, Nicolas Cage and Lily Tomlin. (2006, U, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Zoo** Drama starring Toby Jones and Art Parkinson. During the 1941 German air raids on Belfast, a young boy inadvertently becomes the protector of a baby elephant. (2018, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Flushed Away** Animated comedy adventure with the voices of Hugh Jackman, Kate Winslet and Ian McKellen. (2006, U, 85min) ★★★★
12.55 AM **Monster Trucks** Fantasy adventure starring Lucas Till. (2016, PG, 104min) ★★★
2.50 **Rock Dog** Family animation. (2016, PG, 90min) ★★★
4.30 **to 6.00** AM **Corpse Bride** Stop-motion animated fantasy. (2005, PG, 74min) ★★★★

Sky Cinema Action

306 306 407 507 521

6.15 AM **Safe House** Thriller. (2025, 15, 90min) ★★★
7.55 **Old Guy** As 2.20am.
9.35 **Justice League** Adventure. (2017, 12, 120min) ★★
11.45 **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
1.50 PM **Green Lantern** Adventure. (2011, 12, 114min) ★★
4.00 **The Meg** Action thriller. (2018, 12, 113min) ★★★
5.55 **300** Epic historical adventure. (2006, 15, 116min) ★★★★

8.00 Nobody 2

8.00 **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. A former assassin takes his family on a holiday, but finds himself in the crosshairs of a bloodthirsty crime boss. (2025, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Fuze** Thriller starring Aaron Taylor-Johnson, Theo James, Gugu Mbatha-Raw and Sam Worthington. An unexploded bomb is found on a building site in the centre of London. (2026, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Troy** Epic historical drama starring Brad Pitt, Eric Bana and Orlando Bloom. (2004, 15, 163min) ★★★
2.20 AM **Old Guy** Action comedy. (2024, 15, 94min) ★★★
4.00 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
5.50 **to 6.50** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Honey Don't!** Comedy thriller. (2025, 15, 89min) ★★★
8.45 **Anchorman: The Legend of Ron Burgundy** (2004) ★★★★
10.35 **Caddyshack** (1980, 15) ★★★
12.25 PM **Bridget Jones's Baby** Comedy. (2016, 15) ★★★
2.30 **Instant Family** Comedy. (2018, 12, 118min) ★★★★
4.35 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
6.25 **Police Academy 2: Their First Assignment** (1985, 12) ★★

6.25 Police Academy 2

8.00 **The First Wives Club** Comedy starring Goldie Hawn, Bette Midler and Diane Keaton as three abandoned New York wives who begin plotting their revenge on their errant ex-husbands. (1996, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The Hangover Part II** Comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. A drug-fuelled bachelor party in Bangkok leaves three friends searching for the bride's brother. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Running on Empty** Comedy. (2024, 15, 91min) ★★★
1.20 AM **Sausage Party** Animation. (2016, 15, 89min) ★★★
3.00 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
4.40 **to 6.25** AM **Adulthood** Comedy drama starring Josh Gadd. (2025, 15, 97min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
9.10 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★
11.20 **The Accountant** Thriller. (2016, 15, 123min) ★★★
1.35 PM **Jason Bourne** Thriller. (2016, 12, 123min) ★★★
3.45 **Lethal Weapon 3** Thriller sequel. (1992, 15, 118min) ★★
5.50 **Ocean's Thirteen** Caper thriller sequel with George Clooney. (2007, PG, 122min) ★★★

5.50 Ocean's Thirteen

8.00 **The Equalizer** Action thriller starring Denzel Washington, Chloë Grace Moretz and Marton Csokas. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Lethal Weapon 4** Action comedy thriller sequel starring Mel Gibson and Danny Glover. The maverick LA cop duo tangle with a gangster from the Hong Kong underworld. With Joe Pesci and Rene Russo. (1998, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Se7en** Dark thriller. (1995, 18, 127min) ★★★★
2.45 **The Gentleman** Thriller. (2025, 15, 89min) ★★
4.25 **to 6.10** AM **Borderline** Horror comedy with Samara Weaving. (2025, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Incredible Shrinking Man** Vintage sci-fi thriller. (1957, b/w, PG, 81min) ★★★★
12.40 PM **The Man from Colorado** Western. (1948, PG) ★★★
2.45 **All the King's Men** Drama. (1949, b/w, PG) ★★★★★
5.00 **Gunman's Walk** Western. (1958, PG, 95min) ★★
6.55 **Sleepless in Seattle** Romantic comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★

9.00 Escape from Pretoria

Sleepless in Seattle (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 PREMIERE **Escape from Pretoria** Fact-based drama starring Daniel Radcliffe. ANC activist Tim Jenkin hatches a daring plan to escape from a maximum-security prison using hand-crafted wooden keys. (2020, 12, 104min) ★★★ *See review, page 27.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **Terminator: Dark Fate** Sci-fi adventure starring Arnold Schwarzenegger. Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl, whose fate is critical to the human race. (2019, 15, 123min) ★★★★
1.40 **to 3.25** AM **Lola** Sci-fi drama starring Emma Appleton. (2022, 15, 79min) ★★★★

+1 hour 314 430 47 301 257

11 PM

Sky Cinema Epic Worlds

302 302 402 502 516

6.30 AM **Mad Max** As 4.10am.
8.05 **InnerSpace** As 2.10am.
10.05 **Jurassic World: Rebirth** Fantasy with Scarlett Johansson. (2025, 12, 133min) ★★★
12.25 PM **Transformers** Adventure. (2007, 12, 144min) ★★★★
2.50 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
4.35 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★

6.20 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. (1997, PG, 94min) ★★★★
8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
9.35 **Interstellar** Sci-fi drama with Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★

12.25 AM **After Earth** As 4.35pm.
2.10 **InnerSpace** Sci-fi comedy thriller. (1987, PG, 119min) ★★★
4.10 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
5.50 **to 7.40** AM **Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101min) ★★

Sky Cinema Greats

307 307 404 504 518

6.45 AM **Free Willy** Adventure. (1993, U, 112min) ★★★★
8.40 **Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★
10.10 **Annie** Musical. (1982, U) ★★★
12.20 PM **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
1.50 **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
3.35 **Friend or Foe** Family drama. (1981, U, 70min) ★★★

4.50 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
6.25 **Babe** Family comedy drama starring James Cromwell. (1995, U, 92min) ★★★★★
8.00 **Jack Frost** Fantasy drama with Michael Keaton and Kelly Preston. (1998, PG, 97min) ★
9.45 **The Wiz** Motown musical updating of *The Wizard of Oz* based on the hit Broadway show, starring Diana Ross. (1978, U, 133min) ★★

12.05 AM **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn and Jessica Tandy. (1987, PG, 105min) ★★★★
1.55 **Paulie** Family comedy. (1998, U, 92min) ★★★
3.30 **Friend or Foe** As 3.35pm.
4.45 **to 7.00** AM **The Wiz** (1978)

Disney+ Cinema

305 305

6.00 AM **The Many Adventures of Winnie the Pooh** Animated feature. (1977, U, 71min) ★★★
7.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
8.50 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
11.15 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★

12.50 PM **Up** Animated comedy. (2009, U, 96min) ★★★★★
2.25 **Mulan** Animated adventure. (1998, U, 88min) ★★★
3.55 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
5.40 **A Goofy Movie** Adventure. (1995, U, 78min) ★★
7.00 **Young Woman and the Sea** Drama. (2024, PG, 129min)
9.00 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
11.00 **Nightbitch** Dark comedy. (2024, 15, 99min) ★★★

12.40 AM **Gifted** Drama starring Chris Evans and Lindsay Duncan. (2017, 12, 101min) ★★★★
2.25 **The East** Political thriller. (2013, 15, 111min) ★★★★
4.20 **to 6.00** AM **WALL-E** Animation with the voice of Ben Burtt. (2008, U, 98min) ★★★★★

Movies 24

312 313 419

7.00 AM **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
9.00 **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
11.00 **A Royal Makeover** Romantic comedy. (2023, PG, 87min) ★★
1.00 PM **Mystery Island: Play for Keeps** Crime drama. (2025, PG, 90min) ★★
3.00 **Autumn at Apple Hill** Comedy. (2024, PG, 84min) ★★

5.00 **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
7.00 **Mystery Island: House Rules** Crime drama starring Elizabeth Henstridge. The Island team meet their Mystery Mountain counterparts for a friendly murder game, but the fun ends with a murder in plain sight. (2024, PG, 84min) ★★
9.00 **Sense and Sensibility** Romantic drama starring Deborah Ayorinde and Bethany Antonia. (2024, U, 84min) ★★

11.00 **Betty's Bad Luck in Love** Comedy. (2024, PG, 84min) ★★
1.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **The Real West** Comedy. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Black Saddle** 20/24. (S2)
6.30 **Mrs Mike** Romantic drama. (1949, b/w, PG, 99min) ★★★
8.25 **What's On TPTV with Noel**
8.40 **Night Train for Inverness** Thriller. (1960, b/w, U) ★★★
10.00 **Blind Spot** Crime drama. (1958, b/w, U, 70min) ★★★
11.30 **Stage 7** 25/25. (S1)
12.00 NOON **Sergeant Cork** 4/6. (S4)
1.05 PM **Adventures of Sir Lancelot**

1.35 **They Call It Murder** Crime drama. (1971, PG, 95min) ★★★
3.30 **Ring of Spies** Spy thriller. (1963, b/w, PG, 90min) ★★
5.15 **Cinebox Memories**
5.20 **Railway Murders**
6.20 **Strange But True**
6.55 **The Brothers** 3/13. (S3)
8.00 **Mark Saber** 21/26. (S3)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **The October Man** Psychological thriller starring John Mills. (1947, b/w, PG, 91min) ★★★

11.10 **Leeds United!: Play for Today** Drama by Colin Welland.
1.40 AM **Doomwatch** 9/13. (S2)
2.40 **Bond of Fear** Thriller starring Dermot Walsh and Jane Barrett. (1956, b/w, PG, 66min) ★
4.00 **Burke's Law** 26/32. (S1)
5.00 **to 6.00** AM **The Rogues**

Thursday

Sky Sports Main Event

401 401 501 419 439

6.30 AM **World Cup Report**
7.00 **World Cup Breakfast** Stories surrounding the FIFA World Cup.
10.00 LIVE **Test Cricket** **England v New Zealand.** Coverage of the first day of the third and final Test in the series, held at Trent Bridge, Nottingham. The teams last met here in this format in 2022, when England claimed a five-wicket triumph.
6.30 PM LIVE **ICC Women's T20 Cricket World Cup** **Netherlands v South Africa.** Coverage of the Group A match from the Bristol County Ground.
10.00 LIVE **PGA Tour Golf** Coverage of the first day of the Travelers Championship staged at TPC River Highlands in Connecticut.
11.00 LIVE **Women's PGA Championship** Coverage of the first day of the Major at Hazeltine National Golf Club in Minnesota.
1.00 AM **World Cup Report**
2.30 **to 6.30** AM LIVE **Major League Cricket** **Washington Freedom v Seattle Orcas.** The T20 match held at Oakland Coliseum in California.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League 100 Club**
9.00 **Premier League Review**
4.00 PM **Premier League Review** The eighth round of fixtures. **5.00** A look back at action from the ninth round of fixtures. **6.00** Highlights from the 10th round of top-flight fixtures. **7.00** A look back at action from the 11th round of matches. **8.00** Highlights from the 12th round of top-flight games. **9.00** An in-depth review of the 2025/26 top-flight campaign.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from 2016/17.
1.00 AM **PL Retro** Another chance to see Bolton Wanderers v Chelsea from the 2004/05 season.
3.00 **PL Greatest Games** Highlights from Sheffield Wednesday v Manchester United from 1998. **3.15** Stoke City v Liverpool. **3.30** Highlights of Newcastle United v Sunderland in 2013. **3.45** Watford v Liverpool in 2015.
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best Premier League Goals: Free-kicks**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 NOON **EFL** Highlights from the three 2020/21 play-off finals.
3.00 PM **EFL Greatest Games**
4.00 **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final second leg.
6.00 **Championship Retro** Another chance to see Blackburn Rovers v Manchester City from 2000.
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games** Sheffield United v Sheffield Wednesday from 2009/10 at Bramall Lane. **9.15** Peterborough United v Southampton from 2010/11. **9.30** Watford v Leicester City. **9.45** Sheffield Wednesday v Leeds United from 2013/14.
10.00 **EFL Cup Highlights**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 M'T **Henrik Larsson: 20 Years On** An interview with the striker.
1.00 AM **SPFL Best Goals 2010/11**
1.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM LIVE **Major League Cricket** **San Francisco Unicorns v Texas Super Kings.** Coverage of the T20 match at Oakland Coliseum.
6.30 **The Film Room: England v New Zealand** Action from 2004.
7.00 **Test Cricket** Highlights.
10.00 LIVE **Test Cricket** **England v New Zealand.** Coverage of the first day of the third and final Test in the series, held at Trent Bridge, Nottingham.
7.00 PM LIVE **ICC Women's T20 Cricket World Cup** **Netherlands v South Africa.** Coverage of the Group A match from the Bristol County Ground.
10.00 **Test Cricket** England v New Zealand from Trent Bridge.
11.00 **The Film Room: England v New Zealand** Action from 2004.
11.30 **Women's ICC T20 World Cup**
12.00 M'T **Test Cricket Bitesize**
12.15 AM **Women's T20 World Cup**
12.45 **Test Cricket** Highlights.
1.45 **Women's ICC T20 World Cup**
2.20 **to 6.30** AM LIVE **Major League Cricket** **Washington Freedom v Seattle Orcas.** The T20 match held at Oakland Coliseum in California.

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf Highlights** England Challenge.
7.00 **PGA Tour Golf** Canadian Open.
8.00 **US Open Golf** The fourth day.
9.00 **PGA Tour Champions**
10.00 **PGA Tour Golf** Canadian Open.
11.00 **DP World Tour Golf**
11.30 **PGA Tour: The Cut**
12.00 NOON LIVE **DP World Tour Golf** Coverage of the opening day of the Italian Open held at Circolo Golf Torino. France's Adrien Saddier won this event last year.
5.00 PM LIVE **Women's PGA Championship** Day one of the Major from Hazeltine National Golf Club in Chaska, Minnesota.
8.00 LIVE **PGA Tour Golf** Day one of the Travelers Championship at TPC River Highlands, Connecticut.
11.00 LIVE **Women's PGA Championship** Continued coverage of day one of the Major from Hazeltine National Golf Club.
1.00 AM **Legends Tour Golf**
2.00 **PGA Tour Golf**
3.00 **Playing Lessons**
4.00 **School of Golf** Expert tips.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

6.00 AM **Discovery Golf**
6.30 **The Gallagher PREM**
8.00 **FIM Speedway Grand Prix**
9.00 **MotoGP Highlights**
10.00 **British Superbikes Rewind**
10.16 LIVE **AFL** **Brisbane Lions v Sydney Swans.** Coverage from Brisbane Cricket Ground. Bounce-up **10.30am**.
1.30 PM **Sign Up – Into Football**
2.00 **Premier League Stories**
2.30 **Rolex SailGP Championship**
3.30 **UEFA Champions League**
4.30 **MLB Highlights**
5.30 LIVE **MLB** **Pittsburgh Pirates v Seattle Mariners.** Coverage of the inter-league match staged at PNC Park. Start-time is at **5.35pm**.
8.30 **MLB Plays of the Week**
9.00 **AFL** Lions v Swans.
10.30 **Premier League Stories**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **Boston Red Sox v New York Yankees.** Coverage from Fenway Park. Start-time **12.10am**.
3.00 AM **MLB Plays of the Week**
3.30 **The Cycling Show**
4.00 **British Superbikes Highlights**
5.00 **to 6.00** AM **MotoGP Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premier League Review**
8.00 **Rolex SailGP Championship**
9.00 **ABB FIA Formula E World Championship Highlights**
10.00 **Ultimate Pool** Highlights.
11.30 **IFSC Climbing World Series Highlights** In Innsbruck, Austria.
12.30 PM **TNT Sports Reload**
1.00 **MLB Highlights**
2.00 **MLB Plays of the Week**
2.30 **The Cycling Show**
3.00 **The Gruppetto** Cycling news.
3.15 **British Superbikes Rewind**
3.30 **MotoGP Highlights**
4.30 **The WRC Magazine**
5.00 LIVE **World Rally Championship** The opening special stage of the Rally Greece.
7.00 **World Rally Raid Championship** From Argentina.
8.00 **ABB FIA Formula E World Championship Highlights**
9.00 **Endurance Uncovered: Racing for Excellence**
9.30 **The Cycling Show**
10.00 **IFSC Climbing World Series Highlights** Recent action.
11.00 **UFC** Manel Kape v Kyoji Horiguchi.
2.00 AM **Rolex SailGP Championship**
3.00 **to 6.00** AM **UEFA Champions League Greatest Nights**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **Super Bowl LX Highlights**
1.00 PM **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NFL Bitesize Highlights**
5.30 **NBA on Fire** The latest news.
6.00 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
7.00 **Ted's Notebook**
7.30 LIVE **Super League** **Warrington Wolves v Catalans Dragons.** Coverage of the top-flight match from the 16th round of fixtures, held at Halliwell Jones Stadium. Kick-off **8.00pm**.
10.15 **NFL Bitesize Highlights** Denver Broncos v Buffalo Bills from Empower Field at Mile High. **10.30** Action from New England Patriots v Pittsburgh Steelers. **10.45** Highlights of San Francisco 49ers v Seattle Seahawks.
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Women's Super League**
1.30 **World Club Challenge**
1.45 **Super League Highlights**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Super League** Hull Kingston Rovers v Wigan Warriors.
10.45 **EFL Greatest Games**
11.00 **World Cup Matchday**
12.45 PM LIVE **PGA Tour Golf** Coverage of the early stages of the opening day of the Travelers Championship held at TPC River Highlands. Keegan Bradley won last year's event after finishing one stroke clear of nearest challengers Tommy Fleetwood and Russell Henley on 15-under-par.
2.00 LIVE **ICC Women's T20 Cricket World Cup** **Bangladesh v India.** Coverage of the Group A match at Old Trafford Cricket Ground, Manchester.
6.00 LIVE **ICC Women's T20 Cricket World Cup** **Netherlands v South Africa.** Coverage of the Group A match from Bristol County Ground.
10.00 **World Cup Report**
12.00 M'T **EFL Greatest Games**
1.00 AM **Formula 1** From Japan.
2.00 **EFL Greatest Games**
3.00 **Super League**
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the ATP Mallorca Open and WTA Bad Homburg Open, both of which are grass court tournaments in Mallorca and Germany respectively.
6.30 PM **ATP Tennis** Halle Open.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis** The Mallorca Open and Bad Homburg Open.
12.00 M'T **ATP & WTA Tour Classics**
2.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Legends Tour Golf**
8.00 **US Open Golf** The fourth day.
9.00 **ICC Women's World Cup**
10.00 **EFL Greatest Games**
10.15 **ICC Women's World Cup**
11.45 **Legends Tour Golf**
12.45 PM LIVE **PGA Tour Golf** Coverage of the early stages of the opening day of the Travelers Championship staged at TPC River Highlands in Connecticut.
8.00 **US Open Golf** Action from the third and fourth days in New York.
10.00 **Legends Tour Golf**
11.00 **ICC Women's World Cup**
12.00 M'T **Premier League Darts**
4.00 AM **PL Greatest Games**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **One-Day International Cricket** Bangladesh v Australia.
9.00 **International T20 Cricket**
12.00 NOON **British Superbikes**
1.00 PM **UCI Mountain Bike World Series Review**
1.30 **Fishing: On the Bank**
2.30 **No Filter Football**
2.45 LIVE **Test Cricket** **West Indies v Sri Lanka.** Day one of the first Test from Sir Vivian Richards Stadium in Antigua. The hosts will be searching for their first series victory against Sri Lanka for 23 years, a run that stretches back seven series.
11.00 **Test Cricket Highlights**
1.00 AM **UCI Mountain Bike World Series Review**
1.30 **The Cycling Show**
2.00 **Ally's Social Club**
3.00 **The Gallagher PREM**
4.30 **Discovery Golf**
5.00 **to 6.00** AM **IFSC Climbing World Series Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Action from Italy.
1.00 PM **Serie A** Juventus v Lazio. **2.00** AS Roma v Cagliari. **3.00** Inter Milan v Juventus. **4.00** Napoli v AS Roma. **5.00** Lecce v Inter Milan. **6.00** AS Roma v Cremonese.
7.00 **Premier League Stories**
7.30 **Premier League Review** A review of the 2025/26 season.
8.30 **Serie A** Season review.
9.30 **Discovery Golf**
10.00 **MotoGP Highlights**
11.00 **FIM Speedway Grand Prix Highlights** Action from the fifth round of the season in Wroclaw.
12.00 M'T **British Superbikes Highlights**
1.00 AM **AFL** A recent match replay.
2.30 **ABB FIA Formula E World Championship Highlights**
3.30 **Endurance Uncovered: Racing for Excellence**
4.00 **World Rally Raid Championship**
5.00 **to 6.00** AM **Fishing: On the Bank**

Premier Sports 1

419 APP 528

6.00 AM **Challenge Cup** A replay of Montpellier v Ulster in the final.
8.00 **LaLiga** Another chance to see Barcelona v Real Madrid.
11.00 **United Rugby Championship**
12.00 NOON **Sporting Countdowns**
1.00 PM **Eredivisie Highlights**
2.00 **NHL Tonight** Recent action.
3.00 **NASCAR Highlights**
4.00 **KOTV Weekly** Boxing news.
4.30 **DTM Motorsport Highlights**
8.00 **Motorsport** Valentino Rossi.
8.30 **World of FreeSports**
9.00 **German Cup** Action from Bayern Munich v VfB Stuttgart in the final.
11.00 **NASCAR Highlights**
12.00 M'T **FIM Sidecarcross Championship** GP of Estonia.
1.00 AM **World of FreeSports**
1.30 **KOTV Weekly** Boxing news.
2.00 **LaLiga** Barcelona v Real Madrid.
4.00 **Ultimate Karting Championship** At Warden Law.
5.00 **to 6.00** AM **FIM Sidecarcross Championship**

Premier Sports 2

420 APP 529

6.00 AM **European Le Mans Series**
7.00 **Football's Greatest**
7.30 **German Cup** A replay of Bayer Leverkusen v Bayern Munich.
9.30 **Football's Greatest**
10.00 **GP Insights** The latest news.
10.30 **Temples of Sport**
11.30 **NHL Ice Hockey** Vegas Golden Knights v Carolina Hurricanes in the Stanley Cup Finals game four.
1.30 PM **NHL: This is Hockey**
2.00 **International Rugby Union**
4.00 **Football's Greatest**
4.30 **LaLiga** Another chance to see Real Madrid v Atletico Madrid.
6.30 **Coppa Italia** Two match replays.
10.30 **NHL Ice Hockey**
12.30 AM **NHL: This is Hockey**
1.00 **Bike World** Highlights.
1.30 **Temples of Sport**
2.00 **Scottish Cup Football**
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **European Le Mans Series**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.15 PM **Ted's Notebook**
12.45 **Naomi Hot Laps**
1.00 **Formula 1** Austrian Grand Prix.
2.00 **F1 Drivers Press Conference**
2.45 **Formula 1** Action from the Barcelona-Catalunya Grand Prix.
3.45 **Ted's Notebook**
4.15 **F1 Drivers Press Conference**
5.00 **Formula 1** Austrian Grand Prix.
6.30 **F1 Drivers Press Conference**
7.15 **Formula 1** Highlights.
8.45 **F1 Drivers Press Conference**
9.30 **Formula 1** Austrian Grand Prix.
11.00 **F1 Drivers Press Conference**
11.45 **Formula 1** Austrian Grand Prix.
12.15 AM **Naomi Hot Laps**
12.30 **Formula 1** From Barcelona.
1.30 **The Best of F1**
1.55 **Alba Larsen IV**
2.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

26 June

Planner

Chris & Martina: The Final Set

DOCUMENTARY Netflix

Tennis icons Chris Evert and Martina Navratilova revisit their legendary rivalry and enduring friendship, and reflect on being diagnosed with cancer within months of each other.

The Bear

DRAMA Disney+

It's last orders for the fifth and final season of the acclaimed drama as Syd, Richie and the rest of the team try to move forward following Carmy's decision to quit. Jeremy Allen White (left), Ayo Edebiri and Ebon Moss-Bachrach star.

What Happened at the Somme

DOCUMENTARY

BBC1, 7.30pm

With 2026 marking 110 years since the Battle of the Somme, journalist Jordan Dunbar looks at how one of history's bloodiest battles is still having an impact on modern families.

Yellowstone to Yosemite with Kevin Costner

DOCUMENTARY

Paramount+

The actor retraces the historic 1903 expedition made by US President Theodore Roosevelt and naturalist John Muir, which inspired Roosevelt's conservation efforts.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 What Happened...	8.00 Sort Your Life Out with Stacey Solomon		9.00 Death in Paradise		10.00 News; Local News	
	102 BBC2	7.00 Cricket: Today at the Test		8.00 Gardeners' World		9.00 My Tiger Family		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	7.00 Football: World Cup – Live: Norway v France (Kick-off 8.00)							10.35 News
	104 CHANNEL 4	7.00 News		8.00 Our Farm Next Door: Amanda, Clive...		9.00 Celebrity Gogglebox		10.00 First Dates	
	105 5	7.00 Scenic Ireland with Adrian Dunbar		8.00 Draining the Thames: What Lies Beneath		9.00 Flood: When the Thames Drowned London			10.30 Piers Morgan...
	106 SKY ONE	7.00 The Simpsons		8.00 Joe Lycett's United States of Birmingham		9.00 Katherine Ryan: First Born Daughter			10.30 The F1 Show
ENTERTAINMENT	115 BBC3		7.05 Film: Early Man		8.35 Wallace &...	9.05 Ludwig		10.05 Amandaland	
	116 BBC4	7.00 TOTP: 2000		8.00 TOTP: 1983	8.35 TOTP: 1979	9.10 Words and Music...	9.50 James Taylor: In Concert		10.30 Janis Ian: Old...
	118 ITV2	7.00 The Floor USA		8.00 The 1% Club		9.00 Love Island		10.05 Love Island...	10.35 Family Guy
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 PopMaster TV		9.00 The Sommerdahl Murders			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Film: Venom: Let There Be Carnage			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Rookie		9.00 Chicago Fire		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.45 The White Lotus				9.00 Prisoner		10.00 The Last of Us	
	110 U&GOLD	‹ 6.50 Dad's Army	7.30 Keeping Up...	8.05 Red Dwarf			9.20 Not Going Out	10.00 Red Dwarf	
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 5.00 World Series of Darts – Live: The US Masters				9.00 Agatha Christie's Poirot		10.05 Law & Order: UK	
	120 ITV4	7.00 Football: World Cup – Live: Senegal v Iraq (Kick-off 8.00)						10.05 Goals of...	10.30 River Monsters
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Happy & Glorious		10.00 Fern Brady: Power & Chaos	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Small Town, Big Story		10.00 Grimm	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 How the Beatles Changed the World					10.15 LennoNYC
	132 U&W	7.00 DIY SOS: Grenfell		8.00 Pete Wicks: For Dogs' Sake					
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs		8.00 Gold Rush: Mine Rescue		9.00 Expedition Files		10.00 Bigfoot Took Her	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Intruders		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Disaster Autopsy	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets of Great British Castles		9.00 Royal B**tards: Rise of the Tudors		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Canal Boat Diaries						10.00 Bangers & Cash	
	114 SKY DOCS	7.00 McEnroe				9.00 The Alien Autopsy Scandal		10.00 Film: Gascoigne	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Fraud Squad** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Under the Vines** Series finale 6/6. Tippy disappears, Louis considers making a grand gesture, while Gus faces a big choice. (S2) (S)(AD)
■ Entire series on BBC iPlayer
2.45 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition (S)
4.30 **The Travelling Auctioneers** New edition A retired butcher needs help decluttering. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

11.50 St Denis Medical

7 PM

7.00 **The One Show** Alex Jones and JB Gill present the topical show. (S)
7.30 NEW **What Happened at the Somme** Jordan Dunbar uncovers the Battle of the Somme's impact on modern families. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** Stacey and the team help the Clarke family from the West Midlands, whose home has been overtaken by the hobbies they love, leaving little room for everyday life. (S)(R)(AD)

9 PM

9.00 **Death in Paradise** *A Double Bogey:* 2/9. The arrival of a long-lost brother to a family-run golf club culminates in a body on the course, though a prime suspect with an alibi leaves the team with a conundrum. (S11) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW **Madonna & Graham** Graham Norton sits down with the 'Queen of Pop' to discuss her illustrious career. (S)
11.30 **St Denis Medical** New episode 17/18. Matt and Serena take on an awkward assignment. (S)(AD)
11.50 Series finale 18/18. A doctor becomes a patient. (S2) (S)(AD)
12.15 AM **FILM King Richard** Biopic. (S)(AD) (2021, 12, 135min) ★★★★
2.30 **Weather for the Week Ahead** (S)
2.35 **BBC News** (S)
3.50 **to 6.00** AM **LIVE Football: World Cup** New Zealand v Belgium: Coverage of both teams' third and final Group G game from BC Place Vancouver in Canada. Kick-off is at 4.00. (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Garden Rescue** (S)(R)
7.30 **Policing Paradise** (S)(R)
8.00 **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Chris and Meg's Wild Summer** (R)
3.15 **Britain and the Sea** (S)(R)(AD)
4.15 **Land of the Lost Wolves** (S)(R)
5.15 **Flog It!** Paul Martin hosts from Wrest Park, Bedfordshire. (S)(R)
6.00 **Richard Osman's House of Games** Harry Aikines-Aryeetey, Ania Magliano, Joe Swash and Jasmine Takhar take part. (S)(R)
6.30 **Great Continental Railway Journeys** A trip from Interlaken to the Swiss Riviera. (S)(R)(AD)

8.00 Gardeners' World

7 PM

7.00 **Cricket: Today at the Test** England v New Zealand: Action from day two of the third and final Test in the series, held at Trent Bridge in Nottingham. England have won their last three Tests at this venue, beating today's opponents in 2022. (S)

8 PM

8.00 **Gardeners' World** New edition At Longmeadow, Monty Don is revamping and refreshing borders, while Arit Anderson heads to south-east London to discover the striking transformation of a garden that was once a derelict space. (S)

9 PM

9.00 **My Tiger Family** The 50-year story of a wild tiger family in north-west India with the lives of the big cats documented by Valmik Thapar, who has dedicated his life to following them. (S)(R)(AD)

10 PM

10.00 **Inside No. 9** *Lip Service:* 3/6. A man hires a lip-reader to spy on his wife. Stars Sian Clifford. (S6) (S)(R)
10.30 **Newsnight** (S)
11.00 FILM **Psycho** Alfred Hitchcock's horror chiller starring Anthony Perkins and Janet Leigh. (S) (1960, b/w, 15, 105min) ★★★★★
12.45 AM FILM **Dark Waters** Fact-based drama starring Mark Ruffalo. (S) (2019, 12, 125min) ★★★★
2.50 **Gods of Tennis** (S)(R)(AD)
3.50 **to 6.15** AM **LIVE Football: World Cup** Egypt v Iran: Coverage of both teams' concluding Group G game from Seattle Stadium in the USA. Kick-off is at 4.00. (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Middlesbrough, where Corrie Jeffrey goes all out to buy a whisky decanter. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts the game show as Paisley tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Football: World Cup

7 PM

7.00 LIVE **Football: World Cup** Norway v France: All the action from the final match in Group I for both teams, held at Boston Stadium in the USA. Should they both be available, the game could see two of the world's leading forwards go head-to-head in Frenchman Kylian Mbappé and Norway's Erling Haaland, and it would be little surprise if either one of them proved to be the difference-maker this evening. Kick-off is at 8.00. (S)
■ Senegal v Iraq is live on ITV4

10 PM

10.35 **ITV News** (S)
11.05 **Local News** (S)
11.20 **Who Wants to Be a Millionaire?** Big-prize quiz show. (S)(R)
12.15 AM LIVE **Football: World Cup** Uruguay v Spain: Laura Woods presents coverage of the third and final match in Group H for both teams, held at Guadalajara Stadium in Mexico. Kick-off is at 1.00. (S)
■ Cape Verde v Saudi Arabia is live on ITV4
3.35 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.00 **Unwind with ITV** (S)
5.35 **to 6.00** AM **James Martin's American Adventure** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 5-7/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 14-17/24. (S9) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Laura Hamilton helps a couple find a home on the Costa del Sol. (S)(R)
4.00 **Narrow Escapes** Series finale Graham and Caroline finally head out through Fort Augustus and onto Loch Ness. (S)(AD)
5.00 **Chateau DIY** Jon and Carmen transform a kitchen into a medieval dining room. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** A couple from Reading hope to find a property in Almería. (S)(R)

9.00 Celebrity Gogglebox

7 PM

7.00 **News** (S)

8 PM

8.00 **Our Farm Next Door: Amanda, Clive and Kids** 2/5. Sid and Amanda inspect a vital bridge that's collapsed on the track up to Anty John's, and Raven returns to help celebrate Nancy's ninth birthday with the rest of the family. (S)(R)(AD)

9 PM

9.00 **Celebrity Gogglebox** New edition 4/7. A cast of famous faces, including Vernon Kay and Paddy McGuinness, Denise Van Outen and Johnny Vaughan, and Bez and Shaun Ryder, offer their thoughts on the week's TV shows. (S)(AD)

10 PM

10.00 **First Dates** Apprehensive content creator Mark meets a well-travelled romantic, while widow Susan steps back into the dating world after seven years alone, hoping to find laughter – and maybe love – again. (S)(R)(AD)
11.05 **TFI Friday Unplugged** New edition Chris Evans presents chat and music. (S)
12.10 AM FILM **Bad Teacher** Comedy starring Cameron Diaz, Justin Timberlake and Jason Segel. (S) (AD) (2011, 15, 95min) ★★★
1.45 **Ramsay's Hotel Hell** (S)(R)(AD)
2.35 **Sunday Brunch** (S)(R)
2.45 **Four in a Bed** (S)(R)
4.55 **to 6.00** AM **Couples Come Dine with Me** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Target:* 15/24. The author's daughter is kidnapped. (S)(R)
3.55 **Castle** *Hunt:* 16/24. Castle enlists the FBI and his father as he races to get Alexis back. With James Brolin. (S5) (S)(R)
4.50 **Love Nature** The work of a field officer for Whale and Dolphin Conservation. (S)(R)
5.00 **News** (S)
6.00 **Cumbria: The Lakes & the Coast** In Brampton, Michelin-starred chef Hrishikesh Desai reinvents his menu. (S)(R)
6.55 **News** (S)

10.30 Piers Morgan: Uncensored

7.00 **Scenic Ireland with Adrian Dunbar** 2/2. The actor explores Ireland's Ancient East, where he spends time with chef Richard Corrigan. (S)(R)
7.55 **News** (S)
8.00 **Draining the Thames: What Lies Beneath** Exploring London's history, learning how the city became a dominant centre in Europe through relics found in the River Thames. (S)(R)
9.00 **Flood: When the Thames Drowned London** Exploring one of the most devastating but little-known disasters in London's history, when the River Thames violently burst its banks in January 1928 and unleashed a torrent of destruction after melting snowdrifts and unrelenting rainstorms set the stage for chaos. (S)(R)
10.30 **Piers Morgan: Uncensored** Opinion-led news and debate show. (S)
12.05 AM **Police: Suspect No 1** An bystander is critically injured during a street brawl. (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Build Your Dream Home in the Country** Mark Millar helps a family in Somerset. (S)
3.20 **Friends** (S10) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S4) (S)(R)
9.00 **The Flash** 4/13. (S9) (S)(R)
10.00 **Will & Grace** (S7) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Wildlife ER** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** (S6) (S)(R)(AD)
5.00 **The Simpsons** *Like Father, Like Clown:* Lisa and Bart help Krusty find his father. (S)(R) **5.30** *Blood Feud:* Mr Burns receives a life-saving blood transfusion from Bart. (S)(R)
6.00 **The Office (US)** 7/22. Michael and Jan try to woo a potential new client. (S)(R) **6.30** 8/22. Michael gives the office staff a performance evaluation. (S2) (S)(R)

8.00 United States of Birmingham

7.00 **The Simpsons** *Lisa's Pony:* Homer buys Lisa a pony in a bid to prove his love for her. (S)(R) **7.30** *Saturdays of Thunder:* Homer tries to be a better father by helping Bart to build a go-kart. (S)(R)
8.00 **Joe Lycett's United States of Birmingham** 2/4. The comedian continues his American road trip by moving on to Ohio, the state with the highest concentration of Birminghams. (S)(R)(AD)
9.00 **Katherine Ryan: First Born Daughter** A stand-up special in which the comedian tackles marital dynamics, motherhood and media scandals, and answers audience dilemmas with no-holds-barred advice. (S)(R)
10.30 **The F1 Show** A look ahead to this weekend's Austrian Grand Prix, the eighth round of the season, staged at Red Bull Ring in Spielberg. (R)
11.30 FILM **Last Seen Alive** Thriller starring Gerard Butler. A man is driving his soon-to-be ex-wife to her parents' home when she mysteriously disappears. (S) (2022, 15, 120min) ★★★
1.30 AM **Grimm** 22/22. A horrifying discovery leaves Nick stunned and makes him determined to exact revenge. (S4) (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
9.00-10.00pm Ruth and Steve: From Porthcawl with Love (S)(R) **11.30** NEW Never Never Never (S) **11.50pm-12.15am** St Denis Medical New episode (S)(AD)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Taclo'r Ty (AD) **1.30** 3Cân **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cyfrinachau'r Llyfrgell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Gerddi Cymru **6.30** Garddio a Mwy **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Am Dro! **8.55** Newyddion a'r Tywydd **9.00** Tafwyl 2026 **10.00** Gwesty Aduniad **11.00** Strip **11.15-11.35pm** Strip

TV&Streaming week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 FILM **Early Man** Nick Park's animated adventure with the voice of Eddie Redmayne. A caveman tribe must learn to play football in order to regain its homeland from a conquering civilisation. (2018, PG, 87min) ★★★★
8.20 **Shaun the Sheep: The Shirleyverse** Shaun travels to a version of the farm where he does not exist.
8.35 **Wallace & Gromit: A Matter of Loaf and Death** The duo decide to open their own bakery.
9.05 **Ludwig** 1/6. Comedy drama starring David Mitchell. (S1)
10.05 **Amandaland** 1/6. Comedy spin-off starring Lucy Punch. **10.35** 2/6. Amanda is forced to sell her belongings at a local car boot sale. **11.00** 3/6. Amanda gets a job at Kichen's Kitchens and Bathrooms. (S1)
11.30 **Ellie & Natasia**
12.20 AM **Smoggie Queens**
1.45 **Ideal** 5-8/8. (S1)
3.40 **to 3.55** AM **Cable Tied**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 2000** Featuring Vengaboys, Steps, Shania Twain and John Lennon. **7.30** Performances by Artful Dodger feat Craig David and Pet Shop Boys.
8.00 **TOTP: 1983** Featuring Freeez, Rod Stewart, Elton John, Shakatak, H2O, Mike Oldfield and The Police.
8.35 **TOTP: 1979** Music from Thom Pace, Thin Lizzy, Bonnie Tyler and Squeeze.
9.10 **Words and Music: American Stories 1** US singer-songwriters recall how and when they wrote their signature song.
9.50 **James Taylor: In Concert** A concert from 1970 by the American singer-songwriter.
10.30 **Janis Ian: Old Grey Whistle Test** A 1976 concert by the American singer-songwriter.
11.20 **Acoustic at the BBC**
12.15 AM **TOTP: 2000**
1.15 **TOTP: 1983** As 8.00pm.
1.55 **TOTP: 1979** As 8.35pm.
2.30 **to 3.10** AM **Words and Music: American Stories 1**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
9.55 **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** From North Kingsfield Holiday Cottages in East Yorkshire. **4.50** Crackin' View Guest House in Northumberland. **5.20** The third visit of the week is to the Domo Boutique Hotel in Oldbury. **5.50** The final visit is to The Crown Inn in Gayton, Norfolk. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Catching up with two pairs of first-time buyers.
7.55 **PopMaster TV** Contestants from Leicester, Cleethorpes, Staffordshire, London and Ayr take part in the quiz.
9.00 **The Sommerdahl Murders** New episode 5&6/8. A world-class racehorse vanishes and the owner is violently murdered just before the Danish Derby, which leaves a Saudi Prince obsessed with owning racehorses as a suspect. Subtitled. (S4)
11.00 **24 Hours in A&E** Cameras follow junior doctor Ming as he carries out his first needle aspiration.
12.05 AM **24 Hours in A&E**
1.10 **999: On the Front Line**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Three couples compete in north Somerset.
8.00 **Ramsay's 24 Hours to Hell and Back** Double bill.
10.00 **Below Deck: Mediterranean**
11.00 **Modern Family**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **The Simpsons** *The Way We Weren't:* Homer tells the story of his first love. **7.30** *Dark Knight Court:* Mr Burns hopes to become a superhero.
8.00 **Below Deck: Mediterranean** New edition A betrayal leads to serious confrontations.
9.00 FILM **Venom: Let There Be Carnage** Fantasy sequel starring Tom Hardy and Woody Harrelson. (2021, 15, 97min) ★★★
10.55 **Open House: The Great Sex Experiment**
11.55 **Naked Attraction**
12.55 AM **Gogglebox**
2.00 **Below Deck: Mediterranean**
2.55 **Ramsay's Hotel Hell**
3.45 **Abbott Elementary**
4.10 **The Goldbergs**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Brit Cops: Law & Disorder**
11.00 **Chicago Fire** 16/22. (S13)
12.00 NOON **FBI** 9&10/22. (S7)
2.00 PM **The Rookie** 13/14. Nolan and Bradford hope they can de-escalate a drug war before any innocent lives are lost. (S3)
3.00 **Law & Order: Criminal Intent** 7/22. An aspiring author is murdered. (S7)
4.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM — **7.00** **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM — **8.00** **The Rookie** *The Roundup:* 5/20. The training officers and rookies are pitted against each other in a competition. (S1)

9 PM — **9.00** **Chicago Fire** *Kicking Down Doors:* 1/21. A new face causes tension, and rising chaos in the city brings new challenges. (S14)

10 PM — **10.00** **Law & Order: Special Victims Unit** *The Grid Plan:* 14/22. A tourist from the Midwest is attacked in Times Square. (S26)
11.00 **Matlock** 16/16. The team make a final push to bring Senior to justice. (S2)
12.00 M'T **FBI** 4&5/22. (S7)
2.00 AM **FBI: International** (S2)
3.00 **Road Wars**
4.00 **UK Border Force**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Hacks** 2&3/10. (S5)
11.15 **House of the Dragon** (S1)
12.25 PM **Deadwood** 5&6/12. (S3)
2.25 **Django** 2/10. (S1)
3.25 **House of the Dragon** 8/10. Rhaenyra tries to strike a bargain with Rhaenys. (S1)
4.40 **Gomorrah** 5/12. Ciro tries to avoid a gang war. Subtitled. **5.45** 6/12. A new breed of Camorrista emerges. (S2)
6.45 **The White Lotus** 6/8. Laurie feels deceived by Jaclyn. (S3)

11.30 Under Salt Marsh

7.55 **The White Lotus** *Killer Instincts:* 7/8. Rick confronts his suspected nemesis in Bangkok, Saxon questions Timothy's behaviour, and Laurie attends Muay Thai with Valentin. (S3)

9.00 **Prisoner** 1/6. A prison transport officer must team up with a killer after their convoy is ambushed on the way to court. (S1)

10.00 **The Last of Us** *When You're Lost in the Darkness:* 1/9. A survivor of a fungal outbreak is tasked with a mission. (S1)
11.30 **Under Salt Marsh** 4/6. (S1)
12.30 AM **Hacks** 2/10. Deborah appears at a fan convention. **1.05** 3/10. Deborah hits it off with Palmetto's new artist. (S5)
1.45 **The White Lotus** (S3)
4.10 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Salt...**
11.15 **Real Housewives of Orange...**
12.10 PM **Real Housewives of Cheshire** Reality series.
1.10 **Celebrity Catchphrase**
2.10 **The Floor USA**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of Orange County** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 **The Floor USA** New edition American version of the fast-paced, dramatic game show hosted by Rob Lowe.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 **Love Island** New edition Relationship-based reality show in which singletons hope to find love and win the £50,000 prize.

10.05 **Love Island: The Debrief** New edition With Shakira Khan and Yasmin Pettet.
10.35 **Family Guy** 17/22. Brian looks after a cantankerous elderly woman. (S3)
11.05 **Family Guy** 21/21. Peter comes to realise that Chris is utterly irresponsible. (S2)
11.35 **American Dad!** (S2)
12.35 AM **Bob's Burgers** (S13)
1.30 **Botched** Reality series.
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *A Vintage Murder:* Guests at a sparkling wine launch party fall victim to poisoning, and Barnaby must investigate a connection to a hit-and-run.
3.30 **Classic Emmerdale**
4.30 **Classic Coronation Street**
5.00 **LIVE World Series of Darts** Day one of the US Masters.

9.00 Agatha Christie's Poirot

7.00 **LIVE World Series of Darts** Continued coverage of the opening day of the US Masters, the fourth event of the series, held at the Infosys Theater at Madison Square Garden in New York, where the first-round matches take place.

9.00 **Agatha Christie's Poirot** *The Case of the Missing Will:* The sleuth sets out to solve the baffling murder of a Cambridge don.

10.05 **Law & Order: UK** *Crush:* 3/6. A man obsessed with a call girl is accused of her murder. Guest stars Greg Wise. (S5)
11.05 **Law & Order: UK** *Tick Tock:* 4/6. Two killers go on a shooting spree in London. (S5)
11.55 **Shetland** 1/6. Perez and the team investigate the murder of a young man. (S5)
1.15 AM **Shetland** 2/6. (S5)
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
7.00 **Magnum, PI**
8.05 **The Saint**
9.05 **Boon**
10.10 **The Champions**
11.20 **BattleBots**
12.25 PM **Magnum, PI**
2.35 **The Saint**
3.45 **Boon** *Do Not Forsake Me:* Ken is hired as a minder.
4.50 **The Champions**
5.50 **Minder** *The Immaculate Contraption:* A run of bad luck convinces Arthur he has incurred the wrath of God.

10.30 River Monsters

7.00 **LIVE Football: World Cup** Senegal v Iraq: Coverage of both teams' concluding Group I match held at Toronto Stadium in Canada. Having already faced two fancied teams in Norway and France, this contest may prove vital to both sides' chances of progressing. Kick-off is at 8.00.

10.05 **Goals of the 1990s** Memorable goals.
10.30 **River Monsters** Jeremy Wade visits the site of the Chernobyl disaster.
11.00 **The Motorbike Show**
12.00 M'T **The Best of the 90s**
12.15 AM **LIVE Football: World Cup** Cape Verde v Saudi Arabia: Both teams' concluding Group H match. Kick-off is at 1.00.
3.05 **The Best of the 80s**
3.15 **to 4.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Our Lives: The Secret Lives of Lighthouse Keepers** The teams who keep the nation's coastlines safe.
8.00 **My Epic Camel Adventure with Gordon Buchanan** Gordon crosses Mongolia's harsh Gobi desert by camel.
9.00 **Lena Zavaroni: The Forgotten Child Star** The story of the singer.
10.00 **Still Game** 4/6. Victor must decipher an answerphone message from his son. (S1)
10.30 **Two Doors Down** 1/6. Beth and Eric celebrate Ian and Gordon's anniversary. (S5)
11.00 PM **to 12.00** M'T **NEW TRNSMT 2026** Shereen Cutkelvin presents highlights of the festival.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S11)
9.00 **Sort Of** 7&8/8. (S1)
10.00 **Upright** 7&8/8. (S1)
11.15 **Will & Grace** (S5)
12.15 PM **The Rehearsal** (S1)
1.30 **Based on a True Story**
2.45 **Will & Grace** (S4)
3.45 **The Rehearsal** (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S5)
7.00 **Resident Alien** (S4)
9.00 **Nikki Glaser: Good Clean Filth** Stand-up.
10.15 **The Office Movers** 3/8. Shazam takes on an office relocation job. **10.45** 4/8. Students are late for locker moving day. (S2)
11.25 **Based on a True Story** 7/8. Ava realises that her obsession has become an addiction. **11.55** 8/8. Tory and Matt go on the run. (S2)
12.30 AM **Resident Alien** (S4)
1.25 **Community** (S3)
2.55 **The Rehearsal** 6/6. (S1)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Janine Jansen: Falling for Stradivari**
7.50 **Watercolour Challenge**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering: Hugh Grant**
12.00 NOON **Classic Movies**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Guy Garvey: From the Vaults**
4.00 **Discovering: Leonardo DiCaprio**
5.00 **Portrait Artist 2020**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **How the Beatles Changed the World**
10.15 **LennoNYC**
12.30 AM **Paul McCartney and Wings: One Hand Clapping** Documentary.
2.00 **The Rolling Stones: Welcome to Shepherd's Bush**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Classic Movies**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Border Patrol**
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 23/26. (S4)
5.00 **Stargate SG-1** (S7)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: The Next Generation** 25/26. (S3)
8.00 **Police 24/7** A double homicide at a hotel leaves officers looking for a suspect on the loose.
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S4)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **The Chase Celebrity Special** With Karim Zeroual, Christopher Biggins, Ellie Leach and Des Clarke.
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal**
6.00 **Lingo** Duos from Liverpool, Derbyshire and Leeds take part. **7.00** Pairs from Leeds Manchester and Stoke-on-Trent compete. **8.00** Professional entertainers, a pair of best friends and a couple compete.
9.00 **The Chase Celebrity Special** Adam Jones, Monica Dolan, Dom Wood and Dick McCourt take part for charity.
10.00 **Tipping Point** Triple bill.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.45 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Narrow Escapes**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **A Place in the Sun**
4.30 **Come Dine with Me**
7.00 **Dover 24/7: Britain's Busiest Port** Rock star Yungblud is at risk of missing his next gig.
8.00 **George Clarke's Beautiful Builds** The architect helps some frequent movers make their house a home.
9.00 **24 Hours in A&E** A man collapses at home with a suspected stroke. **10.00** A teenager comes in after being struck in the eye with an arrow.
11.05 **Celebrity Gogglebox**
1.05 AM **24 Hours in Police Custody – Sudden Death: Think Murder**
2.05 **Night Coppers**
3.05 **to 5.10** AM **Poisoned: Killer in the Post**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S2)
2.00 **Primeval** 6&7/7. (S4)
4.00 **Stargate SG-1** 17/22. (S6)
5.00 **Star Trek: Voyager** 15/26. Part one of two. The dreaded Borg return and present Seven of Nine with a chilling ultimatum. (S5)
6.00 **Star Trek: Enterprise** 12/26. The crew take refuge during a radioactive storm. (S2)

9.00 Small Town, Big Story

7.00 **Stargate Atlantis** *Michael:* 18/20. A soldier awakens in Atlantis with no memory of his past or identity. (S2)
8.00 **Stargate SG-1** *Disclosure:* 17/22. Ambassadors from Britain, France and China learn of the Stargate programme. (S6)
9.00 **Small Town, Big Story** *The White Ridge:* 1/6. Comedy drama starring Christina Hendricks and Paddy Considine. (S1)
10.00 **Grimm** *Double Date:* 15/22. Renard has a disturbing dream about getting shot, and wakes to find himself soaked in blood. (S4)
11.00 **The Walking Dead** 15/16. The group members realise that having a sheltered life may be impossible. (S5)
12.00 M'T **Primeval** 4&5/7. (S4)
2.00 AM **The Walking Dead** (S5)
3.00 **Small Town, Big Story** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S3)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 10/24. (S4)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S3)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S3)
4.00 **The Mentalist** 10/24. (S4)
5.00 **Hudson & Rex** 3/20. Superintendent Donovan transports an inmate who was his former partner. (S5)
6.00 **Father Brown** *The Enigma of Antigonish:* An ex-health spa employee is found murdered.

2.00 Murdoch Mysteries

7.00 **Unforgettable** *The Haircut:* 3/13. A young news reporter is killed after breaking a story about a sex scandal. (S3)
8.00 **Death in Paradise** *Murder on the Airwaves:* 7/8. A radio presenter is murdered live on air. With Richard Blackwood. (S8)
9.00 **Death in Paradise** *Until Death Do You Part:* 4/8. A hen party ends in tragedy when the bride-to-be is found dead. (S4)
10.00 **Father Brown** *The Penitent Man:* Flambeau is incarcerated under suspicion of murder.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S8)
1.00 AM **Hudson & Rex** (S5)
2.00 **Murdoch Mysteries** 7/13. A tiger from a travelling circus partially devours its female trainer. (S3)
3.00 **to 4.00** AM **So Help Me Todd**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.00 **The Green Green Grass**
9.35 **Are You Being Served?**
10.15 **Last of the Summer Wine**
11.35 **Porridge**
12.15 PM **Keeping Up Appearances**
12.55 **The Green Green Grass**
1.30 **Dad's Army**
2.10 **Ever Decreasing Circles**
2.50 **Are You Being Served?**
3.30 **Red Dwarf**
4.50 **Dad's Army**
5.30 **Last of the Summer Wine**
6.50 **Dad's Army**

11.15 Bottom

7.30 **Keeping Up Appearances** Hyacinth works at a charity shop and tries to impress Councillor Nugent.
8.05 **Red Dwarf** Lister meets an old flame thanks to an overlap of dimensions. **8.45** The ship's generator breaks down, sending the crew into a blind panic.
9.20 **Not Going Out** Lee's dad Frank moves in after an argument with his latest fancy woman.
10.00 **Red Dwarf** Lister is surprised to find he is starting to miss Rimmer. **10.35** The crew visit *Pride and Prejudice* world.
11.15 **Bottom** Richie and Eddie get trapped on a fairground ride that is due for demolition.
11.55 **Not Going Out**
12.30 AM **Men Behaving Badly**
1.05 **Bottom 2001: A*** Oddity Live** Comedy stage show.
3.00 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Gordon's Great Escape**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Cornwall**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Ireland with Simon Reeve**
4.00 **Hairy Bikers Everyday Gourmets** Creating a gourmet dinner for two on a budget.
5.00 **Rick Stein's Cornwall** Four editions, including at: **6.30** The chef creates his version of a Greek Horta pie.

10.00 Have I Got a Bit More...

7.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul head to North Uist.
7.40 **Would I Lie to You?** With guests Bez, Motsi Mabuse, Shazia Mirza and Steve Pemberton. **8.20** With Chizzy Akudolu, Simon Gregson, Michelle Visage and Henning Wehn.
9.00 **QI XL** The Rev Richard Coles, Sarah Millican and David Mitchell join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Diane Morgan hosts the current affairs quiz, with Desiree Burch and Matt Chorley.
11.00 **8 Out of 10 Cats** With guest panellists Kerry Godliman, Georgia Toffolo, Fin Taylor and Kiri Pritchard-McLean.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Tenko**
3.20 **Pie in the Sky**
4.20 **Lovejoy**
5.25 **Waiting for God**
6.00 **Last of the Summer Wine** Clegg, Truly and Billy try to help a broken-hearted man. **6.40** A hang-gliding enthusiast crashes down in the village.

9.00 Happy Valley

7.20 **Last of the Summer Wine** Truly and Clegg are enlightened in the wisdom of the East by an electrical handyman from Hull.
8.00 **Father Brown** *The Curse of the Aesthetic:* When a tortured artist is killed, the priest must discover who committed the crime.
9.00 **Happy Valley** 5/6. Royce is taken to a safe house and makes plans to move abroad, while Hepworth reports finding Joanna's body to the police. (S3)
10.20 **New Tricks** *London Underground:* Sasha is forced to work with her ex-husband when their teams investigate the mysterious deaths of a film critic and an artist.
11.40 **Silent Witness** *Fear:* Leo agrees to look into a mysterious death for an old friend.
1.55 AM **Lovejoy**
3.05 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Friday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15-17/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Watchdog:* 10/16. A case involving dog-fighting sends Gibbs past his breaking-point. **7.00** *Gut Punch:* 11/16. McGee, Torres and Bishop are assigned to Covid compliance duties. **8.00** *Sangre:* 12/16. Evidence from a stabbing leads Torres to meet his father. (S18)
9.00 **Beauty and the Beast** *Bridesmaid Up!* 9/22. Cat is invited to her father's wedding. **10.00** *Seeing Red:* 10/22. JT receives a visitor who wants to know about his research into mutant DNA. (S1)
11.00 **Law & Order: Special Victims Unit** (S12&11)
2.45 AM **Blue Bloods** (S10)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.01 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A cyclist is rushed into hospital after a head-on collision.
9.00 **999: Critical Condition** A man with a torn aorta, the main artery in the body, needs attention.
10.00 **A&E After Dark**
11.00 **The Surgeon**
12.00 M'T **Skin A&E**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Scam City**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
11.00 **FILM Rio Lobo** Civil War Western. (1970, PG, 110min) ★★★
1.25 PM **FILM True Grit** Vintage Western starring John Wayne. (1969, PG, 128min) ★★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Officers stakeout the Tyne Tunnel.
9.00 **Police: Night Shift 999** Police try to stop a suspected stolen car.
10.00 **Cops** New editions A man observed selling drugs hides a stolen gun. **10.30** A man steals his girlfriend's truck.
11.00 **The X-Files** 7/24. (S4)
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Grenfell**
1.00 PM **Antiques Road Trip**
3.00 **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
7.00 **DIY SOS: Grenfell**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets Lurcher Terri, who is terrified of the world and must learn to trust again. **9.00** Pete meets some newborn pups that are fighting to survive. **10.00** Pete helps a pregnant Malinois regain strength so she can care for her 11 lively puppies.
11.00 **Ghosts** Triple bill.
1.00 AM **Who Killed Jenni Rivera?** Documentary.
2.00 **to 3.00** AM **Hashtag Murder**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Secrets of the Transport Museum**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** Robbie Cumming returns to where his boating life began, exploring London's canals on *Naughty Lass*. **8.00** Robbie discovers a message in a bottle on the Ashby Canal. **9.00** Disaster strikes when the *Naughty Lass* collides with a low bridge.
10.00 **Bangers & Cash**
12.00 M'T **Classic Car Garage**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family: What Happened Next**
6.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** A collection of model soldiers.
8.00 **Antiques Road Trip**
9.00 **Rock the Block** New edition The teams design their garages, but tensions start to boil over.
10.30 **My Lottery Dream Home** A couple look for a home in Wilmot, Ohio.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S2)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 3&4/22. (S9)
1.00 PM **The Waltons** (S2)
4.00 **Little House on the Prairie** 5&8/22. (S9)
6.00 **Ballykissangel** (S5)
7.00 **M*A*S*H** 3/25. Hot Lips tells the 4077th about her engagement. **7.30** 4/25. Hawkeye is temporarily blinded. **8.00** 5/25. Radar is promoted to lieutenant. **8.30** 6/25. Nurse Baker enjoys a second honeymoon. (S5)
9.00 FILM **Big** Comedy starring Tom Hanks and Elizabeth Perkins. (1988, PG, 102min) ★★★★★
11.15 **M*A*S*H** 3-6/25. (S5)
1.15 AM **Rising Damp**(S2)
1.55 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM FILM **We Dive at Dawn** Drama. (1943, b/w, U, 97min) ★★★
11.30 **Tombstone Territory**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **Wanted: Dead or Alive** Double bill.
3.00 FILM **Destry Rides Again** Western. (1939, b/w, PG, 94min) ★★★★★
5.05 FILM **Stonados** Thriller. (2013, PG, 90min) ★
7.00 FILM **Black Water** Thriller starring Jean-Claude Van Damme. (2018, 15, 104min) ★★
9.00 FILM **Hamburger Hill** Action drama. (1987, 18, 108min) ★★★★
11.20 FILM **Battle for the Skies** Wartime drama. (2013, 15, 98min) ★★
1.30 AM **Dragon Ball Super**
2.30 **Coast Guard Alaska**
3.15 FILM **Meteor Storm** Thriller. (2010, 12) ★
4.50 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Family History Mysteries: Buried Past** Thriller. (2023, PG, 84min) ★★
10.05 **In Plain Sight** 6/15. (S2)
11.05 **Castle** 12/24. (S3)
12.05 PM FILM **Flower Shop Mystery: Snipped in the Bud** Drama sequel. (2016, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 13/24. (S3)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** 7/15. (S2)
10.00 **Hailey Dean Mysteries** Drama with Kellie Martin.
11.55 FILM **Fixer Upper Mysteries: Deadly Deed** Crime drama. (2018, PG, 90min) ★★
1.50 AM FILM **Killer Contractor** Thriller. (2019, 12, 84min) ★★
3.25 **to 5.00** AM FILM **Born and Missing** Thriller. (2017, PG, 90min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Memories of Christmas** (2018) ★★
10.05 FILM **Rocky Mountain Christmas** (2017) ★
12.00 NOON FILM **Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
2.00 PM FILM **The Santa Squad** Romantic drama. (2020, PG, 90min) ★★
4.00 FILM **A Very Corgi Christmas** Comedy. (2019, PG, 90min) ★
6.00 FILM **12 Pups of Christmas** Romance. (2019, PG, 85min) ★★
7.55 FILM **Christmas à la Carte** Romantic drama. (2021, PG, 86min) ★★
9.55 FILM **Our Christmas Love Song** Comedy. (2019, U, 100min) ★★
11.45 FILM **A Storybook Christmas** Comedy. (2019, PG, 83min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Santa Squad** (2020)

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
1.00 PM **My Floating Home**
2.00 **Love Your Garden**
3.00 **New Home DIY**
4.00 **Country House Auction**
5.00 **My Floating Home**
6.00 **Love Your Garden**
7.00 **Yorkshire by the Sea**
8.00 **Garden Rescue** Flo and Lee transform an awkward shaped plot into a Cypriot paradise. **9.00** Charlie Dimmock and Chris Hull tackle a strange-shaped garden in Taunton, Somerset.
10.00 FILM **The Playbirds** Sex thriller starring Mary Millington as a brave policewoman who is prepared to risk her own life to catch a murderer. (1978, 18, 94min) ★
2.00 AM FILM **Deadly Recruits** Spy thriller starring Terence Stamp. (1986, PG, 92min) ★★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor at Large**
10.30 **Two's Company**
11.00 **The Fenn Street Gang**
11.30 **Agony** 5/7. (S3)
12.00 NOON **Randall and Hopkirk (Deceased)**
1.00 PM **Hallelujah** (S2)
1.30 **The Gaffer** 2/6. (S1)
2.00 **Father Brown**
3.10 **We Had One of Those**
3.20 **Boon** 2/13. (S4)
4.25 **Further Out of Town**
5.00 **Stereo Underground**
6.00 **The Gaffer** 2/6. (S1)
6.30 **Only When I Laugh**
7.00 **Two's Company** (S3)
7.30 **Doctor at Large** (S1)
8.00 **Randall and Hopkirk...**
9.00 **Drop the Dead Donkey**
10.00 FILM **The Cut-Throats** Adventure. (1971, 18) ★★
11.35 FILM **Hot Girls for Men Only** (1967, 18) ★★
12.25 AM **Stereo Underground**
1.25 **70s vs 80s Rewind Hits**
2.25 **Rewind Time Machines**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures with Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** An orca leads the *Cornelia Marie* to the best pots. **8.00** The deadliest harbour in the Bering Sea is the only open port.
9.00 **Helicopter ER**
10.00 **Animal Cops Philadelphia**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid: Alone** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **The Hairy Bikers' Comfort Food**
8.00 **Delicious Miss Brown**
9.00 **Jamie Oliver: Together**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Rachel Allen's Cake Diaries** As 8.30pm.
1.00 **James Martin's French Adventure** Double bill.
3.00 **The Hairy Bikers' Comfort Food**
4.00 **The Pioneer Woman**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Rachel Allen's Cake Diaries** Snacks for keeping a house full of boys from getting hungry.
9.00 **River Cottage Every Day**
10.00 **Nadiya's Simple Spices**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 3/28. (S1)
9.00 **T.J. Hooker** 21/23. (S4)
10.00 FILM **Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
11.00 FILM **Mega Storm: Days of Destruction** Thriller. (2011, PG, 89min) ★★
1.00 PM FILM **Sahara** Drama. (1943, b/w, PG) ★★★★
2.55 FILM **Donovan's Reef** Comedy. (1963, U) ★★★
5.00 **Star Trek** 5/24. (S3)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 15/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Shanghai Job** Crime action thriller. (2017, 15, 95min) ★★
11.00 FILM **Rise of the Footsoldier Part II** Thriller. (2015, 18) ★
1.15 AM FILM **Dead Man Running** Thriller. (2009, 15, 92min) ★★★
3.05 **to 5.00** AM FILM **Daylight Robbery** Thriller. (2008, 15) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Malibu Shark Attack** Disaster movie. (2009, 15, 90min) ★★
11.00 **Andromeda** 6/22. (S3)
12.00 NOON FILM **Against a Crooked Sky** Western. (1976, PG, 85min) ★★
2.00 PM FILM **Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Troy: The Odyssey** Fantasy with Dylan Vox. (2017, PG, 90min) ★★
7.00 **Andromeda** 7/22. (S3)
8.00 **The A-Team** 2/23. (S2)
9.00 FILM **Stealth** Action thriller starring Josh Lucas and Jessica Biel. (2005, 12, 121min) ★★
11.30 FILM **The Outsider** Action thriller. (2014, 15, 94min) ★★
1.30 AM FILM **Jack's Back** Crime action thriller. (1988, 18, 93min) ★★
3.20 FILM **Troy: The Odyssey**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Oldham.
6.45 **Pawn Stars**
7.30 **Money for Nothing**
8.25 **Junk & Disorderly**
9.20 **Storage Wars Canada**
1.05 PM **Pawn Stars**
2.05 **Junk & Disorderly: Henry's Wreck-trospective**
3.05 **Money for Nothing**
4.05 **Ancient Aliens**
5.00 **Alien Files: Unsealed**
6.00 **Storage Wars Canada**
7.00 **Money for Nothing**
8.00 **Dickinson's Real Deal**
9.00 **Chaos Uncut**
10.00 **Weird Britain**
11.00 **The UnXplained with William Shatner**
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **Alien Files: Unsealed**
2.00 **The Proof Is Out There**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Amazing Railway Adventures with Nick Knowles** From Vietnam.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Around the World by Train with Tony Robinson** From Helsinki.
5.05 **Britain's Greatest Bridges** Tyne Bridge.
6.00 **Secrets of the Sun with Dara O Briain**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Taggart** *Apocalypse:* The activities of a religious cult prompt Jardine and Reid to investigate a series of murders.
11.45 **Ellis** 3/3. (S1)
1.45 AM **The Yorkshire Vet**
2.40 **Amazing Railway Adventures with Nick Knowles** From Norway.
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** Quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **The Chase Celebrity Special** A *Coronation Street* edition of the quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
2.00 **The Chase Celebrity Special** Quiz special.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Georgie and Mandy's First Marriage**
8.00 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Georgie and Mandy's First Marriage**
3.00 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 5/24. Amy takes a job at the university. **8.30** 6/24. Sheldon makes a scientific breakthrough. (S7)
9.00 **90 Day Fiancé** New edition Debby awaits news of Mido's arrival, Josh confronts Catie about her party girl ways, and Paula manifests her fiancé.
11.00 **Dr Pimple Popper**
12.00 M'T **Mike & Molly**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean** (S1)
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 15-20/25. (S7)
12.55 PM **Impractical Jokers**
1.20 **Friends** (S10&1)
7.00 **Friends** 5/24. Rachel goes to a launderette. **7.30** 6/24. Chandler dates a married woman. **8.00** 7/24. New York City faces a blackout. **8.30** 8/24. Ross and Monica's grandmother dies twice. (S1)
9.00 **Michael McIntyre: Happy & Glorious**
10.00 **Fern Brady: Power & Chaos** Stand-up show.
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
2.10 **Teachers** 17/20. (S3)
2.40 **Utopia** 5/8. (S5)
3.15 **Reno 911!**
3.35 **Key & Peele**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 13&14/25. (S7)
6.50 **Rosie Jones Tries to Help** With Ivo Graham.
7.00 **Teleshopping**
9.00 **Michael McIntyre's The Wheel** With Phil Tufnell.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 6-9/24. (S1)
1.00 PM **Criminally Funny**
2.30 **Most Ridiculous**
3.30 **Friends** 15/25. (S6)
4.00 **Whose Line Is It Anyway? USA**
5.00 **Michael McIntyre's The Wheel** With Phil Tufnell.
6.00 **Most Ridiculous**
7.00 **Everybody Loves Raymond** 15-18/25. (S7)
9.00 **Friends** Eight episodes.
1.00 AM **Lee Evans Live: The Different Planet Tour**
2.30 **Michael McIntyre's...**
3.20 **Luisa Omielan: Comedy Central Live**
3.45 **New Girl** 18-21/23. (S3)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 42

8.00 AM **Highlights**
10.10 **Bread** 3/14. (S5)
10.45 **Steptoe and Son** (S6)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 8/13. (S2)
2.45 **Minder** 3/13. (S2)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 2/14. (S5)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s: Best Music Live!**
6.05 **Rising Damp** 1/8. (S2)
6.40 **Steptoe and Son** (S6)
7.15 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 5/13. (S8)
9.00 **Benidorm** 7&8/9. (S2)
9.55 **Shameless** 6/11. (S2)
10.55 **Man About the House**
11.25 **Mind Your Language**
12.00 M'T **Benidorm** (S2)
12.55 AM **Minder** 1/13. (S2)
1.55 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Judge Judy**
10.30 **Dallas Cowboys Cheerleaders**
11.30 **Catfish: The TV Show**
2.00 PM **Catfish: Worst Offenders**
3.00 **Catfish: The TV Show**
4.00 **Judge Judy**
6.00 **Help! I'm in a Secret Relationship!**
7.00 **Beauty and the Geek Australia** The geeks all get their long-awaited transformations.
8.30 **Judge Judy**
9.00 **MTV Unplugged**
10.00 **Tattoo Fixers** Alice reworks dog-lover William's cover.
11.00 **Geordie Shore**
12.00 M'T **Ink Master: Angels**
1.00 AM **Ink Master**
2.45 **Caught in the Act: Double Life**
3.35 **to 4.00** AM **Just Tattoo of Us USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Maine Cabin Masters**
1.00 PM **Crikey! It's the Irwins**
3.00 **How It's Made: Dream Cars** Four editions, including at: **4.30** A Maserati Quattroporte.
5.00 **Alaska: Homestead Rescue** The Raneys help a North Carolina couple mend their ramshackle cabin. **6.00** Arctic temperatures and a hungry grizzly wreak havoc on a homestead.

9.00 Expedition Files

7.00 **Kindig Customs** Dave and Kev are back East, checking out the oddball cars at the Syracuse Nationals car show.
8.00 **Gold Rush: Mine Rescue with Freddy & Juan** Exposing the truth behind the pitfalls of gold-hungry miners.
9.00 **Expedition Files** New edition Exploring hidden truths within three cases where answers stayed buried for years.
10.00 **Bigfoot Took Her** The search for Theresa takes a dramatic turn as new evidence emerges.
11.00 **Expedition X** Heather and Phil continue their study of Nazi occult activity in Poland.
12.00 M'T **Caught!** Double bill.
1.00 AM **Expedition Files**
2.00 **Bigfoot Took Her**
3.00 **Edge of Alaska** The battle for McCarthy wages on.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked: Unfiltered**
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Helping the owners of a feline glutton. **4.00** A couple's relationship is threatened by a violent feline.
5.00 **Lone Star Law** The wardens go in search of a poacher.
6.00 **Dr Jeff: Rocky Mountain Vet** Seven bad-tempered chickens arrive at the clinic.

6.00 Dr Jeff

7.00 **Treehouse Masters** Pete Nelson designs private treetop escapes for those who wish to reconnect with nature.
8.00 **Intruders** In Kansas City, a single mother is hit by a series of horrifying animal invasions.
9.00 **Alaska: The Last Frontier** Eivin takes his son Findlay on his first hunt, while Jane and Atz Lee fish for pike in the wilderness.
10.00 **Alaskan Bush People** An unexpected visit from the mayor of a nearby island could change the face of Browntown for ever.
11.00 **The Haunted** A mother and daughter see a ghostly man.
12.00 M'T **Crikey! It's the Irwins** The family set out to release an endangered sea turtle.
1.00 AM **Speed of Life**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
9.00 **Extreme China**
10.00 **Engineering Europe**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Seconds from Disaster** Documentary.
1.00 PM **Air Crash Investigation**
2.00 **Inside the SS** Double bill.
4.00 **Lost Treasures of Egypt** New edition Highlights.
5.00 **Mega Volcano: Drain the Oceans** Geological forces in the Pacific's Ring of Fire
6.00 **World War II: Secrets from Above** Battle of the Atlantic.

10.00 Disaster Autopsy

7.00 **Air Crash Investigation** Investigating the case of a plane that crashed into a neighbourhood in Sao Paulo, Brazil.
8.00 **Air Crash Investigation** Dramatic reconstruction of the China Airlines flight that came close to disaster in February 1985.
9.00 **Air Crash Investigation** Investigators uncover two key factors that led to an Illinois turboprop's crash.
10.00 **Disaster Autopsy** Highlights from the series in which investigators use new tech to retrace three structural disasters.
11.00 **Air Crash Investigation**
12.00 M'T **Engineering by Catastrophe** Documentary.
1.00 AM **Airport Security: Rome**
2.00 **Car S.O.S** A rare 1989 Ultima.
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
6.30 **Pawn Stars** Four editions.
10.10 **Storage Wars**
12.00 NOON **History's Greatest Aircraft** The Junkers Ju 52.
1.00 PM **Ancient Aliens**
2.00 **Hardcore Pawn** Eight editions of the series, including at: **5.00** Seth plots to empty the overflowing warehouse. **5.30** From the Woodward Dream Cruise classic car event.
6.00 **American Pickers** Mike meets a Connecticut picker with major inventory.

10.00 Ancient Aliens

7.00 **Forged in Fire** Visits to bladesmiths in their home forges, starting with a trip to Texas.
8.00 **Secrets of Great British Castles** Dan Jones explores the turbulent history of six of Britain's most famous castles.
9.00 **Royal B**tards: Rise of the Tudors** As the bloody civil wars rage on, Margaret keeps hold of her lands and her life.
10.00 **Ancient Aliens** New edition Engineering that some consider to be extraterrestrial, including the temples of Malta.
11.00 **Ancient Aliens** How across the globe, reports of mysterious glowing orbs are on the rise.
12.00 M'T **Ancient Aliens** The work of astronomer J Allen Hynek, best known as the notorious government UFO debunker.
12.55 AM **Hardcore Pawn** Eight editions of the series.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Jon Voight**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.10 **Rolling Stone: Stories from the Edge** 6/6. Documentary.
12.00 NOON **Wirecard: A Billion Euro Lie** Documentary.
2.00 PM **King of Lies: Football's Greatest Con** Documentary.
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Jon Voight**
6.00 **UFO** 4/4. Documentary.

9.00 The Alien Autopsy Scandal

7.00 **McEnroe** Former tennis star John McEnroe gives an account of his triumphs, struggles, friendships and rivalries. With contributions by Patty Smyth, Billie Jean King and Bjorn Borg.
9.00 **The Alien Autopsy Scandal** Series finale 3/3. Growing claims that the video was a hoax.
10.00 **FILM Gascoigne** Documentary about Paul Gascoigne, featuring an interview with the former footballing superstar and archive footage of his greatest moments. (2015, 15, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **The Two Escobars**
1.50 AM **Pantani: The Accidental Death of a Cyclist** The rise and fall of Marco Pantani.
3.50 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: Jon Voight**

Friday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **Johnny Vegas' Little Shop of Antiques**
2.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** The team find *Vogue* clothing patterns.
6.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
8.00 **Angus Ashworth: Yorkshire Heritage Hero** Angus becomes a trainee butler at historic Scampston Hall.
9.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes... Lancashire**
10.00 **Disappeared**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Lady Killers**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 NEW SERIES **People Magazine Investigates: Surviving a Serial Killer**
10.00 **People Magazine Presents: Crimes of the 2000s** New edition The coastguard finds a couple's empty boat.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The story of the disappearance of Bennylyn Burke and her young daughter.
8.00 **UK Crime Files: Murder in the Family** The case of actor Gemma McCluskie.
9.00 **UK Crime Files: Killer Commadore** The story of Paul Longworth.
10.00 **Murder by the Sea** A look at the story of a murder who mistakes a doctor for a vicar.
11.00 **Donal MacIntyre's UK Killer Evidence**
12.00 M'T **UK Crime Files: Murder in the Family**
1.00 AM **UK Crime Files: Killer Commadore**
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Getting Away With Murder** Documentary.
9.55 **UK Crime Files: The Road Rage Killer**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Merseyside Wheelchair Murderer** Linda Anders.
3.00 **UK Crime Files: The Blackpool Poisoner**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A tragedy on a boat sees the captain drown. **5.30** A wealthy real-estate tycoon is killed. **6.00** An American tourist is killed in Mexico. **6.30** The police struggle to solve the case when a banker's wife vanishes.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Caught Red Handed**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **What the Killer Did Next** Nicola Stephenson.
5.00 **Killer in My Village**
6.00 **Murders That Shocked the Nation** John Christie.
7.00 **Britain's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **How I Caught the Killer**
10.00 **The Real CSI: Miami**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Ireland's Most Evil Killers** Eric Locke.
2.00 **Murdered at First Sight**
3.00 **Britain's Most Evil Killers**
4.00 **Britain's Longest Road**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Los Angeles: Stories from the City**
9.15 **Independence Dawn**
11.00 **Revolutionary War Weapons**
12.05 PM **The Bush Years: Family, Duty, Power**
1.00 **Grand Tours of the Scottish Islands**
1.40 **Los Angeles: Stories from the City**
2.50 **Independence Dawn**
4.40 **The Bush Years: Family, Duty, Power**
5.35 **Los Angeles: Stories from the City**
6.50 **Revolutionary War Weapons**
7.55 NEW **Independence Dawn** Documentary.
9.50 **The Bush Years: Family, Duty, Power**
10.50 **Revolutionary War Weapons**
12.00 M'T **The M Factor: Shredding the Silence on Menopause**
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School**
9.00 **Big Cats Small World**
10.00 **Arabian Inferno**
11.00 **Africa's Hunters**
12.00 NOON **Loons: A Cry from the Mist** Documentary.
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Big Cats Small World**
4.00 **Arabian Inferno**
5.00 **Africa's Hunters**
6.00 **Kui Buri: Thailand's Hidden Eden** Documentary.
7.00 **Monkey Life** Double bill.
8.00 **Malawi Wildlife Rescue**
9.00 **Wildlife ER** Mara the koala needs a life-saving operation.
10.00 **The Island of Giants**
11.00 **Africa's Hunters**
12.00 M'T **A Wild Year on Earth**
1.00 AM **Hope for Wildlife**
2.00 **Malawi Wildlife Rescue**
3.00 **Wildlife ER** As 9.00pm.
4.00 **Orangutan Jungle School**
5.00 **to 6.00** AM **Big Cats Small World**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
9.00 **Combat Ships**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Combat Ships**
5.00 **Combat Trains**
6.00 **Ultimate Mysteries**
7.00 **Crimes That Shook Britain** The 1989 *Marchioness* disaster, when a pleasure boat collided with a dredger ship on the River Thames, killing 51 partygoers.
8.00 **Hitler's Coup 1923** The infamous Beer Hall Putsch of November 1923, an attempt by Adolf Hitler to take power in Germany by force. Though it failed, it was a day that would change the world for ever, birthing Hitler's regime.
9.00 **Alien Corridors** Patterns in UFO sightings in Alaska.
10.00 **Evidence of the Unexplained**
11.00 **Ancient Aliens**
1.00 AM **Crimes That Shook Britain**
2.00 **Combat Ships**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **Killers of the Cosmos**
9.00 **How the Universe Works**
11.00 **Alaska Mega Machines**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars**
9.00 **Mummies Unwrapped** A mummified body recovered at the bottom of the Atlantic Ocean leads treasure hunters to $120million in gold and jewels stolen by infamous pirate, Black Sam. **10.00** Archaeologist Ramy Romany investigates an underwater grave in the ancient Mayan city of Mayapan, where the buried may have been victims of human sacrifice.
11.00 **Cooper's Treasure** Darrell visits a valuable shipwreck Gordon Cooper recorded 50 years ago. **12.00** M'T Hiring a crew to pursue the treasure presents a new danger for Darrell.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Codes and Conspiracies**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Nightmare in Suburbia**
2.00 PM **Green Eyed Killers**
3.00 **Sin City Murders**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Green Eyed Killers** New edition What happens when jealousy turns deadly.
9.00 **NEW SERIES K9 PD with Jim Belushi** Police dogs in action. **9.30** New editions A dog accompanies a SWAT team. **10.00** A rookie dog goes on active duty for the first time. **10.30** A dog corners a suspect hiding deep in a ravine.
11.00 **Crime in Progress**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Exotic Animal ER**
10.00 **Monster Fish**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Snakes in the City**
2.00 **World's Deadliest Whale**
3.00 **Fish Tank Kings**
4.00 **Secrets of the Zoo**
5.00 **To Catch a Smuggler**
6.00 **Yukon Vet** The team assess a pair of jaguars at a wildlife sanctuary in Costa Rica.
7.00 **Secrets of the Zoo: Tampa** Malaysian tiger Kalu checks out her new habitat.
8.00 **Killer Safari** Footage of animals fighting to protect their young. **9.00** An elephant charges through the bush with a lion dangling from its tusks.
10.00 **Lawless Island**
11.00 **To Catch a Smuggler**
12.00 M'T **Dutch Caribbean Coastguards** Documentary.
1.00 AM **Animals Gone Wild**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Fish Tank Kings**

Discovery History

161/172 147 181

7.00 AM **Thai Cave Rescue**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The dangers of exploding stars, colliding galaxies and nebula shockwaves.
1.00 PM **NASA's Unexplained Files**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Thai Cave Rescue** The efforts of a team of cave divers to save 12 boys and their football coach stranded in a flooded cave in Thailand in 2018.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Indian Ocean with Simon Reeve** Double bill.
11.00 **The Tea Trail with Simon Reeve**
12.00 NOON **The Coffee Trail with Simon Reeve** Documentary.
1.00 PM **Indian Ocean with Simon Reeve** Double bill.
3.00 **The Tea Trail with Simon Reeve**
4.00 **The Coffee Trail with Simon Reeve** Documentary.
5.00 **Bread** 5/14. Billy discovers that Julie has a new lover. **5.40** 6/14. Billy tries to make Julie jealous, and Jack gets a bumper wage packet. **6.20** 7/14. Joey's loyalty to the family drives a wedge between him and Roxy. **7.00** 8/14. Freddie is torn between his loyal wife and the passionate Lilo Lill. **7.40** 9/14. Jack inherits his deceased employer's dog. **8.20** 10/14. Oswald is confused by Aveline's transformation into a career woman. (S6)
9.00 **Bread** (S6)
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Murder Tapes**
12.00 NOON **Where Murder Lies**
1.00 PM **American Monster**
3.00 **Evil Lives Here**
7.00 **Does Murder Sleep?** The case of Greg Fleniken, who was found dead in a Texas hotel in 2010. **8.00** The case of 61-year-old Wendy DiRodio, who in 2009 was murdered at home.
9.00 **The Real Murders on Elm Street** After a three-year-old whispers 'mommy's dead', police find a massacre on Elm Street. Two boys survive – but the killer crosses state lines to strike again.
10.00 **Spooked Scotland** Gail Porter is joined by medium Chris Fleming and a team of experts to explore Scotland's rich history of hauntings and the supernatural.
11.00 **Paranormal Lockdown UK**
12.00 M'T **Portals to Hell**
1.00 AM **Kindred Spirits**
2.00 **Evil Lives Here**
4.00 **to 6.00** AM **Does Murder Sleep?**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **World's Biggest Shipbuilders**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Iron Resurrection**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Iron Resurrection** 2/2. Joe gets to work on his 1960 Impala.
9.00 **Outback Truckers** Steve Grahame is desperate to cross a remote river before wild weather sets in.
10.00 **British Superbikes**
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Iron Resurrection**
1.00 AM **Richard Hammond's Workshop** Anthony is told to attend a mechanics boot camp.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

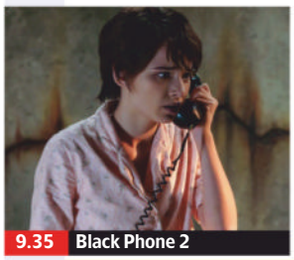
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **No Ordinary Heist** Thriller. (2026, 15, 99min) ★★★
8.40 **LifeHack** As 4.15pm.
10.30 **The SpongeBob Movie: Search for SquarePants**
12.15 PM **Dead Man's Wire** (2025)
2.15 **Carolina Caroline** As 7.45pm.
4.15 **LifeHack** Thriller with Georgie Farmer. (2025, 15, 97min)
6.00 **The SpongeBob Movie: Search for SquarePants** Animated family adventure. (2025, PG, 88min) ★★★



9.35 Black Phone 2

7.45 Carolina Caroline Crime thriller starring Samara Weaving and Kyle Gallner. A young woman joins a charismatic con man on the run. (2025, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Black Phone 2 Thriller sequel starring Ethan Hawke. The survivor of a serial killer attempts to stay alive when the vengeful psychopath he thought he killed returns. (2025, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Fuze** Thriller starring Aaron Taylor-Johnson and Theo James. An unexploded bomb is discovered on a buidling site in the centre of London (2026, 15, 97min) ★★★
1.10 AM **Him** Supernatural horror with Marlon Wayans and Tyriq Withers. (2025, 18, 96min)
2.50 **Dead Man's Wire** Thriller with Bill Skarsgård and Al Pacino. (2025, 15, 104min) ★★★★
4.40 **to 6.40** AM **Carolina Caroline**

Sky Cinema Ultimate Action

303 303 403 503 517

7.40 AM **The Long Kiss Goodnight** Thriller starring Geena Davis. (1996, 18, 120min) ★★★★
9.45 **The Running Man** (2025)
12.05 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.05 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
4.05 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
5.50 **Bullet Train** Comedy thriller with Brad Pitt and Joey King. (2022, 15, 127min) ★★★★

10.20 Demolition Man

8.00 The Running Man Director Edgar Wright's comedy thriller based on the Stephen King story, starring Glen Powell and Lee Pace. Desperate to save his sick daughter, a man enters a deadly televised competition. (2025, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Demolition Man Sci-fi action thriller starring Sylvester Stallone, Wesley Snipes and Sandra Bullock. A disgraced cop is released from cryogenic imprisonment into a pacifist future to catch an escaped criminal. (1993, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Fight or Flight** Action thriller starring Josh Hartnett. (2025, 15, 98min) ★★★
2.10 **The Mechanic** As 4.05pm.
3.55 **to 6.00** AM **The Meg** Action thriller starring Jason Statham. (2018, 12, 113min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.35 AM **Plainclothes** As 1.50am.
9.20 **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
11.50 **Black Dog** As 3.35am.
1.50 PM **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
4.00 **Jackie** Biographical drama. (2016, 15, 100min) ★★★★
5.50 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★

8.00 **Regretting You** Comedy drama starring Allison Williams, Mckenna Grace and Dave Franco. (2025, 12, 116min) ★★★
10.05 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min) ★★★★
12.05 AM **Babylon** Ground-breaking British drama starring Brinsley Forde. (1980, 15, 94min) ★★★

1.50 **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
3.35 **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
5.35 **to 7.45** AM **Cookster: The Darkest Days** Drama. (2024, 15, 119min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **Man Finds Tape** Horror. (2025, 15, 84min) ★★★★
9.25 **M3GAN 2.0** Sci-fi thriller sequel. (2025, 15, 120min) ★★★
11.35 **Annabelle** Horror thriller. (2014, 15, 97min) ★★
1.25 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
3.25 **Interview with the Vampire** Horror with Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★

5.40 **Van Helsing** Fantasy adventure starring Hugh Jackman, Richard Roxburgh and Kate Beckinsale. (2004, 12, 132min) ★★★
8.00 **Mickey 17** Sci-fi comedy starring Robert Pattinson. In 2054, criminal Mickey Barnes agrees to be reprinted every time he perishes, but eventually meets a copy of himself. (2024, 15, 137min) ★★★
10.20 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★

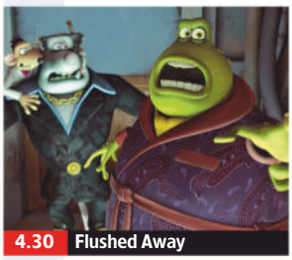
12.30 AM **Bring Her Back** Mystery thriller starring Sally Hawkins. (2025, 18, 104min) ★★★★
2.20 **The Running Man** Adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
4.05 **to 6.10** AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Daddy Day Care** (2003)
7.40 **The Last Airbender** Fantasy. (2010, PG, 103min) ★★
9.25 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
11.15 **Sonic the Hedgehog 3** Fantasy. (2024, PG, 110min) ★★★
1.10 PM **The Lego Movie** Animation. (2014, U) ★★★★★
2.55 **Pets on a Train** (2025) ★★★
4.30 **Flushed Away** (2006) ★★★★
6.00 **Paddington** Family comedy. (2014, PG, 95min) ★★★★★


4.30 Flushed Away

7.45 **Smallfoot** Animated adventure featuring the voice of Channing Tatum. An epic journey ensues when a Yeti stumbles across a human being. (2018, U, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Pokemon: Detective Pikachu** Fantasy with the voice of Ryan Reynolds. A student sets out to find his missing detective father by teaming up with a wise-cracking talking Pikachu. (2019, PG, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Bee Movie** Animated comedy. (2007, U, 91min) ★★★
1.05 AM **Pets on a Train** Animation. (2025, PG, 87min) ★★★
2.40 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
4.15 **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
5.35 **to 7.15** AM **Daddy Day Care** Comedy. (2003, PG) ★★★

Sky Cinema Action

306 306 407 507 521

6.45 AM **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. (2025, 15, 89min) ★★★
8.30 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★
10.40 **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★
12.45 PM **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
3.10 **Troy** Epic historical drama. (2004, 15, 163min) ★★★
6.00 **Fuze** Thriller with Theo James. (2026, 15, 97min) ★★★

11.00 The Warriors

8.00 **Mission: Impossible – The Final Reckoning** Action thriller starring Tom Cruise. Ethan Hunt and the IMF team race to find the Entity, a rogue AI that can destroy mankind. With Hayley Atwell, Ving Rhames, Simon Pegg, Esai Morales and Pom Klementieff. (2024, 12, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Warriors** Urban thriller starring Michael Beck. (1979, 15, 94min) ★★★
12.50 AM **William Tell** Historical drama starring Claes Bang and Connor Swindells. (2025, 15, 133min) ★★★
3.15 **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
5.35 **to 7.30** AM **Drunken Master II** Action comedy sequel. (1994, 12, 102min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **Running on Empty** Comedy. (2024, 15) ★★★
8.00 **Coyotes** As shown at 1.35am.
9.35 **Mean Machine** (2001, 15) ★★
11.20 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
1.10 PM **About Last Night** Comedy remake. (2014, 15, 98min) ★★
2.55 **American Reunion** (2012) ★★
4.50 **American Pie: The Wedding** Comedy sequel. (2003, 15) ★
6.30 **Police Academy 3: Back in Training** Comedy. (1986, PG) ★

10.10 Sex Tape

8.00 **Bridget Jones: Mad About the Boy** Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget enters the dating game once again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. A couple try to spice up their marriage by filming themselves having sex. (2014, 15, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Hangover Part III** Dark comedy sequel with Bradley Cooper. (2013, 15, 100min) ★★
1.35 AM **Coyotes** Comedy thriller. (2025, 15, 100min) ★★★
3.15 **Bridget Jones: Mad About the Boy** As 8.00pm.
5.25 **to 7.10** AM **The Whole Nine Yards** Black comedy thriller. (2000, 15, 101min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Sky Cinema Preview**
7.00 **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
9.00 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
11.15 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★
1.25 PM **Lethal Weapon 4** Thriller. (1998, 15, 128min) ★★★
3.40 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
5.45 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★

10.10 A Clockwork Orange

8.00 **Jaws** Steven Spielberg's thriller with Roy Scheider, Robert Shaw and Richard Dreyfuss. A beach paradise on America's east coast turns into a blood-soaked nightmare when a killer shark goes on the rampage. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **A Clockwork Orange** Futuristic satire directed by Stanley Kubrick. In the near future, a violent young thug is arrested and reconditioned using a revolutionary form of mind control. Stars Malcolm McDowell. (1971, 18, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
2.15 **Murder by Numbers** (2002)
4.20 **to 6.15** AM **Caddo Lake** Thriller starring Dylan O'Brien. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Warlock** Western. (1959, U, 123min) ★★★
1.25 PM **Animal Farm** Animation. (1954, U, 72min) ★★★★
2.55 **Gun Fury** Vintage Western. (1953, U, 83min) ★★★
4.35 **Halls of Montezuma** War drama with Richard Widmark. (1950, U, 109min) ★★★
6.50 **Tobruk** World War Two adventure with Rock Hudson. (1967, PG, 110min) ★★★

12.05 Sisu

Tobruk (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Inglourious Basterds** Quentin Tarantino's darkly comic World War Two action movie starring Brad Pitt, Mélanie Laurent and Christoph Waltz. A band of scalp-hunting Jewish-American soldiers go on the rampage behind enemy lines. (2009, 18, 153min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Sisu** Finnish action thriller starring Jorma Tommila. An ex-soldier is confronted by Nazis when trying to take gold from the Lapland wilderness into the city. Partly subtitled. (2022, 15, 88min) ★★★
1.55 **to 3.45** AM **Crawlspace** Thriller starring Henry Thomas and Bradley Stryker. (2022, 15, 90min) ★★

+1 hour 314 430 47 301 257

8 PM **9 PM** **10 PM** **11 PM**

Sky Cinema Epic Worlds

302 302 402 502 516

7.40 AM **The Mummy** As 5.55pm.
9.45 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
11.25 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
2.15 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
3.50 **Jurassic World** As 2.45am.
5.55 **The Mummy** Action adventure starring Brendan Fraser. (1999, 15, 124min) ★★★★

8.00 **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick and Jean Reno. A giant mutant lizard heads for Manhattan, leaving a trail of disaster in its wake. (1998, PG, 139min) ★★★
10.20 **Teenage Mutant Ninja Turtles** Fantasy starring Megan Fox and William Fichtner. Four humanoid amphibians use their martial arts skills to protect New York from a criminal organisation. (2014, 12, 101min) ★★

12.15 AM **Godzilla** As 8.00pm.
2.45 **Jurassic World** Adventure sequel with Chris Pratt. A safari park for genetically engineered dinosaurs creates a new species. (2015, 12, 124min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

307 307 404 504 518

7.00 AM **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
8.55 **Paulie** Comedy. (1998, U) ★★★
10.30 **Jack Frost** Fantasy drama. (1998, PG, 97min) ★
12.15 PM **Kindergarten Cop** (1990)
2.10 **Days of Thunder** High-speed drama. (1990, 15, 107min) ★★★
4.00 **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★★

6.00 **Lethal Weapon** Action comedy thriller. (1987, 15, 110min) ★★★★
8.00 **Lethal Weapon 2** Action comedy sequel starring Mel Gibson and Danny Glover as LA cops on the trail of a murderous South African drug trafficker. (1989, 15, 110min) ★★★★
10.00 **Kindergarten Cop** Comedy thriller starring Arnold Schwarzenegger as a detective who goes undercover disguised as a playschool teacher. (1990, 15, 111min) ★★★

11.55 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
1.45 AM **'About Last Night...'** Comedy drama. (1986, 18, 113min) ★★★
3.40 **First Knight** Mythical drama. (1995, PG, 134min) ★★★
5.55 **to 7.55** AM **Demolition Man** Thriller. (1993, 15, 114min) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.20 **Piglet's Big Movie** Animation. (2003, U, 75min) ★★
8.35 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
10.20 **The Good Dinosaur** Pixar animated adventure. (2015, PG, 101min) ★★★★
11.55 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★

1.30 PM **WALL-E** Animation. (2008, U, 98min) ★★★★★
3.10 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
5.35 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
7.30 **Freaky Friday** Fantasy remake. (2003, PG, 97min) ★★★
9.00 **Spy** Comedy adventure starring Melissa McCarthy, Jason Statham and Rose Byrne. (2015, 15, 115min) ★★★★

11.00 **Let's Be Cops** Crime comedy. (2014, 15, 101min) ★★
12.45 AM **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★
2.45 **Flightplan** Suspense thriller. (2005, 12, 98min) ★★★★
4.25 **to 4.27** AM **Flubber** Fantasy comedy. (1997, U, 94min) ★★★

Movies 24

312 313 419

7.00 AM **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
9.00 **Sparks Over Brooklyn** Drama. (2023, PG, 89min) ★★
11.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
1.00 PM **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
3.00 **Junebug** Fantasy drama with Autumn Reeser and Mila Jones. (2024, PG, 84min) ★★

5.00 **Love's Secret Ingredient** Romantic comedy with Brianna Cohen. (2023, PG, 91min) ★★
7.00 **The Reluctant Royal** Romantic comedy starring Andrew W Walker and Emilie de Ravin. (2025, PG, 84min) ★★
9.00 **The Way to You** Romance starring Kim Matula and Aaron O'Connell. Two New Yorkers thrown together by chance in a subway blackout help each other to reach their destination. (2026, PG, 90min) ★★

11.00 **Falling Together** Drama. (2024, U, 90min) ★★
1.00 AM **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Married By Mistake** Comedy. (2023, PG, 88min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Dublin Nightmare** Mystery. (1958, b/w, PG, 61min) ★★★
7.15 **Gaolbreak** (1961, b/w, U) ★★
8.30 **The Embezzler** Crime drama. (1954, b/w, PG, 61min) ★★★
9.45 **Impact** (1963, b/w, U) ★★
11.00 **The Lucy Show** 4/22. (S5)
11.30 **Stage 7** 5/25. (S1)
12.00 NOON **Sergeant Cork** 4/4. (S5)
1.05 PM **Edgar Wallace Mystery Theatre** *The Double*: 7/9. (S4)

2.15 **The Adventures of Robin Hood**
2.45 **The Calendar** Thriller. (1948, b/w, PG, 80min) ★★
4.20 **Look at Life**
4.30 **The Cheaters** 5/27. (S2)
5.00 **A Family at War**
6.00 **Hannay** 2/7. (S2)
7.00 **Z Cars** 23/42. (S3)
8.00 **Public Eye** 8/13. (S5)
9.05 **A Town Like Alice** War drama. (1956, b/w, PG, 111min) ★★★★
11.20 **Cellar Club with Caroline Munro**
11.25 **The Omega Factor** 10/10. (S1)
12.25 AM **Cellar Club with Caroline...**

12.30 **Tormented** Horror thriller. (1960, b/w, 18, 75min) ★★★
2.05 **Cellar Club with Caroline Munro**
2.10 **Beneath the Twelve Mile Reef** Adventure. (1953, PG) ★★
4.15 **What's On TPTV with Noel**
4.30 **The Vise** 6/39. (S1)
5.00 **to 6.00** AM **The Rogues**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.30 LIVE **Golf** The quarter-finals of the R&A Women's Amateur Championship from Muirfield.
10.15 LIVE **Test Cricket** **England v New Zealand.** Coverage of the second day of the third and final Test, held at Trent Bridge. England have won their last three Tests at this venue, beating today's opponents in 2022.
6.30 PM LIVE **ICC Women's T20 Cricket World Cup** **Scotland v Sri Lanka.** Coverage of both teams' final game in Group B at Old Trafford in Manchester.
10.00 LIVE **PGA Tour Golf** Day two of the Travelers Championship at TPC River Highlands in Connecticut.
11.00 LIVE **Women's PGA Championship** Day two of the Major held at Hazeltine National Golf Club in Chaska, Minnesota.
1.00 AM **World Cup Report**
2.30 **to 6.00** AM LIVE **Major League Cricket** **San Francisco Unicorns v Seattle Orcas.** Coverage of the T20 match at Oakland Coliseum.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League 100 Club** Peter Crouch's Premier League goals. **8.30** Paul Scholes' 107 top-flight goals for Manchester United.
9.00 **Premier League Review** Action from the 13th round of fixtures. **10.00** The 14th round of games. **11.00** The 15th round of fixtures. **12.00** NOON The 16th round. **1.00** PM Action from round 17. **2.00** The 18th round of matches. **3.00** The 19th round of fixtures. **4.00** The 20th round of games. **5.00** The 21st round of fixtures.
6.00 **Premier League Review** Action from the 22nd round of fixtures. **7.00** Highlights from the 23rd round of top-flight fixtures. **8.00** Action from round 24. **9.00** The 25th round of fixtures. **10.00** A look at the finest strikes of the 2025/26 campaign.
11.00 **Premier League Years** A look back at the 2017/18 season.
1.00 AM **PL Retro** Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.45 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
11.00 **Craig Brown: My Scotland**
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **EFL Highlights**
3.00 PM **EFL Greatest Games**
4.00 **Retro League One** Swindon Town v Sheffield United in the 2015 play-off semi-finals.
6.00 **Championship Retro** Cardiff City v Leicester City in the 2009/10 play-off semi-finals.
8.45 **EFL Greatest Games** Hull City v Reading from the 2015/16 Championship season. **9.00** Queens Park Rangers v Middlesbrough from 2015/16. **9.15** Birmingham City v MIddlesbrough from 2015/16. **9.30** Middlesbrough v Brighton & Hove Albion from 2016. **9.45** Action from Aston Villa v Nottingham Forest in 2016.
10.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
11.00 **Craig Brown: My Scotland**
11.30 **Jimmy Glass: The Great Escape**
12.00 M'T **Championship Retro**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup Final** Action from 2017.
5.00 **to 6.00** AM **Celtic's Invincibles**

Sky Sports Cricket

405 405 505 422 442

6.30 AM **Test Cricket** Highlights.
7.30 **ICC Women's T20 World Cup** Netherlands v South Africa.
8.00 **Test Cricket** Highlights.
9.00 **ICC Women's T20 World Cup**
10.00 **Test Cricket Bitesize** England v New Zealand on the first day of the third Test from Trent Bridge.
10.15 LIVE **Test Cricket** **England v New Zealand.** Coverage of the second day of the third and final Test, held at Trent Bridge, Nottingham. England have won their last three Tests at this venue, beating today's opponents in 2022, before overcoming West Indies two years later and beating Zimbabwe in 2025.
6.55 PM LIVE **Vitality T20 Blast** **Kent Spitfires v Notts Outlaws.** Coverage of the inter-group match at The Spitfire Ground.
10.30 LIVE **Major League Cricket** **MI New York v Texas Super Kings.** Coverage of the T20 match at Oakland Coliseum.
2.20 **to 6.00** AM LIVE **Major League Cricket** **San Francisco Unicorns v Seattle Orcas.** Coverage of the T20 match at Oakland Coliseum.

Sky Sports Golf

406 406 506 423 443

6.00 AM **HotelPlanner Tour Golf**
6.30 **PGA Tour Champions**
7.30 **Women's PGA Championship**
8.30 LIVE **Golf** Quarter-finals of the Women's Amateur Championship.
12.00 NOON LIVE **DP World Tour Golf** The second day of the Italian Open from Circolo Golf Torino.
5.00 PM LIVE **Women's PGA Championship** Coverage of day two of the Major from Minnesota.
8.00 LIVE **PGA Tour Golf** Day two of the Travelers Championship.
11.00 LIVE **Women's PGA Championship** Further coverage of day two of the Major.
1.00 AM **Rose Ladies Series**
1.30 **HotelPlanner Tour Golf**
2.00 **PGA Tour Golf** Highlights.
3.00 **Playing Lessons**
4.00 **School of Golf** Expert tips.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON LIVE **WTA Tennis** Coverage of the semi-finals of the WTA Bad Homburg Open.
2.00 PM LIVE **WTA & ATP Tennis** Coverage of the ATP Mallorca Open and WTA Bad Homburg Open.
4.00 **WTA & ATP Tennis**
4.30 LIVE **ATP Tennis** Coverage of the semi-finals of the ATP Mallorca Open from Santa Ponsa.
6.30 **WTA Tennis** Berlin Open final.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis**
3.00 AM **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **The Cycling Show**
6.30 LIVE **World Rally Championship** Rally Greece.
10.30 LIVE **AFL** **Hawthorn Hawks v GWS Giants.** Bounce-up **10.40am**.
1.30 PM **MLB Highlights**
2.30 **TNT Sports Cricket Reload**
2.45 LIVE **International T20 Cricket** **Ireland v India.** The first T20 from Stormont Cricket Ground.
6.45 LIVE **Test Cricket** **West Indies v Sri Lanka.** The second day of the first Test at Sir Vivian Richards Stadium in Antigua.
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **Boston Red Sox v New York Yankees.** Coverage of the American League match from Fenway Park. Start-time **12.10am**.
3.00 AM **MLB Plays of the Week**
3.30 **Discovery Golf**
4.00 **TNT Sports Reload**
4.15 **ABB FIA Formula E World Championship Highlights**
5.15 **World Rally Championship**
5.45 **to 7.00** AM LIVE **World Rally Championship** Rally Greece.

TNT Sports 2

411 414 522 409 431

6.00 AM **FIM Speedway Grand Prix**
7.00 **MotoGP Highlights**
8.00 LIVE **MotoGP** Grand Prix of Netherlands first free practice.
10.45 **Test Cricket Highlights**
11.45 **UCI Mountain Bike World Series**
12.15 PM LIVE **MotoGP** The Grand Prix of Netherlands practice session.
3.15 **It's a Numbers Game**
3.45 **British Superbikes Highlights**
4.45 **The Gruppetto** Cycling news.
5.00 **UCI Mountain Bike World Series**
5.30 **The Cycling Show**
6.00 **Cycling** Giro d'Italia Next Gen.
7.00 **The Gruppetto** Cycling news.
7.15 **British Superbikes Rewind**
7.30 **MotoGP** GP of Netherlands.
8.00 **Supercars Championship**
10.00 **World Rally Championship**
10.30 **AFL** Recent action.
12.00 M'T **International T20 Cricket**
1.00 AM LIVE **NWSL** **NJ/NY Gotham FC v Kansas City Current.** The Challenge Cup final at ScottsMiracle-Gro Field in Columbus, Ohio. Kick-off **1.00am**.
3.15 **Premier League Stories**
3.45 **MotoGP** GP of Netherlands.
4.15 **British Superbikes Highlights**
5.15 **UCI Mountain Bike World Series**
5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
4.00 PM **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NBA on Fire** The latest news.
5.30 **State of Origin Rugby League** Action from New South Wales Blues v Queensland Maroons.
7.30 LIVE **Super League** **Leeds Rhinos v Hull Kingston Rovers.** Coverage of the match in the 16th round of the season at AMT Headingley Stadium. These two sides last met at Allegiant Stadium in March as the Rhinos hammered Hull 58-6 in a one-sided contest. Kick-off **8.00pm**.
10.15 **NFL Bitesize Highlights** Denver Broncos v Buffalo Bills. **10.30** Action from New England Patriots v Pittsburgh Steelers. **10.45** Action from San Francisco 49ers v Seattle Seahawks.
11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Women's Super League**
1.30 **World Club Challenge**
1.45 **Super League**
5.00 **Women's Super League**
5.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **World Cup Report**
7.00 **World Cup Breakfast**
8.00 **Super League** A replay of Hull Kingston Rovers v Leigh Leopards.
10.45 **EFL Greatest Games** Preston North End v Chesterfield.
11.00 **World Cup Matchday** In-depth analysis and discussion on the latest matches in the World Cup.
12.45 PM LIVE **PGA Tour Golf** Coverage of the early stages of day two of the Travelers Championship staged at TPC River Highlands in Connecticut.
8.00 **World Cup Show** An essential daily guide to the World Cup.
10.00 **Stuart Broad: My Greatest Spells** A look back on the bowler's remarkable haul of 5-37 at The Oval in the 2009 Ashes.
10.20 LIVE **Major League Cricket** **MI New York v Texas Super Kings.** Coverage of the T20 match at Oakland Coliseum.
2.30 AM **Best of ICC WT20** England v India at Lord's in 2009. **2.45** India v Australia in 2016.
3.00 **Super League** Hull Kingston Rovers v Leigh Leopards.
5.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Cricket** Recent highlights.
8.30 LIVE **Golf** Quarter-finals of the Women's Amateur Championship.
12.30 PM **Women's T20 World Cup**
1.00 LIVE **Golf** The semi-finals of the Women's Amateur Championship.
5.00 **Legends Tour Golf**
6.00 LIVE **ICC Women's T20 Cricket World Cup** **Scotland v Sri Lanka.** The Group B match held at Old Trafford.
10.00 **Cricket** Highlights and features.
11.30 **One Championship Weekly**
12.00 M'T **Cricket** Recent highlights.
12.45 AM **PL Greatest Games**
1.00 **Premier League Darts**
4.45 **PL Greatest Games**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **Discovery Golf**
6.30 LIVE **World Rally Championship** Rally Greece.
10.30 **MLB Plays of the Week**
11.00 **TNT Sports Reload**
11.15 LIVE **World Rally Championship** Rally Greece.
1.45 PM **The Cycling Show**
2.15 **Endurance Uncovered: Racing for Excellence**
2.45 LIVE **World Rally Championship** Rally Greece.
4.45 **World Rally Raid Championship**
5.45 **MLB Highlights**
6.45 **Ultimate Pool** Recent action.
8.15 **Cycling** News and highlights.
11.00 **IFSC Climbing World Series**
12.00 M'T **World Rally Championship**
12.30 AM **Endurance Uncovered**
1.00 **MotoGP** Highlights.
1.30 **Fishing: On the Bank**
2.30 **AFL** Hawks v Giants.
4.00 **to 7.00** AM LIVE **AFL** **Carlton Blues v West Coast Eagles.** Bounce-up **4.15am**.

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Action from Italy.
1.00 PM **Premier League Stories**
1.30 **TNT Sports Reload**
1.45 **Test Cricket Highlights** The first day of the first Test between West Indies and Sri Lanka from Sir Vivian Richards Stadium, Antigua.
2.45 LIVE **Test Cricket** **West Indies v Sri Lanka.** Coverage of the second day of the first Test in the two-match series from Sir Vivian Richards Stadium in Antigua. The visitors won the last Test series between the two teams thanks to a 2-0 victory in Sri Lanks. On both occasions, they were far too strong for the West Indies, winning the matches by 187 and 164 runs respectively.
11.00 **Mass Participation World** Action from the Transvulcania.
11.30 **Serie A** Highlights from Italy.
4.30 AM **Premier League Stories**
5.00 **to 6.00** AM **IFSC Climbing World Series Highlights**

Premier Sports 1

419 APP 528

6.00 AM **Transworld Sport** Magazine.
7.00 **Scottish Rally Championship**
7.30 **Michelin Le Mans Cup**
9.00 **United Rugby Championship** Leinster v Bulls in the final.
10.30 **DTM Motorsport Highlights**
11.00 **Champions Cup Show**
11.30 **Sporting Countdowns**
12.30 PM **Top 14 Rugby Union**
2.00 **NHL Tonight** Highlights.
3.00 **Sporting Countdowns**
3.30 **Premier Sports Cup**
6.00 **Sporting Countdowns**
6.30 **NASCAR Highlights**
7.30 **Top 14 Rugby Union** Action from the first semi-final.
9.30 **World of FreeSports**
10.00 **KOTV Weekly** Boxing news.
10.30 **LaLiga** Barcelona v Real Madrid.
12.30 AM **Top 14 Rugby Union** Action from the second semi-final.
2.30 **Scottish Rally Championship**
3.00 **World Surf League**
4.00 **Ultimate Karting Championship**
5.00 **to 6.00** AM **Motorsport**

Premier Sports 2

420 APP 529

6.00 AM **Coppa Italia** Another chance to see Inter Milan v FC Como.
8.00 **Football's Greatest**
9.00 **Temples of Sport**
9.30 **International Rugby Union** Barbarians v South Africa.
11.30 **NHL Ice Hockey** Carolina Hurricanes v Vegas Golden Knights in the Stanley Cup Finals.
1.30 PM **NHL: This is Hockey**
2.00 **European Le Mans Series**
3.00 **Football's Greatest**
4.00 **Scottish Cup Football** Celtic v Dunfermline Athletic in the final.
6.00 **Temples of Sport**
6.30 **NASCAR O'Reilly Series**
9.30 **Bike World** Magazine.
10.00 **Football's Greatest**
10.30 **NHL Ice Hockey** Carolina Hurricanes v Vegas Golden Knights in game five of the Stanley Cup.
12.30 AM **NHL: This is Hockey**
1.00 **Coppa Italia** The final.
3.00 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
7.30 **F1 Drivers Press Conference**
8.15 **Formula 1** Austrian Grand Prix.
8.45 **An F1 Glossary**
8.50 LIVE **Formula 3** The Austrian Grand Prix practice session.
9.45 **F1 Features**
10.00 LIVE **Formula 2** The Austrian Grand Prix practice session.
11.00 **F1 Features**
12.00 NOON LIVE **Formula 1** The Austrian Grand Prix first practice.
1.55 PM LIVE **Formula 3** Austrian Grand Prix qualifying session.
2.40 **Lando Norris IV**
2.50 LIVE **Formula 2** The Austrian Grand Prix qualifying session.
3.35 LIVE **Formula 1** Austrian Grand Prix second practice session.
5.15 **F1 Features**
8.15 **Formula 1** Austrian Grand Prix.
9.30 **The F1 Show** A look ahead.
10.30 **British GT Championship**
11.30 **Formula 1** Austrian Grand Prix.
2.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Next week

On sale Tuesday 23 June

Suits LA

Channel 4 Streaming airs the LA-set legal drama spin-off, starring Stephen Amell as a lawyer who represents Hollywood clients but must battle to save his firm.

Fire Country

In the fourth series of Sky Witness' action-packed drama, Bode (Max Thieriot) and the crew at Station 42 deal with the devastating fallout from the last run.

Wimbledon

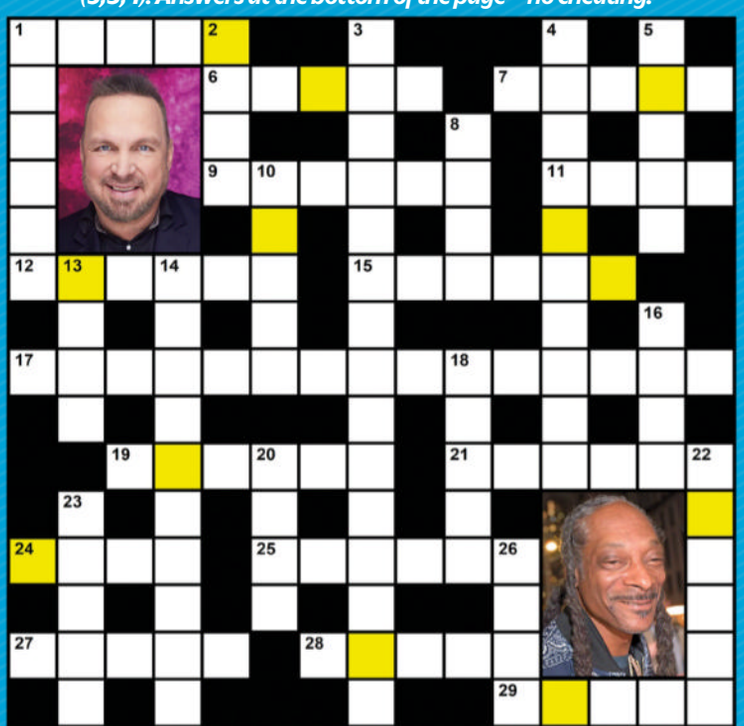
The BBC hosts all the top tennis action from SW19 as the tournament begins, but who will follow in the footsteps of last year's winners Jannik Sinner and Iga Swiatek?

Silo

A third outing for Apple TV's sci-fi saga sees Juliette (Rebecca Ferguson) face memory loss as a chilling new danger and clues from the past emerge.

Crossword

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell out the name of an English actor (5,3,4). Answers at the bottom of the page – no cheating!



Across

1 1964 single by rock band The Moody Blues (2,3!)
6 *My Own Private* -----, 1992 drama film (5)
7 See picture clue: American rapper, ----- Dogg (5)
9 Brothers who had a 1997 hit with *MMMBop* (6)
11 British stand-up comedian and actor, Miranda ---- (4)
12 The Simpsons town drunk, Barney ------ (6)
15 Star of sitcom *Please Sir!*, Peter ------ (6)
17 Aristocratic amateur sleuth created by English novelist Dorothy L Sayers (4,5,6)
19 Annette ------, actor (6)
21 Beatles album featuring *Drive My Car* and *Michelle*, ------ *Soul* (6)
24 ---- Warren, starred in BBC drama *Hustle* (4)
25 Lord Alan Sugar's aide in *The Apprentice*, Baroness ------ Brady (6)
27 2008 period drama, *The* ----- *Boleyn Girl* (5)
28 ----- Charles, previously played young EastEnder Ricky Mitchell (5)
29 British sports presenter, Gabby ----- (5)

Down

1 Greta ------, director of hit 2023 film *Barbie* (6)
2 Hit 1975 Pink Floyd album, ---- *You Were Here* (4)
3 Classic children's novel by writer Frances Hodgson Burnett, adapted for film and stage (3,6,6)
4 Gangsters in old cartoon *Wacky Races* (3,4,3)
5 1980s sitcom that starred Ronnie Corbett (5!)
8 Oscar-winning star of hit 2013 film *Les Misérables*, ---- Hathaway (4)
10 *Skyfall* singer (5)
13 2019 movie, *Once* ---- *a Time in... Hollywood* (4)
14 2011 comedy film starring Cameron Diaz (3,7)
16 American star of *Scream Queens*, ---- Palmer (4)
18 Late Aussie cricketer who appeared in *Kath & Kim*, Shane ----- (5)
20 David ----, English former TV presenter (4)
22 Gaby ------, TV presenter and radio DJ (6)
23 See picture clue: Country singer, ----- Brooks (5)
26 ---- Young, popular rock singer and guitarist (4)

CROSSWORD SOLUTION
ANSWER: Aimee Lou Wood **ACROSS:** 1 Go Now, 6 Idaho, 7 Snoop, 9 Hanson, 11 Hart, 12 Gumble, 15 Cleall, 17 Lord Peter Wimsey, 19 Bening, 21 Rubber, 24 Marc, 25 Karren, 27 Other, 28 Henri, 29 Logan.
DOWN: 1 Gerwig, 2 Wish, 3 The Secret Garden, 4 Aint Hill Mob, 5 Sorry, 8 Anne, 10 Adele, 13 Upon, 14 Bad Teacher, 16 Keke, 18 Warne, 20 Ickc, 22 Roslin, 23 Garth, 26 Neil.

WORDS: CAREN CLARK. PHOTOS: APPLE TV, GETTY, SKY, CBS, NBC, C4

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Coming soon

Eddie and Jerry

California Avenue

FIRST LOOK

Helena Bonham Carter and Bill Nighy headline a 1970s-set drama

Cooper and Lela

Here's an enticing look at BBC1's star-studded upcoming drama *California Avenue*, penned by award-winning writer Hugo Blick.

The six-part series is set during the 1970s at a tranquil caravan park beside a canal, where the lives of former ballroom-dancing champions and wartime runaways Jerry (Bill Nighy) and Eddie (Helena Bonham Carter) are uprooted by the sudden arrival of their daughter Lela (Erin Doherty) and her 11-year-old child Bee (Cammie Liebreich), who are on the run and searching for a safe place to hide. But can the dysfunctional family come to terms with their previous troubles and rebuild their relationship?

FRACTURED FAMILY

Tom Burke co-stars as outsider Cooper, who has been working at a fairground and also crosses paths with Lela as his past returns to haunt him, while Kate Robbins is no-nonsense Priscilla, who runs the caravan park with her site-manager husband Kevin, portrayed by Paul Kaye.

'Over the past few decades, whether through comedy, political dramas or even a western, I've looked to explore what television fiction can be,' shares Blick, who also directs the series and whose credits include *The Honourable Woman*, *Black Earth Rising* and *The English*. '*California Avenue* is an exploration of the people who inspired me to want to do this.'

WHAT'S NEXT FOR...

Anna Friel

In 5's six-part adaptation of Louise Candlish's thriller **The Heights**, the actor will play a woman whose family life takes a devastating turn after her son makes a troubling new friend. Diarmuid Noyes also appears.

Stacey Dooley

She will host three new BBC3 films – **Death in the Barracks**, exploring the tragedy of Gunner Jaysley Beck, **Fallen Women**, looking into deaths from heights, and **Down the K-Hole**, examining the impact of ketamine.

Dynamo

Sky's three-parter **Dynamo Vs Houdini** sees the illusionist, AKA Steven Frayne, mark 100 years since Harry Houdini's death by carrying out stunts across America including trying to get out of a burning car above New York.

Coming Back

Filming has begun on a second run of BBC1 drama **Rebus** – inspired by Sir Ian Rankin's novels – in which Richard Rankin returns as Scottish cop John Rebus, who investigates links between criminality, finance and the law.

Australia-set dramas to look forward to

Breakers

Antony Starr (above) appears in Netflix's mystery about two backpackers drawn into an apparently idyllic surfing community...

Two Birds

In ITV1's thriller, Sheridan Smith (above) plays a widowed British cop who starts a new life Down Under, but gets embroiled in turmoil.

Careless

C4's drama sees Solly McLeod (above) as a Scot caring for a rock star (Richard Roxburgh) in Sydney, but danger strikes...

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WORDS: CAREN CLARK. PHOTOS: BBC, C4, GETTY

TV&Streaming week

121-141 Westbourne Terrace, London W2 6JR
Email tv&streamingweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
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Printed by Walstead UK Ltd

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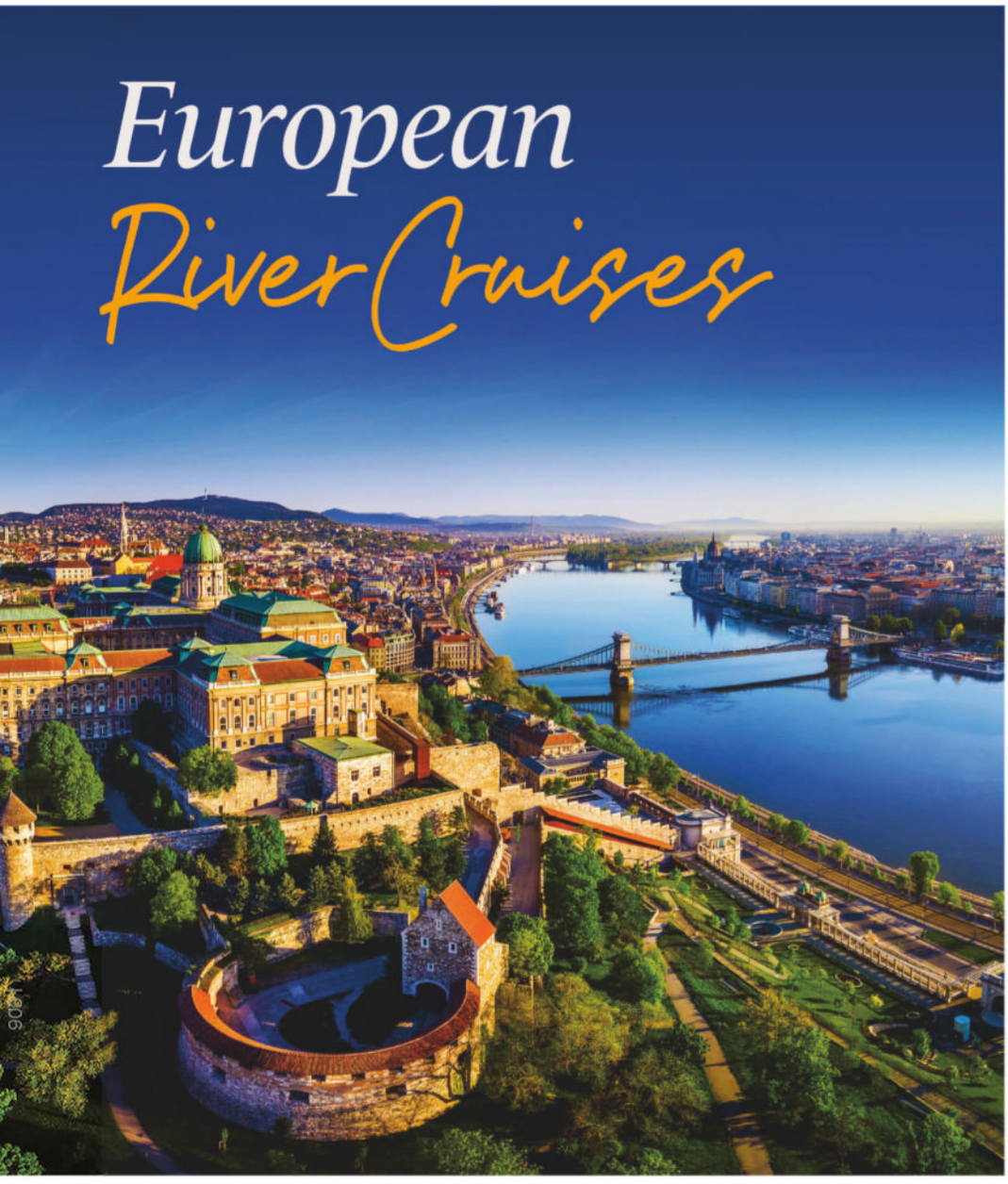

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